



St. Joseph's College of Arts & Science (Autonomous)
Cuddalore – 607 001, Tamil Nadu.

E-mail : joseco127998@gmail.com
Website: www.sjctnc.edu.in



ST.JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

Cuddalore – 607 001

PG & RESEARCH DEPARTMENT OF BIOCHEMISTRY

Interdepartmental competition to commemorate the “World First Aid Day-2023” - A Report

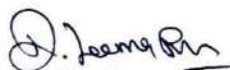
Title of the Event: Interdepartmental competition to commemorate the “World First Aid Day”

Date: 11.09.2023

Time: Shift I – 11.00 am & Shift II – 1.30pm

Venue: Library Extension Hall

The PG & Research Department of Biochemistry organized Interdepartmental competition to commemorate the “World First Aid Day-2023” on 11.09.2023. The prime fundamental function of the World First Aid Day celebration is to take necessary actions to save individuals' life. Total 86 students from UG & PG enthusiastically participated in this competition (Poster Competition with slogan – First Aid Awareness, Writing – Human values in First Aid). Students were exhibited their talents and various solutions to overcome the human values to the society. So, this day is eminent to show the importance of first aid and create awareness. The competition was inaugurated by our Rev. Fr. secretary and our Head of the Department Dr.P.Marie Arockianathan. Dr.N. Priya, and Ms. R. Anitha Asst. Professors, Department of Biochemistry, were the judge for the event, appreciated the wonderful work of the students and evaluated them based on their creativity, presentation skill, subject relation and explanation. The best posters in Shift I & shift II were selected and they were honored during valedictory function.



Organizing Secretary

D. Leema Rose Mary



Head of the Department

Dr.P.Marie Arockianathan

Dr.P.MARIE AROCKIANATHAN
ASSOCIATE PROFESSOR & HEAD
PG & Research Dept. of Biochemistry
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore - 607 001.



**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE
(AUTONOMOUS)**

(A Christian Minority Institution, Recognized u/s 2(f) & 12 (B) of the UGC Act, 1956)

CUDDALORE – 607 001



TO COMMEMORATE
“WORLD FIRST AID DAY”
PG & RESEARCH DEPARTMENT OF BIOCHEMISTRY
ORGANISES
INTERDEPARTMENTAL COMPETITION
Date:11.09.2023

**Poster Competition with slogan - First Aid
Awareness**

Patron

Rev.Fr.Dr.S.Swaminathan, Secretary,

In the presence of

Dr. M. Arumai Selvam, Principal

Dr. J. JonArockiaraj, Vice-Principal

Rev. Fr Dr. S. Xavier, Controller of Examinations

Rev. Fr Dr. A. Alex, Dean of Studies

Convenor

Dr. P. Marie Arockianathan

Head, PG & Research Department of Biochemistry

Organizing Secretary

Mrs.D.Leema Rose Mary

Venue:Library Extension Hall

Date :11.09.2023

Time:Shift I – 11.00am

Shift II: 1.30pm



Students involved in Essay writing



Students involved in slogan writing



Students actively participated in the competitions

PG & RESEARCH DEPARTMENT OF BIOCHEMISTRYInterdepartmental Competition
To commemorate the "World First Aid Day-2023"

Date: 11.09.2023

List of Students Participated**POSTER PRESENTATION**

SL.NO	NAME	ROLL NUMBER	DEPARTMENT	SIGN
1.	S.Akash	A23BCD04	I-Bsc Biochemistry	S. Akash
2.	G.Akash	A23BCD03	I-Bsc Biochemistry	G. Akash
3.	P.Suman	A23BCD44	I-Bsc Biochemistry	P. Suman
4.	S.Lakshmanan	A21BCD44	III-Bsc Biochemistry	S. Lakshmanan
5.	T.Dhanush	A22CSDB10	II-Bsc Computer Science	T. Dhanush
6.	M.JanciCornaliyous	A23MBC08	I-Msc Biochemistry	M. Janci Cornaliyous
7.	M.Santhoshini	A23MBC12	I-Msc Biochemistry	M. Santhoshini
8.	Patil Sheetal	A23MBC28	I-Msc Biochemistry	Patil Sheetal
9.	K.Shalini	A23MBC14	I-Msc Biochemistry	K. Shalini
10.	D.Vigneshwaran	A22CSDB45	II-Bsc Computer Science	D. Vigneshwaran
11.	P.Nandhini	A22MBE30	II-Bsc Microbiology	P. Nandhini
12.	I.Dhivya	A22MBE11	II-Bsc Microbiology	I. Dhivya
13.	B.Santhanalakshmi	A22MBE41	II-Bsc Microbiology	B. Santhanalakshmi
14.	N.Dharshini	A22MBE10	II-Bsc Microbiology	N. Dharshini
15.	J.Farjana Parveen	A21MBE19	III-Bsc Microbiology	J. Farjana Parveen
16.	S.Dhanalakshmi	A21MBE15	III-Bsc Microbiology	S. Dhanalakshmi
17.	P.Kalaivani	A21MNE29	III-Bsc Microbiology	P. Kalaivani
18.	A.S.Jenet Martina Princy	A21CSEA12	III-Bsc Computer Science	A. S. Princy
19.	S.Ramya	A21CSEA23	III-Bsc Computer Science	S. Ramya
20.	G.Divya	A23CAEB09	I-Bsc Computer Science	G. Divya
21.	M.Agushyasai	A23BCE04	I-Bsc Biochemistry	M. Agushyasai
22.	I.Abinaya	A21BCE52	III-Bsc Biochemistry	I. Abinaya
23.	A.Ebinesar Princy	A22CMEA12	II-B.Commerce -A	A. Ebinesar Princy
24.	N.Thrisha	A22CMEA68	II-B.Commerce -A	N. Thrisha
25.	R.Ranjani	A22CMEB49	II-B.Commerce -B	R. Ranjani
26.	K.Karthiga	A22CMEB25	II-B.Commerce -B	K. Karthiga
27.	S.Shobana	A22CMEB55	II-B.Commerce -B	S. Shobana

28.	S.Keerthana	A22CMEB29	II-B.Commerce -B	S.Keerthana
29.	M.Jeevitha	A22CMEB22	II-B.Commerce -B	M.Jeevitha
30.	A.Akshaya	A22CMEB04	II-B.Commerce -B	Akshaya A
31.	N.R.Saheera	A22cmeb50	II-B.Commerce -B	N.R.Saheera
32.	S.Mugesk		III-BscBiochemitry	S.Mugesk

Essay Writing

Sl.No	Name	Roll Number	Department	SIGN
1.	V.Krishna	A23BCD21	I-Bsc Biochemistry	V. Krishna
2.	T.Krishna Raj	A22BCD16	II-Bsc Biochemistry	T. Krishna Raj
3.	G.Kishore Raj	A21BCD17	III-Bsc Biochemistry	
4.	B.Vishwa	A21BCD32	III-Bsc Biochemistry	B. Vishwa
5.	R.Ravi	A23CSDB33	I-Bsc Computer Science-B	R. Ravi
6.	G.Kailask	A22CSDA17	II-Bsc Computer Science-A	G. Kailask
7.	K.Santhin Kumar	A22CSDA32	II-Bsc Computer Science-A	Santhi Kumar
8.	S.Vikram	A22CSDB46	II-Bsc Computer Science-B	S. Vikram
9.	S.Sathyadarshan	A22CSDC36	II-Bsc Computer Science-C	S. Sathyadarshan
10.	R.Vigneshwaran	A23MBD49	I-Bsc Microbiology	Vigneshwaran
11.	R.Ilangodi	A22MBC08	II-Msc Biochemistry	Ilangodi
12.	S.Jayashree	A22MBC10	II-Msc Biochemistry	S. Jayashree
13.	S.Dhinesh Kumar	A23CADB13	I-Bca Computer Application-B	Dhinesh
14.	P.Gurupriya	A22BCE12	II-Bsc Biochemistry	P. Gurupriya
15.	P.Ajeetha	A22BCE52	II-Bsc Biochemistry	P. Ajeetha
16.	S.KhulfiyaKharishma	A21CSEA16	III-Bsc Computer Science-A	S. Khulfiya Kharishma
17.	R.Vishnu Priya	A21CSEA39	III-Bsc Computer Science-A	R. Vishnu
18.	J.Jafreen Rahima	A22CAEA21	II-Bsc Computer Application-A	Jafreen
19.	L.Kaviya	A22CAEA24	II-Bsc Computer Application-A	L. Kaviya
20.	S.Keerthika	A22CAEA26	II-Bsc Computer Application-A	S. Keerthika
21.	S.Lakshmi	A22CAEA27	II-Bsc Computer Application-A	S. Lakshmi

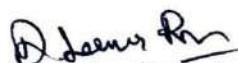
[Handwritten signature]

22.	K.Subasri	A22CAEA46	II-Bsc Computer Application-A	K. Subasri
23.	A.Dhanalakshmi	A22CAEA11	II-Bsc Computer Application-A	Dhanya Lakshmi
24.	M.Shahin	A22CAEA41	II-Bsc Computer Application-A	M. Shahin.
25.	A.Durgalakshmi	A22CAEA07	II-Bsc Computer Application-A	A. Durga
26.	G.Bharanika	A22CAEA06	II-Bsc Computer Application-A	Bharathi
27.	S.Janaki	A22CAEA17	II-Bsc Biochemistry	S. Janaki
28.	M.I.Shajina	A23BCE38	I-Bsc Biochemistry	M.I. Shajina
29.	M.Nandhini	A21BCE12	III-Bsc Biochemistry	M. Nandhini
30.	L.Gomathi	A22CMEA34	II-B.Commerce-A	L. Gomathi
31.	M.Kaviya	A22CEMA25	II-B.Commerce-A	M. Kaviya
32.	S.P.Shalya Selva Sundari	A22CEMA04	II-B.Commerce-A	Shalya selva
33.	S.Suvedha	A22CEMA58	II-B.Commerce-A	S. Suvedha
34.	P.Kaviya Sri	A22CEMA26	II-B.Commerce-A	P. Kaviya Sri
35.	J.Priyadarshini	A22CEMA43	II-B.Commerce-A	Priya
36.	K.Narmatha	A22CEMA37	II-B.Commerce-A	K. Narmatha
37.	S.Namthitha	A22CEMA36	II-B.Commerce-A	Namitha
38.	M.Shanmuga Priya	A22CEMA50	II-B.Commerce-A	Shannuga
39.	S.Keerthana	A22CEMA28	II-B.Commerce-A	Keerthana
40.	A.Aishwarya	A22CEMA01	II-B.Commerce-A	A. Aishwarya
41.	S.Shalini	A22CEMB53	II-B.Commerce-B	Shalini
42.	S.Keerthana	A22CEMB30	II-B.Commerce-B	Keerthana
43.	A.Kaviya Shree	A22CEMB27	II-B.Commerce-B	Kaviya shree
44.	P.Kanimozhi	A22CEMB24	II-B.Commerce-B	Kanimozhi
45.	R.Kirubasri	A22CEMB32	II-B.Commerce-B	R. Kirubasri
46.	K.Nivedhitha	A22CEMB41	II-B.Commerce-B	Nivedhitha
47.	P.Indrivani	A22CEMB18	II-B.Commerce-B	P. Indriyani
48.	A.Adhila	A21CMEA05	III- B.Commerce-A	A. Adhila
49.	A.Kaviya Sri	A21CMEA28	III- B.Commerce-A	A. Kaviya Sri
50.	G.Dhivya	A21BCE54	III-Bsc Biochemistry	G. Dhivya.
51.	T.Elakiya	A22CMEA13	II-B.Commerce-A	T. Elakiya
52.	D.Yogeshwari	A22MBE53	II-Bsc Microbiology	D. Yogeshwari
53.	G.Arul Kumar	A21BCD36	III-Bsc Biochemistry	G. Arul Kumar
54.	V.Nithiswaran	A23MBC24	I-Msc Biochemistry	V. Nithiswaran

And

Feedback from the students

1. The programme helps to the knowledge about myself. (N.Dharshini -A22MBE10)
2. I learned in the importance of first aid and create awareness (A.Durgalakshmi-A22CAEA07)
3. It inspired me to take part in the event next year (A21CMEA28-A.Kaviyasri)
4. The issues and suggestion given in this programme is eye opener to me. (V.Nithiswaran -A23MBC24)



Organizing Secretary
D. Leema Rose Mary



Head of the Department
Dr.P.Marie Arockianathan

Dr.P.MARIE AROCKIANATHAN,
ASSOCIATE PROFESSOR & HEAD,
PG & Research Dept. of Biochemistry,
St.Joseph's College of Arts & Science (Autonomous)
Cuddalore - 607 001.

**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)**

Re-Accredited by NAAC with "A" Grade

CUDDALORE – 607001



**DEPARTMENT OF COMMERCE (BANK MANAGEMENT)
ACADEMIC YEAR: 2023- 24**

Report on

KNOWLEDGE ENRICHMENT PROGRAMME ON

**“ENTREPRENEURSHIP OPPORTUNITIES IN FISHERIES & AQUACULTURE
SECTOR”**

Date

12th July, 2023 (Wednesday)

**ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE – 607001**

DEPARTMENT OF COMMERCE (BANK MANAGEMENT)

Programme Title: Knowledge Enrichment Programme on “Entrepreneurship Opportunities in Fisheries & Aquaculture sector”

Date: 12.04.2023 (Wednesday)

Resource Person: Mr. M. Vijay, Founder & CEO,
Arcanoe Hatcheries, Cuddalore.

The **Department of Commerce (Bank Management)** organize the **Knowledge Enrichment** Programme titled “Entrepreneurship Opportunities in Fisheries & Aquaculture sector” on 12.07.2023 (Wednesday) for the Shift I BBM students. The resource person for the programme was Mr. M. Vijay, Founder & CEO, Arcanoe Hatcheries, Cuddalore. The programme was presided by Rev. Fr. Dr. S.Swaminathan, Secretary, convened by Rev. Fr. Dr. A. Alex, Head, Department of Commerce (Bank Management). The programme was coordinated by Mr. A. Dominic Xavier, Assistant Professor and the faculty members of Commerce (BANK MANAGEMENT). 108 students participated in the programme.

Objective of the programme:

- To Create an Ecosystem for Growth of Entrepreneurship in the Fisheries and Aquaculture Sector.
- To create Awareness about Availability of Fisheries & Aquaculture Sector.
- To Provide Knowledge about Government Schemes in this Sector.

Outcome of the Event:

- To get Awareness on Fisheries Opportunities & Challenges
- To provide a Powerful Shared vision that grows in the latest thinking on Sustainable Development in Entrepreneurship Business Strategy.
- To Progress on Starting & Empowering Fisheries & Aquaculture.

The session had an Enchanting Knowledge on Fisheries and Aquaculture. The Students were clearly given ideas on different Government schemes and Programmes. The session gave the students a vivid picture the vision committed to building sustainability global food Production and the Economic Dimensions of Aquaculture.

FEEDBACK FROM THE STUDENTS

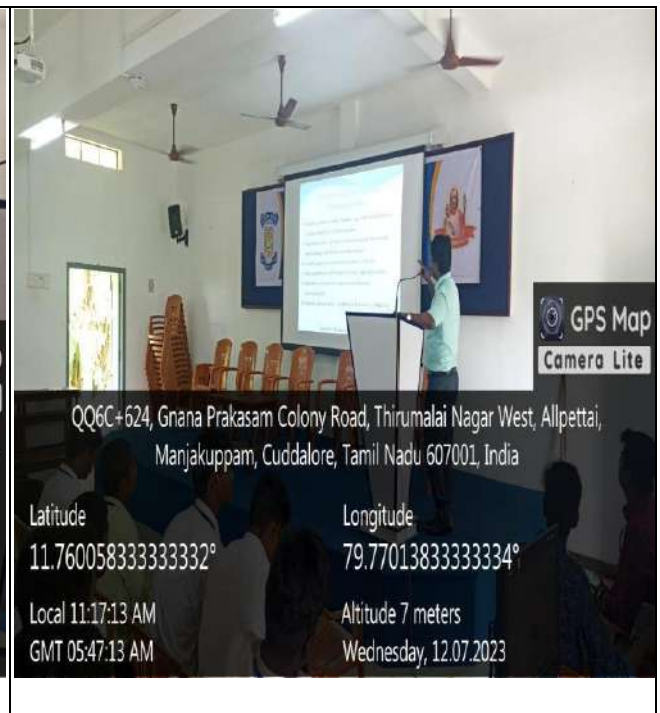
The Fisheries Resource Management program gave me a great understanding of how our ocean resources are managed and the steps that are taken to ensure sustainability – Suriya (A22BBD65)

The field of fisheries science offers a range of career opportunities like government departments, private aquaculture farms and other research institutions - Mathiamuthan (A21BBD36)



Manjakuppam, QQ59+XP3, Allpettai, Manjakuppam, Cuddalore, Tamil Nadu 607001, India

Latitude	Longitude
11.759938333333332°	79.76972500000001°
Local 11:39:20 AM	Altitude 9 meters
GMT 06:09:20 AM	Wednesday, 12.07.2023



QQ6C+624, Gnana Prakasam Colony Road, Thirumalai Nagar West, Allpettai, Manjakuppam, Cuddalore, Tamil Nadu 607001, India

Latitude	Longitude
11.760058333333332°	79.77013833333334°
Local 11:17:13 AM	Altitude 7 meters
GMT 05:47:13 AM	Wednesday, 12.07.2023

“Resource person interaction with the students”



Manjakuppam, QQ59+XP3, Allpettai, Manjakuppam, Cuddalore, Tamil Nadu 607001, India

Latitude 11.759870000000001° Longitude 79.76979333333334°

Local	09:51:32 AM	Altitude	9 meters
GMT	04:21:32 AM	Date	Wed, 12 Jul 2023

“Honoring the Resource Person”

Programme Invitation



**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
CUDDALORE - 607001**

“A Christian Minority Institution”

Affiliated to Annamalai University, Annamalai Nagar, Chidambaram

DEPARTMENT OF COMMERCE (BANK MANAGEMENT)

**Proudly and Cordially Invites for the
KNOWLEDGE ENRICHMENT PROGRAMME ON
ENTREPRENEURSHIP OPPORTUNITIES IN FISHERIES & AQUACULTURE SECTOR**

Date: 12th July, 2023 (Wednesday)

Venue: Alumni Hall || Time: 10:00 AM for Shift I

Presided Over by

Rev. Fr. Dr. M. Swaminathan,

Secretary

Chief Guest & Resource Person

M. VIJAY, M.Sc., M.Phil.,

Founder & CEO

Arcanoe Hatcheries

In the Presence of

Dr. M. Arumai Selvam, Principal

Dr. J. Jon Arockiaraj, Vice-Principal

Rev. Fr. Dr. S. Xavier, Controller of Examinations

Convenor

Rev. Fr. Dr. A. Alex,

Dean of Studies

Head of Dept of Commerce (Bank Management) &

Business Administration (CA)

**KNOWLEDGE ENRICHMENT PROGRAMME ON “ENTREPRENEURSHIP
OPPORTUNITIES IN FISHERIES & AQUACULTURE SECTOR”**

Date: 12.07.2023(Wednesday)

List of Students Participated

S.NO	ROLL NO	STUDENT NAME
1	A21BBD01	ABISHEK R
2	A21BBD02	AJAY K
3	A21BBD03	AKASH M
4	A21BBD04	ARAVIND S
5	A21BBD05	ARAVINDHAN N
6	A21BBD06	ARUL KUMAR R
7	A21BBD07	BAGAVATH RAJ D
8	A21BBD10	BALAMURUGAN P
9	A21BBD11	BHARANITHARAN R
10	A21BBD12	BHARATHIDASAN M
11	A21BBD13	BHUVAN J
12	A21BBD14	BHUVANESH K
13	A21BBD15	BHUVANESH S
14	A21BBD16	CHETHESHWARAN S
15	A21BBD17	DEEPAK S
16	A21BBD18	DEEPANRAJ S
17	A21BBD19	DEVA R
18	A21BBD20	DHANUSH S
19	A21BBD21	GIRITHARAN A
20	A21BBD22	GOKULA KRISHNAN J
21	A21BBD23	GOWTHAM E
22	A21BBD24	HARIHARAN D
23	A21BBD25	HARIHARAN R
24	A21BBD26	HEMANATHAN B
25	A21BBD27	IBRAHIMSHA K
26	A21BBD28	JAGANATH T
27	A21BBD29	JAIKASH B
28	A21BBD30	JOHNSHARUKAN J
29	A21BBD31	JOSHWATHANGATHURAI M
30	A21BBD32	KABILAN G
31	A21BBD33	KARAN B
32	A21BBD34	KARTHIK R
33	A21BBD35	LALITH B
34	A21BBD36	MATHIYHAMUDHAN P
35	A21BBD38	MONISHKUMAR P
36	A21BBD39	MOOVENDHAN M
37	A21BBD40	NIRMAL V
38	A21BBD41	PARTHASARATHY R
39	A21BBD42	PARVIN A
40	A21BBD43	PRADEEP B
41	A21BBD44	PRASANTH J

42	A21BBD46	PUGAZH L
43	A21BBD47	PUSHPARAJI N
44	A21BBD48	RADHA KRISHNAN D
45	A21BBD49	RAHUL R
46	A21BBD50	RAJESHKUMAR R
47	A21BBD51	SAI PRATHAP G
48	A21BBD52	SAIGANESH S
49	A21BBD53	SANTHOSH L
50	A21BBD54	SIVASANKARAN M
51	A21BBD55	SIVASUBRAMANIYAN R
52	A21BBD56	SRIKANTH N
53	A21BBD57	SRI RAM R
54	A21BBD58	SYEDMUSHRAF S
55	A21BBD59	TAMILSELVAN S
56	A21BBD60	TAMILVALAVAN R
57	A21BBD61	TAMIZHNILAVAN M
58	A21BBD62	THOLKAPIYAN M
59	A21BBD63	VETRIVEL S
60	A21BBD64	VIMAL RAJ V
61	A21BBD66	VISHNU P
62	A21BBD67	VISHVA M
63	A21BBD68	VIVEGANANDAN M
64	A21BBD69	YUDESH T
65	A21BBD70	YUVANRAJ V
66	A21BBD72	TAMILMARAN B
67	A22BBD01	ABINESH M
68	A22BBD02	ADITHYA A
69	A22BBD03	AKASH A
70	A22BBD04	AKASH T
71	A22BBD05	AMUDHESH E
72	A22BBD06	ANTONY MANLY V
73	A22BBD07	ARUN KUMAR M
74	A22BBD08	AVINASH D
75	A22BBD09	BARANI R
76	A22BBD10	DHANUSH E
77	A22BBD11	DHANUSH KUMAR M
78	A22BBD12	DHANUSH SHARMA M
79	A22BBD13	DHARMENDHIRAN V
80	A22BBD14	GRASON A
81	A22BBD15	GUNASEELAN A
82	A22BBD17	GURUMURTHI S
83	A22BBD18	HARI SUDHAN R
84	A22BBD19	ILAVARASAN P.K
85	A22BBD20	IMAYAVARAMBAN M
86	A22BBD21	JAYAPRAKASH S
87	A22BBD22	JEEVA BALAN S
88	A22BBD23	JERNITH VILLIDAN J
89	A22BBD24	JOTHISIVAM J
90	A22BBD25	KANNADASAN K
91	A22BBD26	KRISHNA T
92	A22BBD27	LAKSHMAN A
93	A22BBD28	LOKESH J
94	A22BBD29	MADHAVAN S

95	A22BBD30	MARIMUTHU K
96	A22BBD31	MARK MELVIN S
97	A22BBD32	MUJUBUR RAHMAN N
98	A22BBD33	MUTHUKUMARAN K
99	A22BBD37	POOVENDRAN J
100	A22BBD38	PRADEEP G
101	A22BBD39	PRAGADEESH K
102	A22BBD40	PRANESH M
103	A22BBD41	PRASANNA KUMAR S
104	A22BBD42	PRAVEEN A
105	A22BBD43	PREM ANTONY V
106	A22BBD46	RAJI S
107	A22BBD47	RAMAN M
108	A22BBD48	RITHIK ROSHAN S
109	A22BBD49	ROOBAN RAJ R
110	A22BBD50	SABARISHVARAN S
111	A22BBD51	SAID MUDDHASSIR S
112	A22BBD53	SANTHOSH S
113	A22BBD54	SATHEESH KUMAR S
114	A22BBD55	SATHISH KUMAR G
115	A22BBD56	SELVAKUMAR S
116	A22BBD57	SETHU RAAM R
117	A22BBD58	SHAKTHI D
118	A22BBD59	SHIVA T
119	A22BBD60	SITHARATH C
120	A22BBD61	SRIDHAR S
121	A22BBD62	SRIMAN D
122	A22BBD63	SRIRAM B
123	A22BBD64	SURIYAPRAKASH P
124	A22BBD65	SURYA P
125	A22BBD66	SURYA PRAKASH M
126	A22BBD67	THAMARAI SELVAN M
127	A22BBD68	THARANI KUMAR A
128	A22BBD69	THIRUMALAI VASAN M
129	A22BBD70	THOMAS MATHEW R
130	A22BBD71	VENGADESA PERUMAL A
131	A22BBD72	VIGNESH S
132	A22BBD73	VIJAYA KUMAR D
133	A22BBD74	VIMAL G
134	A22BBD75	VISHVANTH S
135	A22BBD76	VISHWA S
136	A22BBD77	YOGESH T
137	A22BBD78	YUVARAJ V
138	A23BBD01	AADHIL K
139	A23BBD02	ABINESH J
140	A23BBD03	AJAYKHAN S
141	A23BBD04	ALVIN PRINCE A
142	A23BBD05	ANAND S
143	A23BBD06	ANBUSELVAN S
151	A23BBD07	ARAVIND V
152	A23BBD08	ARUNKUMAR M
153	A23BBD09	ARAVINDHAN M
154	A23BBD10	ASHOKKUMAR V

155	A23BBD11	ATHITHYAN R
156	A23BBD12	BALA S
157	A23BBD13	BALAMURUGAN S
158	A23BBD14	BALASUBRAMANIYAN S
159	A23BBD15	CHANDILYANV S
160	A23BBD16	CHANDRU R
161	A23BBD17	DHINESH P
162	A23BBD18	GIRINATH S
163	A23BBD19	GOKUL A
164	A23BBD20	GOKUL P
165	A23BBD21	HEMACHANDRAN S
166	A23BBD23	JAYA PRAKASH P
167	A23BBD24	JOHN ALEXANDER P
168	A23BBD25	JOHN BOSKO S
169	A23BBD26	KIRUBA S
170	A23BBD27	KISHORE KAMAL A
171	A23BBD28	KISHORE KUMAR R
172	A23BBD29	KRISHNAN K
173	A23BBD30	KRISHNA RAJ J
174	A23BBD31	LAKSHMANAN I
175	A23BBD32	LOUIS S
176	A23BBD34	MANOJ KUMAR S
177	A23BBD35	MATHAN KUMAR R
178	A23BBD36	MOORTHY J
179	A23BBD37	MUKESH M
180	A23BBD38	NANDAKUMAR S
181	A23BBD39	NARESH M
182	A23BBD40	NIRANJAN A
183	A23BBD41	OMP RAKESH S
184	A23BBD42	PANDIYARAJAN P
185	A23BBD43	PARTHIBAN B
186	A23BBD44	PIRIYAMANAVAN M
187	A23BBD45	PRAKASH M
188	A23BBD46	PRAVEEN KUMAR M
189	A23BBD47	RAGURAMAN S
190	A23BBD48	RAJA P
191	A23BBD49	ROGITH K
192	A23BBD50	RUBANKUMAR M
193	A23BBD51	SAM SHANKAR S
194	A23BBD52	SANJAY KRISHNAN M
195	A23BBD53	SATHISHKUMAR R
196	A23BBD54	SHANKAR S

197	A23BBD55	SILAMBARASAN S
198	A23BBD56	SIVAPRAKASH R
199	A23BBD57	SRIGOWTHAM R
200	A23BBD58	SRINATH D
201	A23BBD59	SRINIVASAN S
202	A23BBD60	TAMIL S
203	A23BBD61	THOMAS I
204	A23BBD62	THILAKRAJ N
205	A23BBD63	THIRUVATEESWARAN Y
206	A23BBD64	UDHAYASANKAR P
207	A23BBD65	VAITHEESWARAN T
208	A23BBD66	VALLARASU J
209	A23BBD67	VASANTH I
210	A23BBD68	VEDESHPRIYAN S
211	A23BBD69	VENGADAKRISHNAN D
212	A23BBD70	VIJAYARAGHAVAN S
213	A23BBD71	VISHANTH D
214	A23BBD72	SANJAYAN A
215	A23BBD73	BHARATHYAJ B
216	A23BBD74	RAVISH R
217	A23BBD75	MATHAN V

Organizing Secretary



Mr. A .Domnic Xavier
Assistant Professor
Department of Commerce (BM)

Convener



Rev. Fr. Dr. A. Alex
Assistant Professor
Department of Commerce (BM)



DEPARTMENT OF COMMERCE (BANK MANAGEMENT)
ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
CUDDALORE - 607001

**KNOWLEDGE ENRICHMENT PROGRAMME ON
ENTREPRENEURSHIP OPPORTUNITIES IN FISHERIES & AQUACULTURE SECTOR**

12.07.2023 (WEDNESDAY)

CERTIFICATE OF PARTICIPATION

This to certify that Mr. P.SURYA,(A22BBD65) has participated in
**"KNOWLEDGE ENRICHMENT PROGRAMME ON ENTREPRENEURSHIP
OPPORTUNITIES IN FISHERIES AND AQUACULTURE SECTOR"** organized
by Department of Commerce (Bank Management) on 12th july, 2023

Rev. Fr. Dr. A. Alex
Convener

Dr. Arumai Selvam
principal

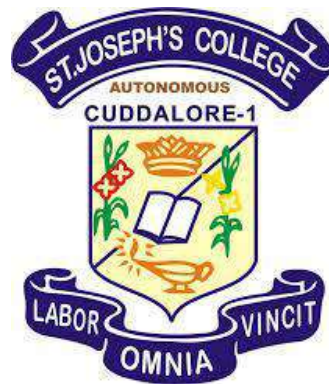
Rev. Fr. Dr. M. SWAMINATHAN
Secretary

Certificate

**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)**

Re-Accredited by NAAC with "A" Grade

CUDDALORE – 607001



**DEPARTMENT OF COMMERCE (BANK MANAGEMENT)
ACADEMIC YEAR: 2023- 24**

Report on

CAPACITY DEVELOPMENT PROGRAMME ON

“BUSINESS OPPORTUNITIES FOR WOMEN”

Date

12th July, 2023 (Wednesday)

**ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE – 607001**

DEPARTMENT OF COMMERCE (BANK MANAGEMENT)

Programme Title: Capacity Development Programme on “Business Opportunities for Women”

Date: 12.07.2023 (Wednesday)

Resource Person: Rtn.J.Jayashankar..DME.,MBA,MD

Bhavani's Masala Industry, Pondicherry.

The Capacity Development Programme on Business opportunities for Women was organized on 12th July 2023. The chief guest of this programme was Rtn. J. Jayashankar, DME., MBA, MD of Bhavani's Masala Industry, Pondicherry. The programme was presided over by the secretary Rev. Fr. Dr. M. Swaminathan, Convened by Rev. Fr. Dr. A. Alex, Dean of Studies, Head Department of Commerce (BM) & Business Administration (CA), Felicitated by Dr. P. James Mary, Shift-2 in-charge, PG & Research Department of Commerce, and Dr. G. Bhuvanewari, Assistant Professor, Department of Commerce (BM) was the co-ordinator of this programme. 165 students participated in this programme.

The chief guest started the session with the word "Singapenny". He delivered a speech about developing women entrepreneurs in India. He interacted with the students by asking questions. He said increasing women entrepreneurs have influenced the social and economic factors of the country. He said that women acquire more leadership skills in the workplace due to their productivity levels. He spoke about the factors driving women to start a business. He mentioned that in India, nearly 50% of businesses are start-ups by women. He stated that mostly women in rural areas start their business to gain recognition, according to the survey. He said that mostly, women excel in the field of science and technology. An interactive session was held. He advised the students to have a mission and vision in life and achieve success in life.

He spoke about the successful stories of four women entrepreneurs: Sri Vidyaya (MD and Chairperson of Ravindran Service Pvt. Ltd.), Archana Stalin (Co-founder of My harvest), Madhu Charan (Chairperson of STC Technologies), and Divya Gokulnath (Co-founder of BYJU'S). The students took an oath which was delivered by the chief guest Rtn. J. Jayashankar. The programme was concluded with a Vote of Thanks and the National Anthem.

Objectives of the Programme:

1. To motivate the students to become entrepreneurs.
2. Awareness about the increasing growth on the development of women entrepreneurs.
3. To be bold enough to face the obstacles in becoming an entrepreneur.

Outcome of the Programme:

The students learned about the contribution of women entrepreneurs to the Nation's wealth and the various business opportunities available for women in society.

Feedback from the Students:

1. This programme was incredibly inspiring! Rtn. Jayashankar's talk about the increasing number of women entrepreneurs in India was really motivating. It showed me that anything is possible if you have a vision and are willing to work hard. I'm now more confident about pursuing my own entrepreneurial dreams. (A21BBE36 NIVEDHAA. M)
2. The programme was very informative. I learned a lot about the factors driving women to start businesses and the challenges they face. (A22BBE17 KAVIYA . R)
3. I found the programme to be very engaging and thought-provoking. The examples he used were relevant and inspiring. This programme has definitely given me a new perspective on entrepreneurship and the role of women in the economy. (A23BBE21 MADHUBALA. N)



“Honoring the Dignitaries”



“Resource person interacting with the students”



**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
CUDDALORE - 607001**

“A Christian Minority Institution”

Affiliated to Annamalai University, Annamalai Nagar, Chidambaram

DEPARTMENT OF COMMERCE (BANK MANAGEMENT)

JOE BANCO ASSOCIATION

**Proudly and Cordially Invites for the
CAPACITY DEVELOPMENT PROGRAMME ON
"BUSINESS OPPORTUNITIES FOR WOMEN"**

Date: 12th July, 2023 (Wednesday)

Venue: Alumni Hall || Time: 2:30 PM to 4:30 PM for Shift II

Presided Over by

Rev. Fr. Dr. M. Swaminathan,
Secretary

Chief Guest & Resource Person

Rtn. J. Jayasankar, DME, MBA,
Managing Director,
Bhavani's Masala Industry, Pondicherry

In the Presence of

Dr. M. Arumai Selvam, Principal
Dr. J. Jon Arockiaraj, Vice-Principal
Rev. Fr. Dr. S. Xavier, Controller of Examinations

Convenor

Rev. Fr. Dr. A. Alex,
Dean of Studies & Head
Dept of Commerce (Bank Management) & Business Administration (CA)

Programme Invitation

**CAPACITY DEVELOPMENT PROGRAMME ON
“BUSINESS OPPORTUNITIES FOR WOMEN”**

Date: 12.07.2023(Wednesday)

List of Students Participated

S.NO	ROLL NO	STUDENT NAME
1	A21BBE01	AFFRIN M
2	A21BBE03	AMMERUNISSA H
3	A21BBE04	AKSHIYA S
4	A21BBE05	AMSAVENI M
5	A21BBE06	BHARATHI M
6	A21BBE07	DHIVYA R
7	A21BBE08	ELLAKIAVATHI R
8	A21BBE09	GOMATHI G
9	A21BBE10	HARINI A
10	A21BBE11	HARINI B
11	A21BBE12	HARINY V
12	A21BBE13	HARSHINI A
13	A21BBE14	HEMALATHA S
14	A21BBE15	ISHWARYA S
15	A21BBE16	JAGATHEESHWARI A
16	A21BBE17	JAYANTHI V
17	A21BBE18	JASINTHA V
18	A21BBE19	KANIMOZHI G
19	A21BBE21	KAVIYA E
20	A21BBE22	KAVIYAPRIYA S
21	A21BBE23	KEERTHANA M
22	A21BBE24	KIRUTHIKA S
23	A21BBE25	LAVANYA G
24	A21BBE26	LEKHA B
25	A21BBE27	TAYYIBA NASREEN H
26	A21BBE28	MAHALAKSHMI B
27	A21BBE29	MERLINKAVYA M
28	A21BBE30	MOHANAPRIYA S
29	A21BBE31	MONIKA G
30	A21BBE32	MUTHULAKSHMI D
31	A21BBE33	NANDHINI V
32	A21BBE34	NISHANTHINI R
33	A21BBE35	NITHYA M
34	A21BBE36	NIVEDHAA M
35	A21BBE37	PADMAVATHY K
36	A21BBE38	POOJA S
37	A21BBE39	PRINCY A
38	A21BBE40	PRIYA J

39	A21BBE41	PRIYADHARSHINI R
40	A21BBE42	PRIYADHARSHINI R
41	A21BBE43	PRIYADHARSHINI S
42	A21BBE44	PRIYANKA V
43	A21BBE45	RAJA RAJESHWARI J
44	A21BBE46	RAMYA R
45	A21BBE47	RENUKA KRISHNAVENI A
46	A21BBE48	RESHMA BANU A
47	A21BBE49	ROSHINI PATEL J
48	A21BBE51	SANDHIYA I
49	A21BBE52	SANGEETHA B
50	A21BBE53	SHARMILA S
51	A21BBE54	SIVARANJANI G
52	A21BBE55	SIVARANJINI R
53	A21BBE56	SOBIYA A
54	A21BBE57	SOWMYA S
55	A21BBE59	SUJITHRA L
56	A21BBE60	SUPRIYAM S
57	A21BBE61	SURJITHA D
58	A21BBE62	SWETHA M
59	A21BBE63	THASNEEMBANU A S
60	A21BBE64	THRISHA S
61	A21BBE66	VARNISHA R
62	A21BBE67	VIJAYALAKSHMI M
63	A21BBE68	VINITHA M
64	A21BBE69	YASMIN S
65	A21BBE70	SWATHI A.C
66	A22BBE01	ADLINSHYLO S
67	A22BBE02	BALAMANI A
68	A22BBE03	BHARATHI M
69	A22BBE04	BHUVANA PRIYA M
70	A22BBE05	CHRISTINAL DEVAKUMARI M
71	A22BBE06	DEEPIKA S
72	A22BBE07	DEETCHAYASRI U
73	A22BBE08	DHANUPRIYA A
74	A22BBE09	DHIVYASRI S
75	A22BBE10	EASWARI K
76	A22BBE12	ISSRAA N
77	A22BBE13	JAYA PRITHEKA M
78	A22BBE15	JEENATH NISHA U
79	A22BBE16	JUVAIRIYA J
80	A22BBE17	KAVIYA R
81	A22BBE18	KEERTHANA G
82	A22BBE19	KOWSALYA A
83	A22BBE20	LOGASHREE S
84	A22BBE21	MONICA JENIFFER A
85	A22BBE22	MONISHA A
86	A22BBE24	NEGHA S

87	A22BBE26	RAJESWARI K
88	A22BBE27	ROUNA A
89	A22BBE28	RUBIKHA R
90	A22BBE29	SANDHIYA S
91	A22BBE31	SANTHIYA G
92	A22BBE32	SIVASANKARI S
93	A22BBE33	SOWMIYA D
94	A22BBE34	SUBASRI R
95	A22BBE35	SUSHMITHA S
96	A22BBE36	SUSITHRA K
97	A22BBE37	SWETHA S
98	A22BBE38	TAMILSELVI B
99	A22BBE39	THIRUPURA SUNDARI S
100	A22BBE41	VALLI L
101	A22BBE42	VARSHA R
102	A22BBE43	VIDHYA V
103	A22BBE44	VIGAZHSHIYA V
104	A22BBE45	VINISHASRI A
105	A23BBE01	AFRIN TAJ N
106	A23BBE02	ANUSHIYA B
107	A23BBE03	ARTHI J
108	A23BBE04	ASRINBEGAM A
109	A23BBE05	BHARATHI R
110	A23BBE06	CHANDRALEKHA D
111	A23BBE07	DEEPALAKSHMI J
112	A23BBE08	DHANUJA R
113	A23BBE09	DHIVINA G
114	A23BB310	GAJALAKSHMI S
115	A23BBE11	GAYATHRI G
116	A23BBE13	HARINI P
117	A23BBE14	HEMALATHA A
118	A23BBE15	JANVI PATEL M
119	A23BBE16	JAYA SOWNTHARIYA S L
120	A23BBE17	KABILA M
121	A23BBE18	KANIMOZHI R
122	A23BBE19	KAYALVIZHI V
123	A23BBE20	LAVANYA P
124	A23BBE21	MADHUBALA N
125	A23BBE22	MADHUMIRUTHA S
126	A23BBE24	MAHALAKSHMI S
127	A23BBE25	MALINI V
128	A23BBE26	MATHUMITHA R
129	A23BBE27	MONIKA J
130	A23BBE28	NANDHINI B
131	A23BBE29	NITHISHA V
132	A23BBE30	NITHYASRI S
133	A23BBE31	PAVITHRA R
134	A23BBE32	POOJA B

135	A23BBE33	PRATHISHAW T
136	A23BBE34	PRIYADHARSHINI D
137	A23BBE35	RAGAVI R
138	A23BBE36	RAGAVI S M
139	A23BBE37	RAJA PRIYA R
140	A23BBE38	RAJAMANI M
141	A23BBE39	RESHMA S
142	A23BBE40	SAKTHIDHEVI K V
143	A23BBE41	SALMA PARVEEN M
151	A23BBE42	SANA A
152	A23BBE43	SARUMATHI K
153	A23BBE44	SHAHIN S
154	A23BBE45	SHAINAS BANU A M
155	A23BBE46	SHALINY V
156	A23BBE47	SHANMUGAPRIYA M
157	A23BBE48	SHEEBA C
158	A23BBE49	SRI VISHNUPRIYA A
159	A23BBE50	SUBITHA K
160	A23BBE51	SUVITHA R
161	A23BBE53	VANISHRI N
162	A23BBE54	VARALAKSHMI M
163	A23BBE55	LAVANYA K
164	A23BBE56	ABIKSHA M
165	A23BBE57	RUKSANA M

Organizing Secretary

G. Bhuvanewari

Dr.G.Bhuvanewari
Assistant Professor
Department of Commerce (BM)

Convener

Rev. Fr. Dr. A. Alex

Rev. Fr. Dr. A. Alex
Assistant Professor
Department of Commerce(BM)



**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
CUDDALORE - 607001.**



"A Christian Minority Institution"
Affiliated to Annamalai University, Annamalai Nagar, Tamil Nadu.

**CAPACITY DEVELOPMENT PROGRAMME ON
"BUSINESS OPPORTUNITIES FOR WOMEN"**

**CERTIFICATE
OF APPRECIATION**

**This is to certify that NIVEDHAA M (A21BBE36) has Participated in Capacity
Development Programme on "Business Opportunities for Women"
organized by Department of Commerce (Bank Management)
held on 12th July, 2023.**

Rev. Fr. Dr. A. Alex
Convener

Dr. M. Arumai Selvam
Principal

Rev. Fr. Dr. M. Swaminathan
Secretary

Certificate

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE – 607001

PG and Research Department of Commerce

Report on Capacity Development Programme on Personality Development

Programme Title: Capacity Development Programme on Personality Development

Date : 13.07.2023

Class : III B.Com A,B & C (Shift-I)

Resource Person: Dr.N.Shabnam, Dentist, Motivational Speaker & Soft Skill Trainer

Coordinator : Dr. P. James Mary, Assistant Professor

The PG and Research Department of Commerce Organized Development Programme on Personality Development on 13.07.2023 for Shift-1 Final Year Students. Dr.P. James Mary Assistant Professor was the Coordinator and she introduced the Resource Person. The resource person enlightened the students by her expertise knowledge in the field of soft skill by examples of successful personalities. The students felt the session was more informative and interesting.



Dr.N.Shabnam, Motivational Speaker & Soft Skill trainer addressing the students.


Dr.P.JAMESMARY, M.A., M.Com., SLET, Ph.D.
Asst. Professor
PG & Research Department of Commerce
St. Joseph's College of Arts and
Science (Autonomous)
Cuddalore - 607 001

Dr. P. James Mary
Coordinator


Dr. I. SAVARIMUTHU
M.Com., M.B.A., M.Phil., M.Ed., Ph.D.
Associate Professor & Head
Research Supervisor
PG & Research Department of Commerce
St. Joseph's College of Arts & Science (Autonomous)
Cuddalore (T.N)-607001, India.

Dr. I. Savarimuthu
Associate Professor & Head



PG & RESEARCH DEPARTMENT OF COMMERCE
St. Joseph's College of Arts and Science
(Autonomous)



Affiliated to Annamalai University, Annamalai Nagar
Recognized u/s 2(f) & 12(B) of the UGC Act, 1956.
A Christian Minority Institution,
Cuddalore – 607 001.

We cordially invite you for the inauguration of
"SKILL ENHANCEMENT PROGRAM"
ON
"Capacity Development Programme on Personality Development "

Presided over by

Rev. Fr. Dr. M. SWAMINATHAN
Secretary.

Dr. I.SAVARIMUTHU
Convener,
Associate Professor & HOD of Commerce

Resource person

Dr.N.Shabnam,

Organized By Dr. P. James Mary, Assistant Professor, Department of Commerce

Date: 18th August, 2023

Venue: Alumni Block Seminar Hall

Programme Invitation

List of Participants

III B. COM 'A'

SL.NO	ROLL NO.	NAME
1	A21CMEB01	ABHINAYA A
2	A21CMEB02	ABINAYA M
3	A21CMEB03	ABIRAMI R
4	A21CMEB04	ABITHA S
5	A21CMEB05	AFRA A
6	A21CMEB06	AIYSHASIDDHIKAA M
7	A21CMEB07	ALMAS A
8	A21CMEB08	AROKIYA DELSI R
9	A21CMEB09	AVINAYA V
10	A21CMEB10	BHUVANESHWARI P
11	A21CMEB11	CAROLINE A
12	A21CMEB12	DEEPIKA SALAS G
13	A21CMEB13	DHIVYA B
14	A21CMEB14	DHIVYA G
15	A21CMEB16	ELAKKEYA S
16	A21CMEB17	GOWSALYA S
17	A21CMEB18	HARINI A
18	A21CMEB19	HARINI S
19	A21CMEB20	HARSHINI V
20	A21CMEB21	HINDHU BASHINI S
21	A21CMEB22	ISWARYA A
22	A21CMEB23	JASMINE A
23	A21CMEB24	JAYALAKSHMI A
24	A21CMEB25	JENITHA R
25	A21CMEB26	KANISHKA L
26	A21CMEB27	KAVITHA G
27	A21CMEB28	KEERTHANA B
28	A21CMEB29	KEERTHIGA P
29	A21CMEB30	KIRTANAA M
30	A21CMEB31	LAKSHNA P
31	A21CMEB32	LATHIKA S
32	A21CMEB33	MANCY R.V
33	A21CMEB34	MARIA THERAS J
34	A21CMEB35	MEHER FATHIMA N
35	A21CMEB36	MOHAMED FATHIMA RAKSHANA A
36	A21CMEB37	MOHANA R
37	A21CMEB38	NITHYASRI S


38	A21CMEB39	NANDHANA S
39	A21CMEB40	NAVANISA K
40	A21CMEB41	NIVEDHA S
41	A21CMEB42	PAVITHA B
42	A21CMEB43	PAVITHRA V
43	A21CMEB44	POOJA S
44	A21CMEB45	PRIYA A M
45	A21CMEB46	PUGAZH MANGAI S
46	A21CMEB47	PUSHPAVALLI P
47	A21CMEB48	RAJESWARI M
48	A21CMEB49	RAKSHANA R
49	A21CMEB50	RAMYA V
50	A21CMEB52	RENUGADEVI D
51	A21CMEB53	RENUKA DEVI K
52	A21CMEB54	ROOPAVATHI S
53	A21CMEB55	SAFRIN NISA M
54	A21CMEB56	SANTHIYA S
55	A21CMEB57	SELVAPRIYA S
56	A21CMEB58	SHAILAJA S
57	A21CMEB59	SHARMILA S
58	A21CMEB60	SIVAGAMI M
59	A21CMEB61	SNEHA S
60	A21CMEB62	SUBASHINI M
61	A21CMEB63	SUBASHREE S
62	A21CMEB64	SUBIKSHA S
63	A21CMEB65	SWETHA D
64	A21CMEB66	SWETHA S
65	A21CMEB67	THIRU SANKARI K
66	A21CMEB68	VARSHIYA CATHARIN R
67	A21CMEB69	VIJAYALAKSHMI J
68	A21CMEB71	YUVASRI G
69	A21CMEB72	NIVETHITHA R
70	A21CMEB73	ABIRAMI M
71	A21CMEB74	KAVIYA S

III B. COM 'B'


SL.NO	ROLL NO.	NAME
1	A21CMEB01	ABHINAYA A
2	A21CMEB02	ABINAYA M
3	A21CMEB03	ABIRAMI R
4	A21CMEB04	ABITHA S

5	A21CMEB05	AFRA A
6	A21CMEB06	AIYSHASIDDHIKAA M
7	A21CMEB07	ALMAS A
8	A21CMEB08	AROKIYA DELSI R
9	A21CMEB09	AVINAYA V
10	A21CMEB10	BHUVANESHWARI P
11	A21CMEB11	CAROLINE A
12	A21CMEB12	DEEPIKA SALAS G
13	A21CMEB13	DHIVYA B
14	A21CMEB14	DHIVYA G
15	A21CMEB16	ELAKKEYA S
16	A21CMEB17	GOWSALYA S
17	A21CMEB18	HARINI A
18	A21CMEB19	HARINI S
19	A21CMEB20	HARSHINI V
20	A21CMEB21	HINDHU BASHINI S
21	A21CMEB22	ISWARYA A
22	A21CMEB23	JASMINE A
23	A21CMEB24	JAYALAKSHMI A
24	A21CMEB25	JENITHA R
25	A21CMEB26	KANISHKA L
26	A21CMEB27	KAVITHA G
27	A21CMEB28	KEERTHANA B
28	A21CMEB29	KEERTHIGA P
29	A21CMEB30	KIRTANAA M
30	A21CMEB31	LAKSHNA P
31	A21CMEB32	LATHIKA S
32	A21CMEB33	MANCY R.V
33	A21CMEB34	MARIA THERAS J
34	A21CMEB35	MEHER FATHIMA N
35	A21CMEB36	MOHAMED FATHIMA RAKSHANA A
36	A21CMEB37	MOHANA R
37	A21CMEB38	NITHYASRI S
38	A21CMEB39	NANDHANA S
39	A21CMEB40	NAVANISA K
40	A21CMEB41	NIVEDHA S
41	A21CMEB42	PAVITHA B
42	A21CMEB43	PAVITHRA V
43	A21CMEB44	POOJA S

44	A21CMEB45	PRIYA A M
45	A21CMEB46	PUGAZH MANGAI S
46	A21CMEB47	PUSHPAVALLI P
47	A21CMEB48	RAJESWARI M
48	A21CMEB49	RAKSHANA R
49	A21CMEB50	RAMYA V
50	A21CMEB52	RENUGADEVI D
51	A21CMEB53	RENUKA DEVI K
52	A21CMEB54	ROOPAVATHI S
53	A21CMEB55	SAFRIN NISA M
54	A21CMEB56	SANTHIYA S
55	A21CMEB57	SELVAPRIYA S
56	A21CMEB58	SHAILAJA S
57	A21CMEB59	SHARMILA S
58	A21CMEB60	SIVAGAMI M
59	A21CMEB61	SNEHA S
60	A21CMEB62	SUBASHINI M
61	A21CMEB63	SUBASHREE S
62	A21CMEB64	SUBIKSHA S
63	A21CMEB65	SWETHA D
64	A21CMEB66	SWETHA S
65	A21CMEB67	THIRU SANKARI K
66	A21CMEB68	VARSHIYA CATHARIN R
67	A21CMEB69	VIJAYALAKSHMI J
68	A21CMEB71	YUVASRI G
69	A21CMEB72	NIVETHITHA R
70	A21CMEB73	ABIRAMI M
71	A21CMEB74	KAVIYA S


Dr. P. JAMESMARY, M.A., M.Com., SLET, Ph.D.
 Asst. Professor
 PG & Research Department of Commerce
 St. Joseph's College of Arts and
 Science (Autonomous)
 Cuddalore - 607 001

Dr. P. James Mary
 Coordinator


Dr. I. SAVARIMUTHU
 M.Com., M.B.A., M.Phil., M.Ed., Ph.D.
 Associate Professor & Head
 Research Supervisor
 PG & Research Department of Commerce
 St. Joseph's College of Arts & Science (Autonomous)
 Cuddalore (T.N)-607001, India.

Dr. I. Savarimuthu
 Associate Professor & Head

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. 01/2023-24

Report Title	Employees Enrichment Programme on Yoga for Happy and Healthy Life
Date	30.06.2023
Information to be Included	a) Report b) Permission Letter (and/or) Circular (and/or) Email (and/or) Brochure (and/or) Invitation c) Glimpses of the event (if required) d) Attendance e) Feedback

Report

PG Department of Social Work has organized, Employees Enrichment Programme, titled "Yoga for Happy and Healthy Life" for the employees at Hema's Enterprises Private Limited, SIDCO, Cuddalore on 30.06.2023. Mr. J. Durai Raj, Head, PG Department of Social Work gave the inaugural message, stressed about the importance of Yoga and its impact in the present hectic life style among the employees. Mrs. Keerthiga, National Yoga Jury spoke on how yoga is creating a healthy lifestyle. She also demonstrated few asanas for the employees in their work environment. Mrs. K. Janani, manager - HRBP, HEPL shared her thoughts on yoga practise, insisted the workers to do yoga and make it as a daily routine. Positive feedback about the programme was given by the participants. The programme came to an end with vote of thanks. Around 40 employees have participated and benefitted in this programme which was organised by II MSW students - Sangeetha (A22MSW20), Arivunithi (A22MSW01), and Sri Kesavan (A22MSW31) as a part of their field work requirement.



Yoga asanas taught by Mrs. Keerthiga Co-ordinator, LGPM India.



Mrs. K. Janani, Manager HRBP, HEPL shared the thought of Yoga practices.

Staff in-charge

Mr. J. Durai Raj

Head, Department of Social work

Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)

CUDDALORE - 607001

PG DEPARTMENT OF SOCIAL WORK

Cordially invites you for the Employees Enrichment Programme On



“YOGA FOR HAPPY AND HEALTHY LIFE”

Date : 30-06-2023

Day : Friday

Time : 3.00 pm to 4.00 pm

Venue : HEPL, SIDCO,
Semmandalam, Cuddalore Dt.

- With the Blessings of** : **Rev. Fr. Dr. M. Swaminathan, Secretary,**
St. Joseph's College of Arts and Science (Autonomous),
Cuddalore.
- Felicitation** : **Dr. M. Arumai Selvam, Principal,**
St. Joseph's College of Arts and Science (Autonomous),
Cuddalore.
- Inaugural Address** : **Mr. J. Durai Raj, Head, PG Department of Social Work,**
St. Joseph's College of Arts and Science (Autonomous),
Cuddalore.
- In the Presence of** : **Mr. Ramesh P. R, Head – HR, HEPL.**
Mr. N. Pradeesh, Head - Operations, HEPL.
Mrs. K. Janani, Manager – HRBP, HEPL.
- Resource Person** : **Mrs. M. Keerthiga, Co-ordinator, LPGM INDIA.**
National Yoga Jury and Player.
Certified Yoga Coach by Indian Government.

Under the Guidance of

Mrs. S. Vanathi, Asst. Prof,

Mrs. M. Perkish Salomina, Asst. Prof,

Mr. A. Mahimai Kuzhanthai Yesu, Asst. Prof.

Student Organizers

A. Arivunithi (A22MSW01)

K. Sangeetha (A22MSW20)

B. Srikesavan (A22MSW31)

PG Department of Social Work

Glimpses of the event



Yoga demonstration by the Resource person and subordinates



Group photo with the organizers

List of Participants

S. NO.	ROLL NUMBER	NAME OF THE STUDENT
1	A22MSW01	Arivunithi A
2	A22MSW02	Arun Kumar P
3	A22MSW03	Aswini G
4	A22MSW04	Balaji M
5	A22MSW05	Dharanidharan P
6	A22MSW06	Haripriya P
7	A22MSW07	Jasline Benadics C
8	A22MSW08	Kastha M
9	A22MSW09	Mythreyi A
10	A22MSW10	Nandini M
11	A22MSW11	Navin Kumar P
12	A22MSW12	Nithiya Sri D
13	A22MSW13	Padmapriya J
14	A22MSW14	Poornima A
15	A22MSW15	Princy E
16	A22MSW16	Priyanandhini K
17	A22MSW17	Ramamoorthy M
18	A22MSW18	Roja D
19	A22MSW19	Samraj Nikhil Shelton S
20	A22MSW20	Sangeetha K
21	A22MSW21	Shakespear N
22	A22MSW23	Thomas Daniel J
23	A22MSW24	Umamaheswari A
24	A22MSW25	Veerasakthi V
25	A22MSW26	Vijaya Kumar A
26	A22MSW27	Vijayan K
27	A22MSW29	Vinitha P
28	A22MSW30	Vishwaa K K
29	A22MSW31	Srikesavan B
30	A22MSW32	Hari Gugan M
31	A22MSW33	Daffny Maria M
32	A22MSW34	Aurosakthi S
33	A22MSW35	John Blessy L
34	A22MSW36	Karen Anitha John
35	A22MSW37	Gnana Prakash G
36	A22MSW39	Akash D
37	A22MSW40	Siva C

Feedback:



Receiving Feedback from Working Professionals of Cavin Care

At the end of the session, the working professionals provided their feedback regarding the programme and encouraged the organizers and also by thanking the entire team who are involved in the process of conducting the programme, which was conducted for their Healthy life. Around 75 Staffs have participated and benefited through the programme.

Signature

Coordinator/Organizing Secretary

Mr. J. Durai Raj

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts & Science (Autonomous), Cuddalore – 607001

Activity Report

Report No. 02/2023-24

Report Title	Promotion of Personal Hygiene
Date	11.07.2023
Information to be Included	a) Report b) Permission Letter (and/or) Circular (and/or) Email (and/or) Brochure (and/or) Invitation c) Glimpses of the event (if required) d) Attendance e) Feedback

The second year MSW students organized programme titled as "Promotion of Personal Hygiene" for the children at Jaly home, Puducherry on 11.07.2023 from 4.00 pm to 6.00 pm. Mrs. M. Perkish Salomina, Assistant Professor, PG Department of Social Work, St. Joseph's College of Arts and Science gave inaugural address and spoke about the importance of hygiene and its impacts in the present hectic life style among the children. Mrs. V. Chithra Kala, Medical Social Worker, JIPMER, Puducherry acted as a resource person. She gave a short speech on how hygiene practices create a healthy lifestyle. Mr. Bruno, Managing trustee of Jaly Home, also made the student to interact with children and encouraged the programme organizers. Thus, the program was ended with Vote of thanks. Around 40 children were participated and benefited through this program which was organized by the II- MSW trainees, E. Princy (A22MSW15) and D. Akash (A22MSW39).



Resource Person interaction with the beneficiaries



Group Photo of the event

Handwritten signature of Mrs. S. Vanathi in blue ink.

Signature

Coordinator/Organizing Secretary

Mrs. S. Vanathi

Handwritten signature of Mr. J. Durai Raj in blue ink.

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 617 001

Invitation



ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE - 607001



PG DEPARTMENT OF SOCIAL WORK

Warmly invites you for the Community Organization Programme on

PROMOTION OF PERSONAL HYGIENE

Date : 11 - 07 - 2023

Time : 2.00 pm to 4.00 pm.

Day : Tuesday

Venue : Lawspct, Puducherry.

With the blessings of : **Rev. Fr. Dr. M. Swaminathan**, Secretary,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.

Felicitation : **Dr. M. Arumai Selvam**, Principal,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.

Inaugural Address : **Mr. J. Durai Raj**, Head, PG Department of Social Work,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.

In the Presence of : **Mr. J. Bruno**,
Managing Trustee – Samugam Trust,
Managing Director of Jally Homes,
Puducherry.

Chief Guest : **Mrs. V. Chitrakala**, Medical Social Worker.
JIPMER, Puducherry.

Under the Guidance of

Mrs. S. Vanathi,
Assistant Professor.

Student Organizers

E. Princy (A22MSW15)
D.Akash (A22MSW39)

PG Department of Social Work



Glimpse of the event



Distribution of Refreshment



Cultural performance by the beneficiaries



Cultural performance by the beneficiaries



Interaction with the beneficiaries by the social work students

List of Participants

S. NO.	ROLL NUMBER	NAME OF THE STUDENT
1	A22MSW01	Arivunithi A
2	A22MSW02	Arun Kumar P
3	A22MSW03	Aswini G
4	A22MSW04	Balaji M
5	A22MSW05	Dharanidharan P
6	A22MSW06	Haripriya P
7	A22MSW07	Jasline Benadics C
8	A22MSW08	Kastha M
9	A22MSW09	Mythreyi A
10	A22MSW10	Nandini M
11	A22MSW11	Navin Kumar P
12	A22MSW12	Nithiya Sri D
13	A22MSW13	Padmapriya J
14	A22MSW14	Poornima A
15	A22MSW15	Princy E
16	A22MSW16	Priyanandhini K
17	A22MSW17	Ramamoorthy M
18	A22MSW18	Roja D
19	A22MSW19	Samraj Nikhil Shelton S
20	A22MSW20	Sangeetha K
21	A22MSW21	Shakespear N
22	A22MSW23	Thomas Daniel J
23	A22MSW24	Umamaheswari A
24	A22MSW25	Veerasakthi V
25	A22MSW26	Vijaya Kumar A
26	A22MSW27	Vijayan K
27	A22MSW29	Vinitha P
28	A22MSW30	Vishwaa K K
29	A22MSW31	Srikesavan B
30	A22MSW32	Hari Gugan M
31	A22MSW33	Daffny Maria M
32	A22MSW34	Aurosakthi S
33	A22MSW35	John Blessy L
34	A22MSW36	Karen Anitha John
35	A22MSW37	Gnana Prakash G
36	A22MSW39	Akash D
37	A22MSW40	Siva C

Feedback:

- At the end of the program, students shared their feedback about the programme from their observation.
- Students said that they were happy for making them participate in the programme.
- Students were delightful for attending the session and they spent time with the organizers to discuss their thoughts.



Signature

Coordinator/Organizing Secretary

Mrs. S. Vanathi



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore - 607001

Activity Report

Report No. **03/2023-24**

Report Title	Sensitizing programme on Breastfeeding – Nourishing Generations'
---------------------	---

Date	04. 08. 2023
-------------	---------------------

Information to be Included	a) Report b) Permission Letter (and/or) Circular (and/or) Email (and/or) Brochure (and/or) Invitation c) Glimpses of the event (if required) d) Attendance e) Feedback
-----------------------------------	--

a) Report

The PG Department of Social Work second MSW students organized the Programme on **Sensitizing programme on 'Breastfeeding – Nourishing Generations' Library Extension Hall, St. Joseph's College, Cuddalore** on 04.08.2023. On the commemorate International breastfeeding week. The resource persons, Dr. R. Prahan Kumar, Head Department of Community Medicine, Mahatma Gandhi medical and Research Institute, Puducherry, insisted about the importance of breastfeeding for mother and child. Dr. J. Jenifer Florence Mary, Assistant professor, Mahatma Gandhi medical and Research Institute, Puducherry interacted with the students and clarified many things on the Breastfeeding. Dr. D. Senkadhirdasan, Assistant Professor, Mahatma Gandhi medical and Research Institute, Puducherry shared few points about the causes and preventive measures of anemia.



Dr. D. Senkadiradasan shared about the causes of anemia



Dr. R. Prahlan Kumar's speech about the importance of Breastfeeding

Signature

Coordinator/Organizing Secretary

Mrs. S. Vanathi

Signature



Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

b) Invitation

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
CUDDALORE - 607001



PG DEPARTMENT OF SOCIAL WORK
Cordially invites you for the

**SENSITIZING PROGRAMME ON
BREASTFEEDING - NOURISING GENERATIONS**

Date : 04.08.2023 **Venue :** Library Extention Hall
(1st Floor)
Time: 10.00 AM to 12.00 PM

Presidential Address : **Rev. Fr. Dr. M. Swaminathan**, Secretary
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.

Felicitation : **Dr. M. Arumai Selvam**, Principal
Dr. J. Jon Arockiaraj, Vice-Principal
Rev. Fr. Dr. S. Xavier, Controller of Examination
Rev. Fr. Dr. A. Alex, Dean of Studies

In the Presence of : **Mr. J. Durai Raj**, Head, PG Department of Social Work
St. Joseph's College of Arts & Science (Autonomous).
Cuddalore.

Resource Persons : **Dr. R. Prahankumar**, Head of the Department,
Department of Community Medicine,
Mahatma Gandhi Medical College & Research Institute,
SBV Campus, Puducherry.

: **Dr. D. Senkadhiraasan**, Assistant Professor
Mahatma Gandhi Medical College & Research Institute,
SBV Campus, Puducherry.

: **Dr. J. Jenifer Florence Mary**, Assistant Professor
Mahatma Gandhi Medical College & Research Institute,
SBV Campus, Puducherry.

Under the Guidance of:
Mr. J. Durai Raj, Head,
PG Department of Social Work,
Mrs. S. Vanathi, Assistant Professor,
PG Department of Social Work

Students Organizers:
A. Mythreyi (A22MSW09)
D. Roja (A22MSW18)
M. Daffny Maria (A22MSW33)
Karen Anitha John (A22MSW36)

c) Glimpses of the event



The participant gave feedback about the programme

A handwritten signature in black ink, appearing to read 'S. Vanathi'.

Signature

Coordinator/Organizing Secretary

Mrs. S. Vanathi

A handwritten signature in blue ink, appearing to read 'J. Durai Raj'.

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Participants List:

S. No	Name of the Participants	Roll No
1.	S. Janani	A23MBC07
2.	S. Shobana	A23MBC17
3.	Patil Sheetal	A23MBC28
4.	M. Jansi Cornalivous	A23MBC08
5.	S. Abishiya	A23MBC01
6.	M. Santhoshini	A23MBC12
7.	L. Swapna	A23MBC18
8.	R. Mahalakshmi	A23MBC10
9.	K. Shalini	A23MBC14
10.	B. Swetha	A23MBC19
11.	C. Jovitha	A23MBC20
12.	V. Saranya	A23MBC15
13.	Nivetha S	A21CMEB41
14.	Swetha D	A21CMEB65
15.	Yuvasri G	A21CMEB71
16.	Kothai M	A21CMEA31
17.	Nisha E	A21CMEA38
18.	Haripriya	A22CMEA16
19.	Simiriya R	A22CMEA52
20.	Komal B	A22CMEA67
21.	Bharathi	A22CMEB09
22.	Janani	A22CMEB20
23.	Kalaivani	A22CMEB23
24.	Maha	A22CMEA22
25.	Kaviya N	A22ACE15
26.	Sathiyapriya S	A22ACE32
27.	Vidhya V	A22ACE39

28.	Aashika R	A22ENEA01
29.	Barkath Nisha K	A22ENEA04
30.	Janani M	A22ENEA12
31.	Sharmi R	A22ENEA33
32.	Suruthi B	A22ENEA38
33.	Pavithra A	A22ENEA24
34.	Haripriya S	A22ENEA46
35.	Arthi A	A22ENEA08
36.	Dhivya T	A22ENEA06
37.	Divya P	A22ENEA07
38.	Aashika R	A22ENEA01
39.	Kavya A	A21TAE10
40.	Praveena A	A21TAE16
41.	Arivu Selvi S	A23MSW01
42.	Ashya Begum B	A23MSW02
43.	Astline Mariya A	A23MSW03
44.	Jothi Stella Mary G	A23MSW04
45.	Keerthiga S	A23MSW05
46.	Kolupooru Lakshmi	A23MSW06
47.	Madhalen Madhan A	A23MSW07
48.	Maria Sneha M	A23MSW08
49.	Monisha L	A23MSW09
50.	Arivu Selvi S	A23MSW01
51.	Prathipa S	A23MSW10
52.	Ritiga I	A23MSW11
53.	Seslia D	A23MSW12
54.	Srinithi B	A23MSW13
55.	Surya V	A23MSW14
56.	Yuvasri E	A23MSW15
57.	Abilash.I	A23MSW16

58.	Arun P	A23MSW17
59.	Chandru K	A23MSW18
60.	Gopikrishna M	A23MSW19
61.	Hathar Basha A	A23MSW20
62.	Mugilan M	A23MSW21
63.	Murugan M	A23MSW22
64.	Robin S	A23MSW23
65.	Sharma S	A23MSW24
66.	Sivadharashan A	A23MSW25
67.	Mohanakrishnan M	A23MSW26
68.	T. Abinaya	A22ENEA38
69.	D. Vinisha	A22ENEA24
70.	V. Abiniya	A22ENEA46
71.	A. Divya Helen	A22ENEA08
72.	S. Rashitha Begun	A22ENEA06
73.	K. Leelavathi	A22ENEA07
74.	D. Jansi Rani	A22ENEA01
75.	V. Priyadarshini	A21TAE10
76.	R. Lakshna	A21TAE16
77.	T. Jayasri	A23MSW01
78.	S. Mahalakshmi	A23MSW02
79.	R. Shantha Harini	A23MSW03
80.	S. Janani	A23MBC07
81.	S. Shobana	A23MBC17
82.	Patil Sheetal	A23MBC28
83.	M. Jansi Cornalivous	A23MBC08
84.	S. Abishiya	A23MBC01
85.	M. Santhoshini	A23MBC12
86.	L. Swapna	A23MBC18
87.	R. Mahalakshmi	A23MBC10

88.	K. Shalini	A23MBC14
89.	B. Swetha	A23MBC19
90.	C. Jovitha	A23MBC20
91.	V. Saranya	A23MBC15
92.	Nivetha S	A21CMEB41
93.	Swetha D	A21CMEB65
94.	Kavya A	A21TAE10
95.	Praveena A	A21TAE16
96	Alisha falaq naaz K	A21CMEA07
97	Boomika R	A21CMEA11
98	Kashis sweeka N	A21CMEA27
99	Kaviyasri A	A21CMEA28
100	Khushali D	A21CMEA30
101	Almas A	A21CMEB07
102	Nivedha S	A21CMEB41
103	Renugadevi D	A21CMEB52
104	Roopavathi S	A21CMEB54
105	Swetha D	A21CMEB65
106	Yuvasri G	A21CMEB66
107	Ahalya selva sundari S	A22CMEA04
108	Kothai M	A22CMEA31
109	Mariyam beevi B	A22CMEA33
110	Nisha E	A22CMEA38
111	Haripriya	A22CMEA16
112	Simiriya R	A22CMEA52
113	Subhashini M	A22CMEA55
114	Suvedha S	A22CMEA58
115	Thirisha S	A22CMEA63
116	Niharika TK	A21ENEA27
117	Yogitha E	A21ENEA47

118	Aashika R	A22ENEA01
119	Barkath nisha K	A22ENEA04
120	Janani M	A22ENEA12
121	Sharmi R	A22ENEA33
122	Suruthi B	A22ENEA38
123	Pavithra A	A22ENEA24
124	Haripriya S	A22ENEA46
125	Arthi A	A23ENEA01
126	Dhivya T	A23ENEA06

Feedback

At the end of the session students have given their valuable feedback about the programme



Signature
Coordinator/Organizing Secretary
Mrs. S. Vanathi

Signature
Convener/Head of the Department
Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001

Activity Report

Report No.	15/2023-24
Report Title	Motivational Programme on Life Skills to Face Fearless Examination
Date	14.02.2024
Information to be Included	a) Report b) Glimpses of the event (if required) c) Attendance d) Feedback

Report

The PG Department of Social Work organized a Motivational Programme titled "Life Skills to Face Fearless Examination" at Government Higher Secondary School, Thiruvanthipuram, Cuddalore on 14.02.2024 between 3.00 pm and 4.30 pm. Mr. J. Durai raj, Head, PG Department of Social Work, spoke to the students on Self Awareness and Time Management for Exam preparation and Presentation. Then, Mrs. M. Salomina, Asst. Prof. of PG Department of Social Work spoke on the value of marks scored in the Board Examinations. 150 students have attended this programme which was coordinated by A. Arivunithi (A22MSW01) P. Dharani Dharan (A22MSW05) and G. Gnana Prakash (A22MSW37) of II MSW as a requirement of their Concurrent Field Work Curriculum.



The Resource person shared a valuable speech for the participants.

Signature

Coordinator/Organizing Secretary

Mrs. M. Perkish Salomina

Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Programme Invitation:



**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE - 607001**

PG DEPARTMENT OF SOCIAL WORK

Cordially invites you for the

Awareness Programme on

LIE SKILLS TO FACE FEARLESS EXAMINATION



Date : 17 - 03 - 2023

Time : 3.00 pm to 4.00 pm.

Day : Friday

Venue : Sri Varadham Govt. Girls Higher Secondary School venugopalapuram, Cuddalore

- With the blessings of :** **Rev. Fr. G. Peter Rajendiram**, Secretary,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.
- Felicitation :** **Dr. M. Arumai Selvam**, Principal,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.
- Inaugural Address :** **Mr. J. Durai Raj**, Head, PG Department of Social Work,
St. Joseph's College of Arts & Science (Autonomous),
Cuddalore.
- Resource Person :** **Mr. R. Eabenesar**, Psychologist,
A NEW BIGINNING (Psychologist & De-addiction Centre)
Pondicherry.
- In the Presence of :** **Mrs. P. Dhanalakshmi**, Msc, B.Ed, Mphil, Head Master,
Sri Varadham Govt. Girls Higher Secondary School
Venugopalapuram, Cuddalore.
Mrs. S. Vijayapriya, Msc, M.Ed, Mphil, Assistant Head Master
Sri Varadham Govt. Girls Higher Secondary School
Venugopalapuram, Cuddalore.
Mr. R. Mani, Msc, B.Ed, Mphil. Assistant Head Master,
Sri Varadham Govt. Girls Higher Secondary School
Venugopalapuram, Cuddalore.

Under the Guidance of

Mr. J. Durai Raj, Head of The Department
Mrs. M. Perkish Salomina, Assistant Professor
PG Department of Social Work.

Student Organizers

P. Dharanidharan (A22MSW05)
M. Ramamoorthy (A22MSW17)



List of the participants:

S. No.	Rolls No.	Name
1	A22MSW01	Arivunithi A
2	A22MSW02	Arun Kumar P
3	A22MSW03	Aswini G
4	A22MSW04	Balaji M
5	A22MSW05	Dharanidharan P
6	A22MSW06	Haripriya P
7	A22MSW07	Jasline Benadics C
8	A22MSW08	Kastha M
9	A22MSW09	Mythreyi A
10	A22MSW10	Nandini M
11	A22MSW11	Navin Kumar P
12	A22MSW12	Nithiya Sri D
13	A22MSW13	Padmapriya J
14	A22MSW14	Poornima A
15	A22MSW15	Princy E
16	A22MSW16	Priyanandhini K
17	A22MSW17	Ramamoorthy M
18	A22MSW18	Roja D
19	A22MSW19	Samraj Nikhil Shelton S
20	A22MSW20	Sangeetha K
21	A22MSW21	Shakespear N
22	A22MSW23	Thomas Daniel J
23	A22MSW24	Umamaheswari A
24	A22MSW25	Veerasakthi V
25	A22MSW26	Vijaya Kumar A

26	A22MSW27	Vijayan K
27	A22MSW29	Vinitha P
28	A22MSW30	Vishwaa K K
29	A22MSW31	Srikesavan B
30	A22MSW32	Hari Gudan M
31	A22MSW33	Daffny Maria M
32	A22MSW34	Aurosakthi S
33	A22MSW35	John Blessy L
34	A22MSW36	Karen Anitha John
35	A22MSW37	Gnana Prakash G

Feedback

There was the feedback session after the programme the participants have given their valuable feedback:

- The programme was very useful for understanding.
- The participants thoroughly enjoyed the programme, gaining valuable knowledge and insights.



Signature

Coordinator/Organizing Secretary

Mrs. M. Perkish Salomina



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore – 607001
Activity Report

Report No.	16/2023-24
Report Title	Wellness programme on Yoga and Meditation
Date	02.03.2024
Information to be Included	a) Report b) Glimpses of the event (if required) c) Attendance d) Feedback

Report

The PG Department of Social Work has organized Wellness programme titled "Yoga and Meditation" at KN Pettai, Cuddalore on 02.03.24 between 11.30 am and 1.30 pm. Mr. A. Mahimai Kuzhandhai Yesu, Assistant Professor of the Department, discussed the importance of yoga and meditation to the elderly people. Followed by this Ms. M. Keerthiga, Yoga Instructor interacted with the people and demonstrated few Yogasanas to the elderly people. Mr. Rajendren, Director of MNTN talked about Laughing Therapy. Followed by this, I MSW students entertained people by their dance. The programme was ended by National Anthem. The programme was organised by M. Mugilan (A23MSW21) and P. Arun (A23MSW17) of I MSW as a part of their Concurrent Field work Curriculum.



The resource person engaged the .people with physical activity.



The chief guest enriched the participants.

Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu

Signature



Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001

Programme Invitation:

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
Affiliated to Annamalai University, Annamalai Nagar - 608 002
Recognised u/s 2(f) & 12(B) of the UGC Act, 1956
A Christian Minority Institution, Cuddalore - 607 001.



PG DEPARTMENT OF SOCIAL WORK
Warmly invites you for the Motivational Programme on
“Yoga and Meditation”

Time: 11.30 am to 12.30 pm **Date:** 02.03.2024

Venue: Annai Alamelu Old Age Home, KN Pettai, Cuddalore.

With the Blessings of
Rev. Fr. Dr. M. Swaminathan, Secretary,
In the Presence of
Dr. M. Arumai Selvam, Principal,
Inaugural Address
Mr. J. Durai Raj, Head
PG Department of Social Work
Director
Mr. P. Rajindran
Mrs. Srimathi Rajindran
Chief Guest
M. Keerthiga B.com, M.Sc (Yoga), NSNIS(Yoga), MSW,
Field co-ordinator @ LPGM, INDIA
Yoga Instructor @ Velammal Bodhi Campus, Pondy.

Under the Guidance of **Student Organizers**
Mr. A. Mahimai Kuzhandhai Yesu, **P. Arun (A23MSW17)**
Asst. Professor, PG Department of **M. Mugilan (A23MSW21)**
Social Work

PG DEPARTMENT OF SOCIAL WORK

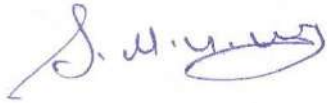
List of participants:

S. NO.	Roll Number	Name of the Student
01	A23MSW01	Arivu Selvi S
02	A23MSW02	Ashya Begum B
03	A23MSW03	Astline Mariya A
04	A23MSW04	Jothi Stella Mary G
05	A23MSW05	Keethiga S
06	A23MSW06	Kolupooru Lakshmi
07	A23MSW08	Maria Sneha M
08	A23MSW09	Monisha L
09	A23MSW10	Prathipa S
10	A23MSW11	Rithiga I
11	A23MSW12	Seslia D
12	A23MSW13	Srinithi B
13	A23MSW14	Surya V
14	A23MSW15	Yuvasr E
15	A23MSW16	Abilash I
16	A23MSW17	Arun P
17	A23MSW18	Chandru K
18	A23MSW19	Gopi Krishnan M
19	A23MSW20	Hathar Basha A
20	A23MSW21	Mugilan M
21	A23MSW22	Murugan M
22	A23MSW23	Rabin S
23	A23MSW24	Sharma S
24	A23MSW25	Sivadharshan A
25	A23MSW26	Mohanakrishnan M
26	A23MSW27	Rajashekar D
27	A23MSW28	Sasi Dharan M
28	A23MSW32	Krishna A
29	A23MSW33	Selcia A
30	A23MSW34	Nirmal Kumar K

Feedback

There was the feedback session after the programme the participants have given their valuable feedback:

- The programme was very useful for understanding.
- The participants thoroughly enjoyed the programme, gaining valuable knowledge and insights.



Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 617 001

St. Joseph's College of Arts and Science (Autonomous), Cuddalore - 607001

Activity Report

Report No. **06/2023-24**

Report Title	Promotion of World Mental Health Day
Date	12.10.2023
Information to be Included	a) Report b) Permission Letter (and/or) Circular (and/or) Email (and/or) Brochure (and/or) Invitation c) Glimpses of the event (if required) d) Attendance e) Feedback

Report

PG Department of Social Work organized a Sensitizing Programme at Melazhinjipattu, MGNREGS workers on behalf of the "Promotion of World Mental Health Day" celebration on 12.10.2023. Mrs. Kalaiyarasi, Coordinator of MGNREGS, Melazhinjipattu village arranged MGNREGS workers and elucidated about Psychological issues faced by MGNREGS workers. Then, Mr. Bakthavatchalam, Medical Social Worker, Mahatma Gandhi Medical College and Research Institute, Kirumampakam, Puducherry shared his words about cope with Stress and Depression which helped the workers to tackle the problems in their daily life. He gave "Awareness on Deaddiction and Anger Management Techniques" to the workers. Then V. Veerasakthi, II MSW trainee said about the "Psychological issues faced by the Women in the Society" and gave some suggestion to tackle the issues. Then she mentioned that "Alcohol is a disease which cannot be cured but can be able to control its vigour" and shared some suicide prevention techniques to the workers. Then J. PadmaPriya, II MSW trainee taught about "Sleep Hygiene and Anger Management" to the MGNREGS workers. This programme helped the workers to tackle the problems they face day to day life. Then vote of thanks was delivered by A. Poornima II MSW trainee.



Resource person gave an Awareness on Mental Health



Mrs. V.Veerasakthi, II MSW talked about Psychological problems faced by Women in the society

Signature

Coordinator/Organizing Secretary
Mr. A. Mahimai Kuzhanthai Yesu

Signature

Convener/Head of the Department
Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 617 001

Invitation

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

CUDDALORE - 607001



Affiliated to Annamalai University, Annamalai Nagar - 608 002.
Recognised u/s 2(f) & 12(B) of the UGC Act, 1956
A Christian Minority Institution, Cuddalore - 607 001



PG DEPARTMENT OF SOCIAL WORK

Cordially invites you for the

PROMOTION ON WORLD MENTAL HEALTH DAY

Presided Over by

Rev. Fr. Dr. M. Swaminathan, Secretary

Felicitation

Dr. M. Arumai Selvam, Principal

Dr. J. Jon Arockiaraj, Vice-Principal

Rev. Fr. Dr. S. Xavier, Controller of Examination

Rev. Fr. Dr. A. Alex, Dean of Studies

In the Presence of

Mr. J. Durai Raj, Head

PG Department of Social Work

Resource Persons

Dr. R. Prahankumar, Head Department of Community Medicine,
Mahatma Gandhi Medical College & Research Institute,
SBV Campus, Pudhucherry.

Dr. D. Senkadhirdasan, Assistant Professor,
Mahatma Gandhi Medical College & Research Institute,
SBV Campus, Pudhucherry.

Under the Guidance of

Mr. A. Mahimai Kuzhanthai Yesu,
Assistant Professor,
PG Department of Social Work

Student Organizers

J. Padmapriya (A22MSW13)
A. Poornima (A22MSW14)
V. Veerasakthi (A22MSW25)

Date: 12 - 10 - 2023

Time: 12.30 pm to 1.30 pm

Venue: Melazhinjipattu, Cuddalore.

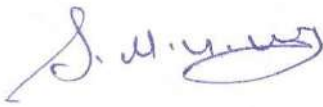
Name list of the beneficiaries

Sl. No.	Name of the Participants
1.	S. Amutha
2.	P. Muthayan
3.	A. Ramanujam
4.	Megala
5.	R. Selvambal
6.	S. Vellaiyammal
7.	R. Sagunthala
8.	V. Nathiya
9.	M.Nagammal
10.	V. Vellayammal
11.	A. Vedhanayagi
12.	V. Karuppamani
13.	Bakiyavathi
14.	P. Priya
15.	R. Rajeshwari
16.	Geetha
17.	Anbarasi
18.	Jayachithra
19.	Sarala
20.	Amirtham
21.	Muthulakshmi
22.	Suganya
23.	Sathisri
24.	Meenashi
25.	Saritha
26.	S. Anjaladevi
27.	N. Anjalai
28.	V. Dhanalakshmi
29.	S. Angammal
30.	N. Vasantha
31.	G. Vasantha
32.	K. Amaravathi
33.	R. Sathiyavani
34.	Sathiyabama
35.	Vaideeswari
36.	Amutha
37.	Pushpaganthi
38.	Dhivya
39.	Vijayalakshmi
40.	R. Tamilarasi
41.	I. Gomathi
42.	N. Sengeni

43.	A. Veerammal
44.	B. Kalyani
45.	K. Sundhari
46.	Ananthi
47.	L. Mahalakshmi
48.	S. Chandra
49.	A. Pakkiriymmal
50.	A. Saroja
51.	T. Sathiya
52.	A. Indhirani
53.	Valarmathi
54.	B. Gunavathy
55.	Muthulakshmi
56.	S. Thilagavathi
57.	D. Pommayammal
58.	R. Maalini
59.	P. Vanitha
60.	P. Lakshmi
61.	S. Theivanai
62.	A. Ganagammal
63.	M. Kuppu
64.	V. Rajeshwari
65.	V. Banu
66.	A. Nagaraj
67.	M. Sagunthala
68.	M. Radha
69.	P. Thenmozhi
70.	S. Anjali
71.	A. Chennaponnu
72.	S. Selvi
73.	P. Maliga
74.	R. Gowari
74.	S. Subulakshmi
75.	D. Sundari
76.	R. Bhanu
77.	S. Thaiyalnayagi
78.	C. Veerapan
79.	M. Shanthi
80.	C. Kala
81.	K. Prunthavathy
82.	S. Ehavalli
83.	S. Lalitha
84.	R. Nirmala

Feedback:

- The MGNREGS workers in Melazhinjipattu, Cuddalore thanked the Trainees to organize the programme.
- This programme helps them to aware about Anger management and Cope with Stress.
- They thanked the Trainee for elucidate about the procedure to admit the ADS patients in the Hospital.



Signature

Coordinator/Organizing Secretary

Mr. A. Mahimai Kuzhanthai Yesu



Signature

Convener/Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ
Assistant Professor & Head
Department of Social Work,
St. Joseph's College of Arts & Science
(Autonomous), Cuddalore - 607 001