



St. Joseph's College of Arts & Science (Autonomous)
Cuddalore – 607 001, Tamil Nadu.

E-mail : joseco127998@gmail.com
Website: www.sjctnc.edu.in



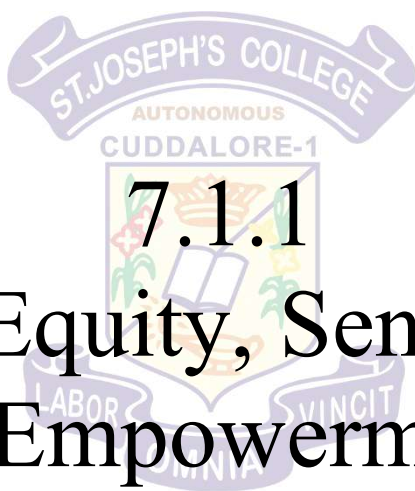
7.1.1 GENDER EQUITY, SENSITIZATION & EMPOWERMENT

GENDER PROMOTION-CO-CURRICULUM



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Cuddalore – 607 001, Tamil Nadu.

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7.1.1
**Gender Equity, Sensitization
& Empowerment**
*Co-curriculum
Off-Campus*

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Motivational Talk on Women empowerment
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	07.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 at three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 07.09.2019 at 6:00 PM, first-year MSW students organized a program titled “Motivational Talk on Women Empowerment” for the residents of Killai. The purpose of this program was to raise awareness about women empowerment and encourage the people of Killai to grant equal rights to women and support their education, reflecting the saying, "Women's success from backyard to battlefield."




“Motivational Talk on Women Empowerment”



The honourable chief Guest was Dr. A. Annammal, Asst. Prof, Department of Tamil, St Joseph's College of Arts & Science (Autonomous) Cuddalore, she was honoured with shawl and memento by Ms. S. Vanathi, Asst. Professor, Dept of Social Work, St. Joseph's College of Arts and Science (Autonomous) Cuddalore, the programme was organised in a well and good manner Dr. A. Annammal, Assistant Professor in the Department of Tamil at St. Joseph's College of Arts & Science (Autonomous), Cuddalore, addressed the gathering and shared her insights on the topic of women empowerment. She also shared personal experiences of her struggles and achievements as a woman, offering an inspiring story that left a lasting impression on the audience.

She highlighted the achievements of famous women who have excelled over the decades. She urged parents to ensure their children receive an education, regardless of the circumstances, as this can transform society for the better. Her valuable speech inspired both young people and their parents to prioritize education. Additionally, she performed a beautiful song. Following her speech, first- and second-year social work students presented skits and cultural performances focused on the theme of women empowerment. The program concluded at 8:00 PM.



Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,
PRINCIPAL
St. Joseph's College of Arts & Science
(AUTONOMOUS)
CUDDALORE - 607 001.

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),
CUDDALORE.**

PG DEPARTMENT OF SOCIAL WORK

Title of the Extension Activity : Motivational Talk on Women
Empowerment


Date : 07.09.2019

Venue : Killai, Chidambaram
Taluk, Cuddalore District

Participants List

S.NO.	ROLL NO.	NAME
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyan. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakaran. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S

17.	A19MSW17	Priya. R
18.	A19MSW18	Shobana. R
19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Importance of Higher Education for Women & Sapling Plantation
Organising Unit	PG Department of Social Work
Venue	Govt. Higher Secondary School, Poondiyankuppam
Date	09.10.2019
No. of Participants	37

Social work is an academic discipline and profession that focuses on supporting individuals, groups, and communities. A community organization program aims to enhance social functioning and overall well-being. This type of program focuses on meeting the needs of the community and fostering integration within it. Social work trainees have planned a program titled “Motivational Talk on the Importance of Higher Education for Women & Tree Plantation” to raise awareness among students about the value of education, to shape their personalities, and to develop their skills in organizing.

The inaugural address was delivered by Ms. Vishali, Assistant Professor at St. Joseph's College of Arts and Science (Autonomous), Cuddalore. She encouraged students to be open to learning from others and to see mistakes as opportunities for growth. Ms. Vishali explained the purpose of the community organization program to the school students, emphasizing the importance of staying in school and continuing their education. She also proudly spoke about the contributions of HOPE NGO.

The headmaster of the Government Higher Secondary School delivered the felicitation speech, expressing pride in the work of HOPE NGO and highlighting the scholarships provided to female students by the government. Mr. Joseph Victor Raj, Director of HOPE, Puducherry, also spoke, engaging with the students by asking about the morning's events. He awarded a cash prize of Rs. 200 to students who actively participated. He emphasized that opportunities are rare and should be seized when they arise.



Our chief guest engaging students with her speech on 09.10.2019

The Chief Guest, Mrs. Mercy Antony, Head of the Department of Statistics at St. Joseph's College of Arts and Science (Autonomous), Cuddalore, spoke about the importance of education for women. Her presentation was interactive, using a PowerPoint to engage the students, and it left a significant impact on the audience.

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),
CUDDALORE - 607001
PG DEPARTMENT OF SOCIAL WORK**

Title of the Extension Activity: Importance of Higher Education for Women & Sapling
Plantation

Date : 09.10.2019

Time : 2.00pm to 4.00pm


Venue : Govt. Higher Secondary School, Poondiyankuppam

List of Participants

S. No	Roll No	Name
1.	A18MSW01	Aayilya T
2.	A18MSW02	ArockiaPriya E
3.	A18MSW03	Arokia Mary M
4.	A18MSW05	Britto P
5.	A18MSW06	Dhanalakshmi M
6.	A18MSW07	Dharishini C
7.	A18MSW08	Diana Roslin A
8.	A18MSW09	Divya S
9.	A18MSW10	Dravidan N
10.	A18MSW11	EdviyaSherly S
11.	A18MSW12	Ilamparithi M

12.	A18MSW13	Inbavalli T
13.	A18MSW14	Indhu K
14.	A18MSW15	Isabellarani R
15.	A18MSW16	Jancy Jennifer A
16.	A18MSW17	John Louis S
17.	A18MSW18	Lawanya S
18.	A18MSW19	Mahalakshmi S
19.	A18MSW20	Manibharathi B
20.	A18MSW22	MathiMalar M
21.	A18MSW23	Mohana Priya R
22.	A18MSW24	Muthusamy R
23.	A18MSW25	Poonkundran A
24.	A18MSW26	Prathap A
25.	A18MSW27	Preethi C
26.	A18MSW28	Princy A.S
27.	A18MSW29	Priyadharshini R
28.	A18MSW30	Rajapriya M
29.	A18MSW31	Ramkumar P
30.	A18MSW32	Ranjith K
31.	A18MSW33	Renukambal C

32.	A18MSW35	Sivanandhan S
33.	A18MSW36	Sivasankari A
34.	A18MSW37	Sriram K
35.	A18MSW38	Tamil Vani G
36.	A18MSW39	Tamilselvi E
37.	A18MSW40	Udhayakumar R


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Street play to sensitize people on Child Rights
Organising Unit	PG Department of Social Work
Venue	Providence Mall, Puducherry
Date	17.11.2019
No. of Participants	12

Awareness skit on child rights was presented by our I MSW students during the Mass awareness programme conducted by Child Line Puducherry on 17th of November 2019 at Providence Mall Pondicherry as November 14th to 20th is observed as the children se dosti week across the country, child line has been conducting various awareness programs as part of this week and also increasing deeds for child line helpline services. The Programme held at Food court of the Mall and Highlighted child rights and their safe survival, our I-MSW students under the guidance of faculty members and the Child Line Coordinator Ms. Jenifer, PMSSS presented street play which themed on fundamental Rights of the child and their safety, bonded child labour issues, child marriage, hesitating their liberal choose of education, exploiting etc.



Street Play by MSW students on 17.11.2019

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),
CUDDALORE - 607001**


PG DEPARTMENT OF SOCIAL WORK

Title of the Extension Activity : Street play to sensitize people on Child Rights
Date : 17.11.2019
Time : 5 to 7 pm
Venue : Providence Mall, Puducherry

List of Participants

S.NO	ROLL NO	NAME OF THE STUDENTS
1.	A19MSW01	ABARNA E
2.	A19MSW02	AGATHIYAN S
3.	A19MSW03	ASWINI S
4.	A19MSW04	ATHIRUBAN A
5.	A19MSW06	GNANA SIRON MANI J
6.	A19MSW07	KAMALAKANNAN J
7.	A19MSW10	KARTHIK RAJA D
8.	A19MSW12	MICHAEL RANI A
9.	A19MSW13	MOHAMED GARNESS A
10.	A19MSW15	PRASATH GEORGE BENNIT Y
11.	A19MSW19	MADHUBALAN M
12.	A19MSW20	PRIYANGA E


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Voluntary Service during Women Safety Awareness
	Organising Unit
	National Service Scheme
	Venue
	Meteorological Research Center, Cuddalore.
	Date
	23.02.2020
	No. of Participants
	20

The “Elanthalir” club organized a “Women and Child Safety” Awareness Programme in Cuddalore at the Meteorological Research Center on 23.02.2020. This event aimed to educate school students and community members on essential safety practices and precautionary measures to protect women and children. Dr. L. Santhanaraj, our NSS coordinator, addressed the attendees with an impactful speech, emphasizing the importance of awareness and proactive actions to ensure personal safety in public and private spaces. His speech covered vital topics such as identifying potential risks, understanding personal boundaries, and learning basic self-defence techniques. He encouraged students to be vigilant, prioritize safety, and communicate openly with trusted adults about concerns. The awareness program provided valuable knowledge and empowered students with practical tips and insights, underscoring the shared responsibility of individuals and communities in promoting the safety and well-being of women and children.



Group photo of our NSS volunteers with community members - 23.02.2020



Speech given by Dr. L. Santharaj, our NSS coordinator - 23.02.2020

NATIONAL SERVICE SCHEME


Title : Voluntary Service during Women Safety Awareness
Venue : Meteorological Research Center, Cuddalore.
Date : 23-02-2020

SHIFT-1

S.NO	NAME	ROLL NO
1.	K.GOWTHAM	A17CMDA21
2.	zA.MANOJ PRABAKARAN	A17CMDA38
3.	R.KISHORE KUMAR	A17CSDB
4.	D.MUTHTHAMILAN	A17BBD33
5.	K.KARTHIKEYAN	A17BBD39
6.	M.VIJAYA KUMAR	A17CADA58
7.	V.DEVANATHAN	A17CADB16
8.	S.AKASH	A17BBD02
9.	M.VINOTH	A17PHD58
10.	B.NAGARATHINAM	A17CADB35
11.	G.PRABHAKRAN	A17CMDB46
12.	S.SATHISH KUMAR	A18PHD43
13.	G.SUBASH	A18CADB42
14.	M.JAYA KUMAR	A18CADB15
15.	A.MOHAN DOSS	A18CMDB42
16.	G.SAGAYARAJ	A18PHD40
17.	P.PREM KUMAR	A18CHD38
18.	T.GANESH KUMAR	A18CMDB
19.	D.PRAVEEN	A18CMDB48
20.	R.ARAVINDHAN	A18MBD07



Dr. L. SANTHANA RAJ, NSS PROGRAMME OFFICER, UNIT-I

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Women's Day Celebration.
	Organizing Unit
	Social Service Club
	Venue
	Annai Sathya Memorial Government Children Home
	Date
	17-03-2023
	Number of Participants
	26

Report No. : 82/2022 – 23

The Social Service Club conducted a “Women’s Day Celebration” activity for the student residents of Annai Sathya Memorial Government Children Home, Semmandalam, Cuddalore. The aim of this activity was to instill the importance and role of women in the young minds. Mrs. R. Aruna Kirithika, Coordinator of Shift-II, encouraged and accompanied the student volunteers. Around 25 students participated in the event.



Coordinator of Social Service Club

Permission Letter

From

Co. Ordinator,
Social Service Club,
St. Joseph's college of Arts and Science (Autonomous),
Cuddalore - 1.

To

The Secretary,
St. Joseph's college of Arts and Science (Autonomous),
Cuddalore - 1.

Sub: Permission to conduct women's day
activity - Annai Sathya Memorial Govt.
children home - Reg.

Resp. Rev. Fr.,

On behalf of Social Service Club, we
are interested to conduct activity at
'Annai Sathya Memorial Government children
home' - Semmandalem with ^{SSE} volunteers of Shift II
for women's day celebrations on 17.3.23
from 10.00 AM to 12. pm. The aim is to
inculcate the importance of women and her
role to the younger minds. kindly permit
us for the same. A requisition letter from
principal's desk is also required to be
presented to the Annai Sathya home for conducting
activity from our college through Social Service
Club. kindly do the needful.

Thanking you

Cuddalore }
15.3.23 }

yours truly,
D. Senthil
15.3.23

Glimpses of the Event:



Students Participating in the events (Left) and Distribution of Prizes to the Students (Right)
Dt. 17-02-23

St. Joseph's College of Arts & Science (Autonomous), Cuddalore- 607001

Social Service Club

Activity Report

Report No. : 82/2022 – 23
Report Title : Women's' Day Celebrations
Date : 17.03.23

Attendance sheet

ST.JOSEPH'S COLLEGE OF ARTS & SCIENCE(AUTONOMOUS),CUDDALORE			
SOCIAL SERVICE CLUB(Shift-II)			
Womens day celebration-17.03.23			
S.NO.	ROLLNO	NAME	Signature
1	A22CAEA04	P.ABINAYA	P. Abinaya
2	A22CAEA02	R.AARTHI	R. Arathi
3	A22CAEA12	S.DHARSHA	S. Dharsha
4	A22CAEA47	D.SUMATHI	D. Sumathi
5	A21CSEA32	K.THIRISHA	K. Thirisha
6	A21CSEA11	S.JEEVITHA	S. Jeevitha
7	A20CSEA06	M.DHARSHINI	M. Dharshini
8	A20CSEA22	S.PREETHA	S. Preetha
9	A20CSEA17	M.KIRESIHA	M. Kiresiha
10	A20CSEA40	Y.YASHITHA BEGAM	Y. Yashitha Begam
11	A22CSEA34	R.RAMYA	R. Ramya
12	A22CMEB40	S.NASRIN PARVEEN	S. Nasrin Parveen
13	A22CMEB33	G.KIRUTHIKA	G. Kiruthika
14	A22CMEB12	B.DHARSHINI	B. Dharshini
15	A22CSEA14	P.JANANI	P. Janani
16	A22CMEA32	L.MAHALAKSMI	L. Mahalaksmi
17	A22CMEA09	L.CHRISTINA MERCI	L. Christina Merci
18	A22CMEA60	M.TAMILSUDAR	M. Tamsudar
19	A22CMEA53	G.SIVASAKTHI	G. Sivasakthi
20	A22CMEA47	P.SANDHIYA	P. Sandhya
21	A22CMEA64	D.VANMATHI	D. Vanmathi
22	A22CMEA61	P.THARANI	P. Tharani
23	A22CMEB67	S.VANATHI	S. Vanathi
24	A22CMEB48	K.S.RAJESWARI	K. S. Rajeswari
25	A22CMEB59	K.SUBASRI	K. Subasri
26	A22CMEB57	S.SOWMIYA	S. Sowmiya

C. Jeyaraj DM

Coordinator of Social Service Club

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

**Affiliated to Annamalai University, Annamalai Nagar | Re-Accredited by NAAC
with 'A' Grade (3rd Cycle) Recognized under section 2(f) and 12 (B) of the UGC
Act, 1956 | A Christian Minority Institution**

St. Joseph's College Road, Manjakuppam, Cuddalore – 607001



NATIONAL SERVICE SCHEME

ACADEMIC YEAR: 2023 – 2024

REPORT ON

NATIONAL SERVICE SCHEME

TITLED ON


CYBERCRIME AWARENESS RALLY

VENUE

THIRUPADRIPULIYUR

DATE

2nd FEBURARY 2024

	St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity	CYBERCRIME AWARENESS RALLY
	Organising unit	NATIONAL SERVICE SCHEME
	Venue	THIRUPADRIPULIYUR
	Date	02.02.2024
	No. Of Participants	132

On February 2, 2024, the Cuddalore District Police, in collaboration with the NSS Units of St. Joseph's College of Arts and Science, organized a Cyber Crime Prevention Awareness Rally in Thirupadrupuliyur. Inaugurated by Police Superintendent Mr. R. Rajaram, the rally began at Car Street and concluded at the local police station. It highlighted the rise of internet crimes, including OTP fraud and fake employment schemes. Attendees received brochures, and the police promoted the contact number 1930 and the website www.cybercrime.gov.in for reporting incidents. Over 200 students participated, coordinated by Dr. L. Santhana Raj and Mrs. Kavitha.



DSP Presented the gift to the NSS Programme officer-02.02.2024



Signature of

Programme officer

PERMISSION LETTER:



NATIONAL SERVICE SCHEME
ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)

Dr. L. SANTHANA RAJ,

Programme officer.

TO

The Principal,

St. Joseph's College of arts and science (Autonomous),

Cuddalore -01.

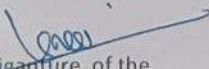
Respected principal,

As we are going to attend the **NSS PROGRAMME**. So kindly allow the NSS volunteers to attend the programme.

Thanking you,

Yours obediently,

NSS VOLENTEERS


Signature of the
Programme officer

List of Participants

S.NO	NAME	REGNO	REMARKS
1	ADARSH SUDHAKAR	210001	
2	ADARSH SUDHAKAR	210002	
3	ADARSH SUDHAKAR	210003	
4	ADARSH SUDHAKAR	210004	
5	ADARSH SUDHAKAR	210005	
6	ADARSH SUDHAKAR	210006	
7	ADARSH SUDHAKAR	210007	
8	ADARSH SUDHAKAR	210008	
9	ADARSH SUDHAKAR	210009	
10	ADARSH SUDHAKAR	210010	
11	ADARSH SUDHAKAR	210011	
12	ADARSH SUDHAKAR	210012	
13	ADARSH SUDHAKAR	210013	
14	ADARSH SUDHAKAR	210014	
15	ADARSH SUDHAKAR	210015	
16	ADARSH SUDHAKAR	210016	
17	ADARSH SUDHAKAR	210017	
18	ADARSH SUDHAKAR	210018	
19	ADARSH SUDHAKAR	210019	
20	ADARSH SUDHAKAR	210020	
21	ADARSH SUDHAKAR	210021	
22	ADARSH SUDHAKAR	210022	
23	ADARSH SUDHAKAR	210023	
24	ADARSH SUDHAKAR	210024	
25	ADARSH SUDHAKAR	210025	
26	ADARSH SUDHAKAR	210026	
27	ADARSH SUDHAKAR	210027	
28	ADARSH SUDHAKAR	210028	
29	ADARSH SUDHAKAR	210029	
30	ADARSH SUDHAKAR	210030	


S.NO	NAME	REGNO	REMARKS
31	ADARSH SUDHAKAR	210031	
32	ADARSH SUDHAKAR	210032	
33	ADARSH SUDHAKAR	210033	
34	ADARSH SUDHAKAR	210034	
35	ADARSH SUDHAKAR	210035	
36	ADARSH SUDHAKAR	210036	
37	ADARSH SUDHAKAR	210037	
38	ADARSH SUDHAKAR	210038	
39	ADARSH SUDHAKAR	210039	
40	ADARSH SUDHAKAR	210040	
41	ADARSH SUDHAKAR	210041	
42	ADARSH SUDHAKAR	210042	
43	ADARSH SUDHAKAR	210043	
44	ADARSH SUDHAKAR	210044	
45	ADARSH SUDHAKAR	210045	
46	ADARSH SUDHAKAR	210046	
47	ADARSH SUDHAKAR	210047	
48	ADARSH SUDHAKAR	210048	
49	ADARSH SUDHAKAR	210049	
50	ADARSH SUDHAKAR	210050	

S.NO	NAME	REGNO	REMARKS
51	ADARSH SUDHAKAR	210051	
52	ADARSH SUDHAKAR	210052	
53	ADARSH SUDHAKAR	210053	
54	ADARSH SUDHAKAR	210054	
55	ADARSH SUDHAKAR	210055	
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67	ADARSH SUDHAKAR	210067	
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70	ADARSH SUDHAKAR	210070	

S.NO	NAME	REGNO	REMARKS
71	ADARSH SUDHAKAR	210071	
72	ADARSH SUDHAKAR	210072	
73	ADARSH SUDHAKAR	210073	
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75	ADARSH SUDHAKAR	210075	
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90	ADARSH SUDHAKAR	210090	

S.NO	NAME	REGNO	REMARKS
91	ADARSH SUDHAKAR	210091	
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94	ADARSH SUDHAKAR	210094	
95	ADARSH SUDHAKAR	210095	
96	ADARSH SUDHAKAR	210096	
97	ADARSH SUDHAKAR	210097	
98	ADARSH SUDHAKAR	210098	
99	ADARSH SUDHAKAR	210099	
100	ADARSH SUDHAKAR	210100	
101	ADARSH SUDHAKAR	210101	
102	ADARSH SUDHAKAR	210102	
103	ADARSH SUDHAKAR	210103	
104	ADARSH SUDHAKAR	210104	
105	ADARSH SUDHAKAR	210105	
106	ADARSH SUDHAKAR	210106	
107	ADARSH SUDHAKAR	210107	
108	ADARSH SUDHAKAR	210108	
109	ADARSH SUDHAKAR	210109	
110	ADARSH SUDHAKAR	210110	

S.NO	NAME	REGNO	REMARKS
111	ADARSH SUDHAKAR	210111	
112	ADARSH SUDHAKAR	210112	
113	ADARSH SUDHAKAR	210113	
114	ADARSH SUDHAKAR	210114	
115	ADARSH SUDHAKAR	210115	
116	ADARSH SUDHAKAR	210116	
117	ADARSH SUDHAKAR	210117	
118	ADARSH SUDHAKAR	210118	
119	ADARSH SUDHAKAR	210119	
120	ADARSH SUDHAKAR	210120	
121	ADARSH SUDHAKAR	210121	
122	ADARSH SUDHAKAR	210122	
123	ADARSH SUDHAKAR	210123	
124	ADARSH SUDHAKAR	210124	
125	ADARSH SUDHAKAR	210125	
126	ADARSH SUDHAKAR	210126	
127	ADARSH SUDHAKAR	210127	
128	ADARSH SUDHAKAR	210128	
129	ADARSH SUDHAKAR	210129	
130	ADARSH SUDHAKAR	210130	

	St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title Of The Extension Activity	“Awareness Programme On Mobile Addiction
	Organising Unit	VSL- Department Of Biochemistry
	Venue	Madhar Nalla Thondu Niruvanam), NGO, Cuddalore
	Date	14.02.2024
	No. Of Participants	08


Report

The awareness programme on mobile addiction was jointly organized by PG & Research Department of Microbiology under Village Service Learning (VSL) and MNTN (Madhar Nalla Thondu Niruvanam), NGO on 14.02.2024 among daily wages at Paathirikuppam, Cuddalore. The programme started at 10.00 AM. 8 students from II B.Sc., Microbiology (Shift-II) participated in the awareness Programme. The students listed out the problems due to mobile addiction and the ways to overcome it. The programme was ended at 12.30 PM. The programme was arranged by Dr. S. Megala, Assistant Professor of Microbiology, St. Joseph's College of Arts & Science (Autonomous), Cuddalore.



Empowering Change: Awareness on Mobile Addiction-14.02.2024


 Signature
 Programme Co-ordinator
 Dr. S. MEGALA B.Sc., M.Phil.
 Assistant Professor
 Department of Microbiology
 St. Joseph's College of Arts and Science (Autonomous)
 Cuddalore - 1


 Signature
 Head of the Department
 Dr. J. Jayaprakash, M.Sc., Ph.D.,
 Head, Department of Microbiology,
 St. Joseph's College of Arts & Science,
 (Autonomous), Cuddalore - 607 691.

Permission Letter

Permission Letter

From

Dr. S. Megala
Assistant Professor
PG & Research Department of Microbiology
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore-1

To

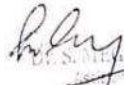
The Head
PG & Research Department of Microbiology
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore-1


Respected sir,

With due respect, as we planned to arrange awareness programme regarding Mobile addiction among the daily wages people on 14.02.2024 at Paathirikuppam, Cuddalore. Hence, I kindly request you to grant us permission to bring 8 students (II MBE - Shift-II) for the same.

Thanking you

Yours sincerely


Dr. S. Megala M.Sc., Ph.D.,
Assistant Professor
Department of Microbiology
St. Joseph's College of Arts and Science (Autonomous)
Cuddalore - 1


Dr. J. Jayaprakash, M.Sc., Ph.D.,
Head, Department of Microbiology,
St. Joseph's College of Arts & Science,
(Autonomous), Cuddalore - 607 001.

Glimpses of the Event



Left: Students welcomed the community to the programme.
 Right: They discussed the impact of mobile addiction.-14.02.2024



Left: Explained ways to avoid mobile addiction.
 Right: Students listened to instructions from Mrs. Chitra, Project Director.-14.02.2024

St. Joseph's College of Arts & Science (Autonomous),

Cuddalore-607 001

PG& Research Department of Microbiology

Report No. : 137 / 2023 – 24

Programme Title : The Awareness Programme on Mobile addiction

Date : 14.02.2024

List of Participants

S.NO.	ROLL NO.	NAME	SIGN
1	A22MBE04	Abirami. S	S. Abirami
2	A22MBE09	Dharshini. M	H. Dharshini
3	A22MBE15	Gayathri.M	M. Gayathri
4	A22MBE29	Maheshwari.N	N. Maheswari
5	A22MBE35	Ranginiya.U	
6	A22MBE43	Saranya. B	B. Saranya
7	A22MBE49	Thenmozhi. K	K. Thenmozhi
8	A22MBE56	Rajeshwari. R	Rajeshwari


Signature

Programme Co-ordinator

Dr. S. MEGALA M.Sc., Ph.D.,
Assistant Professor
Department of Microbiology
St. Joseph's College of Arts and Science (Autonomous)
Cuddalore - 1



Signature

Head of the Department
Dr. J. Jayaprakash, M.Sc., Ph.D.,
Head, Department of Microbiology,
St. Joseph's College of Arts & Science,
(Autonomous), Cuddalore - 607 001

Feedback

Feedback

1. I could know many problems due to mobile addiction from the campaign (Abirami. S-A22MBE04)
2. This awareness programme was an eye opening programme among the daily wages. A strong message was passed among the daily wages about the consequences of mobile addiction (Gayathri.M - A22MBE15)
3. This type of awareness programme was helpful for us too to overcome mobile addiction. (Ranginiya.U -A22MBE35)

	St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title Of The Extension Activity	Cancer Awareness Programme
	Organising Unit	Red Ribbon Club
	Venue	Library Hall Extension
	Date	15.02.2024
	No. Of Participants	65

The Red Ribbon Club organized a Cancer awareness programme on 15.02.2024 from 10:00 am to 12:00 pm. The Resource Persons were Dr. D.Senkadhirdasan, Assistant Professor, Department of Community Medicine, Mahatama Gandhi Medical College & Research Institute, SBV NAAC A++, Puducherry and Dr. J. Jenifer Florence Mary, Assistant Professor, Department of Community Medicine, Mahatama Gandhi Medical College & Research Institute, SBV NAAC A++, Puducherry. The Resource Person enriched the students with the impact and need of cancer awareness. The session handled by Dr. Jenifer Florence Mary was regarding the types of cancer and the effects of them. 65 students participated and were benefited out of the programme.



Group Picture with the Resource Persons. -15.02.2024


 Signature of Coordinator


 Signature of Coordinator

Invitation

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

Cuddalore - 607 001.



Affiliated to Annamalai University, Annamalai Nagar - 608 002.

Re - Accredited by NAAC with ' A ' Grade (3rd Cycle)

Recognised u/s 2(f) & 12(B) of the UGC Act, 1956

A Christian Minority Institution



RED RIBBON CLUB

Warmly invites you for the

CANCER AWARENESS PROGRAMME

Date : 15.02.2024

Time: 10.00 am to 12.00 pm

Day : Thursday

Venue: Library Extension Hall

Presidential Address : **Rev. Fr. Dr. M. Swaminathan**, Secretary,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore-607001.

Felicitation : **Dr. M. Arumai Selvam**, Principal
Dr. J. Jon Arockiaraj, Vice-Principal
Rev. Fr. Dr. S. Xavier, Controller of Examination
Rev. Fr. Dr. A. Alex, Dean of Studies
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore-607001.

Resource Persons : **Dr. D. Senkadhirdasan**, Assistant Professor
Dr. J. Jenifer Florence Mary, Assistant Professor
Department of Community Medicine
Mahatma Gandhi Medical College & Research Institute,
SBV NAAC A++, Puducherry 607402.

In the Presence of : **Mrs. S. Vanathi**, RRC Coordinator
Mrs. T. Shalini, RRC Coordinator

Organized by

Coordinators & Students
Red Ribbon Club

Glimpses of the Event:



Doctor explained about oncology -15.02.2024



Students asked doubt about the session to the Doctors-15.02.2024

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. : 138 / 2023 – 24

Title of the Activity: Cancer Awareness Programme

Date: 15.02.2024

DEPARTMENT: B.A History			
S.NO	NAME	ROLL NO.	SIGNATURE
1.	K.Serhayan	A22HD02	K.Serhayan
2.	V.Gajendran	A22HD07	V.Gajendran
3.	D.Hariprasad	A22HD08	D.Hariprasad
4.	M.Jayakumar	A22HD11	M.Jayakumar
5.	B.Kameshkumar	A22HD17	B.Kameshkumar

DEPARTMENT: BSC COMPUTER SCIENCE			
S.NO	NAME	ROLL NO.	SIGNATURE
1.	D.Anbuseelan	A22CSD002	D.Anbuseelan
2.	M.Balaseelan	A22CSD006	M.Balaseelan
3.	S.Devanathan	A22CSD009	S.Devanathan
4.	T.Dhanush	A22CSD010	T.Dhanush
5.	N.Dinesh Kumar	A22CSD011	N.Dinesh Kumar
6.	A.Ragul	A22CSD030	A.Ragul
7.	L.Ram Prasath	A22CSD031	L.Ram Prasath
8.	K.Sampath Kumar	A22CSD032	K.Sampath Kumar
9.	D.Vigneshwaran	A22CSD045	D.Vigneshwaran
10.	S.Vikraman	A22CSD046	S.Vikraman

DEPARTMENT: BSC COMPUTER SCIENCE			
S.NO	Name	ROLL NO.	SIGNATURE
1.	S.Saravanan	A23CSDA36	S.Saravanan

2.	R.Vengadasakthi	A23CSDA44	R.Vengadasakthi
3.	A.Tamil Selvan	A23CSDA41	A.Tamil Selvan
4.	S.Dhandup Kumar	A23CSDA29	S.Dhandup Kumar
5.	G.Vishwa	A23CSDA49	G.Vishwa
6.	M.Gurubharan	A23CSDA11	M.Gurubharan
7.	M.Lokeshwaran	A23CSDA23	M.Lokeshwaran
8.	R.Yuvraj	A23CSDA30	R.Yuvraj
9.	S.Kamalesh	A23CSDA19	S.Kamalesh
10.	M.Gokul	A23CSDA12	M.Gokul
11.	L.Sachin	A23CSD034	L.Sachin
12.	V.Bharathi	A23CSD007	V.Bharathi
13.	M.Anban	A23CSD013	M.Anban
14.	V.Vijay	A23CSD045	V.Vijay
15.	V.Vishnu	A23CSD047	V.Vishnu
16.	M.Nafiz Ahmed	A23CSD026	M.Nafiz Ahmed
17.	G.Bala	A23CSD009	G.Bala
18.	S.Shyam Chandar	A23CSD038	S.Shyam Chandar
19.	S.Srikrishna	A23CSD039	S.Srikrishna
20.	A.Eugene	A23CSDC10	A.Eugene
21.	M.Muralidharan	A23CSDC25	M.Muralidharan
22.	P.Thirukumar	A23CSDC52	P.Thirukumar

DEPARTMENT: BCA			
S.NO	NAME	ROLL NO.	SIGNATURE
1.	Abdul Rahman	A22CADA01	Abdul Rahman
2.	V.Balaji	A22CADA06	V.Balaji
3.	A.Bharath	A22CADA08	A.Bharath
4.	Gnana kumaran	A22CADA14	Gnana kumaran
5.	R.Gowtham Raja	A22CADA17	R.Gowtham Raja
6.	M.Akash	A22CADA04	M.Akash
7.	K.Anandha Kumar	A22CADA05	K.Anandha Kumar

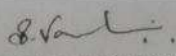
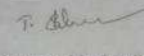
8.	P.Harith	A22CAD017	P. Harith
9.	J.Sarath	A22CAD017	J. Sarath
10.	A. Sakar Ali	A22CAD018	A. Sakar Ali

S.NO	NAME	ROLL NO.	SIGNATURE
1.	Ashaji Pardi	A22MB067	Ashaji Pardi
2.	P.Harith	A22MB071	P. Harith
3.	K.Ganesh	A22MB074	K. Ganesh
4.	V.Hariprasath	A22MB075	V. Hariprasath
5.	Mohammed Jabir	A22MB072	Mohammed Jabir
6.	A. Nabesh	A22MB074	A. Nabesh
7.	K. Narvesh	A22MB078	K. Narvesh
8.	Pravin Kumar	A22MB074	Pravin Kumar
9.	S. Roshni	A22MB072	S. Roshni
10.	B. Sakthivel	A22MB071	B. Sakthivel
11.	P. Thiruganam	A22MB043	P. Thiruganam
12.	D. Vishal	A22MB044	D. Vishal
13.	M. Varun	A22MB046	M. Varun

S.NO	NAME	ROLL NO.	SIGNATURE
1.	A. Agath	A22CMB063	A. Agath
2.	A. Balaji	A22CMB066	A. Balaji
3.	S. Laksh	A22CMB037	S. Laksh
4.	V. Manon Anthony	A22CMB039	V. Manon Anthony
5.	M. Mohammed Sarif	A22CMB040	M. Mohammed Sarif
6.	S. Rajasekhar	A22CMB050	S. Rajasekhar
7.	M.S. Saifur Rahman	A22CMB055	M.S. Saifur Rahman
8.	S. Surya	A22CMB065	S. Surya
9.	D. Tamizhendhan	A22CMB066	D. Tamizhendhan
10.	S. Gokula Krishnan	A22CMB074	S. Gokula Krishnan

S.NO	NAME	ROLL NO.	SIGNATURE
1.	K. Aadithya	A23CMA002	K. Aadithya

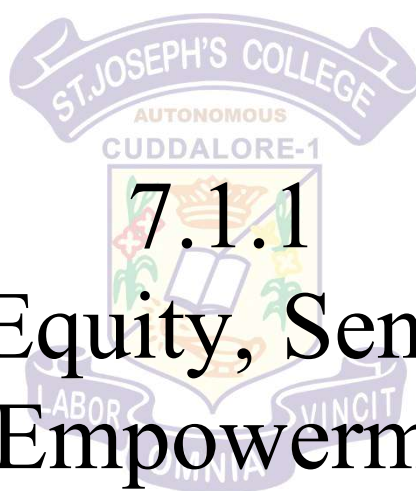
S.NO	NAME	ROLL NO.	SIGNATURE
1.	M. Aravindh	A23BBD09	M. Aravindh
2.	S. Veedesh	A23BBD68	S. Veedesh
3.	J. Abinash	A23BBD02	J. Abinash
4.	R. Sathish	A23BBD53	R. Sathish
5.	M. Sanjay Krishnan	A23BBD52	M. Sanjay Krishnan
6.	S. Silambarasan	A23BBD55	S. Silambarasan
7.	D. Vishanth	A23BBD71	D. Vishanth
8.	T. Vaitheeswaran	A23BBD65	T. Vaitheeswaran
9.	Sri Gowtham	A23BBD57	Sri Gowtham

 Signature of the Coordinator Asst. Professor Department of Social Work.	 Signature of the Coordinator T. SHALINI, M.A., M.Phil. Assistant Professor of English St. Joseph's College of Arts and Science (Autonomous) Gudalore- 567 003.
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St. Joseph's College of Arts & Science (Autonomous)
Cuddalore – 607 001, Tamil Nadu.

E-mail : joseco127998@gmail.com
Website: www.sjctnc.edu.in



7.1.1

Gender Equity, Sensitization & Empowerment

On-Campus

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	World Breast Feeding Week
Organizing Unit	Rotaract Club
Venue	On Campus
Date	06.08.2022
No. Of Participants	71

World Breastfeeding Week is celebrated from 1st August to 7th August every year to raise awareness about the importance of breastfeeding for both mothers and infants. This year, the Rotaract Club of our college joined hands with the Rotary Club of Cuddalore to conduct an awareness program on “Breastfeeding” specifically for our Shift II students.

The event featured knowledgeable speakers who discussed the numerous benefits of breastfeeding, emphasizing its role in providing essential nutrients and promoting a strong bond between mother and child. Participants learned about the recommended practices for breastfeeding, including the importance of exclusive breastfeeding for the first six months.


Interactive sessions allowed students to engage in meaningful discussions, ask questions, and share their thoughts on the challenges new mothers may face. The program aimed not only to educate but also to inspire a supportive community around breastfeeding. By the end of the event, attendees were motivated to advocate for breastfeeding and contribute to maternal and child health initiatives.



Dr. Kavitha addressing the gathering on 06.08.2022



Students listening to the session. Dt. 06.08.2022


Staff-in-charge

Dr. A.R. JOHNSON DURAI, M.C.A., M.Phil., Ph.D.
Assistant Professor,
P.G. & Research Dept. of Computer Science,
St. Joseph's College of Arts & Science (Autonomous),
CUDDALORE - 607 001.

Coordinator of Rotaract Club

Permission Letter

From

Rtn.Dr.A.R.Johnson Durai
Programme Co-ordinator, Rotaract club
St.Joseph's College of Arts and Science (Autonomous)
Cuddalore-607001

To

Respected Rev.Fr.Secretary
St.Joseph's College of Arts and Science (Autonomous)
Cuddalore-607001

Respected Rev.Fr.Secretary

Warm Wishes. **World Breastfeeding week** is considered from 1st August to 7th August of every year. On the eve of this, Rotaract club of our college joining hands with Rotary Club of Cuddalore, is planning to conduct an Awareness programme on "Breastfeeding" to our Shift II students.

Programme Details:

Date : 06.08.2022, Saturday
Time : 01.45 pm to 03.00 pm
Beneficiaries : **Shift II students**
III Year B.Sc Computer Science - 40
III Year B.Sc Mathematics - 34
III Year B.Sc Physics - 25
III Year B.Sc CHEmistry - 40

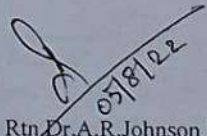
Venue : Rev.Fr.MA.Ratchakar Hall

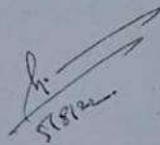
Kindly bless and permit us to conduct the above said awareness programme, also provide us an advance amount of Rs.1,000/- towards the programme expenses.



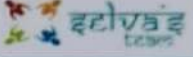
Thanking you

Cuddalore
05.08.2022

Yours Truly


Rtn Dr.A.R.Johnson Durai


5/8/22

ROTARY CLUB OF CUDDLALORE
 CLUB NO: 15846 RI DIST: 2981

The President, Secretary and Members of the Rotary Club of Cuddalore Takes Pleasure Inviting you for the **World Breast Feeding Week** at Auditorium, **St. Joseph's College of Arts & Science (Autonomous) - Cuddalore - 1**

Welcome Address By: Rtn.R. JANARTHANAN
Validatory Speech By Rtn.S. JEGAN NATHAN, President.
In The Presence of
Rev.Fr.G.Peter Rajendiram
 Secretary, St. Josephs College Of Arts and Science (Autonomous)
Rtn. Dr.M.Arumai Selvam
 Principal
Special Address By:
Dr.Kavitha Natarajan
 Suba Anandham Hospital, Cuddalore.t
Rtn.S.ASHOK
 Asst.Governor Zone-4


Rtn.G.KAMARAJ
 Asst.Governor Zone-5

Rtn. Dr.D.Nagarajan M.B.B.S (Pediatrics)
Rtn. Dr. Stanly Chandran M.D
Rtn. Dr.S.Rama Krishnan M.B.B.S.D.L.O
Rtn. Dr.C.Mahalingam M.D
Rtn. Dr.A.Govindarajan M.B.B.S
Rtn. Dr.Natarajan M.D
Rtn. Johnson Dural Retract Staff, Coordinator
 Vote of thanks - Rtn **V.Selvam**, Secretary

On 06.08.2022 at 03.00 P.M

Rtn.S.JEGAN NATHAN President
Rotary Club of Cuddalore.
Rtn.P.SELVAM Secretary

உகைத் தாய்ப்பாலூட்டல் வாரம்-2022
 கருத்து: தாய்ப்பாலூட்டுதலை முனைந்து ஊக்குவிப்போம்! கற்பிப்போம்! கைகொடுப்போம்!
WORLD BREAST FEEDING WEEK - 2022
 THEME : "Step up Breastfeeding : Educate & Support"


இந்திய குழந்தை மருத்துவ சங்கம்
 தமிழ்நாடு மாநிலப் பிரிவு - கடலூர் மாவட்டக்கிளை
INDIAN ACADEMY OF PEDIATRICS,
 TN State Chapter, Cuddalore Dt. Branch

தாய்ப்பாலூட்டல் பற்றி தெரிந்து கொள்ள வேண்டியவை :

- ✓ குழந்தை பிறந்தவுடன் தாய்க்கு கரக்கும் பால் சிம்பால் எனப்படும். இது குழந்தைக்கு ஒரு முழு முதல் தகுபூசியாக கருதப்படுகிறது.
- ✓ குழந்தை தாயின் மாந்தில் பால்சர்ப்ப சர்ப்ப தான் பால் கரப்பது அதிகமாகும்.
- ✓ முதல் நாளில் தாய்ப்பால் 30 மி.லி. அளவு மட்டுமே கரக்கும்.
- ✓ 2-வது நாள் தாய்ப்பால் 50 மி.லி கரக்கும் 3-வது நாள் 70 மி.லி என்று, படிப்படியாக பால் கரப்பது அதிகரிக்கும் என்பதை புரிந்து கொண்டு தாய்மார்கள் பதற்றப்படாமல் இருப்பது நல்லது.

தாயின் பாலில் இரு பகுதிகளாக பிரிக்கலாம். சப்பியதும் முதலில் வெளிவரும் பால் முற்பகுதிப்பால் (fore milk), இறுதியில் சர்ப்பும் பொது வரும் பால் பிற்பகுதிப் பால் (hind milk) எனப்படும். முற்பகுதிப் பாலில் (fore milk) இனிப்பு பொருளாகிய லாக்டோசும் (Lactose) நீரும் மிகுதியாக - நீர்த்து காணப்படும். குழந்தை தாவிடம் பால் பருக இது துண்டுநிறது. பிற்பகுதிப் பாலில் சத்து மிக்க கொழுப்பும், அணைச் சார்ந்த வைட்டமின்களும் நிறைந்திருக்கும். அடர்த்தியாகவும், கொழுக்கொழுப்பாகவும் காணப்படும். இது பால் அருந்தி முடிந்திருப்பதின் தரும் குழந்தை அசந்து தூங்கவும், எடை சீராக அதிகரிக்கவும், வளரவும் உதவுகிறது.

பெற்றோர்கள் கவனத்திற்கு...

- சிம்பால் குழந்தை பிறந்தவுடன் கொடுக்க வேண்டும்.
- முதல் 6 மாதத்திற்கு தாய்ப்பால் மட்டுமே குழந்தைக்கு போதுமானது.
- 6 மாதம் முடிந்தவுடன் வீட்டு உணவு வகைகளை தாய்ப்பாலுடன் ஊட்ட வேண்டும்.
- தாய்ப்பாலூட்டல் குறைந்தது இரண்டு வயது வரைக்கும் அவசியம் கொடுக்க வேண்டும்.

வேலைக்கு செல்லும் தாய்மார்கள் தாய்ப்பாலூட்டலை முறையாக சேகரிப்பது எப்படி?
 எந்த குழந்தைவயதும் குழந்தைக்கு மாற்றுப்பால் கொடுப்பது நல்லது அல்ல. அதனால் வேலைக்கு செல்லும் தாய்மார்கள் தாய்ப்பாலூட்டலை சேகரிக்கும் முறையை தெரிந்து கொண்டு தன் தாய்ப்பாலூட்டலை குழந்தைக்கு கொடுக்க வேண்டும்.

"IMS ACT 2003 - தாய்ப்பால் பாதுகாப்பு சட்டம்"
 "இரண்டு வயதிற்கு உட்பட்ட குழந்தைகளுக்கு உரிய காரணமின்றி செயற்கை உணவுகளையோ, பால் பட்டியல், ருபாய்களையோ சிபாரிசு செய்வது தண்டனைக்குரிய குற்றம் : 3 வருடம் சிறைமற்றும் ரூ.5000/- தவிரதம்."

மரு. **அ. செந்தில்**
 மத்திய செயற்க்கு உறுப்பினர், இந்திய குழந்தைமருத்துவ சங்கம்

மரு. **கே. அன்புச்செழியன்**
 தலைவர், இந்திய மருத்துவ சங்கம், கடலூர் மாவட்டக்கிளை

மரு. **பாரதி**
 செபைசர்

மரு. **சூவேந்தன்**
 செபைசர்

மரு. **வினாயசந்திரன்**
 மத்திய செயற்க்கு உறுப்பினர்

Karen, Neyveli © : 948537900

Invitation of the programme (left), Awareness pamphlet (right)

Glimpses of the Event



Rtn. Ashok, Assistant Governor addressing the gathering on 06.08.2022



Students listening to the speech of Rtn. Ashok, Assistant Governor

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001**Activity Report**

Event Title : World Breast Feeding Week

Date : 06.08.2022

Attendance Sheet

St.Josesph's College of Arts and Science (Autonomous), Cuddalore-1		
ROTARACT CLUB (2022-2023)		
SHIFT - II - Volunteers List		
S.NO	REG.NUMBER	NAME
DEPARTMENT OF ENGLISH		
1	A22ENEA06	R.Fourjiniya
2	A22ENEA10	S.Jamunadesi
3	A22ENEA11	L.Janani
4	A22ENEA13	R.Jayabharathi
5	A22ENEA14	S.Jayalakshmi
6	A22ENEA15	P.Jenifer
7	A22ENEA18	C.Leenus
8	A22ENEA26	T.Praveena
9	A22ENEA30	R.Sagamihtra
10	A22ENEA34	S.Sheela
DEPARTMENT OF MICROBIOLOGY		
11	A22MBE05	S.Aadhilakshmi
12	A22MBE06	S.Ambreena
13	A22MBE09	M.Dharshini
14	A22MBE11	I.Dhivya
15	A22MBE12	B.Elakkiya
16	A22MBE14	M.Fathima praveen
17	A22MBE16	B.Harini
18	A22MBE17	K.Elakkia
19	A22MBE18	S.Indhuja
20	A22MBE19	S.Jeevitha
21	A22MBE20	A.Jethruthmery
22	A22MBE25	S.Kavya
23	A22MBE31	P.Prabha


24	A22MBE36	D.Ranjini
25	A22MBE41	B.Sandhalakshmi
26	A22MBE42	S.Sandhiya
DEPARTMENT OF CHEMISTRY		
27	A22CHE35	G.Krishna Kumar
28	A22CHE36	S.Ponnarasu
29	A22CHE37	G.Senjudar
30	A22CHE38	P.Vikram
31	A22CHE39	I.Vishnu
32	A22CHE40	K.Navven Kumar
33	A22CHE42	A.Pushparaj
34	A22CHE43	R.Praveenraj
35	A22CHE44	R.Dhanush
DEPARTMENT OF BANK MANAGEMENT (BBM)		
36	A22BBE17	R.Kavya
37	A22BBE29	S.Sandhuja
38	A22BBE32	S.Sivasankari
39	A22BBE35	S.Susmitha
40	A22BBE36	K.Susithra
41	A22BBE37	S.Swetha
42	A22BBE39	S.Thirupurasundari
DEPARTMENT OF COMMERCE		
43	A22CMEA07	R.Aswathi
44	A22CMEA38	E.Nisha
45	A22CMEA56	R.Subashree
46	A22CMEB19	B.Dharshini
47	A22CMEB03	M.A.Ajabeeni
48	A22CMEB05	R.Amirthavardhini
49	A22CMEB06	D.Annl Jerlin
50	A22CMEB20	S.Janani
51	A22CMEB21	J.Janany
52	A22CMEB24	P.Kanimozhi
53	A22CMEB26	G.Kaviya

54	A22CMEB33	G.Kiruthika
55	A22CMEB34	M.Koushika
56	A22CMEB35	K.Malathi
57	A22CMEB39	K.Narkisbanu
58	A22CMEB40	S.Nasrin Parveen
59	A22CMEB42	Y.Bibiyan Antton
60	A22CMEB45	S.Prithi
61	A22CMEB46	S.Prithisha
62	A22CMEB47	R.Priya dharshini
63	A22CMEB60	R.Subasri
64	A22CMEB61	K.Subhiksha
65	A22CMEB69	D.Vinisha
DEPARTMENT OF COMMERCE (BBA) CA		
66	A22ACE01	V.Anandhi
67	A22ACE04	C.Bernitha
68	A22ACE10	A.Fossila Begam
69	A22ACE28	G.Resham Afrose
70	A22ACE29	C.Sandhiya
71	A22ACE35	K.Supraja


Staff-in-charge
 Dr. A.R. JOHNSON DURAI, M.C.A., M.Phil., Ph.D.
 Assistant Professor,
 P.G. & Research Dept. of Computer Science,
 St Joseph's College of Arts & Science (Autonomous),
 CUDDALORE - 607 001.

Coordinator of Rotaract Club

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS) CUDDALORE

	Title of the Extension Activity	'Beti Bachao Beti Padhao'
	Organizing Unit	Department of Social Welfare and Women's Rights, Cuddalore District
	Venue	St. Joseph's College of Arts & Science (Autonomous) Cuddalore
	Date	15.09.2022
	Number of Participants	85

Report No. : 27/2022 – 23


An awareness programme was organized in collaboration with the Department of Social Welfare and Women's Rights, Cuddalore District, on 15.09.2022. The initiative aimed to educate participants on several critical topics affecting women and children. Expert resource persons provided valuable insights on the "Importance of Nutrition to Girl Children," highlighting how proper nutrition impacts health and development. The session on "Violence Against Women" addressed the need for awareness and prevention strategies. Additionally, discussions on "Child Protection and the POCSO Act" emphasized the legal frameworks in place to safeguard children. The "Prohibition of Child Marriage Act" session focused on raising awareness about the detrimental effects of child marriage. Lastly, information was shared about the "Integrated Service Centre & Women Helpline (181)," offering resources for immediate assistance. Members of the Women Empowerment Cell greatly benefitted from this comprehensive programme, gaining knowledge that will empower them to advocate for themselves and their communities effectively.



Mr. L. Mukundan, District Plan Coordinator,
Childline addressing the audience on 15.09.2022


Coordinator

Women Empowerment Cell


Coordinator

Women Empowerment Cell

Invitation



சமூகநலம் மற்றும் மகளிர் உரிமைத்துறை
கடலூர் மாவட்டம்
BetiBachaoBetiPadhao



“பெண் குழந்தைகளைகாப்போம் பெண் குழந்தைகளுக்குகற்பிப்போம்”

இடம்: புனித வளானர் கலைக் கல்லூரி

நாள். 15.09. 2022

தமிழ்த்தாய்வாழ்த்து		
வரவேற்புரை	:	திருமதி. பா.சுகன்யா, மையநிர்வாகி,ஒருங்கிணைந்தசேவைமையம்.
தலைமைஉரை	:	முதல்வர் புனித வளானர் கலைக் கல்லூரி
வாழ்த்துரை	:	திருமதி. ஏ. சித்ரா, மாவட்டசமூகநல அலுவலர், கடலூர் மாவட்டம்.
கருத்துரை	:	பெண் குழந்தைகளுக்கான ஊட்டச்சத்து மற்றும் ஆலோசனை திருமதி. A. கோமதி, கிராமபுர குழந்தை வளர்ச்சி திட்ட அலுவலர், கடலூர்.
	:	பெண்களுக்கு எதிரான வன்முறைகள் திருமதி. மகேஸ்வரி, காவல் ஆய்வாளர், அனைத்து மகளிர் காவல் நிலையம், கடலூர்.
	:	குழந்தைகள் பாதுகாப்பு மற்றும் POCSO சட்டம் திருமதி. கெஜலட்சுமி, மாவட்ட குழந்தைகள் பாதுகாப்பு அலுவலர், கடலூர்.
	:	குழந்தை திருமணம் தடைசட்டம், திரு. ல. முகுந்தன், மாவட்ட திட்ட ஒருங்கிணைப்பாளர், சைல்டுலைன்
	:	ஒருங்கிணைந்தசேவைமையம் மற்றும் பெண்கள்பாதுகாப்பு எண் (181) திருமதி. பா. சுகன்யா, மையநிர்வாகி ஒருங்கிணைந்தசேவைமையம்.
நன்றியுரை	:	
நாட்டுப்பண்	:	

Activity Report

Report No. : 27/2022 – 23
Report Title : ‘Beti Bachao Beti Padhao’
Date : 15.09.2022

Attendance Sheet

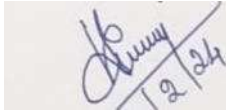
S. No.	Roll No.	Name of the Student
1	A21CMEA07	Alisha Falaq Naaz.K
2	A21CMEA11	Boomika.R
3	A21CMEA27	Kashis Sweeka.N
4	A21CMEA28	Kaviya Sri.A
5	A21CMEA30	Khushali. D
6	A21CMEB07	Almas.A
7	A21CMEB41	Nivedha.S
8	A21CMEB52	Renuga Devi.D
9	A21CMEB54	Roopavathi.S
10	A21CMEB65	Swetha.D
11	A21CMEB71	Yuvasri.G
12	A21CSEA01	Aakila nifaha.A.H
13	A21CSEA02	Amira Begam.K.R.
14	A21CSEA08	Ilammugil.K

15	A21CSEA20	Narmadha.R
16	A21CSEA29	Subitsha.K
17	A21CSEA38	Vinothini.J.M
18	A21ACE36	Sujitha .S
19	A21ACE30	Senisha .S
20	A21ACE03	Akalya .P
21	A21ACE09	Dhivya .V
22	A21ACE08	Dhivya .P
23	A21ACE14	Jersiya. R
24	A21ACE12	Indhuja .D
25	A21ACE16	Keerthiga .L
26	A21ACE27	Sangeetha .M
27	A22MBE07	Balageetha.B
28	A22MBE22	Kanimozhi.M
29	A22MBE21	Kamaleshwari.V
30	A22MBE03	Abinaya.G
31	A22MBE44	Sathiya.P
32	A22MBE24	Kavinilavu.S
33	A22MBE37	Roshini.K
34	A22MBE51	Yabitha.D
35	A22MBE50	Vithiya.V

36	A22MBE32	Priyadharsini.K.M
37	A22MBE48	Surekha.R
38	A22MBE33	Pushpa.K
39	A22MBE46	Subiksha.S
40	A22MBE55	Yuvasri.V
41	A22CHE03	Gokilambal.R
42	A22CHE19	Vaitheeswari.K
43	A22CHE07	Lena.S
44	A22CHE02	Afrin.S
45	A22CHE22	Kanchana.M
46	A22BCE32	Santhiya.L
47	A22BCE07	Deepika.P
48	A22BCE09	Durga.K
49	A22BCE04	Arthi.M
50	A22BCE01	Abinaya.L
51	A22BCE08	Dharani.P
52	A22BCE02	Abitha.B
53	A20MTEA09	Keerthana S
54	A20MTEA19	Rithika Saraswathi S
55	A20MTEA15	Oviyarose.S
56	A20MTEA25	Vishalini R

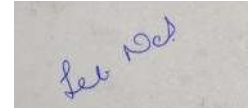
57	A20MTEA28	Priyanga G
58	A20BBE20	Jayasankari.S
59	A20BBE23	Jayasri.M
60	A20BBE39	Pavithra.P
61	A20BBE58	Sharmila Devi.P
62	A20BBE67	Swathi.C
63	A20CSEA10	Imaya K
64	A20CSEA12	Kamali S
65	A20CSEA14	Kavithanjali S
66	A20CSEA26	Sarumathi M
67	A20CAEB03	Anandhi.R.
68	A20CAEB22	Prema Latha
69	A20CAEB23	Rasiga.R
70	A20CAEB29	Sowmiya S
71	A20CAEB35	Yogapriya.I
72	A20ACE06	Asma parveen.A
73	A20ACE21	Logeshwari.S
74	A20ACE33	Reshma.P
75	A20ACE38	Sri varshini.S
76	A20ACE44	Thaslima Begam.M

77	A20ENEA36	Swathiga.m
78	A20PHE21	Varshini.R
79	A20CHE02	Archana Devi.M
80	A20CHE05	Cathirin.A
81	A20CHE07	Dhara Shree.B.V
82	A20CHE08	Dhivya.G
83	A20CHE21	Priyadharshini.G.K
84	A20CHE28	Sweetty.A
85	A20CHE29	Swetha.R



Coordinator

Women Empowerment Cell



Coordinator

Women Empowerment Cell

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Activity	Guest Lecture
Organizing Unit	Women Empowerment Cell
Venue	St. Joseph's College of Arts & Science
Date	16.02.2023
Number of Participants	99

A guest lecture was organized on 16.02.2023 by the Women Empowerment Cell in the Alumni Block Seminar Hall. The event featured Dr. Kavitha Natarajan, MBBS, DGO, DNB, an experienced Obstetrician and Gynecologist, and Co-Director of Subhaanandham Medical Centre, Cuddalore, as the resource person.



Dr. Kavitha Natarajan, Resource Person

Dr. Kavitha delivered an insightful and comprehensive lecture on the importance of awareness about Polycystic Ovarian Disease (PCOD), a condition that has become increasingly prevalent among young women today. She explained the various causes of PCOD, such as hormonal imbalances and lifestyle factors, and highlighted the symptoms to watch out for. Dr. Kavitha also discussed the available treatment options, emphasizing the significance of early diagnosis and lifestyle modifications in managing the condition effectively. The session was highly informative, providing valuable guidance to the attendees on how to maintain reproductive health and well-being.

Handwritten signature and date: 16/2/24

Women Empowerment Cell

Handwritten signature and date: 16/2/24

Women Empowerment Cell

Permission Letter

Cuddalore-01
13.02.2023

From
Co-Ordinator,
Women Empowerment Cell,
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore-01.

To
Rev Fr. Secretary,
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore-01.

Respected Rev. Father,

We, the co-ordinators of Women Empowerment Cell, wish to organise a guest lecture on Polycystic Ovary Syndrome (PCOS), on 16.02.2023 (Thursday) between 3:00 pm and 4:00 pm. The resource person is Dr. Kavitha Nalasarajan, Obstetrician & Gynaecologist, Subha Prasadham Medical Centre, Cuddalore. We request your kind permission for the same. We also request you to grant us a fund of Rs. 5000/- for refreshments, special and memento for the guest.

Thanking you,

Venue: Seminar Hall,
Nehru Block.

Date: 16.02.2023

Time: 3:00 pm - 4:00 pm

Yours truly,

[Signature]

Lee. Nel

[Signature]
13/2/23

h. 2000/-
[Signature]
13/2/23

Glimpses of the Event



Participations listening to the speech by the Chief Guest

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. : 64/2022 – 23

Report Title : Guest Lecture

Date : 16.02.2023

Participation List

S. No.	Roll No.	Name of the Students
1	A22MCM03	Archana.P
2	A22MCM13	Jayashree.T
3	A22MCM19	Mahalakshmi.S
4	A22MCM28	Santhini.N
5	A22MCM23	Noourual Afrin.A
6	A21MAE19	Prathiskha shalom.A
7	A21MAE26	Sathiya Priya.A
8	A21MAE04	Archana.K
9	A22ZOD18	Ramya Devi.S
10	A22ZOD51	Thamarai Dharashini.V
11	A22ZOD54	Ranjani.R
12	A21MMT12	Dhivya.V
13	A21MMT41	Jayalakshmi.V
14	A22MTD48	Nivedha.N
15	A22MTD50	Sakthi.V
16	A22MTD53	Dhanalakshmi.A
17	A22CMEA04	Ahalya Selva Sundari.S.P
18	A22CMEA08	Chandra.N
19	A22CMEA13	Ellakiya.T
20	A22CMEA16	Haripriya.V
21	A22CMEA31	Kothai.M
22	A22CMEA33	Mariyam Beevi.B
23	A22CMEA34	Mirthika.K
24	A22CMEA38	Nisha.E
25	A22CMEA44	Rajeshwari.A
26	A22CMEA45	Reehana.A
27	A22CMEA48	Shafana.A
28	A22CMEA49	Shalini.N
29	A22CMEA51	Sharmila.G

30	A22ENEA32	Sharmathi.D.G
31	A22ENEA38	Suruthi.B
32	A22ENEA33	Sharmi.R
33	A22ENEA24	Pavithra.A
34	A22ENEA04	Barkath Nisha.K
35	A21MTEA10	Lakshmi Priya.R
36	A21MTEA25	Priya Dharshini.V
37	A21CSEA01	Aakila nifaha.A.H
38	A21CSEA02	Amira Begam.K.R.
39	A21CSEA08	Ilammugil.K
40	A21CSEA20	Narmadha.R
41	A21CSEA29	Subitsha.K
42	A21CSEA38	Vinothini.J.M
43	A21ACE36	Sujitha .S
44	A21ACE30	Senisha .S
45	A21ACE03	Akalya .P
46	A21ACE09	Dhivya .V
47	A21ACE08	Dhivya .P
48	A21ACE14	Jersiya. R
49	A21ACE12	Indhuja .D
50	A21ACE16	Keerthiga .L
51	A21ACE27	Sangeetha .M
52	A21MBE37	Pavithra.R
53	A21MBE53	Yuvarani.V
54	A21BCE21	Nandhini.M
55	A21BCE27	Priyadharshini.S.P
56	A21BCE35	Sangeetha.S
57	A21TAE06	Iswariya.V
58	A21TAE01	Abinaya.S
59	A21TAE23	Srimathi.R
60	A21TAE16	Praveena.A
61	A21TAE07	Jaganeswari.J
62	A21TAE02	Afra Nisha.J
63	A21TAE10	Kaviya.A
64	A20PHE21	Varshini.R
65	A20CSEA10	Imaya K
66	A20CSEA12	Kamali S
67	A20CSEA14	Kavithanjali S
68	A20CSEA26	Sarumathi M
69	A20BBE20	Jayasankari.S
70	A20BBE23	Jayasri.M
71	A20BBE39	Pavithra.P
72	A20BBE58	Sharmila Devi.P

73	A20BBE67	Swathi.C
74	A20MTEA09	Keerthana S
75	A20MTEA19	Rithika Saraswathi S
76	A20MTEA15	Oviyarose.S
77	A20MTEA25	Vishalini R
78	A20MTEA28	Priyanga G
79	A20BCE10	Kaaviya G
80	A20BCE23	Vinothini M
81	A20BCE25	Mercy Margaret
82	A20BCE42	Monisha N
83	A20CHE02	Archana Devi.M
84	A20CHE05	Cathirin.A
85	A20CHE07	Dhara Shree.B.V
86	A20CHE08	Dhivya.G
87	A20CHE21	Priyadharshini.G.K
88	A20CHE28	Sweetty.A
89	A20CHE29	Swetha.R
90	A20ACE06	Asma parveen.A
91	A20ACE21	Logeshwari.S
92	A20ACE33	Reshma.P
93	A20ACE38	Sri varshini.S
94	A20ACE44	Thaslima Begam.M
95	A20CAEB03	Anandhi.R.
96	A20CAEB22	Prema Latha
97	A20CAEB23	Rasiga.R
98	A20CAEB29	Sowmiya S
99	A20CAEB35	Yogapriya.I

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12/24

Coordinator


Women Empowerment Cell

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Coordinator

Women Empowerment Cell

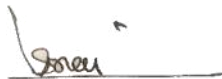
St. Joseph's College of Arts & Science (Autonomous) Cuddalore

	Title of the Extension Activity	Women's Day Celebration
	Organizing Unit	National Service Scheme
	Venue	College Campus
	Date	08.03.2023
	Number of Participants	95

Report No. : 73/2022 - 23

The International Women's Day was celebrated by National Service Scheme on March 8th, 2023 at St. Joseph's College of Arts & Science (Autonomous). NSS Program Officer, Dr. L. Santhana Raj and Mr. Rajesh Kumar, District Youth Officer felicitated the event. After the Programme NSS Volunteers participated in the Rally for International Women's Day. The rally was inaugurated by Rev. Fr. G. Peter Rajendiram, Secretary. The Rally started from St. Joseph's Institution Campus





NSS Programme officer

Permission Letter



NATIONAL SERVICE SCHEME
ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)

Dr. I. SANTHANA RAJ,

08/03/2023

Programme officer.

TO

Rev. Fr. Secretary

St. Joseph's College of arts and science (Autonomous),

Cuddalore -01.

Respected rev. Fr. Secretary,

As we are going to attend the WOMENS DAY CELEBRATION in our COLLEGE on 08.03.2023 .So kindly allow the NSS volunteers to attend the program.

Thanking you,

Your obediently,
NSS VOLUNTEERS.

Dr. I. SANTHANA RAJ,

Programme officer's Signature.

Rev. Fr. Secretary,

Signature.

Glimpses of the Event



NSS Programme officer addressing the gathering



On the Occasion of the International Women's Day, NSS volunteers of St. Joseph's College of Arts & Science (Autonomous) took out a rally from St. Joseph's college.

St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. : 73/2021 – 22
Report Title : Women's Day Celebration
Date : 08.03.2023

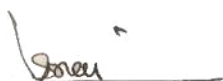
Attendance Sheet

SL.NO	NAME	ROLL NO	DEPARTMENT
1	Y.PRITHIVI	A20END26	ENGLISH
2	M.ABISHEK	A20END72	ENGLISH
3	R.BALAJI	A20PHD05	PHYSICS
4	R.SURENDHAR	A20PHD15	PHYSICS
5	R.VELAN	A20PHD21	PHYSICS
6	S.BHARATH RAJ	A20BCD41	BIO CHEMISTRY
7	S.YUVARAJ	A20HID50	HISTORY
8	G.CHANDRA MOULI	A20HID46	HISTORY
9	V.VIJAY PRABAKARAN	A20HID33	HISTORY
10	S.ANANDHA KUMAR	A20HID02	HISTORY
11	S.LOHINTH	A21CMD16	COMMERCE-C
12	J.GOKUL KRISHNAN	A21BBD22	BBM
13	P.BALAMURUGAN	A21BBD10	BBM
14	M.RAGU RAM	A21MBD23	BBM
15	THANISH AKASH	A22END26	ENGLISH
16	T.DHARANI DHARAN	A22END07	ENGLISH
17	A.LAKSHMAN	A22BBD27	BBM
18	A.GARSON	A22BBD14	BBM
19	V.DHARMENDHIRAN	A22BBD13	BBM
20	R.SATHIYA	A22CADA38	BCA
21	P.GOWTHAM	A22CAD16	BCA
22	A.THAMARAI SELAVN	A22CADA45	BCA
23	S.SARATHI	A22CSDA33	BCA
24	R.KALAI MARAN	A22MBD17	MICRO BIOLOGY
25	K.SETHUBATHI	A22BCD29	BIO CHEMISTRY


S.NO	NAME	ROLL NUMBER	DEPARTMENT
01	R.SATHIYA PRIYA	A20EMEA81	ENGLISH
02	B.AARTHI	A20CAE01	BCA
03	B.HEERA	A20BBE16	BBM
04	C.PARKAVI	A20MTEA16	MATHS
05	R.BARATHI	A20MTEA30	MATHS
06	C.KARPAGAM	A20MTEA08	MATHS
07	M.BHUVANA	A21ACE04	BBA(CA)
08	R.MOHANA PRIYA	A21MTEA14	MATHS
09	K.PRIYA DHARSHINI	A21MTEA24	MATHS
10	R.VIZHIYARASI	A21MTEA38	MATHS
11	J.CELINE SAGAYAMARY	A21ACE06	BBA(CA)
12	S.MONISHA	A21ACE21	BBA(CA)
13	G.MONIKA	A21BBE31	BBM
14	A.HARINI	A21BBE13	BBM
15	M.AMSAVENI	A21BBE05	BBM
16	V.JESINTHA	A21BBE18	BBM
17	M.LAVANYA	A21ACE18	BBA(CA)
18	G.PRABAVATHI	A21ACE25	BBA(CA)
19	R.CHEVVANTHI	A21ACE07	BBA(CA)

20	SUBASRI. R	A22BBE34	BBM
21	NANCY.P	A22ACE22	BBA(CA)
22	NANDHIN DEVI.S	A22CMEB38	B.COM-B
23	SARANI.G	A22CMEB51	B.COM-B
24	AKSHARA PAKSHI.T	A22CMEA02	B.COM-A
25	SUNMATHI .M	A22CMEA57	B.COM-A
26	KAVIYA.M	A22CMEA25	B.COM-A
27	SRI ANU SRI .S	A22CMEA54	B.COM-A
28	NANTHIITHA .S	A22CMEA36	B.COM -A
29	HARINI.B	A22CMEA15	B.COM -A
30	HEMELATHA .K	A22CMEA17	B.COM -A
31.	NIVETHA .K	A22CMEA39	B.COM -A
32.	RENUGADEVI .K	A22CMEA46	B.OCM -A
33.	PRITHINGURA DEVI .S	A22CHE12	BSC.CHEMISTRY
34.	MATHUMITHA .K	A22CHE08	BSC.CHEMISTRY
35.	SWETHA .R	A22CHE18	BSC.CHEMISTRY
36.	LEENA ASWINI .A	A22CHE06	BSC.CHEMISTRY
37.	MANJU	A22CHE10	BSC.CHEMISTRY
38.	PAVITHRA.J	A22CHE22	BSC.CHEMISTRY
39.	SOWNDARIYA .P	A22CHE17	BSC.CHEMISTRY
40	SWETHA .K	A22ENEA40	BA ENGLISH
41.	ASWINIYA .D	A22ENEA56	BA ENGLISH
42.	KODISHWARI.T	A22ENEA48	BA ENGLISH

Programmer officer's Signature.



St. Joseph's College of Arts & Science (Autonomous) Cuddalore

	Title of the Extension Activity	Women's Day Celebration
	Organizing Unit	Citizen Consumer Club and Rotary Club of Cuddalore
	Venue	College Campus
	Date	08.03.2023
	Number of Participants	95

On 08.03.2023 (Wednesday), the Citizen Consumer Club of our college, in collaboration with the Rotary Club of Cuddalore Midtown and Surendra Multispecialty Hospital, Cuddalore, organized a medical awareness session for female students to mark International Women's Day. The event aimed to educate young women on the importance of neurological health and overall well-being. Rev. Fr. G. Peter Rajendiram delivered the Presidential address, emphasizing the significance of women's health and the importance of staying informed about medical issues.

Dr. R. Amirtha Lakshmi, MD, DM (Neurology), and Director of Surendra Multispecialty Hospital, was the keynote speaker. She delivered an insightful talk on "Neurology and Women's Health," discussing the unique neurological challenges that women may face throughout different stages of life. Her presentation covered common issues, preventive measures, and the importance of seeking timely medical advice. The session was interactive, with students having the opportunity to ask questions and clarify doubts, making it an enriching experience for all attendees.

Additionally, a variety of competitions were organized for the members of the Citizen Consumer Club, encouraging students to engage actively and creatively with the themes of health and consumer awareness. The event was well-received, providing valuable information and fostering a sense of community and support among the young women.



Audience during the Awareness Programme on Neurological Issues Dt
08.03.2023



Rev. Fr. Secretary Addressing the audience






Staff-in-charge


Dr. A.R. JOHNSON DURAI, M.C.A., M.Phil., Ph.D.
Assistant Professor,
P.G. & Research Dept. of Computer Science,
St Joseph's College of Arts & Science (Autonomous),
CUDDALORE - 607 001.

Coordinator of Citizen Consumer Club


Invitation




IMAGINE
ROTARY



இடர்வாழ்வு
Team



Rtn. JENNIFER E. JONES
R.I. PRESIDENT 2022-23



Happy
Women's
Day
Sakthi 2.3

RI DISTRICT - 2981 CHARTER NO : 31123 CHARTER DATE : 04-12-1995

Cordially invites you for the

World Women's Day Celebration 2023

Venue : St. Joseph's College of Arts and Science (Autonomous), Cuddalore - 607 001.
Rev. Fr. P. Paul Raj Kumar Hall

Date : 08.03.2023, Wednesday, Time : 02.30 PM

Rtn. Dr. **A.R. JOHNSON DURAI**
Rotaract Co-ordinator, St. Joseph's college of Arts and Science
Will welcome the gathering

Rtn. **L.S.M. RAVICHANDRAN**
President, RC Of Cuddalore Mid Town
Will preside over the function

In the presence of

Rev. Fr. **G. PETER RAJENDIRAM**
Secretary, St. Joseph's college of Arts and Science

Rtn. Dr. **M. ARUMAI SELVAM**
Principal, St. Joseph's college of Arts and Science

Special Address by

Dr. **R. AMIRTHA LAKSHMI, MD., DM., (Neurology)**
Director- Surendra Multi Speciality Hospital, Cuddalore.
Topic : Neurology and Womens health

Rtn. Dr. **Pa. RAJENDIRAN**
Charter President, RC of Cuddalore Mid Town
Will Felicitate

Rtn. LSM. Ravichadran President	Rtn. S. Baskaran Secretary	Rtn. A. Murugan Treasurer
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CS

Glimpses of the Event:



The

members of Rotary Club of Cuddalore Midtown and Surendra Multispecialty Hospital

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

**Citizen Consumer Club
Activity Report**

Report No. : 74/2022-23
Report Title : Women's Day Celebration
Date : 08.03.2023

Attendance Sheet

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)		
CITIZEN CONSUMER CLUB (2021-2022)		
SHIFT II - VOLUNTEERS LIST		
S.NO	REG.NUMBER	NAME
DEPARTMENT OF ENGLISH		
1	A21ENEA05	S.Anushka
2	A21ENEA06	A.Ashmidha
3	A21ENEA07	B.Balasowmya
4	A21ENEA17	K.Jasmin
5	A21ENEA19	J.Jayalakshmi
6	A21ENEA20	K.Jayasree
7	A21ENEA48	M.Ranjani
DEPARTMENT OF MATHEMATICS		
8	A21MTEA02	G.Dhivya
9	A21MTEA03	R.Janaki
10	A21MTEA04	J.Jaya
11	A21MTEA07	M.Jenith Mariya
12	A21MTEA09	A.Kayalvizhi
13	A21MTEA12	R.S.Mageasvari
14	A21MTEA17	A.Nisha
15	A21MTEA26	P.Raja Raja Sri
16	A21MTEA27	G.Rajasri
17	A21MTEA29	V.Sarweshha
18	A21MTEA30	M.Sasirekha
19	A21MTEA31	R.Shivani
20	A21MTEA34	M.V.Srinithi
21	A21MTEA37	V.Vishnavi

DEPARTMENT OF PHYSICS		
22	A21PHE01	V.Aiswarya
23	A21PHE02	S.Akshaya
24	A21PHE03	S.Ashvitha
25	A21PHE	B.Bhuvaneshwari
26	A21PHE07	R.Kaviya
27	A21PHE08	K.Keerthana
28	A21PHE09	R.Maheshwari
29	A21PHE11	R.Priyadharshini
30	A21PHE13	R.Subashree
31	A21PHE14	M.Vijayakumari
DEPARTMENT OF CHEMISTRY		
32	A21CHE03	D.Aruloli
33	A21CHE10	V.Kowsalya
34	A21CHE14	Nithini
35	A21CHE17	R.Rajalakshmi
DEPARTMENT OF BIO CHEMISTRY		
36	A21BCE29	A.Priyadharshini
37	A21BCE47	L.Vinnarasi
38	A21BCE49	S.Sharumathi
DEPARTMENT OF COMPUTER SCIENCE		
39	A21CSEA03	P.H.Anusri
40	A21CSEA10	S.Jayasri
41	A21CSEA11	S.Jeevitha
42	A21CSEA13	R.Kanishma
43	A21CSEA15	M.Keerthiga
44	A21CSEA22	K.Pavithra
45	A21CSEA25	G.Sandhiya
46	A21CSEA41	N.Yuvabharathi
DEPARTMENT OF COMMERCE		
47	A21CMEB20	V.Harshini
48	A21CMEB26	L.Kanishika
49	A21CMEB29	P.Keerthika
50	A21CMEB51	S.Ranjitha


51	A21CMEB58	Shailaja
52	A21CMEB67	K.Thiru Sankari
53	A21CMEB09	V.Avinaya
54	A21CMEA02	A.Abinaya
55	A21CMEA05	A.Adhila
56	A21CMEA06	H.M.Afroze Banu
57	A21CMEA09	M.Aswini
58	A21CMEA12	D.Charulatha
59	A21CMEA16	S.Divya
60	A21CMEA18	I.Haripriya
61	A21CMEA19	J.Harini
62	A21CMEA22	R.Ilanangai
63	A21CMEA24	M.Jasra
64	A21CMEA29	V.Keerthana
65	A21CMEA36	G.Mithila
66	A21CMEA37	J.Mohana Priyatharshini
67	A21CMEA40	B.Narmatha
68	A21CMEA42	H.Noorulsajitha
69	A21CMEA43	V.Pavithira
70	A21CMEA49	S.Rajeswari
71	A21CMEA52	V.Rathimalini
72	A21CMEA53	M.Renugha Sre
73	A21CMEA57	M.Saranya
74	A21CMEA61	M.S.Sivagami
75	A21CMEA63	V.Subashini
76	A21CMEA64	S.Subiksha
77	A21CMEA66	P.Swetha
78	A21CMEA67	S.Swetha
79	A21CMEA71	A.Yuvasri
80	A21CMEA72	N.Nasura
DEPARTMENT OF BANK MANAGEMENT (BBM)		
81	A21BBE13	A.Harshini
82	A21BBE48	A.Reshma Banu
DEPARTMENT OF COMMERCE (BBA)CA		

83	A21ACE02	L.Abirami
84	A21ACE03	P.Akalya
85	A21ACE05	R.Bhoomika
86	A21ACE08	P.Dhivya
87	A21ACE09	V.Dhivya
88	A21ACE11	B.Hemambujavalli
89	A21ACE13	B.Jayapriya
90	A21ACE16	L.Keerthika
91	A21ACE15	R.Kalaiarasi
92	A21ACE21	S.Monisha
93	A21ACE37	E.Susmitha
94	A21ACE40	M.Thilothamma
95	A21ACE41	K.Vaishnavi


Staff-in-charge
Dr. A.R. JOHNSON DURAI, M.C.A., M.Phil., Ph.D.
Assistant Professor,
P.G. & Research Dept. of Computer Science,
St. Joseph's College of Arts & Science (Autonomous),
CUDDALORE - 607 001.

Coordinator of Citizen Consumer Club

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

	Title of the Activity	Awareness Programme
	Organizing Unit	Rotaract Club and Women Empowerment Cell
	Venue	College Campus
	Date	08.03.2023
	Number of Participants	35

Report No. : 75/2022 – 23

The Women Empowerment Cell, in collaboration with the Rotaract Club of Cuddalore District, organized an awareness program on neurological issues to support young people facing physical and mental stress in their daily lives. The event aimed to shed light on the impact of stress on neurological health and the importance of maintaining a healthy lifestyle. The session featured Dr. R. Amirthalakshmi as the resource person, who shared valuable insights on the significance of mental and physical well-being for today's youth. She discussed common neurological challenges that young people face due to stress, offering practical advice on stress management, relaxation techniques, and the importance of a balanced diet and regular exercise. Her lecture highlighted the need for early intervention and self-care to prevent long-term health issues. The program proved to be highly beneficial, with 35 students attending and gaining valuable knowledge about maintaining their health amidst the pressures of everyday life.



Dignitaries before the start of the program Dt. 08.03.2023

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12/24

Coordinator

Women Empowerment Cell

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Coordinator

Women Empowerment Cell

Glimpses of the Event



Rev. Fr. Secretary Addressing the gathering. Dt. 8.3.23



Students listening to the Chief Guest Dt. 8.3.23

Activity Report

Report No. : 75/2022 – 23
Report Title : Awareness Programme
Date : 08.03.2023

Attendance List

S. No.	Roll No.	Name of the Student
1	A21CMEA07	Alisha Falaq Naaz.K
2	A21CMEA11	Boomika.R
3	A21CMEA27	Kashis Sweeka.N
4	A21CMEA28	Kaviya Sri.A
5	A21CMEA30	Khushali. D
6	A21CMEB07	Almas.A
7	A21CMEB41	Nivedha.S
8	A21CMEB52	Renuga Devi.D
9	A21CMEB54	Roopavathi.S
10	A21CMEB65	Swetha.D
11	A21CMEB71	Yuvasri.G
12	A21CSEA01	Aakila nifaha.A.H
13	A21CSEA02	Amira Begam.K.R.
14	A21CSEA08	Ilammugil.K
15	A21CSEA20	Narmadha.R
16	A21CSEA29	Subitsha.K
17	A21CSEA38	Vinothini.J.M
18	A21ACE36	Sujitha .S
19	A21ACE30	Senisha .S
20	A21ACE03	Akalya .P
21	A21ACE09	Dhivya .V
22	A21ACE08	Dhivya .P
23	A21ACE14	Jersiya. R
24	A21ACE12	Indhuja .D
25	A21ACE16	Keerthiga .L
26	A21ACE27	Sangeetha .M
27	A22MBE07	Balageetha.B
28	A22MBE22	Kanimozhi.M
29	A22MBE21	Kamaleshwari.V
30	A22MBE03	Abinaya.G
31	A22MBE44	Sathiya.P
32	A22MBE24	Kavinilavu.S
33	A22MBE37	Roshini.K
34	A22MBE51	Yabitha.D
35	A22MBE50	Vithiya.V

Abinaya
T 2/24

Coordinator


Women Empowerment Cell

Seetha
T 2/24

Coordinator

Women Empowerment Cell

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

	Title of the Extension Activity	Women's Day Celebrations
	Organizing Unit	Women Empowerment Cell
	Venue	College Campus
	Date	08.03.2023
	Number of Participants	113

Report No. : 76/2022 – 23



The Women Empowerment Cell organized a series of competitions for female students in celebration of International Women's Day. The events aimed to encourage creativity and self-expression among the participants. Students enthusiastically took part in various activities, including singing, elocution, and a skit presentation.

These competitions provided a platform for students to showcase their talents and share their thoughts on women's issues and empowerment. Participation was open to all members of the

Women Empowerment Cell, and the events fostered a sense of community and solidarity. The celebration highlighted the importance of empowering young women and recognizing their unique voices and skills.



Coordinator

Women Empowerment Cell



Coordinator

Women Empowerment Cell

Permission Letter

Cuddalore.
06.03.83

From
Co-Ordinator,
Women Empowerment Cell,
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore-01.


To
Rev. Fr. Secretary,
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore-1.


Respected Rev. Father,

We wish to organize a one-hour programme for the members of Women Empowerment Cell on 08.03.83, to commemorate International Women's Day, from 2:00 pm - 3:00 pm. Students will present a skit, and participate in singing and oration. We request you to kindly permit us to conduct the programme in Rev. Fr. Paulraj Kumar Hall.

Thanking you,

Yours truly,


(Dr. P. James Mary)
Secy. N.C.C.
(ex. Ann Karthi)


6/3/83.

Glimpses of the Event



Students take pledge on women's day Dt. 08.03.2023



Participants waiting for the Result
Dt. 08.03.2023

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. : 76/2022 – 23
Report Title : Women's Day Celebration
Date : 08.03.2023

Attendance sheet

S. No.	Roll No.	Name of the Students
1	A20CMEA02	Abirami.DE
2	A20CMEA06	Aparajitha.V.S
3	A20CMEA13	Dharshini.G
4	A20CMEA18	Harshini.J
5	A20CMEA20	Hemalatha.T
6	A20CMEA21	Ishwarya.I
7	A20CMEA36	Lavanya.k
8	A20CMEA37	Mahalaskmi.M
9	A20CMEA65	Vaishnavi .J
10	A20CMEA71	Nanci.A
11	A20CMEB46	Priyavarthini.R
12	A20ENEA36	Swathiga.m
13	A20CAEB03	Anandhi.R.
14	A20CAEB22	Prema Latha
15	A20CAEB23	Rasiga.R
16	A20CAEB29	Sowmiya S
17	A20CAEB35	Yogapriya.I
18	A20CSEA10	Imaya K
19	A20CSEA12	Kamali S
20	A20CSEA14	Kavithanjali S
21	A20CSEA26	Sarumathi M
22	A20BBE20	Jayasankari.S
23	A20BBE23	Jayasri.M
24	A20BBE39	Pavithra.P
25	A20BBE58	Sharmila Devi.P
26	A20BBE67	Swathi.C
27	A20MTEA09	Keerthana S
28	A20MTEA19	Rithika Saraswathi S
29	A20MTEA15	Oviyarose.S
30	A20MTEA25	Vishalini R
31	A20MTEA28	Priyanga G
32	A21CMEA07	Alisha Falaq Naaz.K
33	A21CMEA11	Boomika.R
34	A21CMEA27	Kashis Sweeka.N

35	A21CMEA28	Kaviya Sri.A
36	A21CMEA30	Khushali. D
37	A21CMEB07	Almas.A
38	A21CMEB41	Nivedha.S
39	A21CMEB52	Renuga Devi.D
40	A21CMEB54	Roopavathi.S
41	A21CMEB65	Swetha.D
42	A21CMEB71	Yuvasri.G
43	A21MTEA10	Lakshmi Priya.R
44	A21MTEA25	Priya Dharshini.V
45	A21CSEA01	Aakila nifaha.A.H
46	A21CSEA02	Amira Begam.K.R.
47	A21CSEA08	Ilammugil.K
48	A21CSEA20	Narmadha.R
49	A21CSEA29	Subitsha.K
50	A21CSEA38	Vinothini.J.M
51	A21ACE36	Sujitha .S
52	A21ACE30	Senisha .S
53	A21ACE03	Akalya .P
54	A21ACE09	Dhivya .V
55	A21ACE08	Dhivya .P
56	A21ACE14	Jersiya. R
57	A21ACE12	Indhuja .D
58	A21ACE16	Keerthiga .L
59	A21ACE27	Sangeetha .M
60	A21MBE37	Pavithra.R
61	A21MBE53	Yuvarani.V
62	A21BCE21	Nandhini.M
63	A21BCE27	Priyadharshini.S.P
64	A21BCE35	Sangeetha.S
65	A21TAE06	Iswariya.V
66	A21TAE01	Abinaya.S
67	A21TAE23	Srimathi.R
68	A21TAE16	Praveena.A
69	A21TAE07	Jaganeswari.J
70	A21TAE02	Afra Nisha.J
71	A21TAE10	Kaviya.A
72	A21ENEA18	Jaya Prahanna.R
73	A21ENEA27	Niharika.T.K
74	A21ENEA47	Yogitha.E
75	A21 BBE56	Sobiya .A
76	A21 BBE70	Swathi .A.C
77	A21 BBE47	Renuka krishnaveni .A
78	A21 BBE49	Roshni patel . J
79	A21 BBE01	Affrin .M
80	A21BBE43	Priyadharsini .S
81	A21BBE64	Thirsha .S
82	A21BBE38	Pooja .S

83	A21BBE22	Kaviya priya .S
84	A22ENEA32	Sharmathi.D.G
85	A22ENEA38	Suruthi.B
86	A22ENEA33	Sharmi.R
87	A22ENEA24	Pavithra.A
88	A22ENEA04	Barkath Nisha.K
89	A22ENEA01	Aashika.R
90	A22ENEA46	Haripriya.S
91	A22ENEA12	Janani.M
92	A22ENEA05	Dhatchayani.S
93	A22ACE08	Ezhilarasi.E
94	A22ACE13	Hemavathi.H
95	A22ACE15	Kaviya.N
96	A22ACE32	Sathiyapriya.S
97	A22ACE39	Vidhya.V
98	A22BCE32	Santhiya.L
99	A22BCE07	Deepika.P
100	A22BCE09	Durga.K
101	A22BCE04	Arthi.M
102	A22BCE01	Abinaya.L
103	A22BCE08	Dharani.P
104	A22BCE02	Abitha.B
105	A22CMEA04	Ahalya Selva Sundari.S.P
106	A22CMEA08	Chandra.N
107	A22CMEA13	Ellakiya.T
108	A22CMEA16	Haripriya.V
109	A22CMEA31	Kothai.M
110	A22CMEA33	Mariyam Beevi.B
111	A22CMEA34	Mirthika.K
112	A22CMEA38	Nisha.E
113	A22CMEA44	Rajeshwari.A

[Handwritten Signature]
12/24

Coordinator

Women Empowerment Cell

[Handwritten Signature]

Coordinator

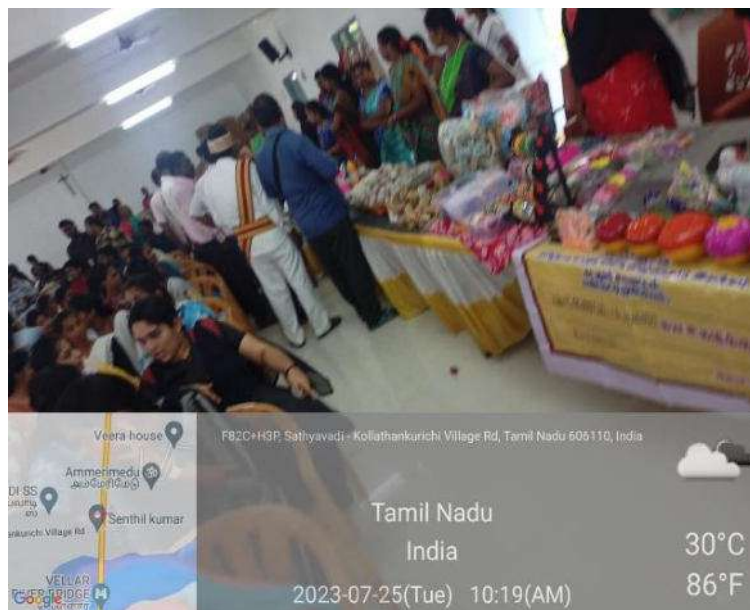
Women Empowerment Cell



St. Joseph's College of Arts & Science (Autonomous) Cuddalore.

Title of the Extension Activity	College Bazaar
Organising Unit	Women Empowerment Cell
Venue	Alumni Hall
Date	21.07.2023,24.07.2023, 25.07.2023
No. of Participants	37

A program titled 'College Bazaar' was organized in collaboration with the Tamilnadu Corporation for the Development of Women, aiming to promote women entrepreneurs and encourage students to support them by purchasing their products. This initiative provided a platform for local women to showcase their entrepreneurial ventures, fostering a spirit of empowerment and economic independence. The event was officially inaugurated by the Collector of Cuddalore, highlighting the importance of community support for women-led businesses. Additionally, the program was conducted under the esteemed patronage of our Rev. Fr. Secretary, who underscored the significance of such initiatives in uplifting women in the local economy and promoting sustainable growth within the community.



District Collector visits the Stalls of Entrepreneurs

PERMISSION LETTER

Cuddalore-1
18.07.2023

From
The Co-Ordinators,
Women Empowerment Cell,
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore -01.

To
The Secretary,
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore -01.

Respected Rev. Father,

With reference to the letter received from
U.S. College, regarding "Sriyad Srisang" organised by
Tamil Nadu Corporation of Development of Women, for the
purpose of popularising and marketing the products of
self-help groups, they have requested the use of our
college complex on 21st, 24th and 25th of July, 2023.
The venue will be the Coconut grove. We request
your kind permission for the same.

Thanked 2nd time
Womans Group - Faith Way
The alumni hall can be used
Thanking you,
M. Lini

Yours sincerely,
Shrini
Sec - WEC

M. Lini
18/07/23

Glimpses of the Event




Students Visit the Stall

List of Participants

S.No	Roll No	Name
1.	A22BCE18	N.G. Keerthana
2.	A22CMEB24	P. Indirani
3.	A23CSEA48	R. Subithra
4.	A22CAEB24	R.Nisha
5.	A21ENEA24	A.Kiruthika
6.	A22BCE06	G.Ashvathi
7.	AA22BCE42	M. Yogalakshmi
8.	A22CMEA32	M. Mugithadevi
9.	A22BCE48	K. Kanishka
10.	A22BCE07	L. Abinaya
11.	A22CSEA14	P. Janani
12.	A23CMEB04	B.Anitha
13.	A23CMEA38	H. Noorulsajitha
14.	A22BCE19	P. Keerthika
15.	A21ENEA39	S. Subasri
16.	A22MBE43	B. Saranya
17.	A22ENEA41	T. Varsha
18.	A21CMEA68	N. Thrisha
19.	A21CMEB46	C. Pugazhmangai
20.	A22BCE56	S. Elakkia Devi
21.	A23PHE05	P. Kiruthiga
22.	A21CHE09	D. Kaviya
23.	A21CHE16	S. Priya
24.	A22MTD47	N. Manisha
25.	A22MTD50	U. Sakthi
26.	A22CMEB45	S. Prithi
27.	A22CMEB09	T. Bharathi
28.	A23CSEA49	S. Surudhi
29.	A21MTEA46	V. Sivaranjani
30.	A22MBE03	G. Abinaya
31.	A22CSEA32	R. Rajeshwari
32.	A21BCE21	M. Nandhini
33.	A21BCE52	I.Abinaya
34.	A21BCE31	R. Rajeswari
35.	A23BCE04	M. Agushyasai
36.	A23BCE17	S. Janaki
37.	A23CAEA08	S.Devi


Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,
 PRINCIPAL
 St. Joseph's College of Arts & Science
 (AUTONOMOUS)
 CUDDALORE - 607 001.

	St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity	Women enjoyed/enjoy freedom in the past/present
	Organising Unit	Youth Parliament Program
	Venue	St. Joseph's College of Arts & Science (Autonomous)
	Date	31.08.2023
	No. of Participants	17

The Youth Parliament program organized a debate on the topic “Women Enjoyed/Enjoy Freedom in the Past/Present” on 31.08.2023, held at Rev. Fr. Paul Raj Kumar Hall, starting at 12 p.m. Mr. Durairaj, the head of the Department of Social Work, served as the chief guest for the event. It began with a prayer song, followed by the rendition of “Tamizhthai Vazhthu.” Ms. A. Arthi, a second-year B.A. English student, welcomed the audience warmly. During the debate, participants engaged in thoughtful discussions about women’s freedom both before and after independence. The chief guest announced the results at the end, and the program concluded with a vote of thanks, followed by the national anthem.



Debate session within the youth parliament volunteers

M. A. Mary

Dr. M. A. Mary

Coordinator

Youth parliament

P. Malaiyarasan

Mr. P. Malaiyarasan

Coordinator

Youth Parliament

PERMISSION LETTER

Cuddalore
30.08.2023

From
Coordinators
Youth Parliament Programme
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore

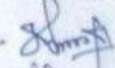
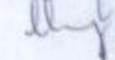
To
Rev. Fr. Secretary
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore

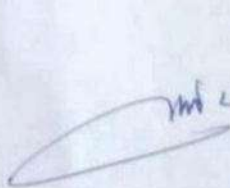
Respected Rev. Father,

We would like to bring to your kind notice that we wish to conduct a discussion on the topic **Women Enjoyed/Enjoy Freedom in the past/at present** on 31.08.23 between 12.00 noon to 1.00 PM. for the members of Youth Parliament Programme of both shift I and II. We humbly seek your permission to conduct the same.

Thanking you

Yours sincerely

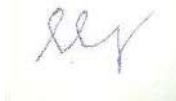
1.  P. MALARAJ
2.  M. ANITHA


30/08/2023

List of Participants

31/08/2023 NATIONAL YOUTH PARLIAMENT CLUB
WOMEN FREEDOM BEFORE OR AFTER INDEPENDENCE DEBATE
PROGRAMME ATTENDANCE

S.NO	NAME	SIGNATURE	ROLL NO
01.	J. Hethyal	J. Hethyal	A21ENEAS1
02.	S. Devi Priya	S. Devi Priya	A21ENEAD8
03.	S. Subasree	S. Subasree	A21ENEAB9
04.	N. Madhubala	N. Madhubala	A23BBE21
05.	A. Yuvasee	A. Yuvasee	A21CMEAT1
06.	B. Yazhini	B. Yazhini	A21TAB24
07.	A.T. Rubini	A.T. Rubini	A23ENEA21
08.	S. Nishanthini	S. Nishanthini	A23CAEA35
09.	K. Pavithra	K. Pavithra	A23ENEA16
10.	S. Summyebanu	S. Summyebanu	A23CMEAS5
11.	P.H. Anu shree	P.H. Anu shree	A21CSEA03
12.	G. Karilash	G. Karilash	A22CSDA17
13.	Santhini Kumar	Santhini Kumar	A22CSOA32
14.	B. Kishore	B. Kishore	A23ENDA09
15.	Karthikeyan	Karthikeyan	A22CSDA18
16.	Hemmath	Hemmath	A23HID13
17.	Shaker Ali	Shaker Ali	A22CSOB34



Dr. M. A. Mary

Coordinator

Youth parliament




Mr. P. Malaiyarasan

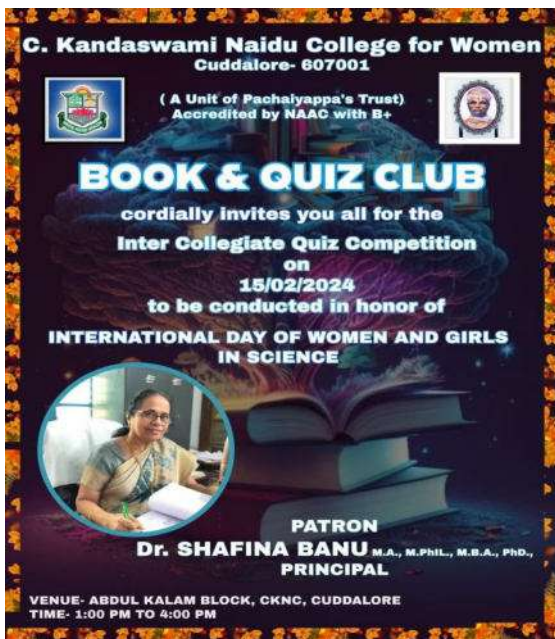
Coordinator

Youth Parliament

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

	Title of the Extension Activity	Quiz Competition
	Organizing Unit	C. Kandasami Naidu College for Women.
	Venue	C. Kandasami Naidu College for Women, Cuddalore.
	Date	15.02. 2024
	Number of Participants	13

C. Kandasami Naidu College for Women, Cuddalore organized a Quiz competition on 15.02.2024 to commemorate International Day of Women and Girls in Science. Members of Women Empowerment Cell participated and won the first prize in the competition.



Invitation



Topics

From

Dr. P. James Mary
Shift II Incharge
Coordinator, Women Empowerment Cell
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore-01.

To

Rev.Fr.Secretary,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore-01.

Respected Rev.Father,

I kindly request you to permit the following students to participate in the Inter-Collegiate Quiz Competition organized by Kandaswami Naidu College for Women, Cuddalore on 15/02/2024 [Time: 1.00 – 4.00 pm]. Kindly grant them on duty. Herewith, I enclose the list of students participating in the Competition.

Staff Accompanying:

Ms. A. Lilly,

Assistant Professor

Thanking You

Date: 14.02.2024

Place: Cuddalore

Yours truly,

Dr. P. James Mary
14/2/24

Ms. A. Lilly
14/2/24

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. : 139 / 2023 – 24

Report Title : Quiz Competition

Date : 15.02.2024

Venue : C. Kandasami Naidu College for Women, Cuddalore.

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
CUDDALORE

Participants List

Inter-Collegiate Quiz Competition
Kandaswami Naidu College for Women, Cuddalore

15/02/2024

S. NO	ROLL NUMBER	NAME OF THE STUDENT
1	A21CMEA04	Abirami R
2	A21CMEA41	Nayanthara B
3	A21CMEA59	Sharmani S
4	A22CMEA05	Aranya S
5	A22CMEA19	Jabakani G
6	A22CMEA23	Kalaiyazhini K
7	A22CMEB04	Akshaya A
8	A22CMEB31	Keerthi Sri R
9	A22CMEB32	Kiruba Sri R
10	A22CMEB50	Sahiraa N R
11	A22CMEB65	ThahooraSulthana A
12	A21CAEB03	Dhanalakshmi M
13	A21CAEB26	Sindhuja S

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ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

**Affiliated to Annamalai University, Annamalai Nagar | Re-Accredited by NAAC
with 'A' Grade (3rd Cycle) Recognized under section 2(f) and 12 (B) of the UGC
Act, 1956 | A Christian Minority Institution**

St. Joseph's College Road, Manjakuppam, Cuddalore – 607001



NATIONAL SERVICE SCHEME

ACADEMIC YEAR: 2023 – 2024

REPORT ON

NATIONAL SERVICE SCHEME

TITLED ON

NATIONAL WOMEN'S DAY PROGRAM


VENUE

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE

DATE

08th MARCH 2024

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

	Title of the Extension Activity	National Women's Day Program
	Organizing Unit	National Service Scheme
	Venue	St. Joseph's College Of Arts And Science (Autonomous) Cuddalore
	Date	08.03.2024
	Number of Participants	39

On March 8, 2024, St. Joseph's College of Arts and Science (Autonomous), Cuddalore, organized a vibrant Women's Day celebration. The event featured a diverse range of activities, including cultural performances, mime acts, dance presentations, and thought-provoking dramas centered around women's safety.

Our enthusiastic Shift II students thoroughly enjoyed the festivities. Additionally, the college actively supported our student entrepreneurs by allowing them to set up stalls within the campus. These stalls showcased various talents and products, including food, fine arts, crafts, and women's accessories.

Guided by our NSS volunteers from Shift II, the event ran smoothly, encouraging student participation and contributing to its overall success.



Signature of

Programme officer

PERMISSION LETTER:



NATIONAL SERVICE SCHEME
ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)

Dr. L. SANTHANA RAJ,
Programme officer.

TO

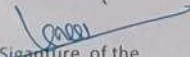
The Principal,
St. Joseph's College of arts and science (Autonomous),
Cuddalore -01.

Respected principal,

As we are going to attend the **NSS PROGRAMME**. So kindly allow the
NSS volunteers to attend the programme.

Thanking you,

Yours obediently,
NSS VOLENTEERS


Signature of the
Programme officer

GLIMPES OF EVENTS:



NSS Volunteers assists the students to the Programme



NSS Volunteers participating the Poster Presentation

St. Joseph's College of Arts & Science (Autonomous), Cuddalore-607001

Activity Report

Report No: 166 / 2023 -24

Title of the Activity: NATIONAL WOMEN'S DAY PROGRAM

Date: 08.03.2024

Venue: ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE

ATTENDANCE:

S. NO	NAME	REG. NUMBER	DEPARTMENT	
1	M. BHUVANA	A21ACE04	BRACAI	m. bhuvana
2	K. PRIYADARSHINI	A21MTEA54	MATHS	K. Priya Darshini
3	R. MOHANA DEVI	A21MTEA44	MATHS	R. Mohana Devi
4	R. VIDHYABASI	A21MTEA38	MATHS	R. Vidhyabasi
6	J. LLENE SAGAYAMARY	A21ACE06	BRACAI	J. Llene Sagayamary
7	S. BHONISHA	A21ACE21	BRACAI	S. Bhonisha
8	G. MONIKA	A21BDE31	BBM	G. Monika
9	A. BABITHI	A21BDE33	BBM	A. Babithi
10	M. LAKSHMI	A21BDE35	BBM	M. Lakshmi
11	V. BHANU	A21BDE36	BBM	V. Bhanu
12	M. LAVANYA	A21ACE18	BRACAI	M. Lavanya
13	G. PRIYADARSHINI	A21ACE25	BRACAI	G. Priya Darshini
14	NANDHINI DEVI	A21ACE27	BBM	Nandhini Devi
15	SUBASRI R.	A22BDE34	BRACAI	Subasri R.
16	NANDEY P.	A22ACE22	B.COM-B	Nandey P.
17	SUBASRI R.	A22BDE34	BBM	Subasri R.
18	NANDEY P.	A22ACE22	BRACAI	Nandey P.
19	NANDHINI DEVI	A22CEB35	B.COM-B	Nandhini Devi
20	SARANI G.	A22CEB51	B.COM-B	Sarani G.
21	AKSHARA PARESHI T.	A22CEA92	B.COM-A	Akshara Pareshi T.
22	SUBMATHE M.	A22CEA37	B.COM-A	Submathe M.
23	KAVYAM	A22CEA23	B.COM-A	Kavyam


24	SHRUTHI S.	A22CEA31	B.COM-A	Shruthi S.
25	NANDHINI S.	A22CEA34	B.COM-A	Nandhini S.
26	RAJINI D.	A22CEA27	B.COM-A	Rajini D.
27	HEMELI S. C.	A22CEA17	WOMEN'S	Hemeli S. C.
28	NAVITHA K.	A22CEA28	A22CEA28	Navitha K.
29	REKHA DEVI	A22CEA44	WOMEN'S	Rekha Devi
30	PREETHI RADEVI	A22CEA11	BSC CHEMISTRY	Preethi Radevi
31	MAHENDRAN K.	A22CEA08	BSC CHEMISTRY	Mahendran K.
32	SRUTHI R.	A22CEA19	BSC CHEMISTRY	Sruthi R.
33	LEENASWINI A.	A22CEA06	BSC CHEMISTRY	Leenaswini A.
34	MANU	A22CEA14	BSC CHEMISTRY	Manu
35	PAVITHRA J.	A22CEA22	BSC CHEMISTRY	Pavithra J.
36	SOWMIA P.	A22CEA17	BSC CHEMISTRY	Sowmia P.
37	SRUTHI K.	A22CEA30	BSC CHEMISTRY	Sruthi K.
38	A. RUBY	A22CEA26	BSC CHEMISTRY	A. Ruby
39	A. MALIKA	A22CEA25	BSC CHEMISTRY	A. Malika



Signature of

Programme officer

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS) CUDDALORE

	Title Of The Extension Activity	International Women's Day – INSPIRE2K24.
	Organizing Unit	Women Empowerment Cell
	Venue	St. Joseph's College Of Arts And Science (Autonomous) Cuddalore
	Date	08.03.2024
	Number Of Participants	151

The Women Empowerment Cell of St. Joseph's College of Arts and Science (Autonomous) Cuddalore, organised a programme on 8th March 2024 to commemorate International Women's Day. The programme was conducted in Venmani Square with the permission and blessings of Rev. Fr. Secretary. Prior to the programme, our cell conducted a poster presentation and fun events between 2:00 PM and 3:00 PM for the students. The programme started with a prayer song followed by Tamil Thai Vazhthu. Ms. Manju. K of III B.Sc. physics welcomed the gathering. Rev. Fr Secretary honoured the special guests of International Women's Day Dr. R. Vidhya, Asst. Prof., Department of Computer Science, Dr. A. Annammal, Asst. Prof., Department of Tamil and Dr. R. Rosaline, Asst. Prof., Department of Computer Applications for their service and contributions. Ms. S. Subasri of III BA English gave her Woman's Day speech in Tamil. The dignitaries distributed the prizes for various competitions which were conducted by Women Empowerment Cell. Ms. Kiruthika. A of III BA English delivered the Vote of Thanks followed by the cultural events. The students of our college showcased their talents through various events like mime, skit, dance and mashup. The programme came to an end with national anthem.

Glimpse of the event



Left: Students Performing a Dance



Right: Distribution of Prizes



Left: Rev. Fr. Secretary Honoring the Guests



Right: Students Performing a Mime

Participants List

S.No	Roll No	Name
English poem writing		
1.	A22BCE18	N.G. Keerthana
2.	A22CMEB24	P. Indirani
3.	A23CSEA48	R. Subithra
4.	A22CAEB24	R.Nisha
5.	A21ENEA24	A.Kiruthika
6.	A22BCE06	G.Ashvathi
7.	AA22BCE42	M. Yogalakshmi
8.	A22CMEA32	M. Mugithadevi
9.	A22BCE48	K. Kanishka
10.	A22BCE07	L. Abinaya
Tamil poem writing		
11.	A22CSEA14	P. Janani
12.	A23CMEB04	B.Anitha
13.	A23CMEA38	H. Noorulsajitha
14.	A22BCE19	P. Keerthika
15.	A21ENEA39	S. Subasri
16.	A22MBE43	B. Saranya
17.	A22ENEA41	T. Varsha
18.	A21CMEA68	N. Thrisha
19.	A21CMEB46	C. Pugazhmangai
20.	A22BCE56	S. Elakkia Devi
21.	A23PHE05	P. Kiruthiga
22.	A21CHE09	D. Kaviya
23.	A21CHE16	S. Priya
24.	A22MTD47	N. Manisha
25.	A22MTD50	U. Sakthi
26.	A22CMEB45	S. Prithi
27.	A22CMEB09	T. Bharathi
28.	A23CSEA49	S. Surudhi
29.	A21MTEA46	V. Sivaranjani
30.	A22MBE03	G. Abinaya
31.	A22CSEA32	R. Rajeshwari
32.	A21BCE21	M. Nandhini
33.	A21BCE52	I.Abinaya
34.	A21BCE31	R. Rajeswari
35.	A23BCE04	M. Agushyasai
36.	A23BCE17	S. Janaki
37.	A23CAEA08	S.Devi
38.	A22BBE19	A.Kowsalya
39.	A21MTEA41	T. Abidevi
40.	A21BCE07	R. Devadharshini

English slogan writing		
41	A22CMEB20	S.Janani
42	A22MBE03	G. Abinaya
43	A21CSEA18	S. Khulfiya kharishma
44	A22CMEA28	K. Mirthika
45	A21CMEA35	K. Madhumidha
46	A22BCE11	P. Deepika
47	A22BCE48	K. Kanishka
48	A22BCE18	N.G Keerthana
49	A22CAEB07	A.Durgalakshmi
50	A21CHE16	S. Priya
51	A21CHE01	A.Ammu
52	A23BBE39	S. Reshma
53	A23BBE38	M. Rajamani
54	A21CHE25	S. Yoga Meena
55	A23BBE41	M. Salma Parveen
56	A22MTD49	K.S Ragavi
57	A22MTD48	N. Nivetha
58	A22MTD47	N. Manisha
59	A22MTD50	U. Sakthi
60	A22CMEB09	T. Bharathi
61	A22CMEB53	S. Shalini
62	A23CAEA07	D. Avanthiga
63	A22CAEB47	P. Subeshna
64	A23CSEA58	K. Harsha Vardhini
65	A22CSEA12	S. Hemasudha
66	A22CSEA32	R. Rajeswari
67	A22CSEA03	J. Aishwariya
68	A21CSEA39	R. Vishnu Priya
69	A23CAEA36	G.D Pavithra
70	A22ZOD13	A.Nivetha
71	A22ENEA05	S. Dhatchayani
72	A22ENEA12	M. Janani
73	A22CMEB32	B. Kalaivani
74	A22ENEA09	S. Devipriya
75	A22ENEA46	S. Haripriya
76	A23CAEA16	G. Harishni
77	A22BCE42	M. Yogalakshmi
78	A21CAEB09	Gnana Soundari
79	A21PHE04	K. Beryl Shekinah
80	A22CMEA45	A.Reehana
Tamil slogan writing		
81	A23CAEA36	K.T.Pavithra
82	A22BCE06	P.Ajeetha
83	A22CMEA45	R. Simiriya

84	A22CSEA35	G.Rithika
85	A23CSE47	R.Vishnupriya
86	A22MTD50	U.Sakthi
87	A22BCE06	G.Ashvathi
88	A22CMEB45	S.Prithi
89	A23CSEA18	S.Khulfiya Karishma
90	A22CMEB09	T.Bharathi
91	A22MTD47	N.Manisha
Poster Presentation		
92	II B.A English	S. Haripriya
93	II B.A English	R. Sharmi
94	II B.A English	K. Barkatj Nisha
95	II B.A English	R. Aashika
96	II B.A English	M. Janani
97	II B.A English	S. Dhatchayani
98	II B.A English	M. Hemavarna
99	II B.A English	Z. Ayesha Aafreen
100	II B.A English	M. Panimalar
100	II BCA	S. Janani
100	II BCA	V. Mukisha
100	II BCA	M. Shagidha
100	II BCA – B	G. Bharnika
100	III BCom	N. Lathika
100	III BCom	A.Adhila
100	III BCom	A.Ashwini
100	III BCom	N. Thrisha
100	III BCom – B	S. Roopavathi
110	III BCom – B	G. Dhivya
111	III BCom	K. Elakkiya
112	III BCom	A.Praveena
113	III BCom	A.Kaviya Shree
114	III BCom	S. Janani
115		
116	II BCom	Abarna
117	I BCom-A	S. Pooja
118	I BCom-A	G. Mouniysha
119	I BCom-A	T. Niranjani
120	I BCom-A	S. Nivethitha
121	I BCom-A	S. Parimitha
122	I BCom-A	S. Maha
123	I BCom-A	K. Timple
124	I BCom-A	V. Vimala
125	I BCom-A	S. Sumithra
126	I BCom-A	B. Subashini
127	III CS	K.R. Amira Begam
128	I BCom-A	G.V. Harini

129	I BCom-A	P. Kanimozhi
130	I BCom-A	M. Kanishka
131	III Chemistry	K. Gopika
132	III Chemistry	T. Pavithra
133	III Chemistry	P. Muthazhagi
134	III Chemistry	S. Yoga Meena
135	III Chemistry	D. Kaviya
136	III Chemistry	S. Priya
137	III Chemistry	A.Ammu
138	III Chemistry	J. Farzana
139	III Chemistry	S. Sangeetha
140	III Chemistry	V. Sindhuja
141	II Bio Chemistry	M. Afrin
142	II Bio Chemistry	M. Yogalakshmi
143	I Physics	P. Kiruthiga
144	II Physics	R. Durgalakshmi
145	I BBM	S. Reshma
146	I BBM	M. Rajamani
147	I BBM	V. Malini
148	I BBM	J. Deepalakshmi
149	II BBM	A.Vinishasri
150	II BBM	A.Kowsalya
151	II BBM	



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Poster Presentation

- Strong women, Strong nation.
- Women - A beautiful miracle.
- Celebrating being women.
- Intersectional Feminism.
- DigitALL: Innovation and technology for gender equality

Slogan Writing

- Gender equality for better society.
- Educate women - Empower the nation.
- The power of women to create and transform.
- Beyond glass ceilings, we soar.
- Fierce minds, gentle hearts.

Poem Writing

- Still I rise.
- Her voice , her strength.
- Echoes of Her Silence : the unspoken depth of women's lives
- In Her Honor: Poetic Panache.
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