# SERVICE LEARNING TO OBTAIN GRADUATE ATTRIBUTES





Prepared by ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS), CUDDALORE - 1

> Prepared for NAAC ACCREDITION 2024

#### **SLOGA** Service learning to obtain graduate attributes

Explore Sections	<b>Introduction</b>
	<u>Attributes</u>
	Club List
	<u>Outcomes</u>
	Mapping Attributes and Activities
	<b><u>Reports of Activities</u></b>
	Additional Information

#### **INTRODUCTION**

The college has prioritized holistic formation and has placed a special emphasis on extension programs to achieve the all-round development of the student. This is one of the key thrust areas of the college: To ensure **Service Learning** is meaningful and enable students **to obtain Graduate Attributes** (SLOGA).

#### Priority and Thrust of the Institution:

How to transform a student from a disadvantaged and rural background into a well-rounded individual who can contribute to society? This is the guiding question that has led St. Joseph's College of Arts & Science to focus on *character formation* and *building leadership qualities* alongside *skill development* in students.

#### **Profile of the Incoming Student:**

Rural Students and First-Generation Learners from Economically Disadvantaged backgrounds with Poor learning habits due to COVID-19, weak communication skills, peer-pressure and minimal or no access to learning resources form a significant proportion of the student body.

#### **Support Systems**

Inclusive Admission Policy, Concession, Student Induction Programme, Remedial Coaching, Mentoring, Guidance and Counselling Cell, Placement Cell and Alumni Cell constitute the end-to-end support system for the students. While these unit/programmes exist to support the learner, the goal of the college's vision is to transform the student as an active citizen capable of helping others. It is in this context that the robust service and extension programmes of the college stand as evidence of the success of the college in transforming the individual.

#### From Support to Service:

To enable character formation and holistic personality development in this context and to help students overcome different challenges, the college has adopted graduate attributes that are accessible, actionable, and achievable.

#### **ATTRIBUTES: ACCESSIBLE AND ACHIEVABLE**

One of the distinctive features of the graduate attributes of the college is that they are communicated in simple plain language so that they are easily accessible.

- 1. Thinking Critically: Analyzing information to make smart choices.
- 2. Clear Communication: Sharing ideas clearly in writing and speaking.
- 3. Working Together: Working well with others in a group.
- 4. Leadership: Guiding and motivating people to reach goals.
- 5. **Understanding Different Cultures:** Respecting different backgrounds and viewpoints.
- 6. **Making Ethical Choices:** Knowing how to make fair and responsible decisions.
- 7. Solving Problems: Finding solutions to challenges.
- 8. Being Adaptable: Adjusting easily to new situations.
- 9. Managing Yourself: Setting goals and organizing one's time well.
- 10. Research Skills: Finding and using information effectively.
- 11. Using Technology: Being comfortable with digital tools and online resources.
- 12. Helping others: Caring about and helping one's community and society.
- 13. Lifelong Learning: Always wanting to learn and grow.
- 14. Bouncing Back: Recovering from difficulties and staying positive.
- 15. Building Empathy: Building good relationships with people.
- 16. Thinking Creatively: Coming up with new ideas and solutions.
- 17. **Understanding Global and National Issues:** Knowing what's happening in the world and how it affects us.
- 18. Negotiating: Finding solutions that work for everyone involved.
- 19. Managing Money: Understanding how to handle your finances.
- 20. Being Job Ready: Having the skills needed to start a career.

#### From the Classroom to the Field

During the course of study, the students *understand these attributes* undertake different courses that make the service-learning program meaningful.

- **Personality Development** enhances self-confidence, resilience and interpersonal skills for effective community engagement.
- Value Education fosters empathy, compassion, and ethical awareness, motivating meaningful societal contributions.
- Environmental Science promotes sustainability and eco-friendly practices.
- **Human Rights,** for PG students, helps them understand fairness and equality, making them better at helping others.

Together, these courses shape well-rounded individuals ready to lead impactful community initiatives.

#### **Graduate Attributes through Service Learning:**

The service learning program is a mandatory program for all Under Graduate Students. The Service Learning Programme Team co-ordinates with various club, units and program in the college to ensure that students receive requisite exposure. Students are awarded 2 Credits for the completion of the programme. Extension activities address pressing local issues such as public health, sanitation, and environmental sustainability.

#### **CLUB LIST: Students engage in various clubs and organizations:**

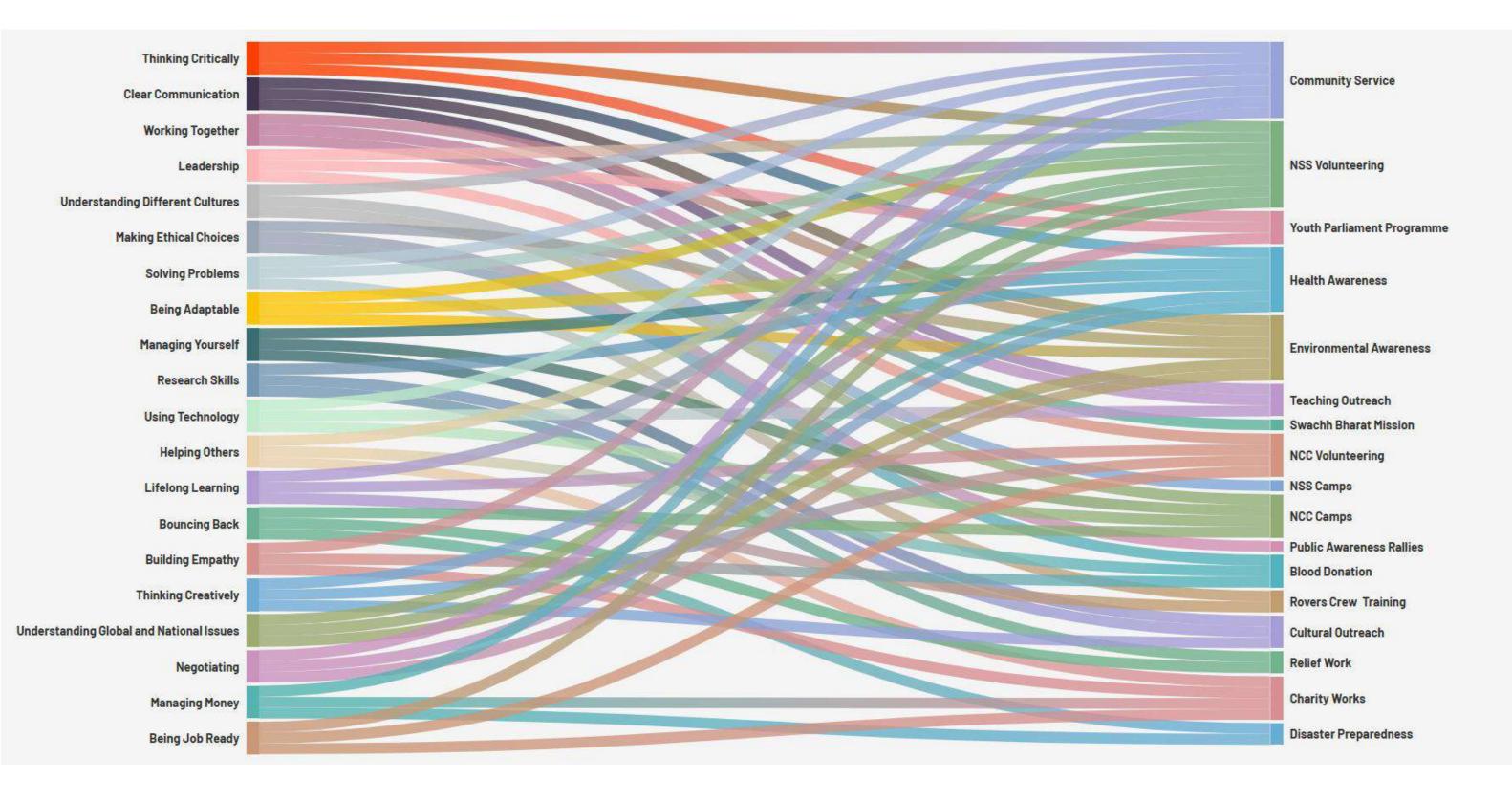
- 1. National Service Scheme,
- 2. National Cadet Corps,
- 3. Youth Red Cross,
- 4. Red Ribbon Club,
- 5. Rotaract,
- 6. Social Welfare Club
- 7. Rovers Crew
- 8. Fine Arts Club,
- 9. Enviro Club,
- 10. Citizen Consumer Club

- **11. Youth Parliament Programme,**
- **12. Bureau of Indian Standards**
- 13. Swachh Bharat Mission,
- 14. Road Safety Club
- **15.** Women Empowerment Cell
- 16. Village Service Learning

#### **Table Mapped to Graduate Attributes**

Sno	Graduate Attribute	Extension Activities		
1	Thinking Critically	Community Service	NSS Volunteering	Youth Parliament Programme
2	Clear Communication	Health Awareness	Environmental Awareness	Teaching Outreach
3	Working Together	Swachh Bharat Mission	Environmental Awareness	Teaching Outreach
4	Leadership	NSS Volunteering	NCC Volunteering	Youth Parliament Programme
5	Understanding Different Cultures	Community Service	NSS Camps	NCC Camps
6	Making Ethical Choices	Public Awareness Rallies	Blood Donation	Environmental Awareness
7	Solving Problems	Community Service	NSS Volunteering	Rovers Crew Training
8	Being Adaptable	Health Awareness	NSS Volunteering	Environmental Awareness
9	Managing Yourself	Health Awareness	Cultural Outreach	NCC Camps
10	Research Skills	Health Awareness	Relief Work	Cultural Outreach
11	Using Technology	Teaching Outreach	NCC Camps	Community Service
12	Helping Others	NSS Volunteering	Blood Donation	Charity Works
13	Lifelong Learning	NSS Volunteering	NCC Volunteering	Rovers Crew Training
14	Bouncing Back	Disaster Preparedness	Relief Work	NCC Camps
15	Building Empathy	Community Service	Charity Works	Blood Donation
16	Thinking Creatively	Cultural Outreach	NCC Volunteering	Youth Parliament Programme
17	Understanding Global and National Issues	NSS Volunteering	Health Awareness	Environmental Awareness
18	Negotiating	Health Awareness	Environmental Awareness	Community Service
19	Managing Money	Community Service	Charity Works	Disaster Preparedness
20	Being Job Ready	NSS Volunteering	NCC Volunteering	Charity Works

#### **Alluvial Diagram Showing the interconnectedness between attributes and Extension Activities**



#### From the Field to the World:

These graduate attributes are as relevant to the workplace as they are to human progress.

- Caring for Nature promotes eco-friendly operations and resource management.
- **Helping others** enhances culture in corporate cultures, boosting morale and productivity.
- Leadership fosters proactive leadership and crisis management.
- Understanding Cultures builds cohesive, respectful teams.
- Clear Communication improves productivity and teamworSk.

Collectively, these attributes shape adaptable, responsible, and empathetic professionals.

#### **OUTCOMES**

The outcomes of the institution's thrust to enable meaningful service learning to obtain graduate attributes are:

- Transformed over 1,000 lives annually through extension activities.
- Empowers students to develop key graduate attributes: resilience, cultural sensitivity, and ethical awareness.
- Designed courses like Dynamics of Personality, Human Values, and Environmental Studies equip students for purposeful engagement.
- Prepares students to address real-world challenges confidently and effectively.

With an average of 75 extension programs annually, St. Joseph's students exhibit **adaptability, social responsibility, and effective communication skills,** laying a foundation for lifelong community impact and professional success.

#### TO VIEW EVENTS CONDUCTED UNDER EACH THEMATIC AREA / CLUB:

S. No.	Extension Activities by Theme	Web Link
1	Blood Donation	
2	NSS Volunteering	
3	Youth Parliament Programme	
4	Health Awareness	
5	Environmental Awareness	
6	Teaching Outreach	
7	Swachh Bharat Mission	
8	NCC Volunteering	
9	NSS Camps	
10	NCC Camps	
11	Public Awareness Rallies	
12	Community Service	
13	Rovers Crew Training	

14	Cultural Outreach	
15	Relief Work	
16	Charity Works	
17	Disaster Preparedness	

#### MAPPING ATTRIBUTES TO PARTICULAR THEMATIC ACTIVITIES

### THINKING CRITICALLY

The graduate attribute of critical thinking is developed through Community Service, NSS Volunteering, and the Youth Parliament Programme. Community Service engages students with social issues, prompting them to evaluate root causes and devise practical solutions. Through NSS Volunteering, students face real-world challenges, requiring analytical skills to adapt and improve community projects. The Youth Parliament Programme enhances critical thinking by encouraging students to debate complex national and global issues. This requires examining multiple perspectives, formulating reasoned arguments, and assessing information critically, developing а deeper understanding of societal dynamics and promoting informed decision-making.



"Debates conducted by the Youth Parliament programme taught me to consider different views and helped me take part in fruitful discussions. We understood the difference between facts and feelings."

G Kailash YPP Member



### CLEAR COMMUNICATION

Clear communication skills are instilled through Health Awareness. Environmental Awareness. and Teaching Outreach activities. Health Awareness initiatives require students to convey critical health information to the community in an accessible manner, sharpening their ability to explain complex topics. Environmental Awareness campaigns also demand clear messaging to raise public consciousness about pressing ecological issues. In Teaching Outreach, students communicate knowledge effectively to children and adults, adapting their style and language to be understood by audiences of different and from different aqe groups backgrounds. These activities collectively build students' confidence and clarity in verbal and written communication, essential for impactful interaction in any field.





"Taking part in environmental outreach activities gave me opportunity to talk to many people about the importance of tree plantation. I learnt how to present an action plan to my classmates."

> Haris Enviro Club.

### WORKING TOGETHER

Swachh Bharat Mission, Environmental Awareness. and Teaching Outreach activities enable teamwork, a crucial graduate attribute . The Swachh Bharat Mission encourages collaboration as students work together to improve community hygiene and cleanliness. learning to coordinate efforts and support one another. Environmental Awareness initiatives unite students in addressing ecological concerns, requiring them to align on strategies and division of tasks. Teaching Outreach allows students to collaborate sharing knowledge with peers, and responsibilities in delivering educational content. These experiences develop ability students' to work cohesively, appreciate diverse viewpoints, and achieve common goals, preparing them for collaborative environments.



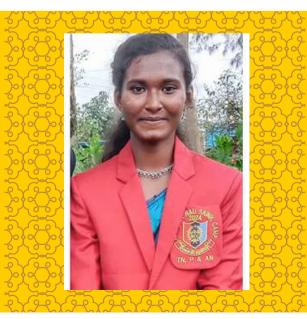
"The cleaning driving experience was enjoyable. We learnt team work and understood the value of sharing work and timemanagement. We loved the transformation of the place after cleaning." Kishore, Swachh Bharat Mission



### LEADERSHIP

NSS Volunteering, NCC Volunteering, and the Youth Parliament Programme cultivate leadership skills in students. NSS and NCC activities provide students with opportunities to organize and lead projects, motivating peers and community members to participate in service-oriented initiatives. The Youth Parliament Programme strengthens leadership by placing students in simulated decision-making roles, where they propose solutions, persuade others, and take responsibility for outcomes. Through these experiences, students learn make inspire others. thoughtful to decisions, and act responsibly, all of which are fundamental traits of effective leaders capable of guiding teams toward shared objectives.





"I joined the NCC because I wish to serve the nation. My focus is on improving my skills and helping others to improve their skills. I understood the value of self-discipline to become a good leader."

M Jesmitha National Cadet Corps

### MAKING ETHICAL CHOICES

Public Awareness Rallies, Blood Donation, and Environmental Awareness instill ethical decision-making in students. In Public Awareness Rallies, students advocate for social causes, learning to stand by ethical values and promote justice and equity. Blood Donation drives highlight the importance of compassion and selflessness, encouraging students to act in ways that benefit society. Environmental Awareness initiatives cultivate a sense of responsibility toward the planet, urging students to make choices that contribute to sustainability. These activities collectively reinforce the significance of ethical considerations. creating individuals who make responsible and principled decisions.



"Should we use plastic or not, should we throw garbage bags, should we use less paper, are some of the debates we had during the environmental campaigns we took part. It helped us become more conscious of our choices"

> S. Shankar Swachh Bharat Mission



### UNDERSTANDING DIFFERENT CULTURES

Community Service, NSS (National Service Scheme) camps, and NCC (National Cadet Corps) camps provide students with immersive experiences that foster an understanding of diverse cultures. By service activities and engaging in interacting with people from varied backgrounds, students learn about different customs, traditions, and social realities, NSS and NCC camps often bring together individuals from different regions, promoting cross-cultural dialogue and empathy. Students develop respect for diversity, gain new perspectives, and become more inclusive. These experiences enhance social awareness, help break stereotypes, and contribute to shaping well-rounded individuals who appreciate cultural pluralism and inclusivity.



"During NCC Camps service, we meet people from different regions and disciplines. It was an enriching experience for me to understand their opinions."

> Vishva National Cadet Corps



### SOLVING PROBLEMS

Community Service, NSS Volunteering, and Rovers Crew Training develop problemsolving skills in students. In Community Service, students encounter community issues and work toward creating practical solutions, enhancing their analytical and problem-solving abilities. NSS Volunteering involves hands-on work in diverse communities, requiring students to adapt to challenges and resolve conflicts. Rovers Crew Training, which emphasizes selfreliance and leadership, enables students to think on their feet and address unexpected situations. Through these students learn activities, to identify problems, evaluate possible solutions, and implement effective strategies, preparing them for complex situations.





"During our community service programme, we understood that performing even small acts can help solve big problems. It gave me the confidence to look for tiny solutions that can be stepping stones for big changes." Hari Prasana Service Learning Programme

### **BEING ADAPTABLE**

Health Awareness, NSS Volunteering, and Environmental Awareness initiatives foster adaptability. Health Awareness activities require students to communicate critical health information, sometimes in dynamic or challenging environments, making them flexible in their approach. NSS Volunteering exposes students to new surroundings and situations, encouraging them to adapt their skills to meet community needs. Environmental Awareness initiatives often involve changing conditions and new information, prompting students to stay adaptable in their actions and outlook. enable Together, these experiences students to be resilient and versatile, equipped to handle change and uncertainty effectively.



"Organising Blood Donation camps instilled in me a strong sense of responsibility, showing me the impact of individual and group roles in organizing social welfare programs. K Renuga Devi National Service Scheme



### MANAGING YOURSELF

Health Awareness, Cultural Outreach, and NCC Camps encourage self-management. Health Awareness initiatives highlight personal discipline, responsibility, and a balanced approach to health and wellbeing. Cultural Outreach activities, where students showcase or learn about diverse cultural expressions, require self-discipline and time management in balancing preparation and participation. NCC Camps instill rigorous self-discipline, physical fitness, and resilience, strengthening selfmanagement skills. These activities teach students to prioritize, stay focused, and manage themselves effectively, preparing them for professional and personal responsibilities.





"Taking part in cultural programmes taught me the importance of time-management, team-work and understanding audiences. I understood that prior planning is very important for success.

> Kishore B Service Learning Programme

### **RESEARCH SKILLS**

Health Awareness, Relief Work, and Cultural Outreach activities develop research skills in students. Health Awareness initiatives require students to investigate health topics, identify reliable sources, and communicate evidence-based information, which enhances their ability to research effectively. Relief Work involves gathering data on local needs and assessing effective interventions, fostering skills in data analysis and evidence-based decision-making. Cultural Outreach encourages students to explore cultural histories and practices, requiring thorough research and thoughtful presentation. Together, these activities build students' capacity to gather, evaluate, and apply information, which is essential for academic and professional research endeavors.



"Talking to my classmates about different club activities helped me develop interest on lot of topics. I came to know about various social problems and took time to read and learn more about them. A Malliga National Service Scheme



### USING TECHNOLOGY

Teaching Outreach, NCC Camp, and Community Service activities help students develop technological skills. In Teaching Outreach, students generally use digital tools to prepare and present educational content. enhancing their technical proficiency. NCC volunteers assist many camps that often incorporate modern communication equipment and technologies, providing students with hands-on experience in using technology for organizational purposes. Community Service initiatives sometimes require digital documentation or communication, helping students understand how technology can facilitate community engagement. These experiences collectively prepare students to use technology effectively, a critical skill in today's digital and information-driven world.





"During NCC Camps, we got firsthand experience of the different technologies and machines used in the NAVY. The talks showcased the nation's commitment to protecting its cittizens"

> Naveen National Cadet Corps

## **HELPING OTHERS**

NSS Volunteering, Blood Donation, and Charity Works instill a strong commitment helping others. NSS Volunteering to enables students to directly support communities, contributing to public welfare and demonstrating empathy and compassion. Blood Donation fosters a spirit of altruism, as students offer life-saving contributions for the benefit of those in need. Charity Works expose students to various social needs and allows them to actively participate in addressing these issues. Through these activities, students learn the value of selflessness and service, cultivating a lifelong commitment to supporting others enhancing and community well-being.



"Donating blood gave me the chance to help people in need. To help another human is a basic courtesy, and I am happy for the opportunities the NSS gave me to help others."

Ruby Jobitham National Service Scheme



### LIFELONG LEARNING

NSS Volunteering, NCC Volunteering, and Rovers Crew Training encourage a passion for lifelong learning. NSS and NCC Volunteering introduce students to diverse life experiences and practical skills, inspiring continuous self-improvement and curiosity. Rovers Crew Training emphasizes leadership, adaptability, and skill-building, creating a growth mindset and a willingness to learn. These experiences make students aware of the benefits of ongoing education, both formal and informal, and motivate them to seek knowledge beyond the classroom. As a result, they become proactive learners who value personal and professional growth throughout life.





"During Rovers Crew Programmes, many interesting learning activities take place. Each activity has a theme and goal and introduces some new avenue to us." Dinesh Rovers Crew

## **BOUNCING BACK**

Disaster Preparedness, Relief Work, and NCC Camps instill resilience in students, helping them bounce back from challenges. Disaster Preparedness teaches students to stay calm and respond effectively in crisis situations, building mental toughness and adaptability. Relief Work often involves challenging conditions, requiring students to recover quickly from setbacks and continue their efforts to support those in need. NCC Camps involve rigorous training that strengthens physical and mental resilience, preparing students to face difficult situations with confidence. These activities equip students with the skills and mindset needed to overcome obstacles and persevere in adversity.



"During the Service Learning Programme events, we got to visit a number of areas. There, we witnessed the courage of people living in difficulty situtations. It inspired me to help them and always look for the positive in any situation." Kaviyan K Service Learning Programme



### BUILDING EMPATHY

Community Service, Charity Works, and Blood Donation cultivate empathy in students. Community Service connects students with local communities, exposing them to diverse lives and experiences, which creates a deeper understanding and empathy for others' struggles. Charity Works engage students in supporting vulnerable groups, enhancing their compassion and social awareness. Blood Donation teaches students the impact of small, selfless acts on others' lives. These experiences encourage students to view others' situations from perspectives, nurturing empathy and compassion, which essential for building inclusive are communities and building positive interpersonal relationships.





"NSS is completely people-oriented. We build relationships with other and care for people. We understand the needs of society and and conduct programmes to address inequalites." Santhosh Kumar National Service Scheme

### THINKING CREATIVELY

Cultural Outreach, NCC Volunteering, and Youth the Parliament Programme encourage creative thinking. Cultural Outreach allows students to explore and express cultural themes through innovative presentations, fostering artistic and creative skills. NCC Volunteering involves problemsolving in diverse settings, where students must think outside the box to meet challenges. The Youth Parliament Programme stimulates creativity bv encouraging students to devise original solutions to socio-political issues. These activities inspire students to approach problems with fresh perspectives and open minds, developing their ability to think creatively and propose innovative solutions.



"The debates at YPP pushed me to come up with creative ways of presenting and defending my views. I enjoyed coming up with ideas and sharing it with my team." R Shobana Sri Youth Parliment Programme



### UNDERSTANDING GLOBAL AND NATIONAL ISSUES

NSS Volunteering, Health Awareness, and Environmental Awareness activities help students gain insights into global and national issues. NSS Volunteering exposes them to local social challenges that mirror larger national issues, fostering a sense of civic responsibility. Health Awareness emphasizes understanding public health concerns that affect populations globally, while Environmental Awareness highlights critical ecological issues. These experiences enable students to connect local experiences with global contexts, helping them become informed citizens aware of pressing issues. They gain a comprehensive perspective on societal challenges, preparing them to contribute thoughtfully to national and international discourse.



njakuppam, Cuddalore, Tar



"Through NSS Activities, We learnt about the different problems in India and the need for awareness and training to solve them". Vasikaran National Service Scheme

## NEGOTIATING

Health Awareness. Environmental Awareness. and Community Service activities help students develop negotiation skills. Health Awareness programs often involve collaborations with multiple stakeholders, requiring students to balance different Environmental perspectives. Awareness efforts may involve advocating for environmental initiatives. teaching students to communicate persuasively and negotiate support for their causes. In Community Service, students interact with various groups, learning to navigate differing interests and find common ground. These activities equip students with negotiation skills, enabling them to address conflicting viewpoints constructively. fostering positive relationships. and achieving mutually beneficial outcomes.



"During service activities, we get to meet a lot of people. We get to interact with the people of the area and learn about their point of view of issues. It is very useful to understand and talk to them." P. Gowthaman National Cadet Corps



## MANAGING MONEY

Community Service, Charity Works, and Disaster Preparedness activities contribute to financial management skills. Community Service projects often require budgeting to allocate resources effectively, while Charity Works involve fund management and efficient spending for social causes. Disaster Preparedness efforts, which may include funding for emergency resources, teach students to prioritize expenditures. provide These experiences practical lessons in resource allocation, financial planning, and budgeting, equipping students with skills to manage funds responsibly. Understanding the value of financial resources is essential for both personal and professional success.





"Charity programs conducted by the Rovers crew helped me understand the value of money, and made me more conscious of how I spend money."

> Vetrivel Rovers Crew

### **BEING JOB READY**

All extension progammes including NSS NCC Volunteerina. Volunteerina. and Charity Works activities help students develop job readiness skills. NSS and NCC Volunteering instill discipline, teamwork, and organizational skills, which are critical for professional environments. Charity Works expose students to real-world challenges and interpersonal interactions, allowing them to practice communication and problem-solving in a work-like setting. Through these activities, students learn to adapt, work effectively with others, and handle responsibilities confidently. These experiences equip students with essential skills for future employment, making them adaptable and competent candidates for the job market.



"National Cadet Corps gave me the opportunity to engage in teamwork and group activities. The training we receive prepares us for for many real-life situations and jobs where these skills are required"

Keerthika National Cadet Corps



#### TO LEARN TO SERVE TO BECOME



#### ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS) CUDDALORE

**Phone** 04142-286311

Email josecol27998@gmail.com

Website sjctnc.edu.in

Address Manjakuppam , Cuddalore -607001