

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE – 607001

PG and Research Department of Commerce

Report on Capacity Development Programme on Personality Development

Programme Title: Capacity Development Programme on Personality Development

Date : 13.07.2023

Class : III B.Com A,B & C (Shift-I)


Resource Person: Dr.N.Shabnam, Dentist, Motivational Speaker & Soft Skill Trainer

Coordinator : Dr. P. James Mary, Assistant Professor

The PG and Research Department of Commerce Organized Development Programme on Personality Development on 13.07.2023 for Shift-1 Final Year Students. Dr.P. James Mary Assistant Professor was the Coordinator and she introduced the Resource Person. The resource person enlightened the students by her expertise knowledge in the field of soft skill by examples of successful personalities. The students felt the session was more informative and interesting.



Dr.N.Shabnam, Motivational Speaker & Soft Skill trainer addressing the students.


Dr. P. JAMES MARY, M.A., M.Com., SLET, Ph.D.
Asst. Professor
PG & Research Department of Commerce
St. Joseph's College of Arts and
Science (Autonomous)
Cuddalore - 607 001

Dr. P. James Mary
Coordinator


Dr. I. SAVARIMUTHU
M.Com., M.B.A., M.Phil., M.Ed., Ph.D.
Associate Professor & Head
Research Supervisor
PG & Research Department of Commerce
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore (T.N)-607001, India.

Dr. I. Savarimuthu
Associate Professor & Head



PG & RESEARCH DEPARTMENT OF COMMERCE
St. Joseph's College of Arts and Science
(Autonomous)



Affiliated to Annamalai University, Annamalai Nagar
Recognized u/s 2(f) & 12(B) of the UGC Act, 1956.
A Christian Minority Institution,
Cuddalore – 607 001.

We cordially invite you for the inauguration of
"SKILL ENHANCEMENT PROGRAM"
ON
"Capacity Development Programme on Personality Development "

Presided over by

Rev. Fr. Dr. M. SWAMINATHAN
Secretary.

Dr. I.SAVARIMUTHU
Convener,
Associate Professor & HOD of Commerce

Resource person

Dr.N.Shabnam,

Organized By Dr. P. James Mary, Assistant Professor, Department of Commerce

Date: 18th August, 2023

Venue: Alumni Block Seminar Hall

Programme Invitation

List of Participants

III B. COM 'A'

SL.NO	ROLL NO.	NAME
1	A21CMEB01	ABHINAYA A
2	A21CMEB02	ABINAYA M
3	A21CMEB03	ABIRAMI R
4	A21CMEB04	ABITHA S
5	A21CMEB05	AFRA A
6	A21CMEB06	AIYSHASIDDHIKAA M
7	A21CMEB07	ALMAS A
8	A21CMEB08	AROKIYA DELSI R
9	A21CMEB09	AVINAYA V
10	A21CMEB10	BHUVANESHWARI P
11	A21CMEB11	CAROLINE A
12	A21CMEB12	DEEPIKA SALAS G
13	A21CMEB13	DHIVYA B
14	A21CMEB14	DHIVYA G
15	A21CMEB16	ELAKKEYA S
16	A21CMEB17	GOWSALYA S
17	A21CMEB18	HARINI A
18	A21CMEB19	HARINI S
19	A21CMEB20	HARSHINI V
20	A21CMEB21	HINDHU BASHINI S
21	A21CMEB22	ISWARYA A
22	A21CMEB23	JASMINE A
23	A21CMEB24	JAYALAKSHMI A
24	A21CMEB25	JENITHA R
25	A21CMEB26	KANISHKA L
26	A21CMEB27	KAVITHA G
27	A21CMEB28	KEERTHANA B
28	A21CMEB29	KEERTHIGA P
29	A21CMEB30	KIRTANAA M
30	A21CMEB31	LAKSHNA P
31	A21CMEB32	LATHIKA S
32	A21CMEB33	MANCY R.V
33	A21CMEB34	MARIA THERAS J
34	A21CMEB35	MEHER FATHIMA N
35	A21CMEB36	MOHAMED FATHIMA RAKSHANA A
36	A21CMEB37	MOHANA R
37	A21CMEB38	NITHYASRI S


38	A21CMEB39	NANDHANA S
39	A21CMEB40	NAVANISA K
40	A21CMEB41	NIVEDHA S
41	A21CMEB42	PAVITHA B
42	A21CMEB43	PAVITHRA V
43	A21CMEB44	POOJA S
44	A21CMEB45	PRIYA A M
45	A21CMEB46	PUGAZH MANGAI S
46	A21CMEB47	PUSHPAVALLI P
47	A21CMEB48	RAJESWARI M
48	A21CMEB49	RAKSHANA R
49	A21CMEB50	RAMYA V
50	A21CMEB52	RENUGADEVI D
51	A21CMEB53	RENUKA DEVI K
52	A21CMEB54	ROOPAVATHI S
53	A21CMEB55	SAFRIN NISA M
54	A21CMEB56	SANTHIYA S
55	A21CMEB57	SELVAPRIYA S
56	A21CMEB58	SHAILAJA S
57	A21CMEB59	SHARMILA S
58	A21CMEB60	SIVAGAMI M
59	A21CMEB61	SNEHA S
60	A21CMEB62	SUBASHINI M
61	A21CMEB63	SUBASHREE S
62	A21CMEB64	SUBIKSHA S
63	A21CMEB65	SWETHA D
64	A21CMEB66	SWETHA S
65	A21CMEB67	THIRU SANKARI K
66	A21CMEB68	VARSHIYA CATHARIN R
67	A21CMEB69	VIJAYALAKSHMI J
68	A21CMEB71	YUVASRI G
69	A21CMEB72	NIVETHITHA R
70	A21CMEB73	ABIRAMI M
71	A21CMEB74	KAVIYA S

III B. COM 'B'


SL.NO	ROLL NO.	NAME
1	A21CMEB01	ABHINAYA A
2	A21CMEB02	ABINAYA M
3	A21CMEB03	ABIRAMI R
4	A21CMEB04	ABITHA S

5	A21CMEB05	AFRA A
6	A21CMEB06	AIYSHASIDDHIKAA M
7	A21CMEB07	ALMAS A
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Dr. I. Savarimuthu
 Associate Professor & Head

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. 01/2023-24

Report Title	Employees Enrichment Programme on Yoga for Happy and Healthy Life
Date	30.06.2023
Information to be Included	a) Report b) Permission Letter (and/or) Circular (and/or) Email (and/or) Brochure (and/or) Invitation c) Glimpses of the event (if required) d) Attendance e) Feedback

Report

PG Department of Social Work has organized, Employees Enrichment Programme, titled "Yoga for Happy and Healthy Life" for the employees at Hema's Enterprises Private Limited, SIDCO, Cuddalore on 30.06.2023. Mr. J. Durai Raj, Head, PG Department of Social Work gave the inaugural message, stressed about the importance of Yoga and its impact in the present hectic life style among the employees. Mrs. Keerthiga, National Yoga Jury spoke on how yoga is creating a healthy lifestyle. She also demonstrated few asanas for the employees in their work environment. Mrs. K. Janani, manager - HRBP, HEPL shared her thoughts on yoga practise, insisted the workers to do yoga and make it as a daily routine. Positive feedback about the programme was given by the participants. The programme came to an end with vote of thanks. Around 40 employees have participated and benefitted in this programme which was organised by II MSW students - Sangeetha (A22MSW20), Arivunithi (A22MSW01), and Sri Kesavan (A22MSW31) as a part of their field work requirement.



Yoga asanas taught by Mrs. Keerthiga Co-ordinator, LGPM India.



Mrs. K. Janani, Manager HRBP, HEPL shared the thought of Yoga practices.

Staff in-charge

Mr. J. Durai Raj

Head, Department of Social work

Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)

CUDDALORE - 607001

PG DEPARTMENT OF SOCIAL WORK

Cordially invites you for the Employees Enrichment Programme On



“YOGA FOR HAPPY AND HEALTHY LIFE”

Date : 30-06-2023

Day : Friday

Time : 3.00 pm to 4.00 pm

Venue : HEPL, SIDCO,
Semmandalam, Cuddalore Dt.

- With the Blessings of** : **Rev. Fr. Dr. M. Swaminathan, Secretary,**
St. Joseph's College of Arts and Science (Autonomous),
Cuddalore.
- Felicitation** : **Dr. M. Arumai Selvam, Principal,**
St. Joseph's College of Arts and Science (Autonomous),
Cuddalore.
- Inaugural Address** : **Mr. J. Durai Raj, Head, PG Department of Social Work,**
St. Joseph's College of Arts and Science (Autonomous),
Cuddalore.
- In the Presence of** : **Mr. Ramesh P. R, Head – HR, HEPL.**
Mr. N. Pradeesh, Head - Operations, HEPL.
Mrs. K. Janani, Manager – HRBP, HEPL.
- Resource Person** : **Mrs. M. Keerthiga, Co-ordinator, LPGM INDIA.**
National Yoga Jury and Player.
Certified Yoga Coach by Indian Government.

Under the Guidance of

Mrs. S. Vanathi, Asst. Prof,

Mrs. M. Perkish Salomina, Asst. Prof,

Mr. A. Mahimai Kuzhanthai Yesu, Asst. Prof.

Student Organizers

A. Arivunithi (A22MSW01)

K. Sangeetha (A22MSW20)

B. Srikesavan (A22MSW31)

PG Department of Social Work

Glimpses of the event



Yoga demonstration by the Resource person and subordinates



Group photo with the organizers

List of Participants

S. NO.	ROLL NUMBER	NAME OF THE STUDENT
1	A22MSW01	Arivunithi A
2	A22MSW02	Arun Kumar P
3	A22MSW03	Aswini G
4	A22MSW04	Balaji M
5	A22MSW05	Dharanidharan P
6	A22MSW06	Haripriya P
7	A22MSW07	Jasline Benadics C
8	A22MSW08	Kastha M
9	A22MSW09	Mythreyi A
10	A22MSW10	Nandini M
11	A22MSW11	Navin Kumar P
12	A22MSW12	Nithiya Sri D
13	A22MSW13	Padmapriya J
14	A22MSW14	Poornima A
15	A22MSW15	Princy E
16	A22MSW16	Priyanandhini K
17	A22MSW17	Ramamoorthy M
18	A22MSW18	Roja D
19	A22MSW19	Samraj Nikhil Shelton S
20	A22MSW20	Sangeetha K
21	A22MSW21	Shakespear N
22	A22MSW23	Thomas Daniel J
23	A22MSW24	Umamaheswari A
24	A22MSW25	Veerasakthi V
25	A22MSW26	Vijaya Kumar A
26	A22MSW27	Vijayan K
27	A22MSW29	Vinitha P
28	A22MSW30	Vishwaa K K
29	A22MSW31	Srikesavan B
30	A22MSW32	Hari Gugan M
31	A22MSW33	Daffny Maria M
32	A22MSW34	Aurosakthi S
33	A22MSW35	John Blessy L
34	A22MSW36	Karen Anitha John
35	A22MSW37	Gnana Prakash G
36	A22MSW39	Akash D
37	A22MSW40	Siva C

Feedback:



Receiving Feedback from Working Professionals of Cavin Care

At the end of the session, the working professionals provided their feedback regarding the programme and encouraged the organizers and also by thanking the entire team who are involved in the process of conducting the programme, which was conducted for their Healthy life. Around 75 Staffs have participated and benefited through the programme.

Signature

Coordinator/Organizing Secretary

Mr. J. Durai Raj

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001

Activity Report

Report No.	15/2023-24
Report Title	Motivational Programme on Life Skills to Face Fearless Examination
Date	14.02.2024
Information to be Included	a) Report b) Glimpses of the event (if required) c) Attendance d) Feedback

Report

The PG Department of Social Work organized a Motivational Programme titled "Life Skills to Face Fearless Examination" at Government Higher Secondary School, Thiruvanthipuram, Cuddalore on 14.02.2024 between 3.00 pm and 4.30 pm. Mr. J. Durai raj, Head, PG Department of Social Work, spoke to the students on Self Awareness and Time Management for Exam preparation and Presentation. Then, Mrs. M. Salomina, Asst. Prof. of PG Department of Social Work spoke on the value of marks scored in the Board Examinations. 150 students have attended this programme which was coordinated by A. Arivunithi (A22MSW01) P. Dharani Dharan (A22MSW05) and G. Gnana Prakash (A22MSW37) of II MSW as a requirement of their Concurrent Field Work Curriculum.



The Resource person shared a valuable speech for the participants.

Signature

Coordinator/Organizing Secretary

Mrs. M. Perkish Salomina

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Programme Invitation:



**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE - 607001**

PG DEPARTMENT OF SOCIAL WORK

Cordially invites you for the

Awareness Programme on

LIE SKILLS TO FACE FEARLESS EXAMINATION



Date : 17 - 03 - 2023

Time : 3.00 pm to 4.00 pm.

Day : Friday

Venue : Sri Varadham Govt. Girls Higher Secondary School venugopalapuram, Cuddalore

- With the blessings of :** **Rev. Fr. G. Peter Rajendiram**, Secretary,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.
- Felicitation :** **Dr. M. Arumai Selvam**, Principal,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.
- Inaugural Address :** **Mr. J. Durai Raj**, Head, PG Department of Social Work,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.
- Resource Person :** **Mr. R. Eabenesar**, Psychologist,
A NEW BIGINNING (Psychologist & De-addiction Centre)
Pondicherry.
- In the Presence of :** **Mrs. P. Dhanalakshmi**, Msc, B.Ed, Mphil, Head Master,
Sri Varadham Govt. Girls Higher Secondary School
Venugopalapuram, Cuddalore.
Mrs. S. Vijayapriya, Msc, M.Ed, Mphil, Assistant Head Master
Sri Varadham Govt. Girls Higher Secondary School
Venugopalapuram, Cuddalore.
Mr. R. Mani, Msc, B.Ed, Mphil. Assistant Head Master,
Sri Varadham Govt. Girls Higher Secondary School
Venugopalapuram, Cuddalore.

Under the Guidance of

Mr. J. Durai Raj, Head of The Department
Mrs. M. Perkish Salomina, Assistant Professor
PG Department of Social Work.

Student Organizers

P. Dharanidharan (A22MSW05)
M. Ramamoorthy (A22MSW17)



List of the participants:

S. No.	Rolls No.	Name
1	A22MSW01	Arivunithi A
2	A22MSW02	Arun Kumar P
3	A22MSW03	Aswini G
4	A22MSW04	Balaji M
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12	A22MSW12	Nithiya Sri D
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14	A22MSW14	Poornima A
15	A22MSW15	Princy E
16	A22MSW16	Priyanandhini K
17	A22MSW17	Ramamoorthy M
18	A22MSW18	Roja D
19	A22MSW19	Samraj Nikhil Shelton S
20	A22MSW20	Sangeetha K
21	A22MSW21	Shakespear N
22	A22MSW23	Thomas Daniel J
23	A22MSW24	Umamaheswari A
24	A22MSW25	Veerasakthi V
25	A22MSW26	Vijaya Kumar A

26	A22MSW27	Vijayan K
27	A22MSW29	Vinitha P
28	A22MSW30	Vishwaa K K
29	A22MSW31	Srikesavan B
30	A22MSW32	Hari Gudan M
31	A22MSW33	Daffny Maria M
32	A22MSW34	Aurosakthi S
33	A22MSW35	John Blessy L
34	A22MSW36	Karen Anitha John
35	A22MSW37	Gnana Prakash G

Feedback

There was the feedback session after the programme the participants have given their valuable feedback:

- The programme was very useful for understanding.
- The participants thoroughly enjoyed the programme, gaining valuable knowledge and insights.



Signature

Coordinator/Organizing Secretary

Mrs. M. Perkish Salomina



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001
Activity Report

Report No.	16/2023-24
Report Title	Wellness programme on Yoga and Meditation
Date	02.03.2024
Information to be Included	a) Report b) Glimpses of the event (if required) c) Attendance d) Feedback

Report

The PG Department of Social Work has organized Wellness programme titled "Yoga and Meditation" at KN Pettai, Cuddalore on 02.03.24 between 11.30 am and 1.30 pm. Mr. A. Mahimai Kuzhandhai Yesu, Assistant Professor of the Department, discussed the importance of yoga and meditation to the elderly people. Followed by this Ms. M. Keerthiga, Yoga Instructor interacted with the people and demonstrated few Yogasanas to the elderly people. Mr. Rajendren, Director of MNTN talked about Laughing Therapy. Followed by this, I MSW students entertained people by their dance. The programme was ended by National Anthem. The programme was organised by M. Mugilan (A23MSW21) and P. Arun (A23MSW17) of I MSW as a part of their Concurrent Field work Curriculum.



The resource person engaged the .people with physical activity.



The chief guest enriched the participants.

Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu

Signature



Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Programme Invitation:

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Affiliated to Annamalai University, Annamalai Nagar - 608 002
Recognised u/s 2(f) & 12(B) of the UGC Act, 1956
A Christian Minority Institution, Cuddalore - 607 001.



PG DEPARTMENT OF SOCIAL WORK
Warmly invites you for the Motivational Programme on
“Yoga and Meditation”

Time: 11.30 am to 12.30 pm **Date:** 02.03.2024

Venue: Annai Alamelu Old Age Home, KN Pettai, Cuddalore.

With the Blessings of
Rev. Fr. Dr. M. Swaminathan, Secretary,
In the Presence of
Dr. M. Arumai Selvam, Principal,
Inaugural Address
Mr. J. Durai Raj, Head
PG Department of Social Work
Director
Mr. P. Rajindran
Mrs. Srimathi Rajindran
Chief Guest
M. Keerthiga B.com, M.Sc (Yoga), NSNIS(Yoga), MSW,
Field co-ordinator @ LPGM, INDIA
Yoga Instructor @ Velammal Bodhi Campus, Pondy.

Under the Guidance of **Student Organizers**
Mr. A. Mahimai Kuzhandhai Yesu, **P. Arun (A23MSW17)**
Asst. Professor, PG Department of **M. Mugilan (A23MSW21)**
Social Work

PG DEPARTMENT OF SOCIAL WORK

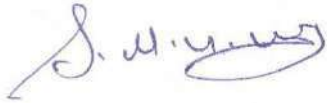
List of participants:

S. NO.	Roll Number	Name of the Student
01	A23MSW01	Arivu Selvi S
02	A23MSW02	Ashya Begum B
03	A23MSW03	Astline Mariya A
04	A23MSW04	Jothi Stella Mary G
05	A23MSW05	Keethiga S
06	A23MSW06	Kolupooru Lakshmi
07	A23MSW08	Maria Sneha M
08	A23MSW09	Monisha L
09	A23MSW10	Prathipa S
10	A23MSW11	Rithiga I
11	A23MSW12	Seslia D
12	A23MSW13	Srinithi B
13	A23MSW14	Surya V
14	A23MSW15	Yuvasr E
15	A23MSW16	Abilash I
16	A23MSW17	Arun P
17	A23MSW18	Chandru K
18	A23MSW19	Gopi Krishnan M
19	A23MSW20	Hathar Basha A
20	A23MSW21	Mugilan M
21	A23MSW22	Murugan M
22	A23MSW23	Rabin S
23	A23MSW24	Sharma S
24	A23MSW25	Sivadharshan A
25	A23MSW26	Mohanakrishnan M
26	A23MSW27	Rajashekar D
27	A23MSW28	Sasi Dharan M
28	A23MSW32	Krishna A
29	A23MSW33	Selcia A
30	A23MSW34	Nirmal Kumar K

Feedback

There was the feedback session after the programme the participants have given their valuable feedback:

- The programme was very useful for understanding.
- The participants thoroughly enjoyed the programme, gaining valuable knowledge and insights.



Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 617 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore - 607001

Activity Report

Report No. **06/2023-24**

Report Title	Promotion of World Mental Health Day
Date	12.10.2023
Information to be Included	a) Report b) Permission Letter (and/or) Circular (and/or) Email (and/or) Brochure (and/or) Invitation c) Glimpses of the event (if required) d) Attendance e) Feedback

Report

PG Department of Social Work organized a Sensitizing Programme at Melazhinjipattu, MGNREGS workers on behalf of the "Promotion of World Mental Health Day" celebration on 12.10.2023. Mrs. Kalaiyarasi, Coordinator of MGNREGS, Melazhinjipattu village arranged MGNREGS workers and elucidated about Psychological issues faced by MGNREGS workers. Then, Mr. Bakthavatchalam, Medical Social Worker, Mahatma Gandhi Medical College and Research Institute, Kirumampakam, Puducherry shared his words about cope with Stress and Depression which helped the workers to tackle the problems in their daily life. He gave "Awareness on Deaddiction and Anger Management Techniques" to the workers. Then V. Veerasakthi, II MSW trainee said about the "Psychological issues faced by the Women in the Society" and gave some suggestion to tackle the issues. Then she mentioned that "Alcohol is a disease which cannot be cured but can be able to control its vigour" and shared some suicide prevention techniques to the workers. Then J. PadmaPriya, II MSW trainee taught about "Sleep Hygiene and Anger Management" to the MGNREGS workers. This programme helped the workers to tackle the problems they face day to day life. Then vote of thanks was delivered by A. Poornima II MSW trainee.



Resource person gave an Awareness on Mental Health



Mrs. V.Veeraskthi, II MSW talked about Psychological problems faced by Women in the society

Signature

Coordinator/Organizing Secretary
Mr. A. Mahimai Kuzhanthai Yesu

Signature

Convener/Head of the Department
Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 617 001

Invitation

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

CUDDALORE - 607001



Affiliated to Annamalai University, Annamalai Nagar - 608 002.
Recognised u/s 2(f) & 12(B) of the UGC Act, 1956
A Christian Minority Institution, Cuddalore - 607 001



PG DEPARTMENT OF SOCIAL WORK

Cordially invites you for the

PROMOTION ON WORLD MENTAL HEALTH DAY

Presided Over by

Rev. Fr. Dr. M. Swaminathan, Secretary

Felicitation

Dr. M. Arumai Selvam, Principal

Dr. J. Jon Arockiaraj, Vice-Principal

Rev. Fr. Dr. S. Xavier, Controller of Examination

Rev. Fr. Dr. A. Alex, Dean of Studies

In the Presence of

Mr. J. Durai Raj, Head

PG Department of Social Work

Resource Persons

Dr. R. Prahankumar, Head Department of Community Medicine,
Mahatma Gandhi Medical College & Research Institute,
SBV Campus, Pudhucherry.

Dr. D. Senkadhirdasan, Assistant Professor,
Mahatma Gandhi Medical College & Research Institute,
SBV Campus, Pudhucherry.

Under the Guidance of

Mr. A. Mahimai Kuzhanthai Yesu,
Assistant Professor,
PG Department of Social Work

Student Organizers

J. Padmapriya (A22MSW13)
A. Poornima (A22MSW14)
V. Veerasakthi (A22MSW25)

Date: 12 - 10 - 2023

Time: 12.30 pm to 1.30 pm

Venue: Melazhinjipattu, Cuddalore.

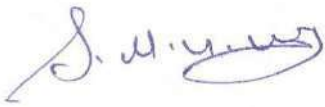
Name list of the beneficiaries

Sl. No.	Name of the Participants
1.	S. Amutha
2.	P. Muthayan
3.	A. Ramanujam
4.	Megala
5.	R. Selvambal
6.	S. Vellaiyammal
7.	R. Sagunthala
8.	V. Nathiya
9.	M.Nagammal
10.	V. Vellayammal
11.	A. Vedhanayagi
12.	V. Karuppamani
13.	Bakiyavathi
14.	P. Priya
15.	R. Rajeshwari
16.	Geetha
17.	Anbarasi
18.	Jayachithra
19.	Sarala
20.	Amirtham
21.	Muthulakshmi
22.	Suganya
23.	Sathisri
24.	Meenashi
25.	Saritha
26.	S. Anjaladevi
27.	N. Anjalai
28.	V. Dhanalakshmi
29.	S. Angammal
30.	N. Vasantha
31.	G. Vasantha
32.	K. Amaravathi
33.	R. Sathiyavani
34.	Sathiyabama
35.	Vaideeswari
36.	Amutha
37.	Pushpaganthi
38.	Dhivya
39.	Vijayalakshmi
40.	R. Tamilarasi
41.	I. Gomathi
42.	N. Sengeni

43.	A. Veerammal
44.	B. Kalyani
45.	K. Sundhari
46.	Ananthi
47.	L. Mahalakshmi
48.	S. Chandra
49.	A. Pakkiriymmal
50.	A. Saroja
51.	T. Sathiya
52.	A. Indhirani
53.	Valarmathi
54.	B. Gunavathy
55.	Muthulakshmi
56.	S. Thilagavathi
57.	D. Pommayammal
58.	R. Maalini
59.	P. Vanitha
60.	P. Lakshmi
61.	S. Theivanai
62.	A. Ganagammal
63.	M. Kuppu
64.	V. Rajeshwari
65.	V. Banu
66.	A. Nagaraj
67.	M. Sagunthala
68.	M. Radha
69.	P. Thenmozhi
70.	S. Anjali
71.	A. Chennaponnu
72.	S. Selvi
73.	P. Maliga
74.	R. Gowari
74.	S. Subulakshmi
75.	D. Sundari
76.	R. Bhanu
77.	S. Thaiyalnayagi
78.	C. Veerapan
79.	M. Shanthi
80.	C. Kala
81.	K. Prunthavathy
82.	S. Ehavalli
83.	S. Lalitha
84.	R. Nirmala

Feedback:

- The MGNREGS workers in Melazhinjipattu, Cuddalore thanked the Trainees to organize the programme.
- This programme helps them to aware about Anger management and Cope with Stress.
- They thanked the Trainee for elucidate about the procedure to admit the ADS patients in the Hospital.



Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 617 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore - 607001

Activity Report	
Report No.	04/2023-24
Report Title	Enrichment Programme on Women Empowerment through Higher Education
Date	11.09.2023.
Information to be Included	a) Report b) Permission Letter (and/or) Circular (and/or) Email (and/or) Brochure (and/or) Invitation c) Glimpses of the event (if required) d) Attendance e) Feedback

Report

II MSW students have organized a programme "Women Empowerment through Higher Education" at Kandaswami Naidu College for Women, Cuddalore on 11.09.2023 between 3 pm and 4.15 pm. The programme was started with the prayer song followed by Tamil Thai vazhthu. Mr. J. Durai Raj, Head, PG Department of Social Work introduced the theme of the programme and Dr. Shafina Begum, Principal of Kandaswami Naidu College, shared about Women Empowerment to the students and appreciated the organizing skills of the MSW Students. The Chief Guest, Dr. J. Jon Arockiaraj, Vice- Principal, St. Joseph's College of Arts and Science (Autonomous) Cuddalore, spoke about the enrichment of women empowerment through education and how education plays a vital role in the life of students. A street play was performed by the students on Women literacy and its importance. Finally, Mrs. Sha Begum, Assistant Professor, Department of English, KNC, addressed the gathering with her warm and encouraging words. The programme came to an end with the national anthem. This programme was organised by K. Priya Nandhini (A22MSW16) and K. Vijayan(A22MSW27) as a requirement for their concurrent field work practicum. In a total of 150 students have participated and benefitted from the programme.



PowerPoint presentation done by the resource person Dr. J. Jon Arokiyaraj, Vice-Principal, St. Joseph's College of Arts and Science (Autonomous), Cuddalore.

Signature

Coordinator/Organizing Secretary
Mr. A. Mahimai Kuzhanthai Yesu



Signature

Convener/Head of the Department
Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Invitation

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
Affiliated to Annamalai University, Annamalai Nagar,
Recognised u/s 2(1) & 12(B) of the UGC Act, 1956
A Christian Minority Institution, Cuddalore - 607001



PG DEPARTMENT OF SOCIAL WORK
Cordially invites you for the sensitizing programme on

***"Women Empowerment through
Higher Education"***

With the Blessings of
Rev. Fr. Dr. M. Swaminathan, Secretary
St. Joseph's College of Arts and Science (Autonomous), Cuddalore.

Inaugural Address
Mr. J. Durai Raj, Head
PG Department of Social Work
St. Joseph's College of Arts & Science (Autonomous), Cuddalore.

In the Presence of
Dr. S. Shafina Banu, Principal
Kandaswamy Naidu Women's College, Cuddalore

Chief Guest
Dr. J. Jon Arackiaraj, Vice-Principal
St. Joseph's College of Arts & Science (Autonomous), Cuddalore

<u>Under the Guidance of</u>	<u>Student Organizers</u>
Mr. A. Mahimai Kuzhanthai Yesu, Assistant Professor, PG Department of Social Work	K. Priyanandhini(A22MSW16) K. Vijayan (A22MSW27)

Date : 11 - 09 - 2023 **Time: 02.30 p.m to 03.30 p.m**

Venue: Abdul Kalam Block, CKNC

Glimpses of the Events



Street play was done on the topic “Importance of women education”



Trainee spoke about the impacts of education

List of Participants

S. NO.	ROLL NUMBER	NAME OF THE STUDENT
1	A22MSW01	Arivunithi A
2	A22MSW02	Arun Kumar P
3	A22MSW03	Aswini G
4	A22MSW04	Balaji M
5	A22MSW05	Dharanidharan P
6	A22MSW06	Haripriya P
7	A22MSW07	Jasline Benadics C
8	A22MSW08	Kastha M
9	A22MSW09	Mythreyi A
10	A22MSW10	Nandini M
11	A22MSW11	Navin Kumar P
12	A22MSW12	Nithiya Sri D
13	A22MSW13	Padmapriya J
14	A22MSW14	Poornima A
15	A22MSW15	Princy E
16	A22MSW16	Priyanandhini K
17	A22MSW17	Ramamoorthy M
18	A22MSW18	Roja D
19	A22MSW19	Samraj Nikhil Shelton S
20	A22MSW20	Sangeetha K
21	A22MSW21	Shakespear N
22	A22MSW23	Thomas Daniel J
23	A22MSW24	Umamaheswari A
24	A22MSW25	Veerasakthi V
25	A22MSW26	Vijaya Kumar A
26	A22MSW27	Vijayan K
27	A22MSW29	Vinitha P
28	A22MSW30	Vishwaa K K
29	A22MSW31	Srikesavan B
30	A22MSW32	Hari Gugan M
31	A22MSW33	Daffny Maria M
32	A22MSW34	Aurosakthi S
33	A22MSW35	John Blessy L
34	A22MSW36	Karen Anitha John
35	A22MSW37	Gnana Prakash G
36	A22MSW39	Akash D
37	A22MSW40	Siva C

Feedback:

At the end of the session, the students provided the feedback regarding the programme and encouraged the organizers by thanking the entire team who are involved in the process of the programme, which was conducted for their empowerment. Around 150 students have participated and benefited through the programme.



Receiving student's feedback

Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001
Activity Report

Report No.	09/2023-24
Report Title	Awareness programme on Promotion of Moral Values among Children
Date	20.09.2023
Information to be Included	a) Report b) Glimpses of the event (if required) c) Attendance d) Feedback

Report

PG Department of Social Work has organized an awareness programme on “Promotion of Moral Values among Children” on 20.09.2023 at 1.30 pm. Mr. P. Mayil Vel, Panchayat President of Thurinjikollai has elaborated on moral values and healthy practices. Followed by this, awareness song on Personal Hygiene was given by I MSW students. The session came to an end with vote of thanks.



The trainee spoke about the Moral Values.

Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Invitation:



PROGRAMME SCHEDULE

**Day 01 ORIENTATION TO MSW STUDENTS ON VILLAGE
19-09-2023 PANCHAYAT**

Time: 09:00 am to 10:00 am **Venue:** Thuringikollai

Resource Person : **Mr. P. Mayil Vel**, Panchayat President, Thuringikollai.

**SURVEY ON SOCIO-ECONOMIC STATUS OF
PEOPLE BY MSW STUDENTS**

Time: 10:30 am to 11:30 am **Venue:** Thuringikollai

**INAUGURAL CEREMONY AND AWARENESS
PROGRAMME ON HYGIENIC HABITS**

Time: 05:30 pm to 06:30 pm **Venue:** Thuringikollai

Chief Guest : **Rev. Fr. Dr. M. Swaminathan**, Secretary,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

Felicitation : **Rev. Fr. Samuel**, M.A., B.Ed.,
Parish Priest, Thuringikollai.

Inaugural Address: **Mr. A. Mahimai Kuzhanthai Yesu**, Assistant Professor,
PG Department of Social Work.

Resource Person : **Mr. J. Durai Raj**, Head,
PG Department of Social Work.

**Day 02 ENTREPRENEURSHIP DEVELOPMENT PROGRAMME
20-09-2023 ON MUSHROOM CULTIVATION**

Time: 09:30 am to 10:30 am **Venue:** Thuringikollai

Chief Guest : **Dr. M. Arumai Selvam**, Principal,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

Resource Person : **Dr. T. Thenmozhi**, Head, Department of Zoology,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

PROMOTION OF MORAL VALUES

Time: 02:00 pm to 03:00 pm **Venue:** Thuringikollai

Chief Guest : **Rev. Fr. Samuel**, M.A., B.Ed., Parish Priest, Thuringikollai.

Resource Person : **Mrs. M. Perkish Salomina**, Assistant Professor,
PG Department of Social Work,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

CAREER GUIDANCE FOR UNEMPLOYED YOUTH

Time: 05:30 pm to 06:30 pm **Venue:** Chinnai Nellikoli

Resource Person : **Mr. A. Mahimai Kuzhanthai Yesu**, Assistant Professor,
PG Department of Social Work,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

List of participants:

S. NO	Roll Number	Name of the Student
01	A23MSW01	Arivu Selvi S
02	A23MSW02	Ashya Begum B
03	A23MSW03	Astline Mariya A
04	A23MSW04	Jothi Stella Mary G
05	A23MSW05	Keethiga S
06	A23MSW06	Kolupooru Lakshmi
07	A23MSW08	Maria Sneha M
08	A23MSW09	Monisha L
09	A23MSW10	Prathipa S
10	A23MSW11	Rithiga I
11	A23MSW12	Seslia D
12	A23MSW13	Srinithi B
13	A23MSW14	Surya V
14	A23MSW15	Yuvasr E
15	A23MSW16	Abilash I
16	A23MSW17	Arun P
17	A23MSW18	Chandru K
18	A23MSW19	Gopi Krishnan M
19	A23MSW20	Hathar Basha A
20	A23MSW21	Mugilan M
21	A23MSW22	Murugan M
22	A23MSW23	Rabin S
23	A23MSW24	Sharma S
24	A23MSW25	Sivadharshan A
25	A23MSW26	Mohanakrishnan M
26	A23MSW27	Rajashekar D
27	A23MSW28	Sasi Dharan M
28	A23MSW32	Krishna A
29	A23MSW33	Selcia A
30	A23MSW34	Nirmal Kumar K

Feedback

There was the feedback session after the programme the participants have given their valuable feedback:

- The programme was insightful experience on moral values.
- The practical examples were very useful for the students to understand.



Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001
Activity Report

Report No.	10/2023-24
Report Title	Awareness Programme on the Yoga and Meditation for Enriching Life
Date	21.09.2023
Information to be Included	a) Report b) Glimpses of the event (if required) c) Attendance d) Feedback

Report

The Yoga and Meditation for Enriching Life" programme was organized by PG Department of Social Work on 21.09.2023 during the Rural Awareness Camp at Thurinjikollai, Bhuvanagiri Taluk, Cuddalore. This session was conducted to bring awareness among the participants for leading a healthy life. The Chief Guest was Dr. J. Jon Arockiaraj, Vice-Principal of our college has shared about the benefits of Yoga and Career guidance to the youth of the village. The Resource Person, Mr. T. G. Shankar, Trainer of Yoga for Human Excellence, Life Coaching and Counselling Service, Puducherry elaborated the importance of practicing Yoga in our daily life. He also gave demonstration of Pranayama and few Asanas with the help of volunteers of I - MSW & school children. Mr. J. Arockia Aruldoss, Assistant Professor of Mathematics motivated the students of Social Work to undertake such practices in their future too. Mr. J. Durai Raj, Head, PG Department of Social Work highlighted the need of self-awareness and self-motivation. He thanked the dignitaries for their august presence. The programme has got over with the plantation of saplings by the dignitaries.



The Chief Guest Mr. J. Arockia Aruldoss, Vice principal, gave a speech on importance of yoga and meditation.

Signature

Coordinator/Organizing Secretary

Mrs. M. Perkish Salomina

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Invitation

Day 03 21-09-2023 **YOGA AND MEDITATION FOR ENRICHING LIFE**

Time: 09:30 am to 10:30 am **Venue:** Thurinjikollai

Chief Guest : **Dr. J. Jon Arockiaraj**, Vice-Principal,
St. Joseph's College of Arts and Science (Autonomous) Cuddalore – 607001.

Resource Person : **Mr. T. G. Shankar**, M.Sc - Yoga for Human Excellence(Professor), MSW(M&P)
Life Coaching and Counseling Service,
Deepam Counseling Services, Puducherry.

RALLY ON ENVIRONMENTAL EDUCATION FOR A BETTER FUTURE

Time: 02:00 pm to 03:00 pm **Venue:** Thurinjikollai

ROLE OF PARENTS ON CHILD DEVELOPMENT

Time: 05:30 pm to 06:30 pm **Venue:** Chinna Nerunam

Chief Guest : **Rev. Fr. Dr. S. Xavier**, Controller of Examination,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

Resource Person : **Mr. J. Durai Raj**, Head,
PG Department of Social Work,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore - 607001.

Day 04 22-09-2023 **PROMOTING ORGANIC FORMING AMONG FARMERS**

Time: 09:30 am to 10:30 am **Venue:** Thurinjikollai

Chief Guest : **Rev. Fr. Dr. A. Alex**, Dean of Studies,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

Resource Person : **Mr. M. Susseendhar**, Organic Forming, Virudhachalam.

SPORTS AND COMPETITION FOR SCHOOL STUDENTS

Time: 02:00 pm to 03:00 pm **Venue:** Thurinjikollai

Resource Person : **Mr. A. John James**, M.A. B.Ed., Head Master,
R.C. Primary School, Thurinjikollai.

IMPACT OF ALCOHOL CONSUMPTION ON FAMILY LIFE

Time: 05:30 pm to 06:30 pm **Venue:** Thurinjikollai

Resource Person : **Mrs. S. Vanathi**, Assistant Professor,
PG Department of Social Work,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore - 607001.

Day 05 23-09-2023 **GENERAL MEDICAL CAMP IN COLLABORATION WITH AARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL AND VALEDICTORY PROGRAMME**

Time: 09:30 am **Venue:** Thurinjikollai

Chief Guest : **Rev. Fr. Dr. S. Charles Edison**, Assistant Professor,
Department of Chemistry,
St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001.

Special Guest : **Dr. K. Jayasingh**, M.D, Director, Hospital Growth & Outreach Services,
Aarupadai Veedu Medical College and Hospital, Pondicherry.

List of participants:

S. NO.	Roll Number	Name of the Student
01	A23MSW01	Arivu Selvi S
02	A23MSW02	Ashya Begum B
03	A23MSW03	Astline Mariya A
04	A23MSW04	Jothi Stella Mary G
05	A23MSW05	Keethiga S
06	A23MSW06	Kolupooru Lakshmi
07	A23MSW08	Maria Sneha M
08	A23MSW09	Monisha L
09	A23MSW10	Prathipa S
10	A23MSW11	Rithiga I
11	A23MSW12	Seslia D
12	A23MSW13	Srinithi B
13	A23MSW14	Surya V
14	A23MSW15	Yuvasr E
15	A23MSW16	Abilash I
16	A23MSW17	Arun P
17	A23MSW18	Chandru K
18	A23MSW19	Gopi Krishnan M
19	A23MSW20	Hathar Basha A
20	A23MSW21	Mugilan M
21	A23MSW22	Murugan M
22	A23MSW23	Rabin S
23	A23MSW24	Sharma S
24	A23MSW25	Sivadarshan A
25	A23MSW26	Mohanakrishnan M
26	A23MSW27	Rajashekar D
27	A23MSW28	Sasi Dharan M
28	A23MSW32	Krishna A
29	A23MSW33	Selcia A
30	A23MSW34	Nirmal Kumar K

Feedback

There was the feedback session after the programme the participants have given their valuable feedback:

- The programme was given the insightful learnings for us.
- The participants gained valuable knowledge and insights.



Signature

Coordinator/Organizing Secretary

Mrs. M. Perkish Salomina



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),
CUDDALORE – 1
PG AND RESEARCH DEPARTMENT OF COMMERCE
AWARENESS PROGRAMME – REPORT**

Title of the Event: An Awareness Programme on “Anti-Corruption and Bribery”

Date : 31-10-2022

Time : 11.30 a.m. (Shift - I)

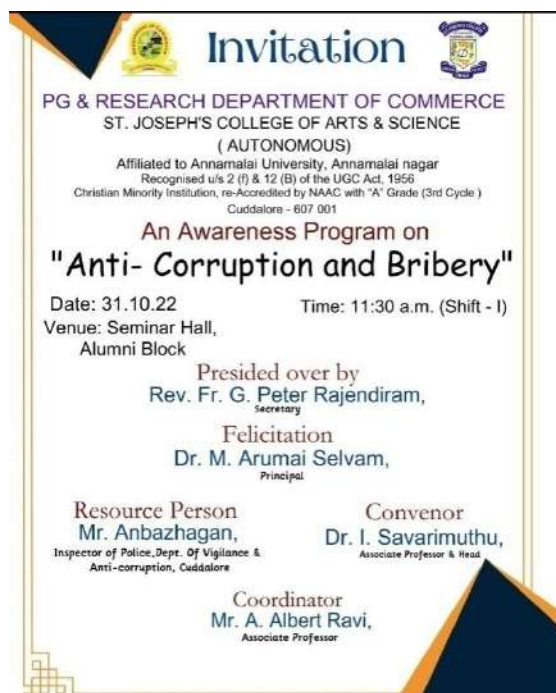
Venue : Seminar Hall, Alumni Block

Speaker : Mr. Anbazhagan, Inspector of Police. Dept. of Vigilance and Anti
-Corruption, Cuddalore

Coordinator : Mr. A. Albert Ravi, Assistant Professor

An awareness Programme on Anti- Corruption and Bribery was conducted in Seminar Hall, Alumni Block on 31-10-2022 at 11.30 a.m. for Shift – I. The inauguration of the programme commenced with a prayer song. Mr. A. Albert Ravi, Staff Secretary of Shift – I delivered the welcome address. Following this, Rev. Fr. G. Peter Rajendiram, Secretary blessed the gathering and delivered his presidential address and he was honored by Dr. I. Savarimuthu Head, PG & Research Department of Commerce. Dr. M. Arumai Selvam, Principal & Head, Department of Computer Science, delivered his Felicitation Address. Dr. I. Savarimuthu, Head PG & Research Department of Commerce, introduced the Speaker. After this, the Speaker, Mr. Anbazhagan, Inspector of Police, Dept. of Vigilance and Anti-Corruption, Cuddalore, started his words of enlightenment toward the Anti- Corruption and Bribery prevailing in day-to-day scenario.

The speaker was able to strongly convey his message and encouraged students to follow the principle of honesty in their lives. The programme was conducted for the UG and PG final year students and Mr. A. Albert Ravi, Assistant Professor proposed the vote of thanks.





Participants of the programme



Mr. Anbazhagan Inspector of Police. Dept. of Vigilance and Anti Corruption, Cuddalore, giving an orientation on Anti-corruption and Bribery


A. ALBERT RAVI, M.Com., M.Phil., MBA,
 Assistant Professor,
 PG & Research Dept. of Commerce
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore - 607001.

Mr. A. Albert Ravi
 Coordinator



Dr. I. SAVARIMUTHU
 M.Com., M.B.A., M.Phil., M.Ed., Ph.D.,
 Associate Professor & Head
 Research Supervisor
 PG & Research Department of Commerce
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore (T.N)-607001, India.

Dr. I. Savarimuthu
 Associate Professor & Head

From

Dr.I.Savarimuthu,
Associate Professor & Head
PG & Research Department of Commerce,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.1

To

Rev.Fr. Secretary,
St. Joseph's College of Arts and Science (Autonomous),
Cuddalore.1

Respected Rev. Fr. Secretary,

Subject: Requesting permission to conduct **Awareness programme** on
Anti- Corruption & Bribery 31.10.2022 and Booking of Hall - Reg.


I humbly bring to your notice that, we are going to conduct **Awareness programme**
on **Anti- Corruption & Bribery** on 31.10.2022 for UG final years Shift – I at 10 a.m.
and also we request you to give permission to conduct the Awareness programme in
Seminar hall, Alumni Block.

Thanking You

Place: Cuddalore

Date: 28
31-10-2022

Yours sincerely,


Dr. I. Savarimuthu
Associate Professor & Head


29/10

To
Mr. Alankar Ravi

List of students participants:**III B. Com A (Shift - I)**

S.N	Roll No.	Names	S.N	Roll No.	Names
1	A20CMDA01	Aathavan Aarish Bhevan J	35	A20CMDA36	Manikandan R
2	A20CMDA02	Abishek R	36	A20CMDA37	Mathew P Chacko
3	A20CMDA03	Ahamed Ali R	37	A20CMDA38	Michael Daison A
4	A20CMDA04	Albert Benjamin Dominique P	38	A20CMDA39	Mohamed Muzammil M
5	A20CMDA05	Amrish K	39	A20CMDA40	Monish Chander V P
6	A20CMDA06	Aravindan P	40	A20CMDA41	Nandha Kumar V
7	A20CMDA07	Aravindhan M	41	A20CMDA42	Naveen V
8	A20CMDA08	Arul Jothi S	42	A20CMDA43	NishantD
9	A20CMDA09	Ashif Ali A	43	A20CMDA44	Parthasarathy S
10	A20CMDA11	Bhuvaneshwaran S	44	A20CMDA45	Prasanth S
11	A20CMDA12	Blessed Miracle S	45	A20CMDA46	Praveen Doss T
12	A20CMDA13	Buvaneshvaran B	46	A20CMDA47	Prem Krishna S
13	A20CMDA14	Chandru S	47	A20CMDA48	Rafis Devaraj S
14	A20CMDA15	Dev Anand E	48	A20CMDA49	Rajaram M
15	A20CMDA16	Dharish S	49	A20CMDA50	Ramakrishnan E
16	A20CMDA17	Dheepak J	50	A20CMDA51	Ramprasanna S
17	A20CMDA18	Dinesh Babu M	51	A20CMDA52	Rishikeshwaran S
18	A20CMDA19	Eswar K G	52	A20CMDA53	Sakthivel G
19	A20CMDA20	Giridharan M	53	A20CMDA54	Sanjai B
20	A20CMDA21	Gokulakrishnan K	54	A20CMDA55	Saranbabu A V
21	A20CMDA22	GururajS	55	A20CMDA56	SasidharanK
22	A20CMDA23	Harish Babu S K	56	A20CMDA59	SivachandranS
23	A20CMDA24	Hemachandiran V	57	A20CMDA60	Sowndharrajan S
24	A20CMDA25	Hemathkannan S	58	A20CMDA61	Sridhar M
25	A20CMDA26	Iyyanar S	59	A20CMDA62	Suresh
26	A20CMDA27	Jayaraj R	60	A20CMDA63	Thamizhvanan A
27	A20CMDA28	Kamaleshkrishna R	61	A20CMDA64	Thilak Raj V
28	A20CMDA29	Karunakaran	62	A20CMDA65	Vasan
29	A20CMDA30	Kirshober R	63	A20CMDA67	Vinodh Kumar M
30	A20CMDA31	Kishore A	64	A20CMDA68	YogeshV
31	A20CMDA32	Kishore S	65	A20CMDA69	Yuvanesh Kumar N
32	A20CMDA33	Lawrence G	66	A20CMDA70	Kerthyvasan B
33	A20CMDA34	Loganathan M	67	A20CMDA71	Sakthimani G
34	A20CMDA35	Lohith J	68	A20CMDA72	Arunkumar G

III B. Com B (Shift - I)


S.N	Roll No.	Names	S.N	Roll No.	Names
1	A20CMDB03	Ajith Kumar K	36	A20CMDB38	Mohammed Anwar HussainN
2	A20CMDB04	Alwin D	37	A20CMDB39	Mohan Ram S
3	A20CMDB05	Antoine Daniel J	38	A20CMDB40	Musthak Ali N
4	A20CMDB06	AravindavasanSJ	39	A20CMDB41	NarendiranB
5	A20CMDB07	Arokia Chinnappa Raj A	40	A20CMDB42	Neetish Kumar T
6	A20CMDB08	Arun C	41	A20CMDB43	NishanthI
7	A20CMDB09	Aswin Babu C	42	A20CMDB44	Prabhakaran N
8	A20CMDB10	Barath R	43	A20CMDB45	Prathap M
9	A20CMDB11	Bhuvaneshwaran V	44	A20CMDB46	Pravin M
10	A20CMDB12	Boopathi M	45	A20CMDB47	Pushparaj A
11	A20CMDB13	Chandra Mouli M	46	A20CMDB48	Raghunandhanan A
12	A20CMDB14	Christopher LeeH	47	A20CMDB49	Rajesh Kumar D
13	A20CMDB15	Dhanush V	48	A20CMDB50	Ramesh Babu B
14	A20CMDB16	DharshanS	49	A20CMDB51	RanjithM
15	A20CMDB17	Dinesh V	50	A20CMDB52	Rohan D
16	A20CMDB18	Ebin Babu	51	A20CMDB53	Samkit Jain
17	A20CMDB19	Ganesh PrabuKS	52	A20CMDB54	Sanjay Kumar T
18	A20CMDB20	GiridharanP	53	A20CMDB55	Sashidharan A
19	A20CMDB21	Gukan V	54	A20CMDB56	Sasidharan V
20	A20CMDB22	Hari Jayanthan H	55	A20CMDB57	Shivendhra KS
21	A20CMDB23	HarshithR	56	A20CMDB58	Shyam Sundhar V
22	A20CMDB24	Hemandeeswar S	57	A20CMDB59	Sivasuriyan S
23	A20CMDB25	Ilanchezhian A	58	A20CMDB60	SrikumarS
24	A20CMDB26	JanarthananV	59	A20CMDB61	Sugumaran S
25	A20CMDB27	JeevaS	60	A20CMDB62	Thamarai Kannan S
26	A20CMDB28	Kaarthik K	61	A20CMDB63	ThasanDK
27	A20CMDB29	Keerthivasan R	62	A20CMDB64	Umashankar N
28	A20CMDB30	Kishour S	63	A20CMDB66	Viknesh V
29	A20CMDB31	Kishore L	64	A20CMDB67	Vishnu Karthik V
30	A20CMDB32	Kolas Andrew P	65	A20CMDB68	Yohasabaresh V
31	A20CMDB33	Logaganeshan R	66	A20CMDB69	Yuvaraj G
32	A20CMDB34	Logeshwaran D	67	A20CMDB71	Balasubramanian.R
33	A20CMDB35	Mahavishnu P	68	A20CMDB72	Jaya Surya B
34	A20CMDB36	Manjeet Purusothaman S	69	A20CMDB73	Gokul D
35	A20CMDB36	Mathivanan K	70	A20CMDB74	Mohamed Eleyas M E
			71	A20CMDB75	Anbarasan P

II M. Com (Shift - I)

S.N	Roll No.	Names	S.N	Roll No.	Names
1	A21MCM02	Anbarasan R	21	A21MCM25	Samreen Fathima AS
2	A21MCM03	Anjela Mercy A	22	A21MCM26	Sandhiya K
3	A21MCM04	Arjune Ram G	23	A21MCM27	Sangeetha J
4	A21MCM05	Arulanandham G	24	A21MCM28	Saraswathi L
5	A21MCM06	Arunkumar A	25	A21MCM30	Siva Sankari V
6	A21MCM07	Bhuvanewari K	26	A21MCM31	Sowmiya S
7	A21MCM08	Deepika Sekar	27	A21MCM32	Swetha D
8	A21MCM12	Janani Sri M	28	A21MCM33	Veeran Subash Chandra Bose C
9	A21MCM13	Jubeerunnisa M	29	A21MCM34	Viknesh G K
10	A21MCM14	Justan V	30	A21MCM35	Nethajee S
11	A21MCM15	Kanagavalli B S	31	A21MCM36	Jayaganesh
12	A21MCM16	Karthik R	32	A21MCM37	Amal Raj X
13	A21MCM17	Kaviselvan M	33	A21MCM38	Gopirajan G
14	A21MCM18	Manju Parkavi M	34	A21MCM39	Monish Babu D
15	A21MCM19	Monesha G P	35	A21MCM40	Hemaprakash V
16	A21MCM20	Moses R	36	A21MCM41	Gajalakshmy R
17	A21MCM21	Niranjani K	37	A21MCM42	Vidhyasankeri V
18	A21MCM22	Parkavi M	38	A21MCM43	Namashivayam A
19	A21MCM23	Prathiveraj V	39	A21MCM44	Narmadha R
20	A21MCM24	Priya Darshni T			


A. ALBERT RAVI, M.Com., M.Phil., MBA,
 Assistant Professor,
 PG & Research Dept. of Commerce
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore - 607001.

Mr. A. Albert Ravi
Co - ordinator


Dr. I. SAVARIMUTHU
 M.Com., M.S.A., M.Phil., M.Ed., Ph.D.,
 Associate Professor & Head
 Research Supervisor
 PG & Research Department of Commerce
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore (T.N)-607001, India.

Dr. I. Savarimuthu
Associate Professor & Head

St. Joseph's College of Arts and Science College, (Autonomous), Cuddalore – 607001

Report on Capacity Development & Skill Enhancement programme on “Physical & Mental Fitness through Yoga”

Report No : 03 / 2022 - 2023

Report Title : Capacity Development & Skill Enhancement programme on “Physical & Mental Fitness through Yoga”

Date : 30.09.2022

The PG & Research Department of Biochemistry organized a Capacity Development & Skill Enhancement programme on Physical & Mental Fitness through Yoga on 30.09.2022 for both Shift I & Shift II students in Rev.Fr.Ratchagar Hall at 11.30am. The chief guest Yogachemmal Dr.MeenaRamanathan, Deputy Director & Associate Professor, School of Yoga Therapy Institute of Salutogenesis & Complementary Medicine, Sri Balaji Vidyapeeth (Deemed to be University), Puducherry highlighted on “Physical & Mental Fitness through Yoga”. She demonstrated and gave practical training asanas for our students to enhance concentration, memory and stress free life. She also taught breathing exercise and exercise to relieve back, shoulder and neck pain. She trained our girl students in asanas especially to strengthen pelvic areas, reduce menstrual cramps, stomach muscles etc. Totally 275 students participated in both the sessions enthusiastically in full vigor.



Dr.MeenaRamanathan, Deputy Director & Associate Professor, a resource person addressing the gathering

The following asanas loosening and breathing exercises were conducted during the sessions:

- ✚ Neck bending
- ✚ Shoulder 's movement
- ✚ Trunk movement
- ✚ Knee movement
- ✚ Bhujangasana
- ✚ Bhramari pranayama
- ✚ Baddhakon asanas
- ✚ Bhujangasana
- ✚ urdhva mukha svanasana
- ✚ hasta uttanasana
- ✚ bitilasana
- ✚ uttanasana
- ✚ urdhva baddha hastasana
- ✚ utkatasana

The life skills training given by our chief guest will really help them to strengthen their mental and physical wellness.


Signature
Organising Secretary
(Dr.S.Silvan)


Signature
Head of the Department
Dr. P. MARIE AROCKIANATHAN,
M.Sc., M.Phil., PGDIPAM., Ph.D.,
Head, PG & Research Dept. of Biochemistry
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore-607 031.



ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)
(Affiliated to Annamalai University, Chidambaram)
(A Christian Minority Institution, Recognized u/s 2(f) & 12 (B) of the UGC Act, 1956)
CUDDALORE – 607 001



PG & RESEARCH DEPARTMENT OF BIOCHEMISTRY
We cordially invite you for the
Capacity Development & Skill Enhancement programme
On
Physical & Mental Fitness through Yoga

Chief Patron
Rev.Fr.G.Peter Rajendiram, Secretary,

Resource Person
Yogachemmal Dr.Meena Ramanathan,
Deputy Director & Associate Professor, School of Yoga Therapy
Institute of Salutogenesis & Complementary Medicine
Sri Balaji Vidyapeeth (Deemed to be University), Puducherry

Felicitation
Dr. M. Arumai Selvam, Principal
Dr. J. Jon Arockiaraj, Vice-Principal
Rev. Fr Dr. S. Xavier, Controller of Examinations
Rev. Fr Dr. A. Alex, Dean of Studies

Convener
Dr. P.Marie Arockianathan
Head, PG & Research Department of Biochemistry

Venue : Rev.Fr. M.A. RATCHAGAR HALL
Date : 30.08.2022
Time : Shift I: 11.30AM to 01.00 PM
Shift II: 01.30 PM to 3.30 PM

Staff & Students
PG & Research Department of Biochemistry

Invitation for “Capacity Development & Skill Enhancement programme on Physical & Mental Fitness through Yoga”



Students doing an asana



Dr.Meena Ramanathan, the resource person to give a practical training asanas for our students

St. Joseph's College of Arts and Science College, (Autonomous), Cuddalore – 607001

Report on Capacity Development & Skill Enhancement programme on “Physical & Mental Fitness through Yoga”

Report No : 03 / 2022 - 2023

Report Title : Capacity Development & Skill Enhancement programme on “Physical & Mental Fitness through Yoga”

Date : 30.09.2022

List of Participants

SL.NO	Roll No	Name of the Student	Signature
1.	A22BCE01	ABINAYA L	A Binaya L
2.	A22BCE02	ABITHA B	Abitha B
3.	A22BCE03	AFRIN M	Afrin M
4.	A22BCE04	ARTHI M	Arthi M
5.	A22BCE05	ARUNA S	Aruna S
6.	A22BCE06	ASHVATHI G	Ashvathi G
7.	A22BCE08	DHARANI P	Dharani P
8.	A22BCE09	DURGA KI	Durga K I
9.	A22BCE11	FARHANA BEGAM M	Farhana Begam M
10.	A22BCE12	GURUPRIYA P	Gurupriya P
11.	A22BCE13	HARITHA V	Haritha V
12.	A22BCE14	ISWARIYA A	A. Iswariya
13.	A22BCE15	JESIMA PARVEEN A	Jesima Parveen A
14.	A22BCE16	JOMARI LERINA P	P. Jomari Lerina
15.	A22BCE17	KAMALI D	D. Kamali
16.	A22BCE18	KEERTHANA N G	N. G. Keerthana
17.	A22BCE19	KEERTHIKA P	Keerthika P
18.	A22BCE20	MALLIGA A	A. Malliga
19.	A22BCE21	NITHYA L	L. Nithya
20.	A22BCE22	PRIYA S	Priya S
21.	A22BCE23	RAJALAKSHMI A	A. Rajalakshmi
22.	A22BCE24	RESHMA S	S. Reshma
23.	A22BCE25	RITHIKA T	T. Rithika
24.	A22BCE26	RUBY JOBITHAM A	Ruby Jobitham A
25.	A22BCE27	SABIKA S	S. Sabika
26.	A22BCE28	SAHERA BABU	Shahera Babu
27.	A22BCE29	SAMIRA SHEERIN S	Samira Sheerin S
28.	A22BCE30	SANDHIYA J	J. Sandhiya
29.	A22BCE31	SANDHIYA M	M. Sandhiya
30.	A22BCE32	SANTHIYA L	L. Santhiya
31.	A22BCE33	SANTHIYA R	R. Santhiya
32.	A22BCE34	SELVI ANBARASI A	Selvi Anbarasi A
33.	A22BCE35	SIVA SAKTHI B	B. Siva Sakthi
34.	A22BCE36	SOWMIYA N	N. Sowmya

Dr. P. MARIE AROCCIANATHAN,
M.Sc., M.Phil., PGDHRM., Ph.D.,
Head, PG & Research Dept. of Biochemistry
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore-607 001.

35.	A22BCE37	SWETHA A	Swetha. A.
36.	A22BCE39	SWETHA T	
37.	A22BCE40	VARSHA S	varsha
38.	A22BCE41	VASUKI B	
39.	A22BCE42	YOGALAKSHMI M	yogalakshmi M
40.	A22BCE43	VIMALA M	vimala
41.	A22BCE44	PRIYADHARSHINI P	Priyadharshini
42.	A22BCE45	AYEESHA SITHIKA K	Ayeesha
43.	A22BCE46	AFRIN BANU M	Afrin
44.	A22BCE47	SWETHA S	Swetha
45.	A22BCE48	KANISHKA K	Kanishka
46.	A22BCE49	SWETHA M	Swetha
47.	A22BCE50	GEETHA PRIYA D	Geetha
48.	A22BCE51	NARASIMMA BHARATHI G	Narasimma
49.	A22BCE52	AJEETHA P	Ajeetha
50.	A22BCE53	ANJALI S	Anjali S
51.	A22BCE54	ISHWARYA S	Ishu
52.	A21BCE01	ABINAYA T	Abinaya
53.	A21BCE02	ABITHA T	Abitha
54.	A21BCE03	AFRAH N	Afraha
55.	A21BCE04	ANITHA P	Anitha
56.	A21BCE05	DEEPA T	Deepa
57.	A21BCE06	DEVA VARSHNI L	Deva Varshni L
58.	A21BCE07	DEVADHARSHINI R	Devadharshini
59.	A21BCE09	ELAKIYA D	Elakia
60.	A21BCE10	ELAKKIA DEVI S	Elakia
61.	A21BCE11	GAYATHRI R	Gayathri
62.	A21BCE12	HEMA	Hema
63.	A21BCE13	HEMAPRIYA L	Hemapriya
64.	A21BCE14	JAYASRI S	Jayasri
65.	A21BCE15	KALPANA S	Kalpana
66.	A21BCE16	KOGILA A	Kogila
67.	A21BCE17	LILLY DEVI B	Lilly Devi
68.	A21BCE18	MAHALAKSHMI V	Mahalakshmi
69.	A21BCE19	MEERA JASMINE S	Meera
70.	A21BCE20	MONISHA B	Monisha B
71.	A21BCE21	NANDHINI M	Nandhini
72.	A21BCE22	NANDHINI S	Nandhini
73.	A21BCE23	NANTHINI M	Nanthini
74.	A21BCE24	NITHYA A	Nithya
75.	A21BCE25	PRABA J	Praba
76.	A21BCE26	PRAVEENA E	Praveena E
77.	A21BCE27	PRIYADARSHINI S P	Priyadarshini
78.	A21BCE28	PRIYANKA N	Priyanka N
79.	A21BCE29	PRIYATHARSHINI A	Priyatharshini

Dr. P. MARJE AROCKIANATHAN
 Head & Associate Professor
 PG & Research Dept. of Biochemistry
 St. Joseph's College of Arts & Science (Autonomous)

80.	A21BCE30	RAJALAKSHMI R	Rajalakshmi R
81.	A21BCE31	RAJESHWARI R	Rajeshwari R
82.	A21BCE32	RAMYA M R	Ramya M.R
83.	A21BCE33	RENUKA DEVI P	Ramya M.R.
84.	A21BCE34	ROFEENA Y	Rofeena Y
85.	A21BCE35	SANGEETHA S	Sangeetha S
86.	A21BCE36	SARASWATHI S	Saraswathi S
87.	A21BCE37	SHOBANA K	Shoba K
88.	A21BCE38	SIVASANGARI S	Sivasangari S
89.	A21BCE39	SNEHA	Sneha
90.	A21BCE40	SOUNDARIYA M	Soundariya M
91.	A21BCE41	SUJITHA M	Sujitha M
92.	A21BCE42	SUSMITHA P	Susmitha P.
93.	A21BCE43	SURUTHI E	Suruthi E
94.	A21BCE44	SWETHA S	Swetha S
95.	A21BCE45	UMAMAHESWARI S	Umamaheswari S
96.	A21BCE46	VIDHYA V	Vidhya V
97.	A21BCE47	VINNARASI L	Vinnarasi
98.	A21BCE48	VINOTHINI V	Vinothini V
99.	A21BCE50	PRIYADHARSHINI S	Priyadharshini S
100.	A21BCE52	ABINAYA I	Abinaya I
101.	A21BCE53	VENNILA S	Vennila
102.	A21BCE54	DIVYA G	Divya G
103.	A20BCE01	BALA B	Bala B
104.	A20BCE02	DEIVANAYAKI V	Deivanayaki V
105.	A20BCE03	DHARANI V	Dharani V
106.	A20BCE04	GANGADEVI S	Gangadevi
107.	A20BCE05	HARINI S N	Harini
108.	A20BCE06	ILAMATHI B	Ilamathi B
109.	A20BCE08	JEEVITHA P	Jeevitha
110.	A20BCE09	KARISHMA K	Karishma K
111.	A20BCE10	KAVIYA G	Kaviya
112.	A20BCE11	MONISHA S	Monisha S
113.	A20BCE12	NIVETHA VAISHNAVI T	Nivetha Vaishnavi T
114.	A20BCE13	PAVITHRA G	Pavithra
115.	A20BCE14	PRIYANGA R	Priyanga R
116.	A20BCE15	SANJANA E	Sanjana E
117.	A20BCE16	SWAPNA L	Swapna
118.	A20BCE17	SWETHA B	Swetha
119.	A20BCE19	TAMILSELVI H	Tamilselvi H
120.	A20BCE20	VALLIYAMMAI M	Valliyemmai M
121.	A20BCE21	VANITHA M	Vanitha M
122.	A20BCE22	VIDHYA V	Vidhya
123.	A20BCE23	VINOTHINI M	Vinothini M
124.	A20BCE24	NANDHINI B	Nandhini B

Dr. P. MARIE AROCKIANATHAN
 Head & Associate Professor
 PG & Research Dept. of Biochemistry
 St. Joseph's College of Arts & Science (Autonomous)
 Palayamkottai

125.	A20BCE25	MERCY MARGARET A	Mercy Margaret A.
126.	A20BCE26	NISHANTHY K	Nishanthi K.
127.	A20BCE27	KIRUTHIKA S	Kiruthika S.
128.	A20BCE28	THULASI D	Thulasi D.
129.	A20BCE29	VAITHEESWARI K	Vai theeswari K.
130.	A20BCE30	BHUVANESWARI S	Bhuvaneshwari S.
131.	A20BCE31	GANGA T	Ganga T.
132.	A20BCE32	SUBATHRA B	Subathra B.
133.	A20BCE33	DIPISITHA E	Dipisitha E.
134.	A20BCE34	SNEGA G	Sneha G.
135.	A20BCE35	INDHUMATHI S	Indhumathi S.
136.	A20BCE36	SANAAFRIN A	Sanaafrin A.
137.	A20BCE37	AARIYAMALA P	Aariyamala P.
138.	A20BCE38	JANCI CORNALIYOU S M	Janci Cornaliyou S M.
139.	A20BCE39	SHABANABEGUM A	Shabanabegum A.
140.	A20BCE40	JAGADEESHWARI S	Jagadeeshwari S.
141.	A20BCE41	PRIYATHARSHINI S	Priya R.
142.	A20BCE43	THIRUKANIMOZHI P	Thirukanimozhi P.
143.	A20BCE44	PREETHI A	Preethi A.
144.	A20BCE45	NIVETHA D	Nivetha D.
145.	A20BCE46	JAYASAKTHIYA S	Jayasakthiya S.
146.	A20BCE47	PATIL SHEETAL	Patil Sheetal.
147.	A20BCE48	SHALINI D	Shalini D.
148.	A20BCE49	ABITHA S	Abitha S.
149.	A20BCE50	DHARSHINI S	Dharshini S.
150.	A20BCE51	JANANI B	Janani B.
151.	A20BCE52	MAHALAKSHMI R	Mahalakshmi R.
152.	A20BCE53	VINOTHINI I	Vinothini I.
153.	A20BCE54	SANJU ROSHINI R	Sanju Roshini R.
154.	A20BCE55	HARINI C	Harini C.
155.	A20BCE56	SWETHA M	Swetha M.
156.	A20BCE58	SERENA ANTUVANETE J	Serena Antuvanete J.
157.	A22BCD01	ARULRAJAN R	ArulRajan R.
158.	A22BCD02	ARUN S	Arun S.
159.	A22BCD03	ARUNACHALAM K	Arunachalam K.
160.	A22BCD04	ASKAR ALI B	Askar Ali B.
161.	A22BCD05	ASWIN RAM G	Aswin Ram G.
162.	A22BCD06	BALACHANDAR K	Balachandar K.
163.	A22BCD08	CHANDRU S	Chandru S.
164.	A22BCD09	DHANUSH M	Dhanush M.
165.	A22BCD11	EASWAR B	B. Easwar
166.	A22BCD12	REEKAN SALAMAN F	Reekan Salaman F.
167.	A22BCD14	HABIBUR RAHMAN M	Habibur Rahman M.
168.	A22BCD15	KALIAPERUMAL S	Kaliaperumal S.
169.	A22BCD16	KRISHNARAJ T	Krishnaraj T.

Dr. P. MARJE AROCKIANATHAN
 Head & Associate Professor
 PG & Research Dept. of Biochemistry
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore - 607 001.

170.	A22BCD17	LAKSHMANAN M	Lakshmanan
171.	A22BCD18	LOGENDIRAN S	Logendiran S
172.	A22BCD21	MOHAMED AJEEZ M	Mohamed
173.	A22BCD23	NIRMAL RAJ M	Nirmal Raj M
174.	A22BCD25	RAJADURAI V	Rajadurai V
175.	A22BCD26	RAJESH K	Rajesh K
176.	A22BCD27	RANJITH A	Ranjith A
177.	A22BCD28	RATHISHWARAN B	Rathishwaran B
178.	A22BCD29	SETHUBATHI K	Sethubathi K
179.	A22BCD30	SIVANATHAN S	S. Sivanathan
180.	A22BCD31	SUDHARSANAN S	Sudharsanan
181.	A22BCD32	SUGUMARAN S	Sugumaran
182.	A22BCD34	SANTHOSH K	Santhosh K
183.	A22BCD35	SENJORKINIYAN V	Senjorkiniyan
184.	A22BCD37	SRIDHAR J	Sridhar
185.	A22BCD38	MATHAN B	Mathan B
186.	A22BCD39	SELVA G	Selva
187.	A22BCD40	VISHAL B	Vishal
188.	A22BCD41	BARANITHARAN B	Baranitharan
189.	A22BCD42	MUGESH M	Mugesh M
190.	A22BCD43	JAGATHEESHWARAN R	Jagatheeswaran
191.	A22BCD45	DHINESH S	Dhinesh
192.	A22BCD47	JAYA SURYA S	Jaya Surya
193.	A22BCD48	JEEVAN B	B. Jeeran
194.	A20BCD01	ADHI SHANKAR T	Adhi
195.	A20BCD02	BALA K	Bala
196.	A20BCD04	DHINESH G	Dhinesh G
197.	A20BCD05	DINESHKARAN N	Dineshkar N
198.	A20BCD07	KINGSOLOMON KENEDY A	Kingsolomon
199.	A20BCD08	MUKESH MENAN M	Mukesh Menan
200.	A20BCD09	PAZHANI R	Pazhani R
201.	A20BCD10	PRAKASH R	Prakash R
202.	A20BCD11	SASIVINU M	Sasivinu
203.	A20BCD12	SHANMUGAPRIYAN K	Shanmugapriyan
204.	A20BCD13	SRIVATSAN S	Srivatsan
205.	A20BCD15	UDHAYAKUMAR M	Udayakumar M
206.	A20BCD16	VASEEGARAN S	Vaseegaran S
207.	A20BCD18	SAIKUMAR S	Saikumar
208.	A20BCD19	JAGADISHWARAN M	Jagadishwaran
209.	A20BCD20	ANTONY JOY D	Antony Joy
210.	A20BCD22	BALAJI R	Balaji R
211.	A20BCD23	NITHISHWARAN V	Nithishwaran V
212.	A20BCD24	ARUNKUMAR A	Arunkumar
213.	A20BCD25	KABILAN S	Kabilan S
214.	A20BCD26	DHANABAL K	Dhanabal K

Dr. P. MARIE AROCKIANATHAN
 Head & Associate Professor
 PG & Research Dept. of Biochemistry
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore - 607 001.

215.	A20BCD27	DHINAKARAN S	Dhinakaran S
216.	A20BCD28	VIJAY V	Vijaya V.
217.	A20BCD29	DINESH P	Dinesh P.
218.	A20BCD32	RAVIKUMAR M	Ravi M.
219.	A20BCD33	THANISHWARAN K	Thanishwaran K.
220.	A20BCD35	NAVEEN CHANDAR S	Naveen Chandar S.
221.	A20BCD36	KAVINASH E	Kavinash E.
222.	A20BCD37	SIVA R	Siva R.
223.	A20BCD39	KAVIYARASAN P	Kaviyarasan P.
224.	A20BCD40	VIGNESHWARAN P	Vigneshwaran P.
225.	A20BCD41	BHARATH RAJ R	Bharath Raj R.
226.	A20BCD42	NIRMAL RAJ M	Nirmal Raj M.
227.	A22MBC01	ABINAYA G	Abinaya G.
228.	A22MBC02	ANANDHALAKSHMI R	Anandhalakshmi R.
229.	A22MBC03	AVINASH M	Avinash M.
230.	A22MBC04	BHARATH VIMALRAJ C	Bharath Vimalraj C.
231.	A22MBC05	BHUVANA M	M. Bhuvana.
232.	A22MBC06	DAVASEELAN T	Davaseelan T.
233.	A22MBC07	DINESH RAJ S	Dinesh Raj S.
234.	A22MBC08	ILANGODI R	Ilangothi R.
235.	A22MBC09	ISHWARYA S	Ishwarya S.
236.	A22MBC10	JAYASHREE S	Jayashree S.
237.	A22MBC12	KAMALI R	R. Kamali.
238.	A22MBC13	KARTHIKEYAN K	Karthikeyan K.
239.	A22MBC14	LEELA VARSHINI R	Leela Varshini R.
240.	A22MBC15	MANOJKUMAR K	Manoj Kumar K.
241.	A22MBC16	PITHAA MENCY D	Mency D.
242.	A22MBC17	PRAVINA A	Pravina A.
243.	A22MBC18	RESHMA I	Reshma I.
244.	A22MBC19	SANGEETHA R	Sangeetha R.
245.	A22MBC20	SARWESHVARAN S	Sarweshwaran S.
246.	A22MBC21	SATHISH KUMAR M	Sathish Kumar M.
247.	A22MBC22	SHARMILA T	Sharmila T.
248.	A22MBC24	SOUNDHAR R	Soundhar R.
249.	A22MBC25	SUPRIYA M	Supriya M.
250.	A22MBC26	YOGESH K	Yogesh K.
251.	A21MBC01	AJITH A	Ajith A.
252.	A21MBC02	AJITH KUMAR R	Ajith Kumar R.
253.	A21MBC03	BALAMURUGAN P	Balamurugan P.
254.	A21MBC04	BHARATHI R	Bharathi R.
255.	A21MBC05	DINESH KUMAR T	Dinesh Kumar T.
256.	A21MBC06	LAKSHMI R	Lakshmi R.
257.	A21MBC07	MEENA K	Meena K.
258.	A21MBC08	MEYYARASAN E	Meeyarasan E.
259.	A21MBC09	NIVETHA N	Nivetha N.

Dr. P. MARJE AROCKIANATHAN
 Head & Associate Professor
 PG & Research Dept. of Biochemistry
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore - 607 001.

260.	A21MBC10	PRAVEEN KUMAR P	<i>P. Praveen Kumar P.</i>
261.	A21MBC11	PRIYA L	<i>Priya L</i>
262.	A21MBC12	RAJARAJESHWARI R T	<i>Rajarajeswari R.T</i>
263.	A21MBC13	RAJPRIYA R	<i>P. Rajpriya</i>
264.	A21MBC14	REVATHI S	<i>Revathi S</i>
265.	A21MBC15	SANTHIYA DEVI S	<i>Santhiya Devi S</i>
266.	A21MBC16	SATHISH KUMAR S	<i>Sathish Kumar S</i>
267.	A21MBC18	SENTHAMIZHSELVAN A	<i>Senthamizhselvan A</i>
268.	A21MBC19	SHALINI B	<i>B. Shalini</i>
269.	A21MBC20	TAMIZHARASAN S	<i>Tamizharasan S.</i>
270.	A21MBC21	VELAN V	<i>Velan V</i>
271.	A21MBC22	VINITH KUMAR P	<i>Vinith Kumar P.</i>
272.	A21MBC23	VISHNU VARTHAN M	<i>Vishnu Varthan M</i>
273.	A21MBC24	ARAVINDH RAJ A	<i>Aravindh Raj A</i>
274.	A21MBC25	BARANI DHARAN S	<i>Barani Dharan S.</i>
275.	A21MBC26	GOWTHAM K	<i>Gowtham K</i>

S. Silvan

Signature
Organising Secretary
(Dr.S.Silvan)

P. Marie Arockianathan

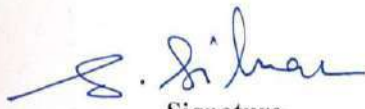
Signature
Head of the Department

Dr. P. MARIE AROCKIANATHAN,
M.Sc., M.Phil., PGDHRM., Ph.D.,
Head, PG & Research Dept. of Biochemistry
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore-607 001.

Feedback Survey

The feedback from the students

1. The breathing exercise I learned to calm me was very effective. (Reshma.I- A22MBC18)
2. The meditation techniques was very useful in my day life. (Ilango.R-A22MBC08)
3. I really enjoyed and recommend these meditation techniques to others. (Shalini.B-A21MBC19)



Signature

Organising Secretary
(Dr.S.Silvan)



Signature

Head of the Department

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M.Sc., M.Phil., PGDHRM., Ph.D.,
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St. Joseph's College of Arts & Science (Autonomous)
Cuddalore-607 001.

St. Joseph's College of Arts & Science (Autonomous), Cuddalore –607001.

PG & Research Department of English

**CAPACITY DEVELOPMENT PROGRAMME ON
AWARENESS ON CYBER CRIME**

PG & Research Department of English, organised a Capacity Development Programme on, 'Awareness on Cyber Crime' on 17.03.2023 through Spectator Club (An Intradepartmental Club). The awareness programme began with the blessings of Rev.Fr.Secretary. Mr. A. Napoleon Joseph, Assistant Professor of English welcomed the gathering. Dr.M.Arumai Selvam, Principal, felicitated the programme and honoured the Chief Guest with a shawl. Dr. L. Santhanaraj, Head (I/C) Department of History & NSS Officer (Unit I) introduced the Chief Guest Mrs. P. Kavitha, Inspector of Police, Crime Branch, Cuddalore. The resource person made awareness on cybercrime and its effects to the students. Mr.V.R.Suresh Kumar, Head, PG & Research Department of English, thanked the gathering. 369 students of UG & PG, Department of English (Shift I & II) participated and benefitted from the programme.



The Principal was addressing the gathering



Students listening the resource person's speech



ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)
(A CHRISTIAN MINORITY INSTITUTION)
AFFILIATED TO ANNAMALAI UNIVERSITY, ANNAMALAI NAGAR.
RECOGNISED U/S 2(f) & 12 (B) OF THE UGC ACT 1956.
CUDDALORE – 607001



SPECTATOR CLUB
(An Intradepartmental Club)
PG & RESEARCH DEPARTMENT OF ENGLISH
cordially invites you to a programme on capacity development

AWARENESS ON CYBER CRIME

on

17.03.2023

11.30 a.m. – 12.30 p.m.

RESOURCE PERSON

Tmt. P. Kavitha,

Inspector of Police,
Cyber Crime,
Cuddalore.

Chief Patron

Rev. Fr. G. Peter Rajendiram
Secretary

Patron

Dr. M. Arumai Selvam
Principal

VENUE: Alumni Hall

Programme Coordinators

Mr.A.Napolean Joseph
Ms. A. Isabella
Assistant Professors of English

Convenor

Mr.V.R.Suresh Kumar
Assistant Professor &Head,
PG & Research Department of English

LIST OF PARTICIPANTS

S. No.	ROLL NUMBER	NAME OF THE STUDENTS
1.	A22MAE02	DANIEL PRINCED
2.	A22MAE04	JEGADEESWARIK
3.	A22MAE05	KARTHIKAK
4.	A22MAE06	KARUNYAGETZEES
5.	A22MAE07	KAVIYAP
6.	A22MAE08	KOWSIKAM
7.	A22MAE09	LEEBANAMERCYA
8.	A22MAE10	LOURDHURAJA
9.	A22MAE11	MELVINMM
10.	A22MAE12	PADAMASUNDARYB
11.	A22MAE13	POOJA P
12.	A22MAE14	PRIYANKAE
13.	A22MAE15	RASHIDHABANUF
14.	A22MAE16	SANTHAKUMARK
15.	A22MAE17	THINISHAS
16.	A22MAE18	YOGESHALBERTCHRISTIRAJ S
17.	A22MAE19	SRIRAMM
18.	A22MAE20	RAGULK
19.	A22MAE21	MIRUDHULAC
20.	A21MAE01	ABILASH I
21.	A21MAE02	AJEETHKUMARA
22.	A21MAE03	ANBOLIP
23.	A21MAE04	ARCHANAK
24.	A21MAE07	JONAP
25.	A21MAE08	KAMARAJ B

26.	A21MAE09	KANIMOZHIPP
27.	A21MAE10	KARANG
28.	A21MAE11	KEERTHIKAL
29.	A21MAE12	KESAVARTHINIR
30.	A21MAE13	KIRUBANITHIM
31.	A21MAE15	LOGESHWARIP
32.	A21MAE17	MUTHUANUSUVETHA.M
33.	A21MAE18	PRADEEPAR
34.	A21MAE19	PRATHIKSHASHALOMA
35.	A21MAE20	SIVASANKARIK
36.	A21MAE21	SRISWAATHIPR
37.	A21MAE22	THIRUMAVALAVANK
38.	A21MAE23	VIJAYANANDHV
39.	A21MAE24	VIJAYVARMAVG
40.	A21MAE26	SATHIYAPRIYAA
41.	A21MAE27	VIJAYSHARMAR
42.	A21MAE28	SOUNDHARYAN
43.	A21MAE29	REEGANRJ
44.	A21MAE30	RAGULDRAVIDM
45.	A21MAE31	ANCYMERINAL
46.	A21MAE32	SUNITHA R
47.	A20END01	ABIYOUTHF
48.	A20END02	AGNIVELV
49.	A20END04	DAVIDRAJA E
50.	A20END05	DHANUSH A
51.	A20END06	GNANAABISHEKH
52.	A20END07	GANAPATHIS

26.	A21MAE09	KANIMOZHIPP
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50.	A20END05	DHANUSH A
51.	A20END06	GNANAABISHEKH
52.	A20END07	GANAPATHIS

53.	A20END08	JEEVANRAJE
54.	A20END09	JOELA
55.	A20END10	KEVINSAMUELJ
56.	A20END11	MANIMARANR
57.	A20END12	PRANAVAKASHK
58.	A20END13	RAJANBABUK
59.	A20END14	SABARIVASANK
60.	A20END15	SHANDEEPA
61.	A20END16	SHARMAV
62.	A20END17	SIVAPRADEEPB
63.	A20END18	SUNDAREESHWARS
64.	A20END20	YASHVANTHKUMARV
65.	A20END21	ARAVINDHASAMYK
66.	A20END22	DURAIMURUGANM
67.	A20END23	VISHVAR
68.	A20END26	PRITHIVIY
69.	A20END27	VIMALRAJL
70.	A20END28	MUKESHM
71.	A20END29	GODWINJ
72.	A20END30	BALRAJV
73.	A20END31	JOHNMOHANDASSJ
74.	A20END32	HARIHARANJ
75.	A20END33	ANBARASANM
76.	A20END35	VISHALANTONYA
77.	A20END37	BILLGATEST
78.	A20END39	ROSILANP
79.	A20END40	VENKATESANH

80.	A20END41	SUMANM
81.	A20END42	THAMARAISELVANH
82.	A20END43	MUGILANM
83.	A20END44	KURALARASANCK
84.	A20END46	MUKESHM
85.	A20END47	MANISHPAULM
86.	A20END48	VELMURUGAN K
87.	A20END49	SANJAYAKUMAR S
88.	A20END50	BABUM
89.	A20END51	JEEVAS
90.	A20END53	SANTHOSHS
91.	A20END54	BHARATHS
92.	A20END55	SATHEESHKUMARG
93.	A20END56	ABISHEKA
94.	A20END57	MANIKKAMG
95.	A20END60	RAGULS
96.	A20END62	HARISHG
97.	A20END63	HARIGURUMOORTHYA
98.	A20END66	IYYAPPAN R
99.	A20END68	LOGESH C
100.	A20END69	PARTHASARATHYS
101.	A20END70	SUSENDARK
102.	A20END71	THIRUMALAIVASANP
103.	A20END72	ABISHEKM
104.	A20END73	RAMKUMARR
105.	A20END74	SRIDHARAN A
106.	A20END76	SATHYANARAYANANR

107.	A20END78	VIGNESHA
108.	A20END80	AMUDHANV
109.	A20END81	SANTHOSHKUMARM
110.	A20END82	RAMANIS
111.	A20END83	AJAIKUMARS
112.	A20END84	SATHIYANARAYANAN V
113.	A20END85	ATHISHANKARM
114.	A20END87	CHANDRU
115.	A21END01	AAKASHKUMAR.A
116.	A21END02	AJITH.P
117.	A21END03	AKASHDANIEL.M
118.	A21END04	AKASH.M
119.	A21END06	BALACHANDAR.R
120.	A21END07	BALACHANDAR.R
121.	A21END08	DAVIDPUSHPARAJ.A
122.	A21END09	GANAPATHY.G
123.	A21END10	HARISH.J
124.	A21END11	HARSHAVARDHAN.A.S
125.	A21END12	IMMANUEL.M
126.	A21END13	JEEVANANDHAM.V
127.	A21END14	KAMESHWARAN.P
128.	A21END15	KUMARAVEL.S
129.	A21END16	KUMARESH.I
130.	A21END17	LOGESHVELAN.M
131.	A21END18	MANOJ.R
132.	A21END19	MOHAMEDARSHADKHAN.A
133.	A21END20	PERIYANAYAGAMMAHIMAIRAJ.J

134.	A21END22	RAMKUMAR.I
135.	A21END23	RUBANDIYAS.A
136.	A21END24	RUTHRESHWARA RAJA.V
137.	A21END25	SABARIS
138.	A21END26	SADHISHRAJ.K
139.	A21END27	SANJAIKUMAR.S
140.	A21END28	SATHISH KUMAR.S
141.	A21END29	SHANMUGAM.T
142.	A21END30	SHARANRAJ.B
143.	A21END32	SURENDAR.S
144.	A21END33	SUSAIRUBANRAJ.K
145.	A21END34	THAMIZHSELVAN.G
146.	A21END35	VALLALPERUMAN.S
147.	A21END36	VENDHAN.D
148.	A21END37	VIGNESH.M
149.	A21END38	VISHNU.R
150.	A21END39	VIKNESH.M
151.	A21END40	RAMANKISHORE.H
152.	A21END41	SELVARATHINAM.P
153.	A21END42	CHIRAAG.L
154.	A21END44	AKASH.A
155.	A21END45	SANJAI.V
156.	A21END46	ASWIN.S
157.	A21END47	ARUNPRAVEEN.A
158.	A21END51	ANTHREDYSON.A
159.	A21END52	RITHIK.M
160.	A22ENDA01	ANVARJACOBS

161.	A22ENDA02	ARAVAMUTHANJ
162.	A22ENDA03	ADALARASANS
163.	A22ENDA04	ATHEEFHUSSAINA
164.	A22ENDA05	BENISON SAMUELM
165.	A22ENDA06	CHANDRUR
166.	A22ENDA07	DHARANIDHARANT
167.	A22ENDA08	DHINESHJ
168.	A22ENDA11	JAYAPRAKASHR
169.	A22ENDA12	LEOLEFRANEC
170.	A22ENDA13	MADHANS
171.	A22ENDA14	MUKILANK
172.	A22ENDA15	MUKILVANNANP
173.	A22ENDA16	MUTHAMIZHR
174.	A22ENDA17	NAVEENKUMARB
175.	A22ENDA18	NETHAJIA
176.	A22ENDA19	PERAZHAGANV
177.	A22ENDA21	PUGAZHENTHI G
178.	A22ENDA22	RAVISANKARS
179.	A22ENDA24	SARSONP.S
180.	A22ENDA26	THANISHAKASH
181.	A22ENDA28	VIGNESHV
182.	A22ENDA29	VIGNESHWARN
183.	A22ENDA30	YUVARAJB
184.	A22ENDA31	SADASIVAMS
185.	A22ENDA32	KUMARANR
186.	A22ENDA33	ASHOKKUMARM
187.	A22ENDA34	PARTHIBANP

188.	A22ENDA36	ALANJOSEA
189.	A22ENDA37	SANJEEVIS
190.	A22ENDA38	ANBAZHAGANM
191.	A22ENDA40	ANBUSERANS
192.	A22ENDA41	BALAJIV
193.	A22ENDA42	KARTHIKEYANM
194.	A22ENDA43	ARNOLDV
195.	A22ENDA44	ARULS
196.	A22ENDA46	KALAIARASANC
197.	A22ENDA47	KABILAVASAND
198.	A22ENDA48	SARUKESHV
199.	A22ENDA49	MAHENDIRANN
200.	A22ENDA50	GOWTHAM A
201.	A22ENDA51	NAVANEETHAKRISHNANR
202.	A22ENDA53	AKILANA
203.	A22ENDA54	ASHWAKA
204.	A22ENDA55	HARIPRASANNA
205.	A20ENEA01	AAQILABEGUM.M
206.	A20ENEA04	ADITHYA.M
207.	A20ENEA05	AKILANDESWARI.L
208.	A20ENEA06	BENITAJOSEPHINE.J
209.	A20ENEA07	CHRISTY.R
210.	A20ENEA08	GIRIJA.N
211.	A20ENEA10	JANNATHULFIRDOUS.M
212.	A20ENEA11	JOYIMMACULATE.S
213.	A20ENEA14	LAKSHMI.S
214.	A20ENEA15	LOGESHWARI.S

215.	A20ENEA17	NAGAMMAI.G
216.	A20ENEA18	NIVEYA.P
217.	A20ENEA20	PAVITHRA.P
218.	A20ENEA21	PAVITHRA.T
219.	A20ENEA22	PREETHIBANU.G
220.	A20ENEA23	PRIYADHARSHINI.B
221.	A20ENEA24	RACHAELSATHYA.E
222.	A20ENEA25	REENA.S
223.	A20ENEA27	SANDYA.G
224.	A20ENEA29	SHAHINA.S.H
225.	A20ENEA30	SOUNDARYA.N
226.	A20ENEA31	SOWMIYA.R
227.	A20ENEA32	SUBASHRI.K
228.	A20ENEA33	SUBHAHARINI.J.B
229.	A20ENEA34	SUJATHA.M
230.	A20ENEA35	SUNITHA.P
231.	A20ENEA36	SWATHIGA.M
232.	A20ENEA37	SWETHA. K
233.	A20ENEA38	THASNEEM.S
234.	A20ENEA39	VAISHNAVI.V
235.	A20ENEA40	VARSHA.E
236.	A20ENEA42	VIJAYALAKSHMI.R
237.	A20ENEA43	VIMALIVINNARASI.C
238.	A20ENEA44	YUVASRI.K
239.	A20ENEA45	RANJITHA.R
240.	A20ENEA46	SUJIKA.B
241.	A20ENEA47	KOKILA.B

242.	A20ENEA48	GOTHAWARI.V
243.	A20ENEA49	VAISHNAVI.S
244.	A20ENEA50	KAVIYA.K
245.	A20ENEA52	SUBIKSHA.S
246.	A20ENEA53	JOTHI.P
247.	A20ENEA55	RAVALI.A
248.	A20ENEA56	ASIRA.M
249.	A20ENEA58	KAVIYABHARATHI.S
250.	A20ENEA59	JANANI.S
251.	A20ENEA60	SATHYA.S
252.	A20ENEA62	SUSMITHA.R
253.	A20ENEA63	YUVARANI.U
254.	A20ENEA64	SARUMATHI.R
255.	A20ENEA66	NISHANTHI.M
256.	A20ENEA67	MADHUMITHA.M
257.	A20ENEA68	ZAINABNACHIYAR.M.A
258.	A20ENEA69	CHARUMATHI.P
259.	A20ENEA71	JAYASRI.S
260.	A20ENEA73	MADHUMITHA.S
261.	A20ENEA74	TAMIZHARASI.D
262.	A20ENEA75	KAMALI.P
263.	A20ENEA76	CELSIA.S
264.	A20ENEA77	ASWINI.S
265.	A20ENEA78	NITHYAMARY.M
266.	A20ENEA79	SASIKALA.K
267.	A20ENEA80	THASLIMABEHAM.R

268.	A20ENEA81	SATHIYAPRIYA.R
269.	A20ENEA83	THENDRALRANI.A
270.	A20ENEA86	VIDYALAKSHMI.R
271.	A20ENEA87	SOWMIYA.A
272.	A20ENEA88	HEMALAKSHMI.D
273.	A20ENEA90	GAYATHRI.D
274.	A21ENEA01	ABIJASMNE.G
275.	A21ENEA04	ANNSLULU.A
276.	A21ENEA05	ANUSHKA.S
277.	A21ENEA06	ASHMIDHA.A
278.	A21ENEA07	BALASOWMIYA.B
279.	A21ENEA08	DEEPTHI.G
280.	A21ENEA09	DEVIPRIYA.S
281.	A21ENEA10	DHANUSHREE. T
282.	A21ENEA11	DHIVYA.M
283.	A21ENEA13	EBINA.D
284.	A21ENEA14	GAYATHRI.V
285.	A21ENEA15	HARINEESHWARI.M
286.	A21ENEA16	HEMAPRIYA.S
287.	A21ENEA17	JASMINE.K
288.	A21ENEA18	JAYAPRAHANA.R
289.	A21ENEA19	JAYALAKSHMI.J
290.	A21ENEA21	KARTHIGA.V
291.	A21ENEA22	KAVIYAPRIYA.V
292.	A21ENEA23	KIRUTHIKA. S
293.	A21ENEA24	KIRUTHIKA.A
294.	A21ENEA25	LOGESHWARI.A

295.	A21ENEA27	NIHARIKA.T.K
296.	A21ENEA28	NISHA.B.G
297.	A21ENEA29	NOORULSHIFA.I
298.	A21ENEA30	PRATHIKA.S
299.	A21ENEA31	REHIMUNISHABEGUM.I
300.	A21ENEA33	SABURAYASMIN.N
301.	A21ENEA34	SARANYAPRIYADARSHINI.T.A
302.	A21ENEA35	SIMONAANTONYJOSEPETER.M
303.	A21ENEA36	SINDHUJA.A
304.	A21ENEA37	SOWMIYA.R
305.	A21ENEA38	SUBARANJANI.K
306.	A21ENEA39	SUBASRI.S
307.	A21ENEA40	SWETHA.K
308.	A21ENEA41	UMA.S
309.	A21ENEA42	USHARANI.M
310.	A21ENEA43	VADHANISHA.S
311.	A21ENEA45	VIJAYALAKSHMI.B
312.	A21ENEA46	VIJIYALAKSHMI.M
313.	A21ENEA47	YOGITHA.E
314.	A21ENEA48	RANJANI.M
315.	A21ENEA50	ANNAPOORANI.R
316.	A21ENEA51	HETHZIAL.J
317.	A22ENEA01	AASHIKA.R
318.	A22ENEA02	ABANA.M
319.	A22ENEA03	AYESHAAAFREEN.Z
320.	A22ENEA04	BARKATHNISHA.K
321.	A22ENEA05	DHATCHAYANI.S

322.	A22ENEA06	FOWJIYAJAMONA.R
323.	A22ENEA07	GAYATHRI.S
324.	A22ENEA08	GOBIKA.R
325.	A22ENEA09	HEMAVARNA.M
326.	A22ENEA10	JAMUNADEVI.S
327.	A22ENEA11	JANANIL
328.	A22ENEA12	JANANI.M
329.	A22ENEA13	JAYABHARATHI.R
330.	A22ENEA14	JAYALAKSHMI.S
331.	A22ENEA15	JENIFFER.P
332.	A22ENEA16	KANMANI.S
333.	A22ENEA17	KAVIYA.R
334.	A22ENEA18	LEENUS.C
335.	A22ENEA19	MAGESWARI.B
336.	A22ENEA20	MAHADHIYA.S
337.	A22ENEA21	MARYSHABI.S
338.	A22ENEA22	MYTHILI.K.S
339.	A22ENEA23	NASEEMA.R
340.	A22ENEA24	PAVITHRA.A
341.	A22ENEA26	PRAVEENA.T
342.	A22ENEA27	RAJAJINI.R
343.	A22ENEA28	RAJESWARI.R
344.	A22ENEA29	ROJA.S
345.	A22ENEA30	SANGAMITHRA.R
346.	A22ENEA31	SARASWATI.I
347.	A22ENEA32	SHARMATHI.D.G
348.	A22ENEA33	SHARMI.R

349.	A22ENEA35	SRIKAVIYA.Y
350.	A22ENEA36	SRIPRIYA.S
351.	A22ENEA37	SUBIKSHA.A
352.	A22ENEA38	SURUTHI.B
353.	A22ENEA39	SWATHY.G
354.	A22ENEA40	SWETHA.K
355.	A22ENEA41	VARSHA.T
356.	A22ENEA42	VINODHINI.S
357.	A22ENEA43	KRITHIKA .S
358.	A22ENEA44	ALAIARASI.S
359.	A22ENEA45	SIVAPRIYA .V
360.	A22ENEA46	HARIPRIYA.S
361.	A22ENEA49	PONVIZHI .S
362.	A22ENEA50	UDHAYASRI.P
363.	A22ENEA51	KARTHIKA.K
364.	A22ENEA52	KAVIYA.K
365.	A22ENEA53	VINCENTRITHIKA.B
366.	A22ENEA54	MANIMOZHI.M
367.	A22ENEA55	LAVANYA .V
368.	A22ENEA57	ALFIYA.A
369.	A22ENEA58	SARANYA.L



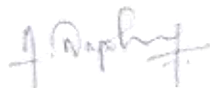
Staff – in – charge
Mr. A. Napoleon Joseph
Assistant Professor
PG & Research Department of English
St Joseph's College of Arts and Science (A)
Cuddalore



Head of the Department
Mr. V.R. Suresh Kumar
Assistant Professor and Head
PG & Research Department of English
St Joseph's College of Arts and Science (A)
Cuddalore

Feedback

1. Cyber-crime contact number was given- Sharmathi, I B.A. English
2. The Inspector of Police demonstrated lively examples-B.Suruthi,I B.A. English
3. The ways of cheating were shared- DeviPriya, II B.A. English
4. The programme was very effectively- PranavAkash, III B.A. English
5. Careful use of mobiles among students was insisted-Vishal Antony, III B.A. English



Staff – in – charge
Mr. A. Napoleon Joseph
Assistant Professor
PG & Research Department of English
St Joseph's College of Arts and Science (A)
Cuddalore



Head of the Department
Mr. V.R. Suresh Kumar
Assistant Professor and Head
PG & Research Department of English
St Joseph's College of Arts and Science (A)
Cuddalore

St. Joseph's College of Arts and Science (Autonomous), Cuddalore-1


PG Department of Computer Applications


Report on the Skill Development Programme

Title of the Programme : **Cyber Security**
Date(s) : **05-04-2023**
Venue : **Archbishop Michael Augustine Library(Library Extension Hall)**
Resource Person : **Dr. A. Martin, Assistant Professor, Department of Computer Science, School of Mathematics and Computer Sciences, Central University of Tamilnadu, Thiruvarur.**

The PG Department of Computer Applications organized a Skill Development Programme on the title “Cyber Security” on 05/04/2023 at Library Extension Hall, St. Joseph's College of Arts and Science (Autonomous) from 11:00 AM to 1:00 PM. The students of I BCA-A Shift-I were the beneficiaries. The resource person for the session was Dr. A. Martin, Assistant Professor, Department of Computer Science, School of Mathematics and Computer Sciences, Central University of Tamilnadu, Thiruvarur. The resource person explained about cyber security, cyber-crimes and hacking tools. The program was designed to enhance the capacity of the students and provided valuable insights into the field of Cyber Security.

Organizing Secretary


Dr. A. LOURDU CAROLINE, M.C.A., M.Phil., Ph.D.,
Assistant Professor,
PG Department of Computer Applications,
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore - 607 001.


Dr. A. JOHN PRADEEP EBENEZER, M.C.A., M.Phil., Ph.D.,
HOD & Assistant Professor
PG Dept. of Computer Applications
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore - 607 001.

PERMISSION LETTER

Permission Letter

From

Dr.A.Lourdu Caroline,
Assistant Professor,
PG Department of Computer Applications,
St.Joseph's College of Arts and Science (Autonomous),
Cuddalore-1.

To

Rev.Fr.Secretary,
St.Joseph's College of Arts and Science (Autonomous),
Cuddalore-1.

Respected Rev.Fr. ,

Our department is planned to conduct a "Skill Development Programme on Cyber-Security" on 05th April 2023, Wednesday. Dr. A. Martin, Assistant Professor, Central University, Tiruvarur has consented to be the Resource Person for the same. We believe that it would be a need of the hour and helpful to the students. Hence, we request your kind permission and permit us to use Library Extension Hall between 11.00 a.m. and 01.00 p.m. on 05-04-2023.

Thanking you,

Dr. A. Lourdu Caroline
27/3/2023

Yours faithfully,

Rev. Fr. Secretary

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE(AUTONOMOUS), CUDDALORE-1
PG DEPARTMENT OF COMPUTER APPLICATIONS

**SKILL DEVELOPMENT
PROGRAMME
ON
CYBER SECURITY**

Resource Person:

Dr. A.Martin, Assistant Professor, Department
of Computer Science, School of Mathematics
and Computer Sciences, Central University of
Tamil Nadu, Thiruvarur, TN-610005



Organizing Secretary: **Dr. A. Lourdu Caroline**

Time: 11 AM to 1 PM

Venue: Library Ext Hall

PHAMPLET



SNAP SHOTS OF THE SKILL DEVELOPMENT PROGRAMME- CYBER SECURITY

PARTICIPANTS LIST

S.NO	ROLL NO	NAME OF THE STUDENT
1	A22CADA01	ABDUL RAHMAN .A
2	A22CADA02	AKASH ANANDHA KUMAR .K
3	A22CADA03	ALBERTFELIXS .A
4	A22CADA04	ANANDHA KUMAR .P
5	A22CADA05	ANVARDEEN .S
6	A22CADA06	BALAJI .V
7	A22CADA07	BALAMURUGAN .S
8	A22CADA08	BHARATH .A
9	A22CADA09	DHANUSH KUMAR .R
10	A22CADA10	DHANUSHRAJ .K
11	A22CADA11	DHILIPKUMAR .S
12	A22CADA12	DHINESH .R
13	A22CADA13	GANESH .S.M
14	A22CADA14	GNANA KUMARAN .S
15	A22CADA15	GOKULRAJ .D
16	A22CADA16	GOWTHAMAN .P
17	A22CADA17	GOWTHAMRAJA .R
18	A22CADA18	HARISH KUMAR .S
19	A22CADA19	HARISHVAR .K
20	A22CADA20	JAYA JOTHI .B
21	A22CADA21	JAYARAJ .M
22	A22CADA22	KARAN .M


23	A22CADA23	KAVIRAJAN .B
24	A22CADA24	KOUSHIK .S.P
25	A22CADA25	LOGKESH .M
26	A22CADA26	MANIKANDAN .A
27	A22CADA27	MANOHAR .L
28	A22CADA28	MOHAMED AKTHAR DEEN .M
29	A22CADA29	MUGESH .S
30	A22CADA30	NARESH KUMAR .M
31	A22CADA31	PASUPATHI .A
32	A22CADA32	PRAGADEESH .K.G
33	A22CADA33	PRATHEESH .J
34	A22CADA34	RAJEESH .K
35	A22CADA35	RAJESH KANNA .M
36	A22CADA36	RAJKUMAR .P
37	A22CADA37	RUBESHKUMAR .J
38	A22CADA38	SATHIYA .R
39	A22CADA39	SEENUVASAN .R
40	A22CADA40	SHAM .B
41	A22CADA41	SIVASUBRAMANIAN .P
42	A22CADA43	SRIKANTH .T
43	A22CADA44	SRIRAM .R
44	A22CADA45	THAMARAI SELVAN .A
45	A22CADA46	THARANISHVARAN .R
46	A22CADA47	UDHAYANEEDHI .R

47	A22CADA48	VELMURUGAN .B
48	A22CADA49	VIJAYARAGAVAN .B
49	A22CADA50	VISHNU .K
50	A22CADA51	VISHVA .R
51	A22CADA52	HARISH KUMAR .V
52	A22CADB01	ABDUL AHAMED .K
53	A22CADB02	ABDUL MUBARAK .H
54	A22CADB03	ABINESH .S
55	A22CADB04	AKASH .M
56	A22CADB05	ANANDA KUMAR .K
57	A22CADB06	ANNAMALAI .S
58	A22CADB07	ASWIN .S
59	A22CADB08	BHUVANESWARAN .S
60	A22CADB09	CHANDRU .B
61	A22CADB10	DEVA .M
62	A22CADB11	DHARMENDHIRAN .V
63	A22CADB12	DHINESH .K
64	A22CADB13	DINESH .M
65	A22CADB14	GANESHAMOORTHY .S
66	A22CADB15	GOKUL RAJ .K
67	A22CADB16	GOPALA KRISHNAN .A
68	A22CADB17	HARISH .P
69	A22CADB18	ILAYAVAN .M
70	A22CADB19	JAYAPRAKASH .S

71	A22CADB20	JOEL JEROME .M
72	A22CADB21	KAMESH .V
73	A22CADB22	KRISHNAANAND .S
74	A22CADB23	MAGENDIRAN .K
75	A22CADB24	MANIMARAN .G
76	A22CADB25	MAX MILLIAN DAMEAN .V
77	A22CADB26	MOHAMED BILAL .M
78	A22CADB27	MOHAMED NOORDEEN .A
79	A22CADB28	MOHAMMED JAKKARIYA .J
80	A22CADB29	MUHILLAN .V
81	A22CADB30	NITHEESH .S
82	A22CADB31	PRADHISHWAR RAJ .K
83	A22CADB32	PRASSANA VIGNESH .J
84	A22CADB33	PREMKUMAR .S
85	A22CADB34	PRIYADHARSHAN .K
86	A22CADB35	PUGAZH .S
87	A22CADB36	ROHAN .V
88	A22CADB37	SANTHOSH .I
89	A22CADB38	SAYED AFSAR .A
90	A22CADB39	SHAKEER ALI .A
91	A22CADB40	SHARUVESH .C
92	A22CADB41	SRI RAM .J
93	A22CADB42	SRIKANTH .M
94	A22CADB43	SRIRAM .M

95	A22CADB44	SUDHAKAR .K
96	A22CADB45	THANGAVEL .S
97	A22CADB46	THINAKARAN .K
98	A22CADB47	UDHAYASURIYA .M
99	A22CADB48	VIMAL RAJ .R
100	A22CADB49	VISHVA .M
101	A22CADB50	VISVASARATHI .V
102	A22CADB51	VISWA .B

Organizing Secretary


Dr. A. LOURDU CAROLINE, M.C.A., M.Phil., Ph.D.,
Assistant Professor,
PG Department of Computer Applications,
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore - 607 001.


Dr. A. JOHN PRADEEP EBENEZER, M.C.A., M.Phil., Ph.D.,
HOD & Assistant Professor
PG Dept. of Computer Applications
St. Joseph's College of Arts & Science
(Autonomous)
Cuddalore - 607 001.

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE(AUTONOMOUS)
CUDDALORE – 1
PG AND RESEARCH DEPARTMENT OF COMMERCE
REPORT ON INTERPERSONAL SKILLS DEVELOPMENT PROGRAMME

DATE : 27-09-2021
TIME : 10.00 a.m. – 11.30 a.m.
MODE : **Online** (Google Meet)
RESOURCE PERSON : Mr.S.Kamala Kumar, Team Manager, Banking Operation & Transformation, Barclays, Chennai
LINK : <https://meet.google.com/vuq-siaa-fhf>

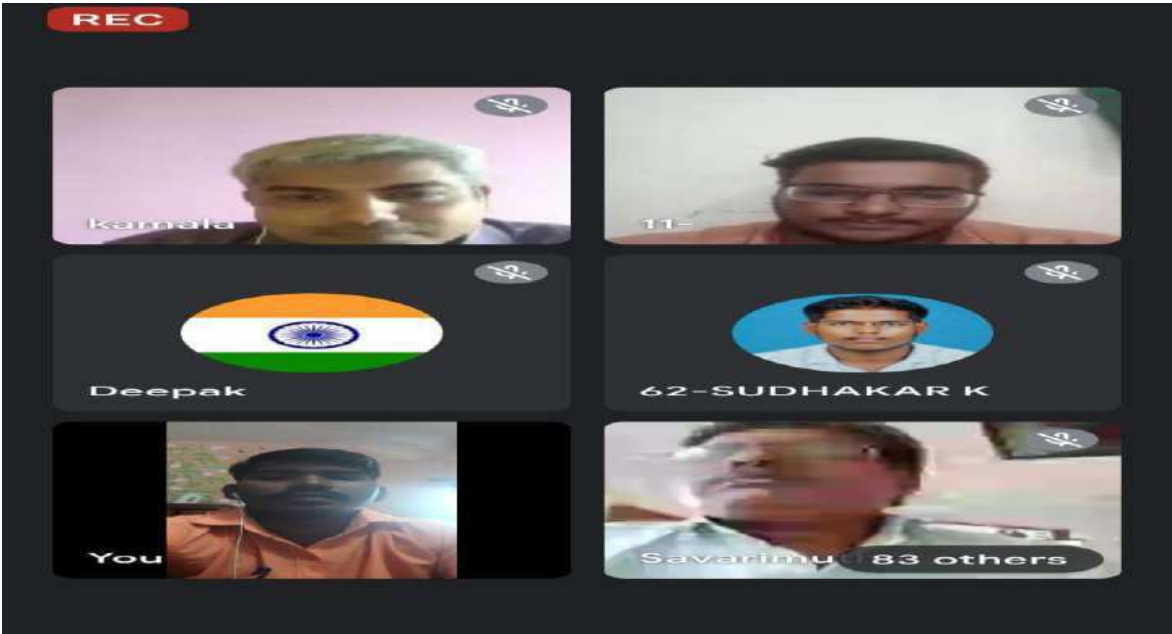
The programme was started at 10. A.M with prayer. Mr. Dharanidharan from III.B.Com B, welcomed the gathering. Mr.P.Benjamin Rozario, Co-Ordinator of the program was introduced the Resource Person Mr.S.Kamala Kumar, Team Manager, Banking Operation & Transformation, Barclays, Chennai. Rev.Fr. Secretary, blessed the program by his presidential address, Vice Principal appreciated the Head of the Department for arranging the skill development program on “Interpersonal Skills” for the growth and benefits of the students. Dr.I.Savarimuthu, Associate Professor and Head of the Department of Commerce, encouraged and motivated the students to pay more attention to gain more knowledge from the lecture of the Resource Person. Mr. S. Kamala Kumar, Resource person of the program have enlightened the students by his expertise knowledge in the field of Interpersonal Skills. He has explained about how to build the interpersonal skills. The resource person was happy for clarifying the doubts of the students. The students have benefited a lot out of this program. Finally, the program came to an end by the vote of thanks given by Mr. Ezhumalai III.B. Com B.

Staff In-Charge


Mr. P. BENJAMIN ROZARIO,
M.Com, M.Phil, M.HRM, MBA, SET,
Assistant Professor in Commerce,
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore - 607 001.

Head of the Department


Dr. I. SAVARIMUTHU
M.Com, M.A., M.Phil, M.Ed, Ph.D.,
Associate Professor & HOD,
PG & Research Department of Commerce
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore (T.N.) - 607001, India.



Resource person explaining concepts to the student



ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(Autonomous), CUDDALORE – 607001.

Affiliated to Thiruvalluvar University, Vellore, A Christian Minority Institution
Re-Accredited with "A" Grade by NAAC (3rd Cycle), Recognized u/s 2(f) & 12(B) of UGC Act 1956



We Cordially invite you for the

INTERPERSONAL SKILL DEVELOPMENT PROGRAMME

Organized by

PG & RESEARCH DEPARTMENT OF COMMERCE

Through **Google Meet** at 10.00 A.M to 11.30 A.M



Presided over by

Rev.Fr. G. PETER RAJENDIRAM

Secretary

Felicitation

Dr. M. ARUMAISELVAM

Principal & H.O.D of Computer Science

Dr. J. JON AROCKIARAJ

Vice Principal & H.O.D of Mathematics

Rev. Dr. S. XAVIER

Controller of Examination & H.O.D of Physics

Rev. Dr. A ALEX

Dean of Studies & H.O.D of BBM & BBA (CA)



Resource Person

Mr. S. KAMALA KUMAR

Team Manager - Banking Operations &
Transformation,
Barclays, Chennai.

Convener

Dr. I. SAVARIMUTHU

Associate Professor & Head
PG & Research Department of Commerce

Co-Ordinator

Mr. P. Benjamin Rozario

Assistant Professor

With Regards,

H.O.D, Staff and Students

PG & Research Department of Commerce

St. Joseph's College of Art's & Science (Autonomous), Cuddalore.

Pamphlet



ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

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CUDDALORE - 607001.



PG & RESEARCH DEPARTMENT OF COMMERCE

Certificate of Participation

This is to Certify that

Mr. BALAJI R, III-B.Com "A"

St. Joseph's College of Arts & Science (Autonomous), Cuddalore - 01.

has participated
in "INTERPERSONAL SKILLS DEVELOPMENT PROGRAMME" organized by PG and
Research Department of Commerce, St. Joseph's College of Arts and
Science (Autonomous), Cuddalore held on 27.09.2021.



Mr. P. BENJAMIN ROZARIO
Co-Ordinator



Dr. I. SAVARIMUTHU
Convener



Dr. M. ARUMAISELVAM
Principal



Rev. Fr. G. PETER RAJENDIRAM
Secretary

Sample Certificate

Participants List

S.No	Name	Roll No	Class
1	Abilash S	A19CMDA01	III B.Com A
2	Abinashp R	A19CMDA02	III B.Com A
3	Ananth R	A19CMDA04	III B.Com A
4	Arun Kumar M	A19CMDA05	III B.Com A
5	Arunachalam N	A19CMDA06	III B.Com A
6	Ashwin S	A19CMDA07	III B.Com A
7	Balaji V	A19CMDA08	III B.Com A
8	Bashyam V	A19CMDA09	III B.Com A
9	Bharath Raj S	A19CMDA10	III B.Com A
10	Deepak Prakash S	A19CMDA11	III B.Com A
11	Dhaneshwarprasad S	A19CMDA12	III B.Com A
12	Dharun S	A19CMDA13	III B.Com A
13	Dhinesh J	A19CMDA14	III B.Com A
14	Dinesh Balamoorthi K	A19CMDA15	III B.Com A
15	Dinesh Kumar S	A19CMDA16	III B.Com A
16	Ganeshv.S	A19CMDA17	III B.Com A
17	Gunal S	A19CMDA18	III B.Com A
18	Hariharan B	A19CMDA19	III B.Com A
19	Hariharan K	A19CMDA20	III B.Com A
20	Harivallabhan V	A19CMDA21	III B.Com A
21	Jagadish J	A19CMDA22	III B.Com A
22	Kaileshwaranj S	A19CMDA23	III B.Com A

23	Kamalesh R	A19CMDA24	III B.Com A
24	Karthik G	A19CMDA25	III B.Com A
25	KirubaSankar A	A19CMDA26	III B.Com A
26	Kishorekumar A	A19CMDA27	III B.Com A
27	Madhubalan S	A19CMDA28	III B.Com A
28	Manigandan R	A19CMDA29	III B.Com A
29	Mohamed Ameen A	A19CMDA30	III B.Com A
30	Mohamed Nabil A	A19CMDA31	III B.Com A
31	Murugan M	A19CMDA32	III B.Com A
32	Narasimman S	A19CMDA33	III B.Com A
33	Navinrishi N	A19CMDA34	III B.Com A
34	Pramodh Narayanan M	A19CMDA35	III B.Com A
35	Praveen Shanmuganathan B	A19CMDA36	III B.Com A
36	Ragul M	A19CMDA37	III B.Com A
37	Rajakumar M	A19CMDA38	III B.Com A
38	Ramaprakash S	A19CMDA39	III B.Com A
39	Saikrishnas V	A19CMDA40	III B.Com A
40	Santhosh Kumar V	A19CMDA41	III B.Com A
41	Saran I	A19CMDA42	III B.Com A
42	Sasidharan T	A19CMDA43	III B.Com A
43	SengamalaKannan M	A19CMDA44	III B.Com A
44	Sheik Mohamed Haneefa M	A19CMDA45	III B.Com A
45	Sivanesan K	A19CMDA46	III B.Com A
46	Abilash R	A19CMDB01	III B.Com A

47	Ajith Kumar S	A19CMDB03	III B.Com A
48	Akshay Solomon Raj D	A19CMDB04	III B.Com A
49	AntoPravin I	A19CMDB05	III B.Com A
50	Arivukaarasu P	A19CMDB06	III B.Com A
51	Arunachalam B	A19CMDB07	III B.Com A
52	Ashok S	A19CMDB08	III B.Com A
53	Aswanth K	A19CMDB09	III B.Com A
54	Balachandirane K	A19CMDB10	III B.Com A
55	Balaji R	A19CMDB11	III B.Com A
56	Baradan S	A19CMDB12	III B.Com A
57	Bharani N	A19CMDB13	III B.Com A
58	Chandru P	A19CMDB14	III B.Com A
59	Cyril Robert J	A19CMDB15	III B.Com A
60	Devakumar S	A19CMDB16	III B.Com A
61	Dharanidharan S	A19CMDB17	III B.Com A
62	Dhilibhan C	A19CMDB18	III B.Com A
63	DilipCoumar A	A19CMDB19	III B.Com A
64	Dinesh Kumar R	A19CMDB20	III B.Com A
65	Ezhumalai S	A19CMDB21	III B.Com A
66	Geiridheran S	A19CMDB22	III B.Com A
67	Gopinath B	A19CMDB23	III B.Com A
68	Gowtham V	A19CMDB24	III B.Com A
69	Gurumoorthy J	A19CMDB25	III B.Com A
70	Hariharan K	A19CMDB26	III B.Com A

71	Hariprasath S	A19CMDB27	III B.Com A
72	Henry Steward S	A19CMDB28	III B.Com A
73	Jagan K	A19CMDB29	III B.Com A
74	Jayavenkatesanv.T	A19CMDB30	III B.Com A
75	Jitesh B	A19CMDB31	III B.Com A
76	KalaiSelvan R	A19CMDB32	III B.Com B
77	Karthikeyan D	A19CMDB33	III B.Com B
78	Kavin C	A19CMDB34	III B.Com B
79	Kirubakaran R	A19CMDB35	III B.Com B
80	Kishore J	A19CMDB36	III B.Com B
81	Madana Balaji R	A19CMDB37	III B.Com B
82	Maheshwar B	A19CMDB38	III B.Com B
83	Manikandan M	A19CMDB39	III B.Com B
84	Mohamed Arshethh.R	A19CMDB40	III B.Com B
85	MuneerAhamed M	A19CMDB41	III B.Com B
86	Muruganathan J	A19CMDB42	III B.Com B
87	NavinChandar R	A19CMDB43	III B.Com B
88	Parthiban M	A19CMDB44	III B.Com B
89	Prakash R	A19CMDB45	III B.Com B
90	Yazer Arafath H	A19CMDB70	III B.Com B

Staff In-Charge



Mr. P. BENJAMIN ROZARIO,
M.Com, M.Phil, M.HRM, MBA, SET,
Assistant Professor in Commerce,
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore - 607 001.

Head of the Department



Dr. I. SAVARIMUTHU
M.Com, M.F.A, M.Phil, M.Ed, Ph.D.
Associate Professor & Head
PG & Research Department of Commerce
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore (T.N.) - 607001, India.



ST.JOSEPH'S COLLEGE OF ARTS & SCIENCE

(AUTONOMOUS)

CUDDALORE-01



NATIONAL SERVICE SCHEME (NSS)

Title : Legal Awareness on Sexual Harassment At Work Place

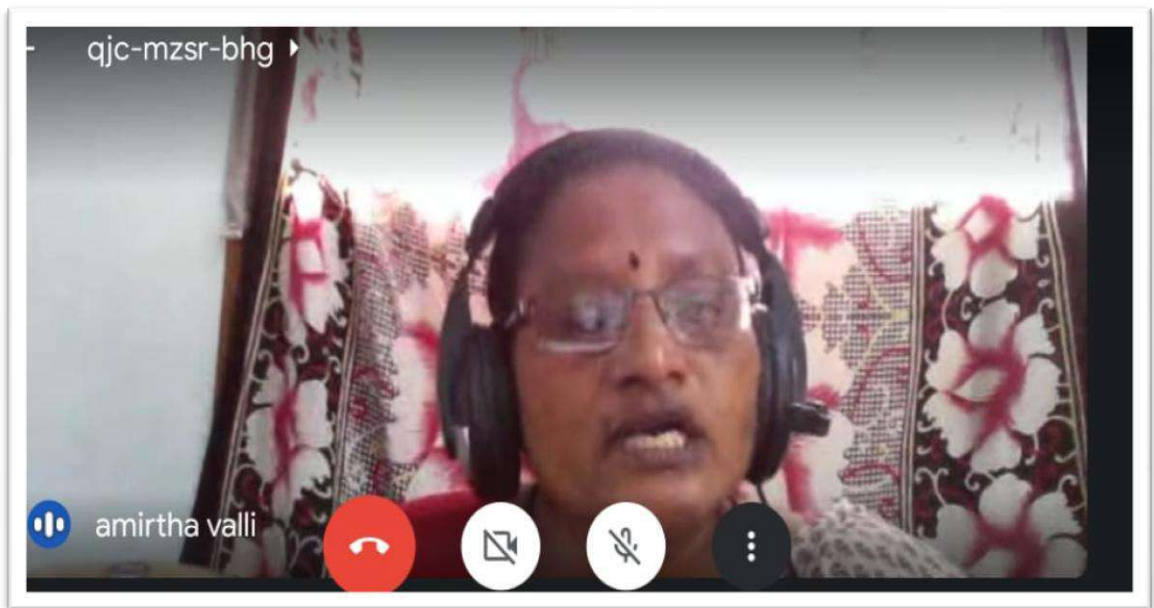
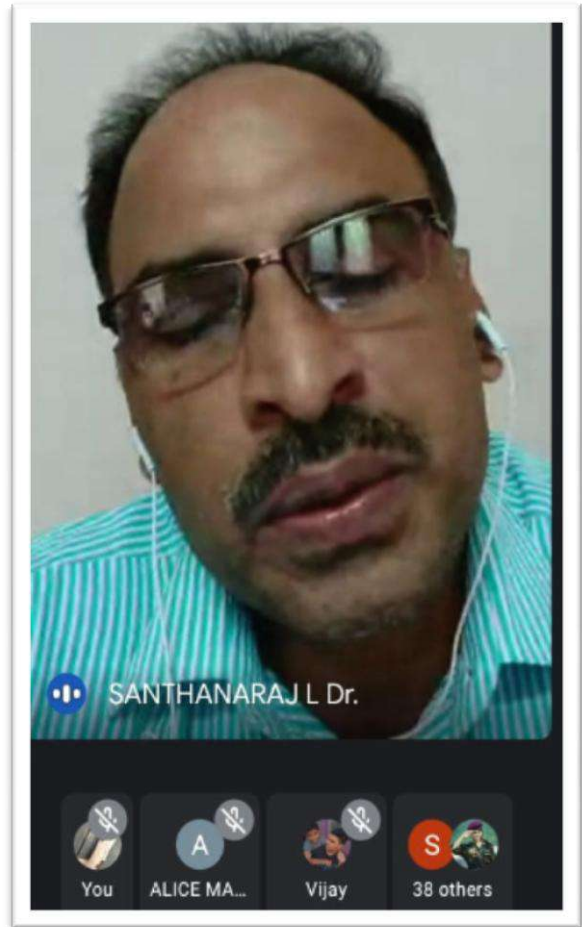
Date : 23.06.2021

Venue : Google Meet

Special Speaker : Tmt. Amirthavalli, NGO Advocate, Cuddalore district

On June 23, 2021, a virtual session titled "Legal Awareness on Sexual Harassment at the Workplace" was conducted via Google Meet, aimed at educating NSS volunteers about the critical issues surrounding workplace harassment. The session featured Tmt. Amirthavalli, an NGO advocate from Cuddalore district, who emphasized the importance of gender equality within the framework of the Indian Constitution, stating, "The meaning and content of the fundamental rights guaranteed in the Constitution of India are of sufficient amplitude to encompass all facets of gender equality." Coordinators Dr. L. Santharaj and Dr. Annamal facilitated the meeting. The Programme Officer also contributed valuable insights on sexual awareness, fostering an interactive environment for sharing their thoughts. Overall, the session effectively raised awareness and deepened understanding of the rights and responsibilities related to sexual harassment, encouraging a culture of respect and safety in workplaces.

Snapshots



NATIONAL SERVICE SCHEME (NSS)

Title : Legal Awareness On Sexual Harassment At Work Place

Date : 23.06.2021

Venue : Google Meet

Participants List

SHIFT-I

S. NO.	ROLL. NO.	NAME	DEPARTMENT
1.	A19MTD18	S.KUMANANATHAN	III- B.SC MATHS
2.	A19MTD30	B. SAKTHINATHAN	III- B.SC MATHS
3.	A19 MTD32	A.SANJEEVI RAMAN	III- B.SC MATHS
4.	A19 MTD24	M. PRASANTH	III- B.SC MATHS
5.	A20MTD13	SANDEEP KUMAR S R	MATHEMATICS
6.	A19CADA27	A.S.MOHAMED THAMEESDEEN	BCA-A
7.	A19CADB13	A.HARISH	B.C.A (B)
8.	A19CADB14	S.JAYARAMAN	BCA-B
9.	A20CADA12	N.IYYANAR	BCA
10.	A21CADA60	VISHNU.A	BCA-A
11.	A21CADB43	S.PAVITHARAN	B.C.A
12.	A21CADB38	MUKESH. J	BCA
13.	A21CADA31	R. MANIKANDAN	BCA
14.	A21CADB58	M.VIGNESHWARAN	BCA
15.	A19END72	R.THIRUNAVUKARSU	B.A ENGLISH
16.	A19END31	JEBES SANDRO M.R	B.A.ENGLISH
17.	A19END74	T.VENKTESHWARAN	B.A.ENGLISH
18.	A20END72	ABISHEK.M	B.A.ENGLISH
19.	A20END48	VELMURUGAN.K	B.A.ENGLISH
20.	A20END26	Y.PRITHIVI	B.A.ENGLISH
21.	A19CMDB68	K.VIJAYAN	B.COM
22.	A19CHD39	M.MANI KANDAN	B.COM

23.	A20CMDB66	VIKNESH.V	B.COM
24.	A19CMDA33	S.NARASIMAN	B.COM (A)
25.	A20CMDB69	YUVARAJ.G	B.COM
26.	A20PHD15	R.SUREMDHAR	B.SC PHYSICS
27.	A20PHD05	R.BALAJI	B.SC PHYSICS
28.	A20PHD21	R. VELAN	B.SC PHYSICS
29.	A20PHD26	R RAJESH	B. SC PHYSICS
30.	A20PHD31	RAJESH. S	B.SC PHYSICS
31.	A20MBD29	N.NAVEEN	B.SC MICROBIOLOGY
32.	A19MBD28	V.SANJAY	B.SCMICROBIOLOGY
33.	A20MBBD03	G.KANNIYAPPAN	B.SC MICROBIOLOGY
34.	A20MBD42	KALAIVANAN D	B. SC MICROBIOLOGY
35.	A20BCD41	R. BHARATH RAJ	B. SC BIO-CHEMISTRY
36.	A20BCD09	R.PAZHANI	B.SC BIO CHEMISTRY
37.	A19CSDC03	V.AKASH KUMAR	B.SC COMPUTER SCIENCE
38.	A19CSDC26	LOGESHWARAN	B.SC COMPUTER SCIENCE
39.	A19BBD32	T.LOGESH	B.B.M
40.	A19BBD28	S.GUBERAN	B.B.M
41.	A19BBD48	J.RAVIVARMAN	B.B.M
42.	A19BBD53	D.SATHISH	B.B.M
43.	A20BBD52	A. SATHIYASEELAN	B.B.M
44.	A20BBD73	S. MANOWJ CUMAR	B.B.M
45.	A20BBD32	G. NAVEEN	B.B.M
46.	A20BBD64	R. VASANTH	B.B.M
47.	A20HID02	S.ANAND KUMAR	B.A HISTORY
48.	A20HID50	S.YUVARAJ	B.A HISTORY
49.	A20HID33	V. VIJAY PRABAKARAN	B.A HISTORY
50.	A20HID66	G. CHANDRAMOULI	B.A HISTORY
51.	A19CHD46	R.VISHNU	B.SC CHEMISTRY
52.	A20CHD33	E. SANJAY	B.SC CHEMISTRY
53.	A20CHD31	S. SADEESHKUMAR	B. SC CHEMISTRY
54.	A20CHD37	R. SADEESHKUMAR	B. SC CHEMISTRY

55.	A20CHD47	M. VISHNU	B. SC CHEMISTRY
56.	A21CHD28	V. LOGESH	B. SC CHEMISTRY
57.	A21CHD53	R.VELAN	B. SC CHEMISTRY

SHIFT-II

S.NO.	ROLL NO	NAME	DEPARTMENT
1.	A19CMEA08	S. ATHIRAI	II B.Com-A
2.	A19CMEA26	L. KARPAGAM	II B.Com-A
3.	A19CMEB67	V. VIJAYALALITHA	II B.Com-B
4.	A19TAE11	M. JEEVITHA	II B.A. TAMIL
5.	A19CAEA26	M. NIVETHAA	II B.C.A.
6.	A19ACE30	N. SOWMIYA	II B.B.A.
7.	A19ENEA52	V. SHANTHINI	II B.A. ENGLISH
8.	A19BBE59	S. SRIMATHI	II B.B.M.
9.	A19BBE10	R. DHIVYA	II B.B.M.
10.	A19BBE68	R. VINISHA	II B.B.M.
11.	A19BBE24	S. KAVIYA	II B.B.M.
12.	A19BBE22	A. JEEVITHA	II B.B.M.
13.	A19BBE62	U. SUWATHA	II B.B.M.
14.	A19BBE35	A. NOORAPARVEEN	II B.B.M.
15.	A19BBE12	S. DHURSHA	II B.B.M.
16.	A19BBE41	R.PONNAMMAL BANUMATHI	II B.B.M.
17.	A19CHE02	R. AHANSHA	II B.Sc.CHEMISTRY
18.	A19CHE04	V. ANUSHUYA	II B.Sc.CHEMISTRY
19.	A19CHE06	M. ARTHI	II B.Sc.CHEMISTRY

20.	A19CHE18	M. INDUMATHI	II B.Sc.CHEMISTRY
21.	A19CHE22	M. LAVANYA	II B.Sc.CHEMISTRY
22.	A19CHE34	M. REVATHI PRIYA	II B.Sc.CHEMISTRY
23.	A19CHE37	B. SAHAANA	II B.Sc.CHEMISTRY
24.	A19CHE41	S. SARALA	II B.Sc.CHEMISTRY
25.	A19CHE48	S. SWETHA	II B.Sc.CHEMISTRY
26.	A19CHE50	V. UVASRI	II B.Sc.CHEMISTRY
27.	A19CMEA20	R. PAVITHRA	II B.Com-A
28.	A19CMEA67	S.K. THARANI	II B.Com-A
29.	A19CMEA38	S. NISHA DEVI	II B.Com-A
30.	A19CMEB33	U. MAMIMOZHI	II B.Com-B
31.	A19CAEA04	J.ANITHA	II B.C.A
32.	A19CAEA15	K. KAVIYA	II B.C.A
33.	A19CAEA17	N. KHATHIJATHUL FATHIMA	II B.C.A
34.	A19CAEA20	V. MAHALAKSHMI	II B.C.A
35.	A19CAEA36	M.S. SANOFER BANU	II B.C.A
36.	A19CAEB01	K.ABINAYA	II B.C.A
37.	A19MTEA51	S. PRIYADHARSHINI	II B.Sc. MATHS


Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,
 PRINCIPAL
 St. Joseph's College of Arts & Science
 (AUTONOMOUS)
 CUDDALORE - 607 001.



**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)
CUDDALORE**



Title : YOUNG LEADERSHIP PROGRAM

Date : 31.07.2021

Venue : GOOGLE MEET

Time : 4.00 P.M to 5.00 P.M

Organized by: NSS UNITS

Chief Guest: R. SELVAM B.E.M., M.A., MLIS., M.Phil., DISM.,(AD.STI TANSACS, DPM, Cuddalore.)

An NSS webinar was conducted on the topic "Young Leadership Program," organized by the NSS units on 31.07.2021 from 4:00 P.M. to 5:00 P.M. The main purpose of the event was to create awareness about the Young Leaders Program, a foundational program that helps high-potential college students. The welcome address was given by our NSS volunteer, and a special address was delivered by Dr. L. Santhana Raj, NSS Coordinator.

Our chief guest delivered a speech about the Young Leadership Programme, providing information on how it is designed to equip participants with the tools necessary for success in the workplace. Your success as a leader ultimately depends on persuading others to adopt and implement your winning ideas. This program combines cutting-edge behavior research with compelling interactive learning to enhance your ability to work with and through others to drive business success.


At the end of the event, there was a sense of satisfaction on the faces of the volunteers as they learned about young leadership. A question-and-answer session was held at the end to address all the queries in the minds of the students. A vote of thanks was given by our NSS volunteer. A total of 98 NSS volunteers from our college (Units I and II) participated in the webinar.

Screen Shots





Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,
PRINCIPAL
St. Joseph's College of Arts & Science
(AUTONOMOUS)
CUDDALORE - 607 001.

Invitation



ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS) CUDDALORE



**YOUNG LEADERSHIP
PROGRAM**

Webinar on Young Leadership

Rev.Fr.G.Peter Rajendiram, Secretary
Dr.M.ArumaiSelvam, Principal
Dr.J.Jon Arockiaraj, Vice-Principal
Rev.Fr.Dr.S.Xavier, Controller of Examinations
Rev.Fr.Dr.A.Alex, Dien of Studies & Coordinator


Chief Guest : R.Selvam B.E.M., M.A., MLIS., M.Phil., DISM
(AD.STI TANSACS DPM.CUDD)

Date: July 31, Saturday, 2021
Time: 4.00P.M to 5.00PM

Dr.L.SANTHANA RAJ, NSS Programme officer, Shift I
and Dr.A. ANNAMMAL, NSS Programme officer, Shift II
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.

Students Co-Ordinators

A.S.Mohamed Thameesdeen BCA (Unit-1)	S. Athirai B.com (Unit-II)
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**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS) CUDDALORE
Re-Accredited by NAAC with "A" Grade**

DEPARTMENT OF BUSINESS ADMINISTRATION (CA)

REPORT ON

NATIONAL LEVEL SKILL ENHANCEMENT PROGRAM

“CYBERCRIME AND INFORMATION TECHNOLOGY ACT “

The Department of Business Administration (CA) in association with Loyola College Vettavalam jointly organized National Level Skill Enhancement program on “Cybercrime and Information Technology Act” on 25th November, 2021(Thursday). A total of 206 participants including faculty members and students attended the programme. The Program was presided over by Rev. Fr. Dr. A.Alex, Head of the department, in the presence of the resource person Dr.A.Martin Assistant Professor, Department of Computer Science, Central University of Tamilnadu. Miss.Prathiba Assistant Professor in Department of Business Administration (CA) co-ordinated the program.

Program Key Takeaways:

- **Keep an eye out for irrelevant / fraudulent phone/email messages.**
- **Don't respond to email messages that ask for personal information.**
- **Be aware of fraudulent Websites used to steal personal information.**
- **Pay attention to privacy policies on Websites and in software.**
- **Guard your email address.**
- **Use Strong Passwords**

The National Level Skill Enhancement program on “Cybercrime and Information Technology Act” is structured to provide “awareness with respect to unlawful act where computer or communication device or computer network is used to commit or facilitate the commission of crime”.

**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
CUDDALORE – 607001**

PROGRAMME TITLE : NATIONAL LEVEL SKILL ENHANCEMENT PROGRAM

“CYBERCRIME AND INFORMATION TECHNOLOGY ACT “

ORGANIZER : Dr.A. MARTIN,
Assistant Professor
Department of Computer Science
Central University of Tamilnadu, Tiuvarur

NAME OF THE PRINCIPAL : Dr.M.ARUMAI SELVAM

QUALIFICATION : M.sc (Maths), M.sc (CS), M.phil. (CS), PGDCA, PhD

CONTACT NUMBER : 04142-286311/ 9344841814

EMAIL-ID : Josecol27998@gmail.com

EVENT COORDINATOR :

NAME : Ms. K.PRATHIBA

QUALIFICATION : MBA, Phd

DESIGNATION : ASSISTANT PROFESSOR, DEPARTMENT OF BUSINESS

ADMINISTRATION (CA)

CONTACT NUMBER : 8608809318

EMAIL-ID : prathiba.k@sjctnc.edu.in

College official address : ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
MANJAKUPPAM CUDDALORE-60700

DATE : 25-11-2021 **TIME** : 11.30 A.M to 12.30P.M

NUMBER OF PARTICIPANTS: 206



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St. Joseph's College Road, Manjakuppam, Cuddalore - 607 001.

Ph: (Office) 04142-286311 | Fax: 04142-286315 | E-mail: josecol27998@gmail.com

Websites: www.sjctnc.edu.in, www.karnalthottamjournals.org

PROGRAM NAME	NATIONAL LEVEL SKILL ENHANCEMENT PROGRAM ON “CYBERCRIME AND INFORMATION TECHNOLOGY ACT “
DATE OF PROGRAM	25.11.2021
RESORCE PERSON NAME	Dr.A. MARTIN, Assistant Professor Department of Computer Science Central University of Tamilnadu, Tiuvarur
NO OF PARTICIPANTS ATTENDED	206

S.NO	STAFF NAME
1	Rev.Dr.A.Alex Dean of Studies and Head
2	Mr. Om prakash Assistant Professor
3	Dr.M.Monika Assistant Professor
4	Mrs.Poomagal Assistant Professor
5	Mis.k.prathiba Assistant Professor
6	Dr.R.Rajkumar Assistant Professor
7	Mr.Domnic zanier Assistant Professor
8	Mrs.Bhuvaneswari Assistant Professor
9	Mr.R.punniyaseelan Assistant Professor
10	Mrs. R.Krishnaveni Assistant Professor

E-MAIL	NAME	NAME OF THE COLLEGE/INSTITUTION/UNIVERSITY
perumaldadiprathiba@gmail.com	Prathi	Annamalai university.
Sathya15032002@gmail.com	Sathiyaseelan	Sathiyaseelan
a21bbd36@sjctnc.edu.in	P. Mathiyhamudhan	St. Joseph's College of Arts and Science
a19bbe22@sjctnc.edu.in	A.Jeevitha	St.joseph's college of arts and science
sakthiangel87@gmail.com	Mrs.P.Indhu Sakthi	ST.JOSEPH'S College of Arts and Science,Autonomous,Cuddalore.
27annemary@gmail.com	Dr.A.Annammal	St.Joseph's collegeof arts and science(autonomous)
andrews@sjctnc.edu.in	Dr.F.Andrews	St.Jpseph's college of arts and science, Autonomous
sirimuramalla6@gmail.com	Siri muramalla	Ideal college of arts and sciences kakinada
a21ace06@sjctnc.edu.in	Celine Sagayamary.j	Su.joseph college of arts and science
bose2627@gmail.com	Dr A JOHNBOSCO	Dr A JOHNBOSCO Asst prof SJC
venky.sakku@gmail.com	VENKATESWARA RAJU KONDURU	S V COLLEGE OF ENGINEERING (AUTONOMOUS), TIRUPATI
priyadharshinimurugan@gmail.com	PRIYADHARSHINI. M	St.joseph college of arts and science
a19bbe14@sjctnc.edu.in	Hafilah. H	St. Joseph's college of arts and science
sujatha.g47@gmail.com	SUJATHA GADDAM	Rise Krishna Sai Prakasam Group of Institutions
sharifuddin.mca2005@gmail.com	A.M. SHARIFUDDIN	MOHAMED SATHAK COLLEGE OF ARTS AND SCIENCE
sirimuramalla6@gmail.com	Siri muramalla	Sanjeev college of arts and sciences kakinada
krajcs86@gmail.com	Chinnaraju.K	Dr.R.V.Arts and Science college
kumawataarti5899@gmail.com	Aarti Nathamal Kumawat	Mumbai University
malleswararao.mallavolu@gmail.com	MALLAVOLU MALLESWARARAO	Chalapathi Institute of Engineering &Technology CIET Autonomous
dalip.chhatwal@gmail.com	Dalip Chhatwal	Meerut
zaheerhussain1985@gmail.com	Dr. P. ZAHIR HUSSAIN	Dr. Zakir Husain College Ilayangudi
rexietjeyasheeba@gmail.com	M.REXIE T. JEYA SHEEBA	GOVERNMENT LAW COLLEGE, TIRUNELVELI
deepikarani543@gmail.com	NAMANI DEEPIKA RANI	NAMANI DEEPIKA RANI
smadenor8@gmail.com	Shweta M	FETW, SUK
mr.gsh2010.india@gmail.com	Harsan.G.S.	Adharsh Vidhyalaya Matric Higher Secondary School, Anthiyur
madhanlatha03@gmail.com	Madhankumar M	Kongunadu college of Engineering and Technology (Autonomous)
sanujashree.pn@gmail.com	SANUJA SHREE P N	University of Madras
nikhitha.s@stfranciscollege.edu.in	Nikhitha S Thomas	St Francis College
siddharth.das121@gmail.com	Siddharth Das	Siddharth Das
freshsafoduker30@gmail.com	NANA SAFO DUKER	Association of Certified Chartered Data Science (ACCDS)
tapasvikareker@gmail.com	Tapasvi P. Kareker	Carmel College of arts science and commerce for women
smitakarekar18@gmail.com	Smita Karekar	Carmel College of arts science and commerce for women
gayathriragul2005@gmail.com	Gayathiri Arumugam	Vivekanandha College of Arts and Sciences for Women
sowmiyamiya05@gmail.com	N.sowmiya	Vivekananda institution
subashnimuthiahpillai@gmail.com	M. Subashini	Vivekanadha college of arts and science
r.vedhavalli26@gmail.com	R.vedhavalli aishwarya	Vivekanandha women's of arts and science collage
20ucav065@vicas.org	PRAVEENA . K	Vivekananda college of arts and science for women

20ucav043@vicas.org	DHIVYA R	Vivekananda college of arts and science
souvik.sen@outlook.com	Souvik Sen	Department of Planning & Statistics
jothishreesrn@gmail.com	JOTHISHREE.R	Vivekanandha College of Arts and Sciences
shrima6113@gmail.com	N.Shri Dharshni	Vivekanandha College of Arts and Science for Womens
dhanasarasu2004@gmail.com	S.Dhanapriya	Vivekanandha college of arts and sciences for women (Autonomous)
dhanasarasu2004@gmail.com	S.Dhanapriya	Vivekanandha college of arts and sciences for women (Autonomous)
revathi.kumartrichy@gmail.com	G.REVATHI	AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN TRICHY
srinithiranga@gmail.com	Srinithi.R	Vivekananda college of arts and science
arunamuthumurugan12@gmail.com	M. Aruna devi	Vivekanandha women's arts and science college
20uitv023@vicas.org	NISHABANU A	Vivekanandha college Arts and science for women
engshanpre@gmail.com	MS.P.SHANMUGAP REETHI	N.M.S.SERMATHAI VASAN COLLEGE FOR WOMEN
brkavitha2@gmail.com	B.R. Kavitha	Vivekanandha College of Arts and Sciences for Women
bhavanagl_s19@bmscw.edu.in	Bhavana G L	BMS College for Women
shahanaaramana524@gmail.com	Shahanaa ramesh	Vivekananda college of arts and science for women
tibusabi@gmail.com	SABITHA S	VIVEKANANDHA COLLEGE OF ARTS AND SCIENCES FOR WOMEN (AUTONOMOUS)
zeenathzarina@ymail.com	Dr. N. Zeenath Zarina	Madras Christian College
zeenathzarina@ymail.com	De. N. Zeenath Zarina	Madras Christian College
kandasamy120761@gmail.com	K.Hemavarshini	Vivekananda college of arts and sciences for women autonomous
durairad@srmist.edu.in	Dr.D.Durairaj	SRM Institute of Science and Technology
kantikeshwar@gmail.com	Mr. Kantikeshwar jaiswal	Pt. Jawahar Lal. Nehru College, Nawagarh
anusrit3@gmail.com	T.Anusri	Vivekananda collge of arts and science
sathyag@vicas.org	G.SATHYA	Vivekanandha collage of arts and sciences for women autonomous
sathyamcomputerscience@vicas.org	M SATHIYA	Vivekanandha College of Arts and Sciences for Women Autonomous
20ucav036@vicas.org	SUGANYA.K	Vivekananda collage of arts and sciences for women, autonomous/vicas/periyar
20uitv025@vicas.org	M.PADMAPRIYA	Vivekanandha College of Arts and sciences for women (Autonomous)
madhumithabeautyparlour12@gmail.com	Madhumitha	Vivekananda arts and sciences College
madhumithabeautyparlour12@gmail.com	Madhumitha	Vivekananda arts and sciences College
kyiphyulwin2@gmail.com	Mr.Kyi Phyu Lwin	Technological University
kavinirai88@gmail.com	ARASUKAVITHA M	NMS.Sermathai Vasan College for Women
nancynikki23@gmail.com	R.SNEKHA	ANNA ADARSH COLLEGE FOR WOMEN
aarajupachal@gmail.com	Dr.Arumugam Raju	KI university
valli.g1644@gmail.com	GRANDHI SANTHI VALLI PADMA	KAKINADA INSTITUTE OF TECHNOLOGICAL SCIENCES
roja604@gmail.com	R.Ruba Rajasekaran	Vivekananda college of arts and science
kamalmalar18@gmail.com	Dr. Malar Packyanathan	Women's Christian College
20uitv012@vicas.org	KAVIYA.G	VIVEKANANDA COLLEGE OF ARTS AND SCIENCES FOR WOMEN (AUTONOMOUS)
20uitv005@vicas.org	M.Deepika	Vivekanandha collage of arts and science for womens
20uitv019@vicas.org	MIRLUDHULA P	Vivekananda college of arts and science for women (Autonomous)

peshithraperumal@gmail.com	P. Peshithra	Erode sengunthar engineering college
peshithraperumal@gmail.com	P. Peshithra	Erode sengunthar engineering college
vshampoorani@gmail.com	V.Shampoorani	Vivakanatha college arts and science (autonums)
sharushine2003@gmail.com	S.sharumathi	Vivekananda women's art's and science College
sharushine2003@gmail.com	S.sharumathi	Vivekananda women art's and science College
amreenamreen79147@gmail.com	S.Amreen	Vivekananda Clg of arts and science
kavics2014@gmail.com	KAVITHA R	Vivekanandha College of Arts and Sciences for Women(Autonomous)
ntapolscience@gmail.com	RAHUL SHARMA	RAHUL SHARMA
msramasamy@gmail.com	R. Mohana Sundaram	Vivekanandha College of Arts and Sciences for Women(Autonomous)
menakamca03@gmail.com	Menaka S	Vivekanandha College of Arts and Sciences for Women (Autonomous)
deepikasankar9361@gmail.com	Deepika. S	Vivekananda college of arts and science for women
bulandivinejasmie_bsit@plmun.edu.ph	DIVINE JASMINE B. BULAN	Pamantasan ng Lungsod ng Muntinlupa
silvestervinarao23@gmail.com	SILVESTER C. VINARAO	Isabela State University-Cabagan
sneh22062004a@gmail.com	S.snega	Vivekananda collage of arts and science
udhayaamathiselvan28@gmail.com	UDHAYAA	VIVEKANANDA COLLEGE OF ARTS AND SCIENCE FOR WOMEN, PERIYAR UNIVERSITY
abinayamanickam987@gmail.com	M.Abinaya	Vivekananda college of arts and science for women/ VICAS/autonomous
cutiemallu@gmail.com	S.malini	Vivekandha collage of education institution
pragathishanmugavel17@gmail.com	S. Pragathi	Vivekanandha college of arts and science for women
soundaryapalanikumar2021@gmail.com	P.Soundharya	Vivekanandha college of Arts and Sciences for Women
sabeenak297@gamil.com	Sabeena kathirvel	Vivekanandha College of arts and science for women's
20ucav066@vicas.org	Ramya Devi.B	Vivekananda arts and science College tiruchengode
varshinivarshu172@gmail.com	J.sri naga varshini	Vivekananda institution
ggobikakannan@gmail.com	V. GOBIKA	Vivekananda college of arts and science
shreguru9047@gmail.com	G.Gangashree	Vivekananda institution
jayasrikutty773@gmail.com	V.Jayasri	Vivekanandha arts and science for women
aabirami516@gmail.com	P.Abirami Pachamuthu	Vivekananda arts and sciences for women Thiruchenkodu
poojamanivel555@gmail.com	M. Pooja	Viveganantha college of Art's and science of woman's
priyadharshini.v19102004@gmail.com	Priyadharshini.V	Vivekananda college of arts and science for women(Autonomous)
kokilapriya724@gmail.com	S.Gokilapriya	Vivekananda Arts and science women college
kokilapriya724@gmail.com	S.Gokilapriya	Vivekananda Arts and science women college
priyngaselvarajj@gmail.com	S Priyanga	Vivekananda college of arts and science for women Autonomous
gayathribalu301@gmail.com	Gayathri.B	Vivekananda College of Arts and Science for Women
c.karthikkumarr@gmail.com	C. KARTHIKKUMAR	Mannar Thirumalai Naicker College (Autonomous), Madurai
subhashri2710@gmail.com	S. Subha shri	Vivekananda women college
anithaloganathan2004@gmail.com	Anitha.L	Vivekanandha college of Arts and Science for Women
sathyakaran17@gmail.com	P.SATHYA	N.M.S Sermathai Vasan College for Women
durgadhina1985@gmail.com	DURGA K D	K.L.N.Arts & Sciences College

narayanidps@gmail.com	Narayani	Indraprastha college for women, University of Delhi
parthsharma1d@gmail.com	Parthsarathy Sharma	Sgtb khalsa college, University of Delhi
spn-mba@yahoo.co.in	Dr S.Pandian	Annamalai university
siddharth.das121@gmail.com	Siddharth Das	University of Delhi
dhanasarasu2004@gmail.com	S.Dhanapriya	Vivekanandha college of arts and sciences for women (Autonomous)
a19bbe15@sjctnc.edu.in	S.HARINI SHREE	ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
a19bbe30@sjctnc.edu.in	S.mahalakshmi	St.joseph's college of arts and science (autonomous)
a19bbe69@sjctnc.edu.in	YUVARANI M	ST.JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS) CUDDALORE 607001
om@sjctnc.edu.in	OM PRAKASH MARIAPPAN	St.Joseph's College of Arts and Science (Autonomous)
bhuvanamughesh@gmail.com	M.bhuvana	St Joseph college of arts and science
a21ace11@sjctnc.edu.in	HEMAMBUJAVALLI. B	St.joshep art and science college autonomous
sivanthika24@gmail.com	R.Sivanthika	St.Joseph
a19bbe20@sjctnc.edu.in	Jagadeeswari.K	St. St Joseph's college of arts and science
a19bbe29@sjctnc.edu.in	LakshmiPriya.S	ST.Joseph's College Of Arts & Science. (Autonomous)
a19bbe14@sjctnc.edu.in	HAFILAH.H	St. Joseph's college of arts and science
johnjanani001@gmail.com	J.JANANI	ST.JOSEPH COLLEGE OF ARTS AND SCIENCE, CUDDALUR
a19ace06@sjctnc.edu.in	S.Gayathri	St'joseph college of arts and science (autonomous) cuddalore
a19ace31@sjctnc.edu.in	Swetha.T .	St.joseph's college of arts and science(Autonomous) Cuddalore.
preshnev865@gmail.com	Preshnev	Annamalai university
muruga978695@gmail.com	Muruga Pandiyan	Trichy SRM Arts and Science College
aravindkarthikeyan2@gmail.com	K ARAVIND	SRM TRICHY ARTS AND SCIENCE COLLEGE
sjayanthi408@gmail.com	S.Jayanthi	Vivekananda college of arts and science for womens
a19bbe45@sjctnc.edu.in	M. Rizwana begum	ST. Joseph's college of arts and science (autonomous)
20uitv039@vicas.org	VAISHNAVI M	Vivekanandha college of arts and science for women (autonomous)
a19bbe45@sjctnc.edu.in	M. RIZWANA BEGUM	ST. Joseph's college of arts and science (autonomous)
a19bbe46@sjctnc.edu.in	J.ROSEMA PARVEEN	ST.Joseph's College Of Arts And Science(AUTONOMOUS)
a19bbe03@sjctnc.edu.in	Asviny.p	St.joseph's college of arts and science (autonomous)
a19bbe26@sjctnc.edu.in	Keerthika. G	St. Joseph's college of arts and science (AUTONOMOUS) Cuddalore
a19bbe48sjctnc.edu.in@gmail.com	Sangeetha s	St. Joseph's college of arts and science (autonomous)
a19bbe24@sjctnc.edu.in	KAVIYA.S	St.Josephs college of arts and science
19uba21jenisjacobl@gmail.com	Jenis Jacob L	Loyola College
jothikarthi2015@gmail.com	Mrs. G. JOTHILAKSHMI	St. Joseph's College of Arts and Science (Autonomous) Cuddalore
abinaya.sjctn.edu.in@gmail.com	A.Abinaya	At.joseph's collage of Arts &science(autonomous)
abinaya.sjctn.edu.in@gmail.com	A.Abinaya	At.joseph's collage of arts & science (autonomous)
a19ace29@sjctnc.edu.in	K.sneka	St Joseph's college of arts and science
pintoantony02@gmail.com	PINTO.A	Loyola college vottavalam

madhumithabeautyparlour12@gmail.com	Madhumitha	Vivekananda arts and sciences College
a20ace10@sjctnc.edu.in	K Induja	St Joseph college of Arts and science (Autonomous)
ruba.rk343.@gmail.com	Ruba	Vi
a21ace33@sjctnc.edu.in	Shathya.R	St Joseph's College of arts and sciences
Ruba.rk343ruba.rk343.@gmail.com	Ruba	Vivakanadha educational institutions college
shahanaaramana524@gmail.com	Shahanaa	Vivekananda college of arts and science for women
a20ace41@sjctnc.edu.in	SUVADHI.K	St.Joseph's College Of Arts & Science (Autonomous)
savita.mba@suranacollege.edu.in	SAVITA SHASTRI	Surana College
madubalaravi@gmail.com	Madubala. N	Joseph college of arts and Science autonomous Cuddalore
a19bbe52@sjctnc.edu.in	M. Sarumathi	St. Joseph's college of arts and science
a19ace37@sjctnc.edu.in	Yoga lakshmi.R	St.joseph's college of arts&science(Autonomous)
a19ace39@sjctnc.edu.in	YOKESHWARI A	St'joseph college of arts and sciences
a19bbe62@sjctnc.edu.in	Suwathi u	St. Joseph college of arts and science (autonomous)
sadhams446@gmail.com	SADHAM HUSAN I	Loyola College vettavalam
angelfairywilson95@gmail.com	ANGEL W	St. Joseph's College of Arts and Science Autonomous
aacepushpa@gmail.com	K. Pushpa	St. Joseph's college of arts and science (autonomous)
a20ace39sjctnc@gmail.com	Surbhi.S	St.Joseph college of Arts and Science (Autonomous)Cuddalore
a19ace23@sjctnc.edu.in	PRABAVATHI M	St Joseph's college of arts and science (autonomous)
aacekpushpa957@gmail.com	K. Pushpa	St. Joseph's collage of arts science(autont)
Shanmugapriya536@gamil.com	Shanmuga priya. K	St.joseph 's college of arts& sciences (autonomous)
santhiyasanthiyapriyam@gmail.com	M.santhiya Priya	St,Joseph college and arts and sciences automous
santhiyasanthiyapriyam@gmail.com	M.santhiya Priya	St, Joseph college
a19ace33@sjctnc.edu.in	SWETHA.M	St.joseph's college of Arts & Science (Autonomous)
jayapriyab173@gmail.com	Jayapriya	St.joseph atr and science college
aacekpushpa957@gmail.com	K. Pushpa	St. Joseph's college of arts and science (autonomous)
kstvaishu02@gmail.com	A21ace41 vaishnavi.k	St joseph
a21ace15@shctnc.edu.in	R.KALAIARASI	St.joseph's college of arts & science (autonomous)
gunaselviguna2002@gmail.com	Gunselvi M	St. Joseph college of arts and science
jayapriya173@gmail.com	Jayapriya	St.joseph art and science college
a21ace30@sjctn.edu.in	Senisha. s	st'Joseph college
a21ace06@sjctnc.edu.in	CELINE SAGAYAMARY.J	St.joseph college of arts and science
jon@sjctnc.edu.in	Dr. J. JON AROCKIARAJ	St. Joseph's College of Arts and Science (Autonomous)
mariyammalj2003@gmail.com	J. Mariyammal	Vivekananda college for women's
laviatchaya@email.com	M.lavanyaa	St Joseph
savithiri.kishore@gmail.com	Dr.B.Savithiri	Krishnasamy college of science,arts and management for women,s.kumarapuram,cuddalore
a19ace22oswinlenamary.g@gmail.com	Oswin lena Mary .g	Sjc
ashiqraja863@gmail.com	Nishana Parveen R	St.joseph college of arts and science autonomous
a21ace35@sjctnc.edu.in	AZTACE35_subanu.	st.joseph college for arts and science

ksvaishu02@gmail.com	A21ACE41 Vaishnavi.k	St joseph of arts and science
laviatchaya@email.com	M.lavanyaa	St Joseph
nishanaparveen25@gmail.com	Nishana Parveen R	St.joseph college of arts and science autonomous
sabidhasabi346@gmail.com	P.Sabidha	St.Joseph college
a20ace04@sjctnc.edu.in	A.Anupriya	st joseph 's arts and science college
A21ace08@sjctnc.edu	P.Dhivya	St.joseph's collage of arts & science
a21ace08@sjctnc.edu	P.dhivya	St.joseph's collage of arts and sciences
a19ace09@sjctnc.edu.in	Julie Jenifer.p	St.joseph college of arts and science (autonomous)college
infantstepilamary@gmail.com	P.Infant stepila mary	Loyola college
madhummadhu725@gmail.com	C. Madhumitha	St Joseph's college of arts and science (Autonomous)
iswathi685@gmail.com	S.Swathi	St.joseph College of arts and scirnce
srijasaravanan403@gmail.com	S. Sreja	Vivekanandha college of arts and sciences women
vinesha@gmail.com	V.VINISHA	ST.JOSEPH'college of arts &sciences (Autonomous)
jothishreesrn@gmail.com	Jothishree.R	Vivekanandha College of Arts and Sciences
dharani6622@gmail.com	C . Dharani	Vivekanadha college of arts and sciences for women
mohamedsameer75407@gmail.com	Mohamed Sameer.A	Loyola College
20uba74@lcv.edu.in	Nagalingam	Loyola College vettavalam /Thiruvalluvar University
a20ace38@sjctnc.edu.in	S.Srivarshini	st.Joseph college of arts &science (autonomous)cuddalore


Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,
 PRINCIPAL
St. Joseph's College of Arts & Science
 (AUTONOMOUS)
 CUDDALORE - 607 001.

12:17 PM

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INTERNET FRAUD

- Internet fraud is a type of cybercrime fraud or deception which makes use of the Internet.
- Hiding of information or providing incorrect information for the purpose of tricking victims out of money, property, and inheritance.



Martin is presenting



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PRAT...



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Martin



A2 76 others



ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE-607001
DEPARTMENT OF COMMERCE (BANK MANAGEMENT)

REPORT ON SKILL ENHANCEMENT PROGRAM

Title of the Event:	Skill Enhancement Program – “ Cyber Crime and Information Technology Act 2000”
Date:	12-11-2021
Time:	Shift 1: 10. a.m to 11..30 a.m Shift 2: 2.00 p.m to 3.30 p.m
Online platform :	Google meet
Resource Person:	Dr.A.Martin ,Assistant professor, Department of Computer Science, Central university of Tamilnadu ,Tiruvarur

The Department of Commerce (BM) organized one day National Level Skill Enhancement Program on 12-11-2021. The program was presided over by **Rev. Fr. A. Alex, Head** of the department. He explained the importance of today's program and Its Applications in our daily Life. **Mr.R.Punniyaseelan, Assistant Professor**, Department of Commerce (BM) co-ordinated the program . Hundred (**100**) Final year and II year students of BBM in Shift I were the participants of the program. The program was started with more vital the topic “Cyber crime and Information Technology Act. The resource person Dr. A.Martin addressed the students and gave more take home information and explained how to guard security information, how to be aware of fraudulent and to safeguard our pass word. He shared real time examples to explain the basic concepts and various cyber crimes with videos. He explained us how to overcome the cyber crime attacks.

During his speech, he explained how the internet fraud is take place and purpose of tricking victims out of money, property and inheritance. He pointed out about Ransom malwares from crypto virology threatening to publish person's personal data. He added in his talk about motive of the cyber criminals with documentary films.

He told that don't repeat your passwords on different sites, and change your passwords regularly. Make them complex. That means using a combination of at least 10 letters, numbers, and symbols. A password management application can help you to keep your

passwords locked down. Keep your personal and private information locked down. Software engineering cybercriminals can often get your personal information with just a few data points, so the less you share publicly, the better. For instance, if you post your pet's name or reveal your mother's maiden name, you might expose the answers to two common security questions. If you are doing business, a merchant or have an account on a website that's been impacted by a security breach, find out what information the hackers accessed and change your password immediately. The hacker takes control of a web site fraudulently. He may change the content of the original site or even redirect the user to another fake similar looking page controlled by him.

Cyber stalking is a new form of internet crime in our society when a person is pursued or followed online. A cyber stalker doesn't physically follow his victim; he does it virtually by following his online activity to harvest information about the stalker and harass him or her and make threats using verbal intimidation. Identity theft occurs when someone steals your identity and pretends to be you to access resources such as credit cards, bank accounts and other benefits in your name.

At the end of the webinar, Mr. R.Punniya seelan records special thanks to the resource person dr. A. Martin who spared his time to impart skill for overcome cyber crime to our students. He extended his thanks giving words to Rev.Fr.Dr. A.Alex, Head of the department, who had gave opportunity to conduct event for our students. He had proposed vote of thanks to staff and students.



**St. Joseph's College of Arts and Science
(Autonomous), Cuddalore-1**

DEPARTMENT OF COMMERCE (BANK MANAGEMENT)

Cordially invites you for

SKILL ENHANCEMENT PROGRAM -

CYBERCRIME AND INFORMATION TECHNOLOGY ACT

Date : 12.11.2021- FRIDAY

Timing : Shift I - 10.00 AM – 11.30 AM,

Online Mode: Google Meet

Presided over by Chief Patron

Rev.Fr.G.Peter Rajendiram, Secretary

Felicitations by

Dr.M.Arumai Selvam,Principal

Dr.J.Jon Arockiaraj, Vice-Principal

Rev.Fr.Dr.S.Xavier, Controller of Examinations

Resource Person

Dr. A MARTIN,Assistant Professor,
Department of Computer ScienceCentral University of Tamilnadu, Tiruvarur

Convener

Rev Fr. Dr. A. Alex

Dean of Studies and Head
Department of Commerce (BM) and Business administration (CA)


Organizing Coordinator

Mr. R Punniyaseelan , Assistant Professor
Department of Commerce (Bank Management)

meet.google.com/knu-gzzf-rvk?authuser=3&hl=en

Martin Aruldoss is presenting

CYBER CRIME AND INFORMATION TECHNOLOGY ACT, 2000 & ITS AMENDMENTS



DR.A.MARTIN, ME, PH.D.
ASSISTANT PROFESSOR,
DEPT. OF COMPUTER SCIENCE,
SCHOOL OF MATHEMATICS AND COMPUTER SCIENCE,
CENTRAL UNIVERSITY OF TAMIL NADU,
THIRUVARUR, TAMIL NADU - 610 005.

10:23 AM | Skill enhancement program - shift 1

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A198BD25 S.kamalesh

A198BD06 Ananthavel...

Martin Aruldoss

PUNNIYA SEELAN R

PUNNIYA SEELAN R

ALEX A Rev.Fr.


92 others

You

meet.google.com/knu-gzzf-rvk?authuser=3&hl=en

Martin Aruldoss is presenting

CYBER CRIME AND INFORMATION TECHNOLOGY ACT, 2000 & ITS AMENDMENTS



DR.A.MARTIN, ME, PH.D.
ASSISTANT PROFESSOR,
DEPT. OF COMPUTER SCIENCE,
SCHOOL OF MATHEMATICS AND COMPUTER SCIENCE,
CENTRAL UNIVERSITY OF TAMIL NADU,
THIRUVARUR, TAMIL NADU - 610 005.

10:24 AM | Skill enhancement program - shift 1

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A20BBD52 SATHIYASE...

A198BD25 S.kamalesh

A198BD06 Ananthavel...

Martin Aruldoss

PUNNIYA SEELAN R

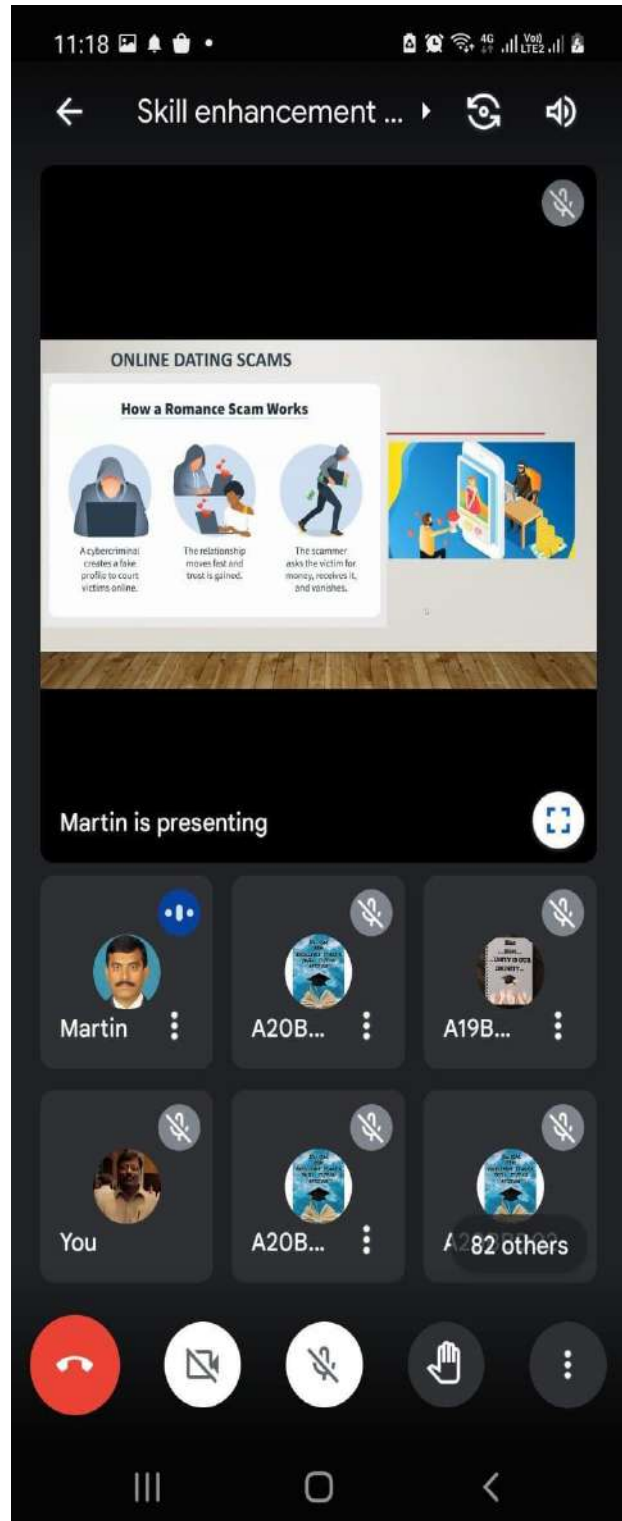
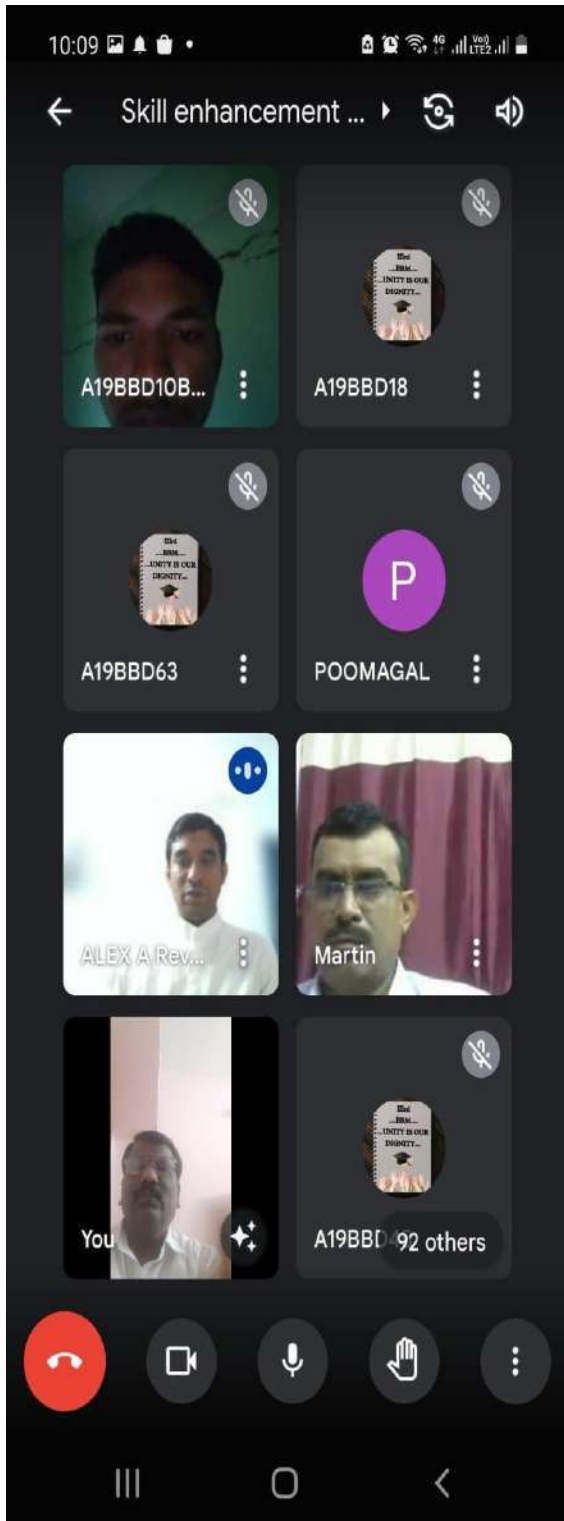
PUNNIYA SEELAN R

ALEX A Rev.Fr.

92 others

You

Dr. A. Martin Addressing the students Using PPT



Dr. A. Martin was addressing the students who joined in Google meet

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS), CUDDALORE
DEPARTMENT OF COMMERCE (BM) & BUSINESS ADMINISTRATION (CA)

Event: Skill enhancement Program – “Cyber Crime and Information technology Act 2000”

Date: 12-11-2021 -List of Participants

S.NO	ROLL NO	NAME OF THE STUDENT	CLASS
1	A19BBD01	Adhi.P	III BBM
2	A19BBD02	Ajai prasana.B	III BBM
3	A19BBD04	Ajithkumar.V	III BBM
4	A19BBD05	Alwin.A	III BBM
5	A19BBD06	Ananthavel.P	III BBM
6	A19BBD07	Aravind.S	III BBM
7	A19BBD08	Asiq.S	III BBM
8	A19BBD10	Balaji.P	III BBM
9	A19BBD11	Bojana Sastha.V	III BBM
10	A19BBD12	Cladisten.A	III BBM
11	A19BBD13	Deveraj.V	III BBM
12	A19BBD14	Dharanidharan.P	III BBM
13	A19BBD15	Dharanraj.R	III BBM
14	A19BBD16	Dheena.P	III BBM
15	A19BBD17	Dineshkumar.S	III BBM
16	A19BBD18	Faroog Baig.A	III BBM
17	A19BBD19	Ganapathi.K	III BBM
18	A19BBD20	Ganesh.R	III BBM
19	A19BBD23	Hemasundar.S	III BBM
20	A19BBD24	Kamelesh.P	III BBM
21	A19BBD25	Kamalesh.P	III BBM
22	A19BBD26	Kiran.J	III BBM
23	A19BBD31	Lokesh.K	III BBM
24	A19BBD32	Logesh.T	III BBM
25	A19BBD33	Mariaantony Raj.A	III BBM
26	A19BBD34	Milton.L	III BBM
27	A19BBD37	Narasiman.B	III BBM
28	A19BBD41	Padmanaban.R	III BBM
29	A19BBD42	Pandiraj.S	III BBM
30	A19BBD45	Priyadharsan.S	III BBM

31	A19BBD46	Ragavan.M	III BBM
32	A19BBD47	Raghul.V	III BBM
33	A19BBD48	Ravivarman.J	III BBM
34	A19BBD49	Sangeethan.V	III BBM
35	A19BBD50	SivaKumar.M	III BBM
36	A19BBD51	Sanjaj.S	III BBM
37	A19BBD52	Sastha.T	III BBM
38	A19BBD53	Sathish.D	III BBM
39	A19BBD55	SenthilKumar.S	III BBM
40	A19BBD56	Shyam.M	III BBM
41	A19BBD59	Sivakumar.V	III BBM
42	A19BBD60	Sridharan.D	III BBM
43	A19BBD61	Srinivasan.V	III BBM
44	A19BBD63	subash.M	III BBM
45	A19BBD65	Valantine.A	III BBM
46	A19BBD66	Varadharajan.V	III BBM
47	A19BBD67	Varunraj.K	III BBM
48	A19BBD68	Vedhavinayagam.P	III BBM
49	A19BBD70	Yogesh.S	III BBM
50	A19BBD71	Yuvaraj.P	III BBM
51	A20BBD02	AnandhaRaman.B	II BBM
52	A20BBD03	Anupraveen.R	II BBM
53	A20BBD06	Arunachalam>R	II BBM
54	A20BBD07	Ashik ahamed.M	II BBM
55	A20BBD08	Aswinkumar.S	II BBM
56	A20BBD09	Balaji.M	II BBM
57	A20BBD10	Balaji.S	II BBM
58	A20BBD11	Baskaran.V	II BBM
59	A20BBD12	Barathy.D	II BBM
60	A20BBD13	DareshKumar.G	II BBM
61	A20BBD14	Dhilipkumar.D	II BBM
62	A20BBD16	Gokul.G	II BBM
63	A20BBD18	Gopikrishnaraj.R	II BBM
64	A20BBD19	Gunabaran.P	II BBM
65	A20BBD20	Harish.R.K	II BBM
66	A20BBD21	Hemenshu.R	II BBM
67	A20BBD23	Jagadeeswaran.P	II BBM

68	A20BBD25	Johndumunil.G	II BBM
69	A20BBD27	Kumaran.T.N	II BBM
70	A20BBD28	Lakshmanan.S	II BBM
71	A20BBD30	Maheshwaran.a	II BBM
72	A20BBD31	Maniraju.S	II BBM
73	A20BBD32	Navven.G	II BBM
74	A20BBD33	Nirmalkumar.G	II BBM
75	A20BBD37	Prathap.A	II BBM
76	A20BBD38	Premkumar	II BBM
77	A20BBD41	Rajavarman.S	II BBM
78	A20BBD42	Ranjithkumar.R	II BBM
79	A20BBD43	Reshedas.D	II BBM
80	A20BBD45	Sabarish.S	II BBM
81	A20BBD46	Sanjai.R	II BBM
82	A20BBD47	Santhosh.M	II BBM
83	A20BBD48	Saranraj.B	II BBM
84	A20BBD52	Sathiaseelan.A	II BBM
85	A20BBD55	Sivavel.V	II BBM
86	A20BBD61	Surendhar.B	II BBM
87	A20BBD66	Vengatesh .B	II BBM
88	A20BBD66	Venkatesh.B	II BBM
89	A20BBD67	Vignesh .M	II BBM
90	A20BBD68	Vignesh.M	II BBM
91	A20BBD69	Vijay.G	II BBM
92	A20BBD70	Visva.R	II BBM
93	A20BBD71	Aravind.V	II BBM
94	A20BBD72	Bhuvanesh.V	II BBM
95	A20BBD73	Manowjcumar.S	II BBM
96	A20BBD74	Senthamizh .S	II BBM
97	A20BBD75	Manikandan.V	II BBM
98	A20BBD76	Rajesh.A	II BBM
99	A20BBD77	Ilayaperumal.M	II BBM
100	A20BBD78	Prakash.G	II BBM


Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,
 PRINCIPAL
 St. Joseph's College of Arts & Science
 (AUTONOMOUS)
 CUDDALORE - 607 001.

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS), CUDDALORE
VILLAGE SERVICE LEARNING

SEMINAR ON PROMOTION OF HUMAN VALUES AND ETHICS

Seminar on Promotion of Human values and ethics was conducted on 19.07.2019 for the students of our college. After the formal welcome and honouring, Rev. Fr. G. Peter Rajendiram has addressed the students with his presidential message. Special guest Mr. A. Selva Arokia Raj talked about the chief guest and his service to the people. After this, the Chief guest Rotarian Adrian Ramsden from Rotary Club of Sandbach, UK inspired the students on his views on promoting human values and ethics.



(Group activity given by the resource person Adrian Ramsden)


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ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS), CUDDALORE - 607 001.



VILLAGE SERVICE LEARNING (VSL) PROGRAMME

(EXTENSION WORK OF THE COLLEGE)

Warmly invites you for the

SEMINAR ON PROMOTION OF HUMAN VALUES AND ETHICS

Date : 19.07.2019 Shift I : 11.30 am - 01.15 pm; Shift II : 2.30 pm to 4.00 pm

Venue : M.A. Ratchakar Hall

Presidential Address

Rev. Fr. G. Peter Rajendiram

Secretary, St. Joseph's College of Arts and Science (Autonomous), Cuddalore

Felicitation

Dr. S. Chinnappan, Principal

Mr. M. Arumai Selvam, Vice-Principal

Rev. Fr. Dr. S. Xavier, Controller of Examinations

Rev. Fr. A. Alex, Dean of Studies & Director of VSL Programme

Chief Guest

Rotarian Adrian Ramsden

Rotary Club of Sandbach, UK

Special Guest

Mr. A. Selva Arokia Raj

Florence Home Foundation, Killai



Organized by

**Director, Co-ordinators, Faculty & Students
of Village Service Learning (VSL) Programme**

Invitation Banner

Sample Certificate



ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE(AUTONOMOUS)

*A Christian Minority Institution *Affiliated to Thiruvalluvar University, Vellore

*Re-Accredited by NAAC with 'A' Grade(3rd Cycle)

CUDDALORE - 1

VILLAGE SERVICE LEARNING (VSL) PROGRAMME

*This is to certify that **KOWSALYA.R** has participated in "SEMINAR ON PROMOTION OF HUMAN VALUES AND ETHICS" organized by Village Service Learning (VSL) Programme at St. Joseph's College of Arts & Science (Autonomous), Cuddalore-607 001 on 19th July 2019.*

Rev. Fr. A. Alex
Convenor

Dr. S. Chinnappan
Principal

Rev. Fr. G. Peter Rajendiram
Secretary

**ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)**

CUDDALORE – 607001

DEPARTMENT OF PSYCHOLOGY

Programme Title: One Day Capacity Development Programme on Discover yourself

Date: 17-7-19

Resource Person Details - Mr. R. Kumararajan

Clinical psychologist

National institute for empowerment of person with multiple disabilities,

Ministry of social science and empowerment, Govt of India,

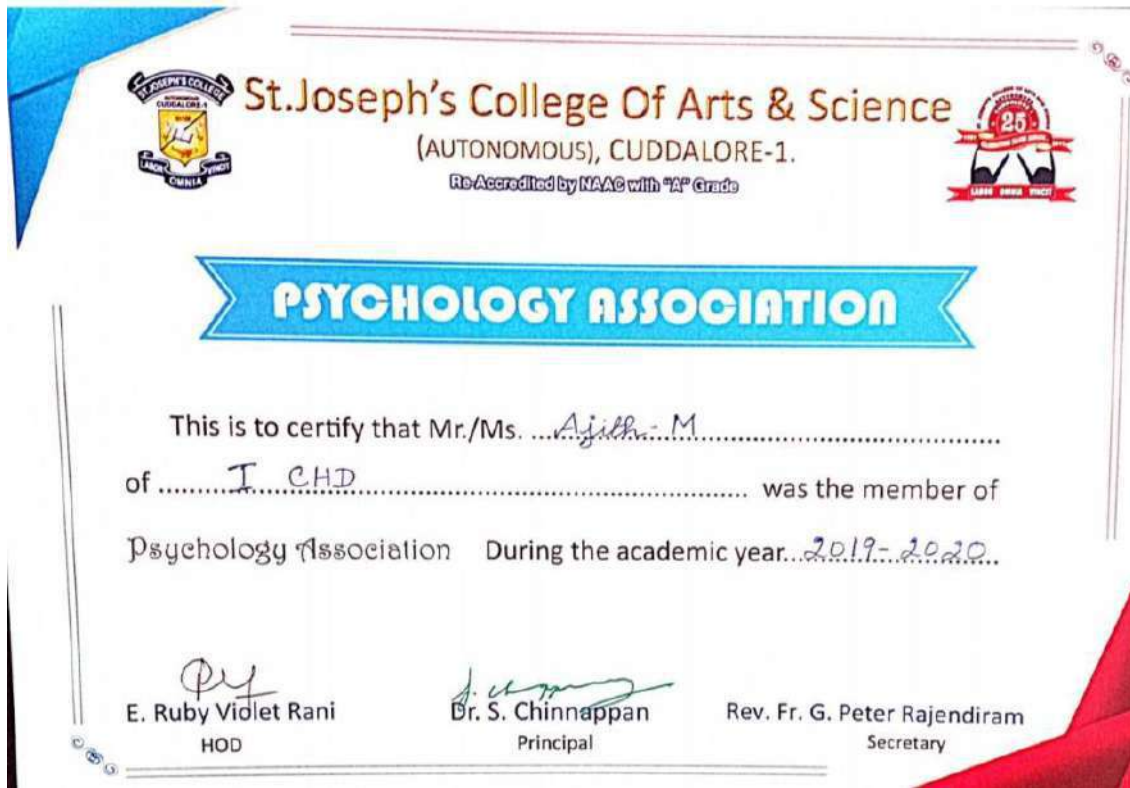
Chennai.

The inauguration of psychology association was held on 17th July 2019 in Rev.Fr.Paulraj kumar hall around 11.45a.m.the function started with prayer song followed by tamilthai vazhthu.Dr.Ruby the head of the department welcomed the gathering.Rev.Fr.Secretary honoured the chief guest and gave presidential address.Dr.R.Sembiyan asst.professor introduced the office bearers for the year 2019-20 for both shift I&II.then the session was handed to the chief guest Mr.R.Kumararajan clinical psychologist national institute for empowerment of person with multiple disabilities. Ministry of social science and empowerment, govt of India.He delivered a lecture on `Discover yourself` then Dr.K.Balamurugan delivered the vote of thanks and the session came to an end by national anthem.

Snap shots



Sample Certificate



Participants

I chemistry students of shift-I

Dr.E.Ruby violet Rani

Asst.prof & Head ,Department of psychology

**ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)**

CUDDALORE – 607001

DEPARTMENT OF PSYCHOLOGY

Programme Title: One Day Capacity Development Programme on
Motivation

Date: 29-7-19

Resource Person Details - Mr.Satheesh

State officer

Nehru Yuvakendra

The department of psychology organized a student empowerment programme on 29th July 2019 on the topic `Motivation` The head of the department introduced the chief guest and he was honored by Dr. Sembian , Asst. professor, then the session handed over to the chief guest Mr.Satheesh state officer Nehru Yuvakendra. He enlightens the students on various aspects, then the students were encouraged to participate in discussion session, many students came out with their thoughts and got cleared. Then the gratitude note is read by Dr. Sembian and programme came to an end by national anthem.



Dr.E.Ruby violet Rani


Asst.Professor & Head,


Department of psychology.

Snapshot



Invitation

 **St. Joseph's College of Arts & Science**
(Autonomous)
(Re-accredited by NAAC with "A" grade)
Recognised U/S 2(f) & 12(B) of the UGC act.1956



DEPARTMENT OF PSYCHOLOGY
Cordially invites you all for the
Inauguration of

Psychology Association SHIFT-I

Venue : Library Extension Hall
Date : **29.07.2019**
Time : 10.30 A.M

A Guest Lecture on
Student Empowerment Programme
for Fresher's on the Topic
'Motivation'

Presided by :
Fr. G. Peter Rajendiram
Secretary



Resource Person :
Satheesh,
State Officer, Nehru Yuvakendra

Felicitation by:
Dr. S. Chinnappan (Principal)
Mr. M. Arumai Selvam (Vice Principal)
Rev. Fr. Xavier (Dean of studies)
Mrs. Jeyanthii Ravichandren (Dean of Evening College)
Head, Staff & Students
Department of Psychology

Participants List


S. NO	ROLL NO	NAME	SIGN
1.	A19BBD01	ADHITHIYAN.P	P. Adhithyan
2.	A19BBD02	AJAI Prasanna.B	B. Ajai
3.	A19BBD03	Ajay Lawrence.S	S. Jay
4.	A19BBD04	AJITH KUMAR.V	V. Ajith
5.	A19BBD05	ALWIN . A	A. Alwin
6.	A19BBD06	Ananthavel . P	P. Ananthavel
7.	A19BBD07	ARAVINDH . S	S. Aravindh
8.	A19BBD08	ASHIQ . S	S. Ashiq
9.	A19BBD09	ASWIN KULI BERDAJ . A	A. Aswin Kuli Berdaj
10.	A19BBD0810	BALAJI . P	P. Balaji
11.	A19BBD11	BOTANA SASTHA . P	P. Botana Sastha
12.	A19BBD12	CLADISTEN . A	A. Cladisten
13.	A19BBD13	DEVARAJ . V	V. Devaraj
14.	A19BBD14	DHARANIDHARAN.S.P	S.P. Dharanidharan
15.	A19BBD15	DHARMAARAJ . I	I. Dharmaraj
16.	A19BBD16	DHEERA . P	P. Dheera
17.	A19BBD17	DINESH KUMAR.S	S. Dinesh Kumar
18.	A19BBD18	FAROOQ BAIG . A	A. Farooq Baig
19.	A19BBD19	Ganapathi . K	K. Ganapathi
20.	A19BBD20	Ganesh . R	R. Ganesh


Sample Certificate


 **St. Joseph's College Of Arts & Science**
(AUTONOMOUS), CUDDALORE-1.
Re-Accredited by NAAC with "A" Grade 

PSYCHOLOGY ASSOCIATION

This is to certify that Mr./Ms. Paraveen - R
of T. BBM was the member of
Psychology Association During the academic year...2019-2020...


E. Ruby Violet Rani
HOD


Dr. S. Chinnappan
Principal


Rev. Fr. G. Peter Rajendiram
Secretary

ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)

CUDDALORE – 607001

DEPARTMENT OF PSYCHOLOGY

Programme Title: One Day Capacity Development Programme on “Poster presentation on the topic stress management and suicide prevention

Date: 28.08.2019

Resource Person Details: Mr. Rajesh

Consulting psychologist & Asst. Professor

Department of psychology

Periyar Government Arts College, cuddalore.

The department organized one day poster presentation competition on the topic stress management and suicide prevention.

Shift 1 timing 9.30 to 1.15pm

Shift II timing 2.30 to 6.00pm.

Nearly 284 students participated from all departments and got benefited. The best presentation was given prizes for both shift I and shift II.



Students' active presentation



Students' active presentation

Participants:

The interested students from all arts and science department UG,PG,M,Phil participated and expelled their talents .participant certificate was given to all students and the best presentation was given prizes.



Dr.E.Ruby violet Rani

Asst.Prof & Head

Department of psychology

Sample Certificate



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Affiliated to Thiruvalluvar University, Vellore. (Recognised u/s 2(f) 12(B) of the UGC act 1956)

Certificate of Appreciation

This is to certify that Mr./Ms. P. ARUNA

of II PHYSICS Participated in the Poster
Presentation held On 28th August, 2019 Organised by Department of Psychology.


Dr. E. Ruby Violet Rani
H.O.D.


Dr. S. Chinnappan
Principal


Rev. Fr. G. Peter Rajendiram
Secretary