

**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS),
CUDDALORE – 1**

DEPARTMENT OF PSYCHOLOGY

CURRICULUM TEMPLATE

All the UG First years

S:no	Part	Hours/week	Credit	Course code	Course title	CIA	ESE	Marks TOTAL
1	IV SEC -1	2	2	VE101A	Value Education	25	75	100
2	IV SEC - 1	2	2	EPD201A	Dynamics of Personality	25	75	100

SYLLABUS

All UG I Year		VE101A
Semester-I	Value education	HRS/Week-2
Paper-IV		Credit-2

Objective

Understand the meaning, concept of value and also enrich the importance of value education in their personal life.

Course Outcomes:

- **CO1: Understand the meaning, concept of value and also enrich the importance of value education in their personal life.**
- **CO2: Understand about Attitude and behavior, factors that influence attitude strength, change of attitude to match behavior.**
- **CO3: Get knowledge about positive psychology, keys to sustain happiness, identifying positive emotions.**
- **CO4: Knowledge about creative problem solving, guidelines for convergent and divergent thinking, advantages and disadvantages of group decision making.**

- **CO5: Get knowledge about soft skill, importance of leadership skill, enhancing leadership skill.**

Relationship matrix course outcomes and programme outcomes

SEMESTER-I	TITLE OF THE COURSE: VALUE EDUCATION COURSE CODE: VE101A					HOURS:2	CREDITS:2
COURSE OUTCOMES	PROGRAMME OUTCOMES(PO)					MEAN SCORE OF CO'S	
	PO1	PO2	PO3	PO4	PO5		
CO1	4	4	3	4	4	3.9	
CO2	3	4	3	4	4	3.7	
CO3	4	4	4	3	4	3.8	
CO4	4	3	4	3	3	3.4	
CO5	4	3	4	3	3	3.5	
Mean Overall Score						3.7	

Result: the score of this course is 3.7 (High)

Association	1%-20%	21%-40%	41%-60%	61%-80%	81%-100%
Scale	1	2	3	4	5
Interval	$0 \leq \text{rating} \leq 1$	$1.1 \leq \text{rating} \leq 2$	$2.1 \leq \text{rating} \leq 3$	$3.1 \leq \text{rating} \leq 4$	$4.1 \leq \text{rating} \leq 5$

This Course is having **HIGH** association with Programme Outcome

Unit-I

Values

Meaning of values – concept - accomplishment and psychological energy - process of implementing values in our lives - acquiring social values - family in process of value formation - importance of moral values - cultural values - religious values - importance of value education.

Unit-II

Attitude and Behavior

Attitude formation - social factors-learning - classical conditioning – operant conditioning-attitude and behavior - Factors that Influence Attitude Strength - Attitudes Can Change to Match Behavior - Learning Theory of Attitude Change

Unit-III

Positive psychology

Definition of Positive Psychology - Positive mental Health - The five keys for sustainable happiness - Factors that influence happiness - Seligman's Model of Happiness- Promoting well-being - Practical exercises - Identifying Positive emotions

Unit-IV

Creative Problem Solving

Principles of Creative Problem Solving - Divergent and Convergent Thinking - The Dynamic Balance of Creativity – guidelines for Divergent and Convergent Thinking -decision making- decision making process - group vs. individual decision making - Group Decision Making - Advantages and Disadvantages

Unit-V

Soft skill

Meaning - characteristics of leadership - importance of leadership skill - Role of the Leader of an Institution.- As a motivator - As moral builder - As a co-ordinator - As a confidence builder- As a professional person - As a human relationship person –enhancing leadership skill

Text Book:

1. Value education and Dynamics of personality

Reference books:

1. Bass, B. (1983) Organizational Decision Making. Illinois: Irwin; March, J. (1994) A Primer on Decision Making: How Decisions Happen. New York: Free Press; Harrison, F. (1994) The Managerial Decision Making Process. Boston: Houghton Mifflin
2. Chaiklin H. Attitudes, Behavior, and Social Practice. Journal of Sociology and Social Welfare. 2011.
3. Cribbin, James J. (1972) Effective Managerial Leadership. New York: AMAC
4. Locke, E., Schweiger, D. and Latham, G. (1986) 'Participation in Decision Making: Should it be Used?', Organisation Dynamics 14(3), 65–79.
5. Osborn, A.F. (1953/1963). Applied imagination: Principles and procedures of creative problem

Question paper pattern**Theory examination****Continuous internal assessment (CIA) 25 Marks**

- | | | |
|-------------------------------------|---|----------------|
| 1. Two internal examinations | - | 15marks |
| 2. Assignment/ seminar | - | 5marks |
| 3. Attendance | - | 5marks |

Semester examination (75 marks/ 3hrs)**Section-A (20x1=20)**

Answer all the Questions

Section-B (5x5=25)

Answer any five from seven of the following

Section-C (3x10=30)

Answer all the Questions, either or pattern

All UG I Year		EPD201A
Semester-II	Dynamics of personality	HRS/Week-2
Paper-IV		Credit-2

Objective

To make the students to understand the determinants of personality and need for personality development.

Course Outcomes:

- CO1: Understand the meaning, determinants of personality and need for personality development.
- CO2: Understands pro-social behavior, factors affecting helping behavior, effects of positive mood.
- CO3: Get knowledge about factors that influence mental health, ways to enhance mental health.
- CO4: Knowledge about motivation, classification and sources of motivation, advantages of motivation and goal setting theory.
- CO5: Understand the importance of personality assessment, various technique to asses personality.

Relationship matrix course outcomes and programme outcomes

SEMESTER-II	TITLE OF THE COURSE: DYNAMICS OF PERSONALITY COURSE CODE: EPD201A					HOURS:2	CREDITS:2
COURSE OUTCOMES	PROGRAMME OUTCOMES(PO)					MEAN SCORE OF CO'S	
	PO1	PO2	PO3	PO4	PO5		
CO1	4	4	4	4	4	4	
CO2	4	3	4	3	4	3.8	
CO3	4	3	3	3	3	3.3	
CO4	3	3	3	3	3	3.3	
CO5	3	3	3	3	3	3.2	
Mean Overall Score						3.5	

Result: the score of this course is 3.5 (High)

Association	1%-20%	21%-40%	41%-60%	61%-80%	81%-100%
Scale	1	2	3	4	5
Interval	0<=rating<=1	1.1<=rating<=2	2.1<=rating<=3	3.1<=rating<=4	4.1<=rating<=5

This Course is having **High** association with Programme Outcome

Unit-1

Personality

Meaning – determinants of personality - biological factors - Physical Environment - psychological factors - familial determinants - cultural factors - Need for Personality Development - Guidelines to Improve Personality

Unit-II

Pro-social behavior

Introduction – objectives - pro-social behavior and altruism - pro-social behavior in emergency situations - factors affecting helping behavior - effects of positive mood - theoretical perspectives

Unit-III

Mental Health

Introduction of Health – definition - nature of mental health - determinants of mental health - biological factors - psychological factors - components of mental health - ways to enhance mental health

Unit-IV

Motivation

Definition - characteristics of motivation - classification of motives - sources of motivation - Maslow's hierarchy - goal setting theory - advantages of motivation and goal setting theory

Unit-V

Personality assessment

Meaning - Interview – observation - behavioral assessment - personality inventories - situational test - projective test - Rorschach Inkblot Test - Thematic Apperception Test (TAT) - Word Association Test - Sentence Completion Test.

Text Book:

1. Value education and Dynamics of personality

References Books;

1. David D.Burns,M.D.(2011)the feeling good by sage publications,

2. Hall, C.S,&Lindzey.G(1985).Theories of personality. New Delhi; Wiley eastern
3. Hurlock,E.B.(1974)Personality Development. New Delhi; Mcgraw Hill
4. Dr. k. Nagarajan, Psychology of Learning and Human development, Ram publishers, Chennai.
- 5 .Barry, C. M., & Wentzel, K. R. (2006). Friend influence on prosocial behaviour:

**Question paper pattern
Theory examination**

Continuous internal assessment (CIA) 25 Marks

- | | | |
|-------------------------------------|---|----------------|
| 1. Two internal examinations | - | 15marks |
| 2. Assignment/ seminar | - | 5marks |
| 3. Attendance | - | 5marks |

Semester examination (75 marks/ 3hrs)

Section-A (20x1=20)

Answer all the Questions

Section-B (5x5=25)

Answer any five from seven of the following

Section-C (3x10=30)

Answer all the Questions, either or pattern