





St. Joseph's College of Arts & Science (Autonomous)
Cuddalore – 607 001, Tamil Nadu.

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**REPORTS OF THE EXTENSION
ACTIVITIES**

2021-2022

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Voluntary Service for the Combined Vaccine Programme for Babies
	Organising Unit
	National Service Scheme
	Venue
	Municipal Middle School, Pudhupalayam, Cuddalore
	Date
	23/07/2021
	No. of Participants
	10

On July 23, 2021, our volunteers went to participate in a combined vaccine camp for babies held at the Municipal Middle School in Pudhupalayam, Cuddalore. The event was organized by the Government of Tamil Nadu in collaboration with the Ministry of Health. This initiative aimed to provide essential vaccinations to infants in the community, ensuring their health and well-being. A total of nearly 20 volunteers took part in the program, dedicating their time and efforts to support this important cause. The volunteers assisted in various tasks, including registration, educating parents about the importance of vaccinations, and helping healthcare professionals during the administration of the vaccines. The event not only contributed to the health of many children but also fostered a spirit of community involvement and awareness regarding immunization. Overall, the combined vaccine camp was a significant step towards improving public health in the region and ensuring a healthier future for our children.


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Our volunteers standing on the Role of Honor to welcome our Chief Guest District Collector Thiru. K. Balasubramaniam for the Vaccination Programme.23/07/2021




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Our volunteers helped the doctors while they were vaccinating the babies and also put forth its importance to the parents. 23/07/2021

Title of the Extension Activity: Voluntary Service for the Combined Vaccine Programme for Babies

Venue: Municipal Middle School, Pudhupalayam, Cuddalore

Date: 23/07/2021


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S.NO	NAME	ROLL NO	DEPARTMENT
01	A.S.MOHAMED THAMEESDEEN	A19CADA27	BCA-A
02	R.THIRUNAVUKARSU	A19END72	B.A ENGLISH
03	K.VIJAYAN	A19CMDB68	B.COM
04	R.VISHNU	A19CHD46	B.SC CHEMISTRY
05	V.AKASH KUMAR	A19CSDC03	B.SC COMPUTER SCIENCE
06	B.SAKTHINATHAN	A19MTD30	B.SC MATHS
07	A.SANJEEVI RAMAN	A19MTD32	B.SC MATHS
08	S.JAYARAMAN	A19CADB14	BCA-B
09	M.MANI KADAN	A19CMDB39	B.COM
10	S.KUMANANATHAN	A19MTD18	B.SC MATHS


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Vaccination Camp
Organising Unit	National Service Scheme
Venue	Municipality School, Beach Road, Cuddalore
Date	28/07/2021
No. of Participants	20

The Municipal School Vaccination Camp Program was organized by the Cuddalore District Collector on 28/07/2021. This important initiative aimed to provide vaccinations to the community and ensure public health safety. The camp was expertly coordinated by Dr. L. Santhana Raj and Dr. A. Annammal, taking place at the Cuddalore Town Hall, conveniently located next to the New Cinema Theater.


NSS volunteers played a crucial role in the success of the COVID-19 Vaccination Camp. They diligently followed government protocols to ensure safety and efficiency during the event. Their responsibilities included assisting the doctors in managing the crowd, maintaining social distancing, and facilitating a smooth flow of individuals seeking vaccinations. By supporting healthcare professionals and educating the public about the importance of vaccinations, the volunteers contributed significantly to the overall health of the community. This camp not only provided necessary vaccinations but also reinforced the importance of collective efforts in combating the pandemic and promoting public health initiatives.


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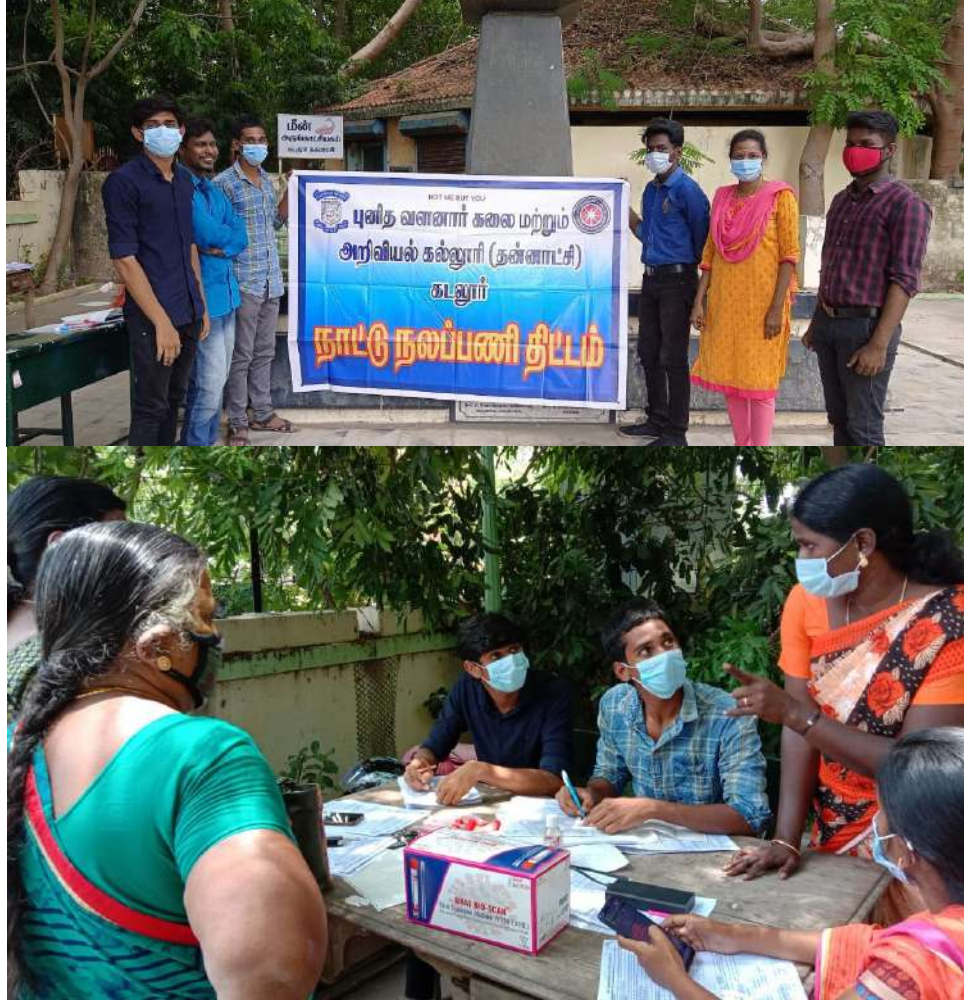
NSS Volunteers actively participated in COVID-19 Vaccination Camp


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Participation in RT-PCR Test
	Organising Unit	National Service Scheme
	Venue	Municipality Park, Cuddalore
	Date	29/07/2021
	No. of Participants	7


The COVID-19 Vaccination Camp held on 29.07.2021 at Manjakuppam Park in Cuddalore aimed to provide essential vaccinations to the local community. This event was crucial in promoting public health and ensuring that residents had access to the vaccine. NSS volunteers played a significant role, dedicating their time and efforts to support the healthcare professionals present. They assisted with various tasks, including the registration of individuals, guiding them through the vaccination process, and ensuring that all safety protocols were strictly followed. Additionally, the volunteers helped maintain order and managed the flow of people, ensuring adherence to social distancing guidelines. Their commitment was instrumental in creating a safe environment, fostering community responsibility, and encouraging widespread participation in vaccination efforts against COVID-19.


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NSS students in action empowering the community through vaccination support.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Participation in South West Monsoon Awareness Rally
	Organising Unit	National Service Scheme
	Venue	Cuddalore Town Hall to New Cinema
	Date	31/07/2021
	No. of Participants	147

The NSS Volunteers rendered valuable service by participating in the Southwest Monsoon Awareness Rally aimed at educating the public about the monsoon season. This important event was organized by the Cuddalore District Collector and coordinated by Dr. L. Santhana Raj and Dr. A. Annamal on 31/07/2021, running from 9:00 A.M. to 11:00 A.M. at the Town Hall in Cuddalore. The rally was graced by esteemed Chief Guests, Thiru. K. Balasubramanian, I.A.S., and Thiru. Shaktiganesan, Superintendent of Police, who led an informative awareness campaign regarding the impacts and safety measures associated with the Southwest Monsoon in Cuddalore. The dedicated coordinators provided valuable insights to the attendees, emphasizing the importance of preparedness during the monsoon season. The highlights of this impactful event were subsequently published in the Dailythanthi newspaper, further extending its reach and promoting community awareness about monsoon-related safety.


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Our NSS Volunteers participated in the Southwest Monsoon Awareness Rally to educate the community. Dt. 31/07/2021



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This program was published in the Daily Thanthi newspaper.

The newspaper link www.dailythanthi.com/News/Districts/2021/07/31215710/Southwest-Monsoon-Awarenessrally.vpf .


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness on Covid'19
	Organising Unit
	PG & Research Department of English
	Venue
	Google Meet
	Date
	31/07/2021
	No. of Participants
	5

The PG and Research Department of English conducted an online extension program for school students on 31.07.2021 to create awareness about the pandemic situation. This initiative was guided by Mr. Sunny Joseph Sebastian, who emphasized the importance of understanding the impact of COVID-19 on daily life. During the program, five students delivered speeches on various topics related to the effects of the pandemic, highlighting issues such as mental health, education disruptions, and the importance of safety measures. Their presentations not only informed but also engaged their peers in meaningful discussions. Additionally, students from other states participated, broadening the reach and impact of the program. The event aimed to foster a sense of community and resilience among young individuals during these challenging times, encouraging them to stay informed and proactive in the face of ongoing health concerns. Overall, the program successfully raised awareness and provided valuable insights into navigating the pandemic.


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ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
 (A CHRISTIAN MINORITY INSTITUTION)
 AFFILIATED TO DR. J. JAYALALITHAA UNIVERSITY, VILLUPURAM.
 RE-ACCREDITED BY NAAC WITH 'A' GRADE (3rd CYCLE)
 RECOGNISED U/S 2(F) & 12(B) OF UGC ACT 1956.
 CUDDALORE-607001, TAMILNADU.

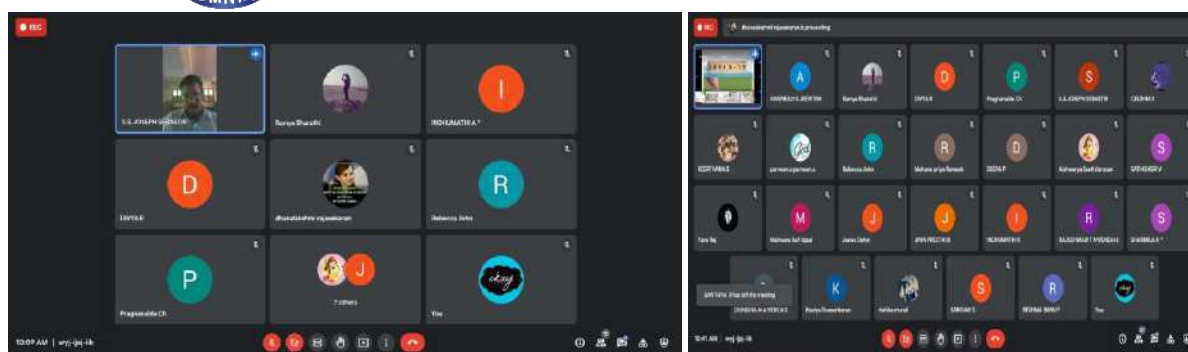
ONLINE EXTENSION PROGRAMME
ON
IMPACT OF COVID-19 AND CAREER GUIDANCE FOR SCHOOL STUDENTS
 (FOR 10th, 11th, 12th)

 [CLICK HERE TO JOIN](#)

31.07.2021

10:00AM to 11:30AM

ORGANIZERS
STAFF & STUDENTS,
G & RESEARCH DEPARTMENT OF ENGLISH,
ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)

The screenshots represent the participants who took part in the online session 31.07.2021


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The screenshot shows a Zoom meeting interface. On the left, a presentation slide titled "MUST SEE THIS OPPORTUNITY" is displayed. The slide content is as follows:

WE MUST SEE THIS OPPORTUNITY
to manage education and build a system that is:


- SUSTAINABLE**
Where schools and homes have the conditions and support for learning.
- EFFECTIVE**
Where teachers and schools are equipped to support each student at the level of his needs.
- RESILIENT**
With education services that are well-managed, safe and free of violence, and ensure continuity in the learning process between the school, home, and community.

On the right, the Zoom chat window is open, showing several messages from students:

- It is very useful for us.. thank u for this good session
- It's very useful for me to get a clear view about my further studies thank you all
- Plizzz explain in English language becoz we r from other state Presentation is awesome
- It Was A Very Informative Session For All The Students. Thank You
- Future was best idea
- This was an amazing session in this session we have realised our exact situation and about our career the speak out by Aishwarya and Rishika sisters was soo good and I have to thank to Divya sister to get me in reality in this pandemic situation so thank you to st. Joseph college for this session
- Very useful
- It is very useful to our higher education thanks for the useful extension program
- Future was best idea
- Especially computer course very useful
- Impact covid Education system is nice topic
- It is useful for me to develop my extra knowledge typing, other languages, etc thank you mam
- All is well
- Good
- Good
- Excellent
- Nice teaching good information
- The webinar was informative
- good
- Good presentation, please have next time we did certificate

Presentation and feedback given by the school students 31.07.2021


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Voluntary Work during Government Television Checking Programme
	Organising Unit
	National Service Scheme
	Venue
	Town Hall, Manjakuppam.
	Date
	09/08/2021 to 19/08/2021
	No. of Participants
	22

From 09.08.2021 to 19.08.2021, 83 NSS Volunteers participated in a government television checking initiative held at the Town Hall in Manjakuppam. This program aimed to ensure that the local television broadcasts met regulatory standards and provided accurate information to the public. The volunteers were actively involved in various tasks, including monitoring broadcast content, assisting in quality checks, and providing feedback to the authorities. Their dedication and commitment to this initiative not only helped maintain the quality of the broadcasts but also fostered a sense of responsibility among the volunteers, highlighting the importance of reliable media in the community.


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Under the guidance of NSS Coordinator, Our NSS Volunteers participated in television checking programme . (09.08.2021)

St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Cleaning the Public Places- Cleaning of Statue of Freedom Fighter
Organising Unit	National Cadet Corps
Venue	Municipality office , Manjakuppam, Cuddalore.
Date	13.08.2021
No. of Participants	15

On 13.08.2021, fifteen NCC cadets participated in a cleaning activity at the statue of the National Freedom Fighter Mahatma Gandhi and the Municipality Park. The cadets, accompanied by Sub Lieutenant John Robert, Associate NCC Officer, enthusiastically engaged in the cleaning efforts. This initiative aimed to promote cleanliness among the public and the cadets themselves, reinforcing the importance of maintaining a neat and clean environment. By honoring the legacy of Mahatma Gandhi, the cadets highlighted the significance of cleanliness and environmental responsibility as key values in our society. Their actions not only contributed to the beautification of the park but also served as a reminder to the community about the need to preserve public spaces. This activity ultimately contributes to preserving the dignity of our freedom fighters, encouraging everyone to take pride in their surroundings and commit to maintaining a cleaner, healthier environment for future generations.


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NCC cadets actively participated in cleaning the statue of our National Freedom Fighter, Mahatma Gandhi.

A handwritten signature in green ink, appearing to read "Arumai Selvam".

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Charity Programme
Organising Unit	PG & Research Department of Commerce
Venue	Sangeeth Saantham Truth, Cuddalore
Date	15.08.2021
No. of Participants	70

In view of Independence Day, the PG & Research Department of Commerce and the Department of Economics coordinated a meaningful Charity Program, engaging 70 students from III-B.Com-B (Shift-I) at the Sangeeth Saantham Trust in Cuddalore. The primary objective of this extension programme was to provide essential materials to mentally challenged children, ensuring they receive the support they need. During the event, the students interacted with the children, offering not only the necessary supplies but also their time and compassion. This experience significantly impacted the students, helping them understand the importance of extending help to those in need and effectively interacting with differently-abled individuals. They learned valuable lessons about empathy, kindness, and community service. The entire activity was thoughtfully coordinated by Mr. A. Albert Ravi, Assistant Professor in Commerce, whose guidance ensured the event's success and created a memorable experience for both the students and the children involved.



Providing essentials to the mentally challenged kids. 15.08.2021

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Voluntary Support for Special Camp for Irulas Accessing Government Schemes
Organising Unit	Department of Social Work- District Administration
Venue	V.Sathamangalam, Virudhachalam
Date	17.08.2021
No. of Participants	6


The II MSW students volunteered with the district administration of Virudhachalam division and ROAD NGO to organize a special camp for the Irula community, aimed at accessing government schemes. This event was conducted by the district administration of Cuddalore district at V. Saathamangalam on 17.8.2021. The II MSW students actively participated by assisting the Irula community members of V. Saathamangalam village in applying for community certificates, ration cards, health insurance cards, voter IDs, welfare cards, and Aadhar Card forms. They also helped fill out other petition forms. Mr. Amithkumar, IAS, Sub-Collector of Virudhachalam division, led the special camp, and officials from the health department, rural development department, and revenue department attended as well. Overall, 250 families from V. Saathamangalam village benefited from this special camp, ensuring they could access essential services and support from the government.


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Mr. Amirthkumar IAS checks the petitions and II MSW students help the people. 17.08.2021



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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	75 th Independence Day Celebration of India (AZAADI'75)
	Organising Unit
	Youth Red Cross
	Venue
	Little Drops Aged Home, Kanganagkuppam, Cuddalore
	Date
	31.08.2021
	No. of Participants
	30

On 31st August 2021, the Youth Red Cross volunteers of Shift-I celebrated the 75th Independence Day of India (Azadi Ka Amrit Mahotsav) with the elderly residents at Little Drops Aged Home in Kanganagkuppam, Cuddalore. The event was graced by esteemed chief guests, including Mr. R. Rejeesh Kumar, District Youth Officer of Nehru Yuva Kendra, Cuddalore; Dr. A. Jose Magesh, State Chief Minister Youth Awardee from Ignite Trust, Cuddalore; and Mr. G. Sairam, retired Forest Officer from Cuddalore. Each guest delivered an inspiring message about the significance of Independence Day, emphasizing values of freedom, unity, and service to the community. They also honored the elderly residents with thoughtful gifts, recognizing their contributions to society. The Youth Red Cross volunteers, nearly 30 in number, expressed their gratitude by proposing a vote of thanks and distributing snacks to the residents, creating a warm and festive atmosphere that celebrated both independence and community spirit.



Celebrating 75th Indian Independence Day among the elders. Dt. 31.08.2021

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Voluntary Work during Government Covid-19 Vaccine Camp
	Organising Unit
	National Service Scheme
	Venue
	St. Joseph's college of arts & Science, Cuddalore
	Date
	01.09.2021 – 04.09.2021
	No. of Participants
	37

Our NSS Sir delivered a welcoming speech that emphasized the importance of vaccination and raised awareness about its significance in combating COVID-19. He outlined the current vaccination strategy, which is based on the recommendations made by the National Expert Group on Vaccine Administration. According to these guidelines, the second dose of the COVID-19 vaccine is to be administered at a 12-16 week interval, specifically after 84 days following the administration of the first dose. This approach is designed to enhance the vaccine's efficacy and ensure better protection against the virus. Sir also highlighted the crucial role that vaccinations play in achieving herd immunity and protecting not only individuals but also the community at large. By encouraging everyone to get vaccinated, he reiterated the collective responsibility we share in overcoming this pandemic. His insightful remarks inspired many to prioritize their health and participate actively in the vaccination drive.


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Rev. Fr. G. Peter Rajendiram, Secretary, presents a token of appreciation to the Chief Officer of Cuddalore Government Hospital, recognizing her outstanding dedication and service to the community. (01/9/2021)


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Our college NSS volunteers participated in the vaccination camp and received their vaccinations.
(02/09/2021)


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NSS volunteers helping with the portal work. (03/09/2021)



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Our NSS volunteers are also participating in COVID-19 vaccination portal work on mobile devices.

(04/09/2021)

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Awareness on National level World First Aid Day – Online Quiz– in Association with NCC.
	Organising Unit	PG and Research Department of Biochemistry & National Cadet Crops
	Venue	Online Platform
	Date	09.09.2021 – 12.09.2021
	No. of Participants	15

According to the International Federation of Red Cross and Red Crescent Societies (IFRC), the theme of World First Aid Day 2021 is “First Aid and Road Safety.” Its main aim is to spread awareness of how first aid can prevent injuries and save lives both every day and in crisis situations. The objective of the quiz competition is to provide excitement among the students while also earning accolades. The primary goal of this event was to make participants aware of the importance of first aid and its related activities.

Dr. P. Marie Arockianathan, Convener of this National Level Online Quiz competition, along with Organizing Secretaries Dr. S. Silvan and S/Lt. J. John Robert, ANO, worked efficiently to make this competition a grand success.

The response from students was remarkable: a total of 261 college students and 113 school students actively participated. The students enthusiastically engaged in the quiz, demonstrating their brilliance by rapidly answering questions. Although some questions were quite tricky, the students attempted to answer them with confidence. They found this competition to be very informative and enriching in terms of knowledge.

Online link for school students : <https://forms.gle/t3hZEmcBnRm1yt2S6>

Online link for college Students : <https://forms.gle/i8afU3SJDcigdFD57>


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ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

"A Christian Minority Institution", Re-Accredited by NAAC with "A" Grade (3rd cycle)
Recognised U/S 2(f) & 12(B) of the UGC Act. 1956
Cuddalore - 607 001

World
First Aid
Day



OPEN TO SCHOOL &
COLLEGE STUDENTS

FREE
REGISTRATION

Chief Patron : Rev. Fr.G.Peter Rajendiram, Secretary
Principal : Dr.M.Arurai Selvam
Vice Principal : Dr.J.Jon Arockiaraj
Controller of Examinations : Rev.Fr.Dr.S.Xavier
Dean of Studies: Rev.Fr.A.Alex
Convener : Dr.P.Marie Arockianathan
Organizing Staff : Dr.S.Silvan & S/Lt.J.John Robert ,ANO

PG & RESEARCH DEPARTMENT OF BIOCHEMISTRY
IN ASSOCIATION WITH
NATIONAL CADET CORPS (NCC)
ORGANISES

**NATIONAL LEVEL
ONLINE QUIZ COMPETITION**

To commemorate

"WORLD FIRST AID DAY-2021"

from 9th September to 12th September, 2021

Link to College Students : <https://forms.gle/i8afU35JDejedFDS7>
Link to School Students : <https://forms.gle/t3hZEmcbrRm1yt256>

World First Aid Day



Be A Hero. Save Lives

E-certificate will be
provided those who are
scored above 60% marks

**BE A HERO.
SAVE LIVES**
First aid is for everyone, everywhere



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"A Christian Minority Institution", Re-Accredited by NAAC with "A" Grade (3rd cycle)
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Cuddalore - 607 001, Tamil Nadu

PG & RESEARCH DEPARTMENT OF BIOCHEMISTRY
IN ASSOCIATION WITH

**NATIONAL CADET CORPS (NCC)
NATIONAL LEVEL E-QUIZ COMPETITION**

ON

"WORLD FIRST AID DAY -2021"

CERTIFICATE FOR APPRECIATION

This is to certify that Mr/Ms. **R Bavadharani**of
St Joseph's college of arts and science autonomous has participated in the National level
E-Quiz on "World First Aid Day 2021", organized by PG & Research Department of Biochemistry & National Cadets Corps
(NCC), St. Joseph's College Of Arts & Science (Autonomous), Cuddalore from September 9th to September 12th, 2021 and
scored **80%**

Rev. Fr.G.Peter Rajendiram,
Secretary


Dr.M.Arurai Selvam
Principal

Dr.P.Marie Arockianathan
Convener

Certificate ID
AGIN10-CE000071

Made for free with Certify'em

Dr. N. ARURAI SELVAM, M.Sc., M.Phil., Ph.D.,
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Participation in Fit India Movement Rally
	Organising Unit
	National Service Scheme
	Venue
	Post Office to St Joseph's College of Arts and Science
	Date
	11.09.2021
	No. of Participants
	27

The College NSS Co-coordinator, Dr. L. Santhana Raj, inaugurated the Fit India Movement Awareness Program, emphasizing the importance of fitness in daily life. Despite the rain, the NSS volunteers participated in the program with great enthusiasm, demonstrating their commitment to promoting health and wellness. Launched on 29th August 2019 by the Honourable Prime Minister, the Fit India Movement aims to make fitness an integral part of daily routines while spreading awareness about various physical activities that promote health. This initiative includes focused campaigns and encourages indigenous sports, fostering a culture of fitness in the community.

To further propagate the message of the Fit India Movement, the program aims to engage school children, thereby strengthening its presence in schools. By involving students, the initiative seeks to instil the values of health and fitness from a young age, ensuring that they grow up with a strong awareness of the importance of an active lifestyle.



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The College NSS Co-coordinator, Dr. L. Santhana Raj, inaugurated the Fit India Movement Awareness Program. (11.09.2021)



NSS volunteers actively participated in Fit India Movement Rally. (11.09.2021)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Voluntary Support for Mega Vaccination Camp
	Organising Unit
	National Service scheme
	Venue
	Cuddalore District
	Date
	12.09.2021, 19.09.2021, 26.09.2021
	No. of Participants
	50

The 3-Day Vaccination Camp, coordinated by Dr. L. Santhana Raj, Head of the Department of History, took place on the 12th, 19th, and 26th of September 2021. All NSS Volunteers from the Cuddalore District participated actively in this important initiative. Throughout the district, a remarkable total of 88,000 people received COVID-19 vaccinations, marking a significant achievement in public health efforts. The camp successfully met its target on 12/09/2021, demonstrating the effectiveness of the organization and commitment of the volunteers.

On the final day of the camp, the NSS Volunteers focused on assisting with the COVID registration process through the online portal, ensuring that the vaccination process ran smoothly and efficiently. It was a proud moment for the institution as our NSS Volunteers contributed significantly to this Mega Vaccination Camp. Their efforts not only provided essential vaccinations but also fostered community awareness about the importance of immunization in the fight against COVID-19.


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Our NSS Volunteers participated in the Covid 19 mega vaccination camp in Cuddalore . (12.09.2021)


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Our NSS Volunteers in Cuddalore District proudly participated in the Mega Vaccination Camp, where nearly 88,000 COVID-19 doses were administered. (19.09.2021)


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Our NSS Volunteers participated in Portal Covid Vaccine Registration in the vaccination camp. (26.09.2021)


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NSS Volunteers participated in the Mega Vaccination Camp. (26.09.2021)


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Title of the Extension Activity	National Level Online Quiz Competition on the Occasion of World Alzheimer's Day-2021
Organising Unit	PG & Research Department of Biochemistry
Venue	Online Platform
Date	21.09.2021 to 24.09.2021
No. of Participants	10

Alzheimer's Disease is an irreversible, degenerative brain condition that gradually impacts memory, thinking skills, and the ability to perform even the most basic tasks. With nearly 50 million individuals living with dementia globally, it poses one of the most significant challenges we face today. To raise awareness about this critical issue, including common symptoms and risk factors, a National Level Online Quiz competition was organized.

Dr. P. Marie Arockianathan, the Convener of this initiative, along with Organizing Secretary Mr. A. Lawrance, worked diligently to ensure the success of the competition. A total of 746 students actively participated in the online quiz, demonstrating their eagerness to learn. They showcased their exceptional talent by quickly answering questions, even though some were quite challenging. The students approached the quiz with confidence, finding the experience both informative and enriching. Overall, the competition successfully raised awareness about Alzheimer's Disease and its impact on society.

Online link - <https://forms.gle/cdbkkM9BuNGy1CLN7>


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Title of the Extension Activity	Motivational Programme on Role of Parents in Child Department
Organising Unit	PG Department of Social Work
Venue	Killai
Date	23.09.2021
No. of Participants	31

The second session on September 23, 2021, commenced at 2:00 PM in Killai with a heartfelt prayer song performed by Jeevitha & Co. Ms. Mary Anthuvanant, serving as the Master of Ceremonies, introduced the session's theme and welcomed Mr. Rohith, who delivered an engaging welcome address. As a gesture of respect, Mrs. Vanathi presented a shawl to Mrs. S. Rajarajeswari, the Project In-charge of Children's and Women Empowerment at Florence Home. Following this, Fr. Arockia Vanathaiyan honored Mr. R. Eabanesar, a psychologist and resource person, for his contributions.

Mr. Eabanesar led a comprehensive discussion on the vital role parents play in child development, addressing issues such as substance abuse and related psychological concerns. He emphasized the importance of providing nutritious food and maintaining children's health and hygiene. To further engage the audience, the trainees performed a skit highlighting the issues surrounding child marriage, raising awareness among parents. The session concluded with a vote of thanks delivered by Mr. Arun, expressing gratitude to all participants.



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The Resource Person addresses the gathering and speaking about child development. (23.09.2021)



The trainees perform a skit at Killai. (23/09/2021)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Programme on "Tips for Promoting Mental Health" among Children
	Organising Unit
	PG Department of Social Work
	Venue
	Killai, Cuddalore District
	Date
	23.09.2021
	No. of Participants
	31

Resource Person: Mr. M. Rajkumar, Clinical Psychologist, Department of Psychiatry, Mahatma Gandhi Medical College, Puducherry.

The resource person, Mr. M. Rajkumar, a clinical psychologist, delivered an insightful talk on promoting mental health among children. He emphasized essential topics such as child health and hygiene, the concepts of good touch and bad touch, and the significance of nutritious food for children's well-being. His engaging style included interactive sessions and games that captivated both children and parents, fostering an inclusive atmosphere.

During the event, trainees performed a powerful drama aimed at raising awareness about child labor, which left a lasting impression on the audience. Mr. Rajkumar created a friendly and welcoming environment in the hall, ensuring everyone felt comfortable. He also organized several games for the children, who participated enthusiastically and enjoyed the activities. To conclude the session, Mr. Rajkumar delivered a motivating speech on women's safety, highlighting the critical importance of understanding "good touch" and "bad touch" in society. The event ended with a heartfelt vote of thanks delivered by Ms. Jeevitha, expressing gratitude to all participants.



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The Resource Person addresses the gathering at killai. (23.09.2021)



The trainers perform a skit at Killai. (23.09.2021)

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Programme on Goal Setting in Life
	Organising Unit
	PG Department of Social Work
	Venue
	Thiruvalluvar Nagar
	Date
	24.09.2021
	No. of Participants
	31

The third session of the second day began on 24.09.2021 at 10 AM in Thiruvalluvar Nagar with a prayer song by Jeevitha & Co. The MC of the program, Mr. Madhan, took the stage to introduce the theme of the third session. He then invited Mr. Kirubanithi to deliver the welcome address. With a smiling face, Mr. Kirubanithi warmly welcomed everyone with his heartfelt words.

In keeping with our cultural tradition, our Head of the Department, Mr. Durai Raj. J, honored Mr. Pooraswamy, Community Organizer of Thiruvalluvar Nagar, with a shawl. Following this, our faculty member Mr. Kulandai Yesu honored the resource person, Mr. R. Ramkumar, National Youth Volunteer, with a shawl. Mr. Pooraswamy shared a facilitative talk about his service to the people of Thiruvalluvar Nagar, discussing the difficulties and struggles faced by the Erula community, particularly regarding basic needs like healthcare and education.

Mr. R. Ramkumar then spoke about goal setting in life and the Ratha Uravugal Youth Club NYK, emphasizing the importance of blood donation. He shared his experiences with the club, quoting, "Don't wait for others; you begin to do, and then everybody will follow you for the good cause." The trainees performed a powerful drama on alcohol addiction, raising awareness among the audience. The session concluded with a vote of thanks delivered by Ms. Arputha Indra Gandhi.

Mr. Pooraswamy shared numerous experiences from his field of social work, detailing the challenges the people of Thiruvalluvar Nagar face, including access to medical emergencies and education. Our first-year MSW students interacted with the children, teaching them songs and performing a drama highlighting the issues of child labor and the importance of education.

Overall, the day's program went very well.



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The resource person addresses the gathering at Thiruvalluvar Nagar. (24.09.2021)



The trainees perform a skit at Thiruvalluvar Nagar. (24.09.2021)

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Sensitization programme on Safety measures during Covid – 19
	Organising Unit
	PG Department of Social work
	Venue
	Thiruvalluvar Nagar, Killai, Cuddalore District
	Date
	24.09.2021
	No. of Participants
	31

A sensitization programme on "Safety Measures During COVID-19" was organized on September 24, 2021, at Thiruvalluvar Nagar, Killai, in the Cuddalore District. The event aimed to raise awareness among the community about the importance of following safety protocols to prevent the spread of COVID-19. The programme was conducted as part of an extension activity, with the goal of educating local residents on how to protect themselves and their families during the pandemic.

Mr. Selva Arokiya Raj delivered a presentation on COVID-19 safety measures, covering proper mask usage, hand hygiene, social distancing, and the importance of recognizing symptoms and isolating when needed. He demonstrated how to wear masks correctly and emphasized regular handwashing and the use of sanitizers to reduce transmission risks. He also highlighted the need for maintaining social distance and avoiding crowded areas. During the interactive session, he addressed participants' questions about COVID-19, vaccination, and dispelled common myths. He encouraged the community to rely on credible information and to follow vaccination guidelines for better protection against the virus.



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Resource person speech at Thiruvalluvar Nagar on 24.09.2021



Trainees actively demonstrating through a skit at Killai-24.09.2021


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Awareness on Importance of Yoga
Organising Unit	PG Department of Social work
Venue	Killai
Date	25.09.2021
No. of Participants	31

The fifth session of the third day begun on 25. 09. 2021, 10am at Killai with prayer song. The M.C of the programme Ms. Gayathri came over to the stage and introduced the fifth session theme. Ms. Thulasi gave the welcome address. It's our culture to honour the chief guest. Therefore, the trainee Ms. Subbalakshmi honoured Mrs. M. Keerthiga with shawl. Next, the M.C. of the Programme invited Mrs. Keerthiga for addressing the audience

The resource person Mrs. Keerthiga explained the Importance of Yoga to the people. She explained yoga in simple manner to the children. She interacted with the children and parents to explain about yoga. She performed certain yogasanam in front of the people also she taught simple form of yoga to children. The children were very happy about it and quickly learned it. Yoga is the best tool to control and connect mind and body. At last, the vote of thanks delivered by Mr. Yoga Rajan.


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Resource person at Killai



Resource person teaches Yoga to Killai Tribal people


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Programme on Importance of Education
Organising Unit	PG Department of Social Work
Venue	Killai, Cuddalore Dt
Date	25.09.2021


The third day of the six-session program began on September 25, 2021, at 2:00 pm in Killai with a prayer song by Jeevitha & Co. The MC, Ms. Jayamala, introduced the theme of the third session and the chief guest, Dr. P. Balamurugan, Associate Professor & Director. Mr. Robin then delivered a warm welcome address. As a gesture of respect, the Head of the Department, Mr. J. Durai Raj, presented Dr. P. Balamurugan with a shawl.

Dr. Balamurugan spoke on the importance of education, discussing the realities of the education system and students' attitudes towards their studies. He compared the perspectives of past and present generations regarding education and shared personal experiences as a college professor. He encouraged both parents and students to pursue higher education to prepare for the future. The session concluded with a vote of thanks from Ms. Prathiksha, followed by several cultural performances by the trainees.



Resource person Speech at Killai


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Programme on Importance of Education
	Organising Unit
	PG Department of Social work
	Venue
	Thiruvalluvar Nagar
	Date
	25.09.2021
	No. of Participants
	18

The second-year MSW students organized a program on the "Importance of Education," which began with a prayer song performed by the students. Mr. P. Inbasekaran delivered the welcome speech, and the dignitaries were honored with a shawl and memento by the student organizers. The inaugural speech was given by Mr. J. Durai Raj, Head of the Department of Social Work at St. Joseph's College of Arts and Science (Autonomous), Cuddalore.

The chief guest, Mr. R. Rajesh, Assistant Professor at Periyar Arts and Science College, Cuddalore, spoke about the significance of education. The MSW students also presented a skit illustrating how education contributes to both personal and professional growth, helping individuals distinguish between good and bad choices. The program emphasized the importance of community awareness for improving quality of life. Through organizing this event, the students gained skills in event coordination, leadership, and effective communication.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Motivational Programme on Importance of Yoga
Organising Unit	PG Department of Social work
Venue	Thiruvalluvar Nagar
Date	25.09.2021
No. of Participants	18

The program began with the arrival of the Honourable Chief Guest, Mr. K.V. Sathyavijayan, who was warmly welcomed. The event saw the participation of village youth, children, and their parents. Once everyone, including village residents, students, staff, and the Chief Guest, had gathered, the program officially started with a prayer song performed by the II MSW students, followed by the "Thamizhthai Vazhthu." Mrs. A. Sujitha of II MSW delivered the welcome address. The Social Work Department staff honored the dignitaries with shawls and mementos.

Mr. J. Durairaj, Head of the Department, delivered a felicitation speech, expressing his gratitude for the opportunity and sharing inspiring words with the audience. The Cuddalore District Yoga Secretary, Mr. K.V. Sathyavijayan, then gave a speech introducing the concept of yoga. He offered guidance to the youth on how to pursue yoga as a career, providing valuable insights. Additionally, he educated the children on the idea of "Yoga as a Sport" to raise awareness among them. Following his speech, Ms. Keerthiga M. conducted a yoga demonstration. Mr. M. Madhumathi II MSW student who delivered his heartfelt thanks to the dignitaries and the children and the staff and parents who are performed and participate in the programme.



Students & village children actively performing Yoga

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PG Department of Social Work
Warmly invites you for the Motivational Programme on

"IMPORTANCE OF YOGA"

Date: 25.09.2021
Day: Saturday

Time: 02.00 PM to 04.00 PM
Venue: Thiruvalluvar Nagar

With the Blessing of : Rev. Fr. G. Peter Rajendiran, Secretary
ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
Cuddalore.

Felicitation by : Dr. Arumai Selvam, Principal,
ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
Cuddalore.


Chief Guest : Mr.K.V. Sathyavijayan
Cuddalore Distict Yoga Secretary,
Cuddalore.

In the Presence of : Mr. Durai Raj.J, Head
Department of Social Work
ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)
Cuddalore.

Under the Guidance of
Mr. Durai Raj.J, Head
Mrs.S.Vanathi,Asst Prof
Mr.A.Mahimai Kuzhanthai Yesu,Asst Prof
Mrs.R. Vishali, Asst Prof
Department of Social Work

Organised By
N.Narendiran(A20MSW16)
S.Saravanan(A20MSW17)
A.Sujitha(A20MSW18)
M.keerthiga(A20MSW19)
M.Madhumadhy(A20MSW22)
II - MSW Students



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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Voluntary service for Mass COVID-19 vaccination camp
	Organizing Unit
	Youth Red Cross
	Venue
	St. Joseph's College of Arts & Science (Autonomous), Cuddalore
	Date
	29.09.2021
	No. of Participants
	10

On 29th September 2021, the Health Department and Cuddalore District Administration collaboratively organized a large-scale COVID-19 vaccination camp at St. Joseph's College of Arts & Science (Autonomous), located in Cuddalore. The Youth Red Cross volunteers from both shift-I and shift-II actively participated in the event, assisting in the vaccination of local residents from Cuddalore and neighboring areas. Through their efforts, approximately 108 individuals received vaccinations during the camp. A total of 10 dedicated volunteers contributed to making the event successful by managing crowd control, guiding recipients, and ensuring all safety protocols were followed. The event demonstrated community solidarity and the volunteers' commitment to public health and safety during the ongoing pandemic.



Youth Red Cross Volunteers involving in the COVID-19 Vaccination Camp


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Title of the Extension Activity	Social and General Awareness Programme
Organising Unit	PG Department of computer applications
Venue	Pre-School Children Care Centre, Integrated Child Development Scheme (ICDS), Manjakuppam, Cuddalore.
Date	16.10.2021
No. of Participants	20

The students of PG Department of Computer Applications carried out an extension activity on Social and General Awareness at Pre-School Children Care Centre, ICDS, Manjakuppam, Cuddalore on 16.10.2021. A total of 20 UG students took part in the activity and it was coordinated by Dr. A. Mary Odilya Teena, Assistant Professor. The students inculcated awareness on character building, personal health and hygiene, good manners, cleanliness, child labour, health hazards of junk food, and environmental pollution due to plastic usages to the children of the Care Centre. Also, the students planted saplings in the centre premises.



Awareness on good manners, child labour, plastic eradication and cleanliness


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Cleaning the public places
Organising Unit	PG Department of computer applications
Venue	Silver Beach, Cuddalore
Date	18.10.2021
No. of Participants	20

The students of the PG Department of Computer Applications organized an extension activity focused on “Cleaning the Public Places” at Silver Beach, Devanampattinam, Cuddalore, on 18th October 2021. A group of 20 students from II BCA ‘B’ (Shift I) participated in this environmental initiative, coordinated by Dr. A. Mary Odilya Teena, Assistant Professor of the PG Department of Computer Applications. The objective of the beach clean-up was to help remove plastic waste and other litter from the marine environment, supporting the protection of local wildlife and reducing pollution. During the event, students collected various types of waste, ensuring they were removed from the beach and hauled safely for disposal, recycling, or reuse, where possible. Their efforts contributed to maintaining a cleaner ecosystem and spreading awareness on the importance of environmental stewardship in the local community. This activity reflected the students’ commitment to environmental responsibility.



Students cleaning the Silver Beach and holds slogans against plastic

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Title of the Extension Activity	General Awareness & Computer Literacy Programme
Organising Unit	PG Department of computer applications
Venue	Anganvadi School, Salt Office Road, Pachchyankuppam, Cuddalore
Date	18.10.2021
No. of Participants	20

The students of II BCA 'B' (Shift II) carried out an extension activity on General Awareness & Computer Literacy Programme at Anganvadi School, Salt Office Road, Pachchyankuppam, Cuddalore on 18.10.2021. A total of 20 UG students took part in the activity and it was co-ordinated by Dr. A. Mary Odilya Teena, Assistant Professor, PG Department of Computer Applications. They entertained the children with stories and games. The kids were given awareness regarding Computer Literacy, Communication Skill and Green Environment. Games were conducted and prizes were distributed to them.



Game Activity: Children identifying pictures and Teaching basics of computer to the children on 18.10.2021


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Programme on merits and demerits of use of Smartphones
	Organising Unit
	PG Department of computer applications
	Venue
	Thirupapuliur, Cuddalore.
	Date
	19.10.2021
	No. of Participants
	20

The PG Department of Computer Applications conducted an Awareness Programme on merits and demerits of use of Smartphones to ignite the young minds residing around Thirupapuliur, Cuddalore on 19.10.2021. Twenty students of the second year BCA 'B' carried out this activity and it was coordinated by Dr. A. Mary Odilya Teena, Asst. Professor of the department. The students enlightened the children by demonstrating how to use smartphones, and merits and demerits of usage of smartphones. 55 children of the area were the part of this activity and got benefited.



Students explaining the children about the merits and demerits of usage of smartphones


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Programme on Let's Say No to Child Labour, Yes to Quality Education
	Organising Unit
	PG Department of social work
	Venue
	Shanmuganagar, Parangipettai
	Date
	20.10.2021
	No. of Participants
	18

The second-year MSW students conducted a community organization program on child labor, aiming to address the community's needs. The event began with a prayer song by the students, followed by an inaugural speech from Mr. J. Durai Raj, Head of the Department of Social Work at St. Joseph's College of Arts and Science (Autonomous), Cuddalore. The chief guest, Mr. S. Henry Lawrence, Chairperson of the Child Welfare Committee, spoke about child labor and its harmful effects. The students also performed a skit on the importance of education, highlighting how it contributes to personal and career growth and helps individuals make informed decisions.


The program emphasized the role of community awareness in improving quality of life. By organizing this event, the students developed skills in program coordination, leadership, and effective communication.


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The chief guest, Mr. S. Henry Lawrence, Chairperson of the Child Welfare Committee, speaking about child labor and its harmful effects on 20.10.2021


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Sapling Distribution and Cleaning the Public Places
	Organising Unit
	PG Department of computer applications
	Venue
	Police Quarters, Pudukuppam, Cuddalore-1
	Date
	20.10.2021
	No. of Participants
	20


The students of II BCA 'B' (Shift II) carried out extension activity at Police Quarters, Puthukuppam, Cuddalore on 20th October 2021. A total of 20 UG students took part in the activity and it was co-ordinated by Dr. A. Mary Odilya Teena, Assistant Professor of the Department. The students voluntarily participated in social service activities leading to their overall development. They planted saplings in the police quarters premises and distributed saplings to the children to inculcate the habit of planting saplings. Also, the students created awareness among the children of the police quarters children on sapling plantation, cleanliness, global warming and COVID. These activities had positive impact on the students and improved student community relationship, leadership skill and self-confidence among students.



Students distributing saplings to the children




Students and children are cleaning the premises of police quarters


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Awareness programme on Global Warming and sapling plantation


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Sapling Plantation: Creating a Green Environment
	Organising Unit
	PG Department of Computer Applications
	Venue
	Perumalnaickenpalayam, Cuddalore
	Date
	21.10.2021
	No. of Participants
	20

On 21.10.2021, the students of II BCA 'B' (Shift I) actively participated in an extension activity program held in Perumalnaickenpalayam village, Cuddalore. The initiative focused on environmental conservation, with students planting saplings in various locations throughout the village. Dr. A. Mary Odilya Teena, Assistant Professor in the PG Department of Computer Applications, coordinated this impactful event. A total of 20 enthusiastic volunteers engaged in the planting activity, demonstrating their commitment to fostering a greener environment. This initiative aims to combat the effects of climate change by enhancing local greenery, which helps purify the air, conserve water, and prevent water pollution. The students' dedication to environmental sustainability not only contributes to the beautification of the village but also raises awareness about the importance of preserving nature for future generations. Overall, this activity was a significant step toward promoting ecological balance and community involvement in environmental issues.



Students plant saplings at Perumalnaickenpalayam, Cuddalore. (21.10.2021)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Participation in Clean India Movement
	Organising Unit
	Government of Tamil Nadu, Nehru Yuva Kendra Sangathan (NYKS) & National Service Scheme (NSS)
	Venue
	St. Joseph Convent School, Koothapakkam, Cuddalore
	Date
	23.10.2021
	No. of Participants
	35

The NSS volunteers actively contributed to public service by participating in the Clean India Rally awareness program. The event was inaugurated by the Chief Guest, K. Balasubramaniam, I.A.S., the Cuddalore District Collector. During his address, he emphasized the critical importance of cleanliness and its profound impact on both society and the environment. His speech highlighted the role of cleanliness in promoting public health and enhancing the quality of life for all citizens. The NSS volunteers, inspired by his words, took part enthusiastically in various activities aimed at raising awareness about the importance of maintaining cleanliness in public spaces. Their participation in the rally not only showcased their commitment to social responsibility but also served to engage the community in discussions about sustainable practices and environmental stewardship. Overall, the Clean India Rally was a successful initiative that fostered a spirit of civic duty and collective action toward a cleaner, healthier environment for everyone.



NSS Volunteers and NYK Members with the NYK Programming Officer. (23.10.2021)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Voluntary Support for Corona Vaccination Camp
Organising Unit	Red Ribbon Club
Venue	Cuddalore District
Date	23.10.2021
No. of Participants	53


On 23-10-21, the College RRC volunteers played an active role in a Corona vaccination camp organized by the Cuddalore Municipality and Cuddalore Government Hospital. Approximately 50 enthusiastic volunteers participated in this vital program, demonstrating their commitment to community health and safety. The vaccination camp aimed to provide essential immunizations to residents throughout the Cuddalore district, contributing significantly to the fight against the COVID-19 pandemic.

The volunteers assisted in various capacities, including registration, guiding individuals to vaccination stations, and providing information about the vaccination process. Their involvement not only facilitated the smooth operation of the camp but also encouraged community members to get vaccinated, thereby promoting public health awareness. The program was an essential step toward achieving higher vaccination rates in the region, helping to protect the community from the ongoing effects of the pandemic. Overall, the event was a success, showcasing the dedication of both the volunteers and local health authorities in safeguarding public health.




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RRC volunteers helping at the vaccination camp in OT, Cuddalore. (23.10.2021)

	St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity	Tuberculosis Awareness Programme.
	Organising Unit	Red Ribbon Club
	Venue	Tsunami Nagar, Devanampattinam, Cuddalore.
	Date	28.10.21
	No. of Participants	53

On 28-10-21, College RRC volunteers actively participated in a Tuberculosis Awareness Programme held in Tsunami Nagar, Devanampattinam, Cuddalore. Approximately 50 volunteers took part in the event, working diligently to create awareness among the local villagers about tuberculosis prevention and treatment. They distributed informative pamphlets that highlighted the symptoms, transmission, and importance of early detection of TB.

The programme was organized by the District Tuberculosis Centre in collaboration with St. Joseph's College Red Ribbon Club, reflecting a strong commitment to public health. As part of the initiative, a chest X-ray van was arranged in the village to facilitate the detection of TB patients, ensuring that those in need could receive timely medical attention. This proactive approach aimed to reduce the stigma associated with tuberculosis and encourage villagers to seek medical help if they exhibited any symptoms. Overall, the event was a significant step toward improving community health and awareness regarding tuberculosis.



RRC volunteers distributing pamphlets on TB awareness.(20.10.2021)




RRC volunteers with Tuberculosis diagnostic chest X-ray van(28.10.2021)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Cleaning the Public Places
Organising Unit	National Service Scheme (NSS) & Nehru Yuva Kendra, Cuddalore
Venue	Silver Beach, Cuddalore District
Date	29.10.2021
No. of Participants	33

On 29.10.2021, NSS volunteers actively participated in a beach cleaning initiative at Cuddalore Silver Beach from 8:00 A.M. to 10:00 A.M. The cleaning program was organized by Nehru Yuva Kendra, Cuddalore, aiming to promote environmental cleanliness and community involvement. Thiru K. Balasubramanian, I.A.S., the District Collector of Cuddalore, also joined the volunteers in this important service, showcasing his commitment to community welfare.

A total of 33 NSS volunteers from St. Joseph's College, along with members of Nehru Yuva Kendra, dedicated their time and effort to clean the beach, highlighting the importance of maintaining clean public spaces. During the event, the District Collector encouraged students to engage in more cleaning initiatives and shared insights about the Swachh Bharat Scheme, emphasizing the need for a cleaner and healthier environment. This collaborative effort not only beautified the beach but also fostered a sense of responsibility among the youth towards environmental conservation.


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NSS volunteers participated in a beach cleaning event from 8:00 A.M. to 10:00 A.M. at Cuddalore Silver Beach, organized by Nehru Yuva Kendra, Cuddalore. (29.10.2021)

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The cleaning process was carried out by our 33 NSS volunteers who participated in the beach cleaning event. (29.10.2021)

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Tuberculosis Awareness Programme
	Organising Unit
	Red Ribbon Club
	Venue
	Tsunami Nagar, Sothikkuppam, Cuddalore-OT
	Date
	02.11.2021
	No. of Participants
	53

On 02.11.21, College RRC volunteers participated in a Tuberculosis Awareness Programme held in Tsunami Nagar, Sothikkuppam, OT, Cuddalore. Approximately 50 volunteers took part in this important initiative, dedicated to raising awareness about tuberculosis among local residents. The volunteers distributed informative pamphlets detailing the symptoms, prevention, and treatment options for TB, aiming to educate the community on this critical health issue.

The program was organized by the District Tuberculosis Centre in collaboration with St. Joseph's College Red Ribbon Club, reflecting a commitment to public health education. To enhance the initiative, a chest X-ray van was arranged in the village to facilitate the early detection of TB cases, ensuring that those in need could receive timely medical attention. This proactive approach not only aimed to reduce stigma associated with the disease but also encouraged individuals to seek help if they experienced symptoms. Overall, the event was a significant step toward improving community health and awareness regarding tuberculosis.


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DAPCU coordinator, Mr. k . Kathiravan addressing the RRC Volunteers. (02.11.2021)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Sama Bojana with HIV Positive Children
Organising Unit	Red Ribbon Club
Venue	Government Hospital, Cuddalore
Date	01.12.21
No. of Participants	53

To celebrate World AIDS Day on December 1st, DAPCU (District AIDS Prevention Control, Cuddalore) organized a nutritional supplement distribution for HIV-positive children, along with a Sama Bojana Panthi (Equilibrium Feast). 53 RRC volunteers from our college participated in this meaningful activity, showcasing their commitment to supporting vulnerable communities. The event featured an address by the District Collector, Sri. K. Balasubramaniam, who highlighted the importance of awareness and action in the fight against HIV/AIDS. His words inspired the participants to engage actively in community health initiatives. At the conclusion of the event, all members present took an oath to commit themselves to combating HIV/AIDS, reinforcing their dedication to the cause.


This year's HIV/AIDS motto, "End Inequalities, End AIDS, & End Pandemic," served as a guiding principle for the gathering, emphasizing the need for collective action and solidarity in addressing the challenges posed by the epidemic. The event was a significant step toward fostering awareness and support for those affected by HIV/AIDS.


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RRC volunteers participating in the Equilibrium Feast at Cuddalore Government Hospital.(01.12.2021)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Cleaning Public Places
	Organising Unit
	National Cadet Corps
	Venue
	Silver Beach, Devanampattinam, Cuddalore
	Date
	11.12.2021
	No. of Participants
	26

On 11.12.2021, the National Cadet Corps organized an extension activity titled “Cleaning Public Places” at Silver Beach, Devanampattinam. The event was led by Commanding Officer Lieutenant Commander R. Ravi Shankar, alongside Sub Lieutenant J. John Robert, the Associate NCC Officer of the 5(TN) Naval NCC Unit, and a team of Petty Officers, with the active participation of 26 NCC cadets.

The beach cleaning initiative is part of our ongoing commitment to combat plastic pollution and protect marine life. Our NCC cadets regularly engage in local beach clean-ups, which not only remove harmful waste from the marine ecosystem but also encourage community involvement. During this recent clean-up, they successfully collected a remarkable total of 240 kilograms of unwanted materials, including plastics, wood, paper, masks, debris, rubber, and fishing nets. These efforts highlight the importance of environmental stewardship and inspire others to participate in preserving our beaches.



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Our NCC Cadets collect the waste materials.(11.12.2021)




"NCC cadets collected 170 kg of waste materials during the beach clean-up drive."(11.12.2021)

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Rally on “Conservation of Sparrow and Turtles”
	Organising Unit
	Enviro Club
	Venue
	Pichavaram
	Date
	20.03.2022
	No. of Participants
	28

On 20th March 2022, at 11:30 a.m., the Enviro Club students of St. Joseph's, in collaboration with the Forest Department of Cuddalore District, conducted a rally to raise awareness about the endangered populations of sparrows and turtles. The event took place along the scenic coasts of Parangipettai and Pichavaram. The program commenced with the blessings of Rev. Fr. G. Peter Rajendiram, Secretary, and was conducted under the guidance of our Principal, Dr. M. Arumai Selvam. This rally saw the enthusiastic participation of nearly 28 student volunteers from the Enviro Club, accompanied by two dedicated staff members: Dr. T. Ganesh Kumar, Assistant Professor in the Department of Zoology, and Dr. N. Jayaprabha, also from the Department of Zoology.

The rally aimed to educate the community about the importance of protecting these vulnerable species and to encourage collective action for environmental conservation. Through this initiative, students demonstrated their commitment to safeguarding wildlife and promoting ecological awareness.


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Enviro club volunteers educate the community about the importance of protecting these vulnerable species.(23.03.2022)


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National Service
Scheme

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title:	Blood Donation Camp
Venue	St. Joseph's College of Arts and Science, Cuddalore.
Date	29.08.2021



Rev. Fr. Dr. Xavier, CoE, addressing the Volunteers Dt. 29-08-2021

On 29th August 2022, our NSS Units I and II organized a successful Blood Donation Camp. The event was graced by the presence of several esteemed guests, including the Mayor, Mrs. R. Sundari Raja, Mr. Karikala Pari Sankar, and DSP Prabhakaran Augustine. Our college's Vice Principal, Dr. Jon Arokiya Raj, along with the NSS Programme Officers, Dr. L. Santhana Raj and Dr. A. Annamal supported and encouraged the donors.

The camp saw active participation from 40 NSS volunteers from both units, who assisted in various activities throughout the day. Their dedication and teamwork were instrumental in making the camp a success. A total of 35 units of blood were collected from generous donors, making a valuable contribution to the community's blood supply.

At the conclusion of the event, the organizers were presented with a certificate of appreciation for their efforts in organizing the camp. The event highlighted the spirit of service and dedication within our NSS team.


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Volunteers donating blood during the camp on 29-08-2021

புனித வளனார் கல்லூரியில்

ரத்ததான முகாம்



கடலூர் புனித வளனார் கல்லூரியில் ரத்ததான முகாம் நடந்தது.

கடலூர், ஆக. 31: அன்னை தெரசா பிறந்த நாள் மற்றும் ஆசிரியர் தினத்தை முன்னிட்டு, கடலூர் புனித வளனார் கலை மற்றும் அறிவியல் கல்லூரி நாட்டு நலப்பணி திட்டம் சார்பில் ரத்த தான முகாம் நடைபெற்றது. கல்லூரியின் செயலர் பீட்டர் ராஜேந்திரன் தலைமை தாங்கினார்.

கடலூர் மாநகராட்சி மேயர் சுந்தரி ராஜா கலந்து கொண்டு ரத்த தானம் செய்த மாணவ, மாணவிகளுக்கு சான்றிதழ் மற்றும் நினைவு பரிசு வழங்கினார். திமுக மாநக

கர செயலாளர் ராஜா, மண்டல தலைவர் பிரசன்னா, மாமன்ற உறுப்பினர்கள் கிரேசி, அருள்பாபு, மாநகர துணை செயலாளர் அகஸ்டின், மாவட்ட மாணவர் அணி துணை அமைப்பாளர் பாலாஜி, வார்டு பிரதிநிதி வெங்கடேசன், கல்லூரி முதல்வர் பேராசிரியர் அருமை செல்வம், நாட்டு நலப்பணித்திட்ட அலுவலர் சந்தானம் உள்ளிட்ட பலர் கலந்து கொண்டனர். முகாமில் 25 மாணவ, மாணவிகள் கலந்து கொண்டு ரத்த தானம் செய்தனர்.

கல்லூரி மாணவர்கள் ரத்த தானம்



கடலூர், ஆக. 29: அன்னை தெரசா பிறந்த நாள், ஆசிரியர்கள் தினத்தை முன்னிட்டு, கடலூர் புனிதவளனார் கலை, அறிவியல் கல்லூரியில் திங்கள் கிழமை ரத்த தான முகாம் (படம்) நடைபெற்றது.

கல்லூரியின் நாட்டு நலப்பணித் திட்டம், அன்னை தெரசா தொண்டு நிறுவனம் சார்பில் நடைபெற்ற முகாமை கல்லூரிச் செயலர் பீட்டர் ராஜேந்திரம் தலைமை வகித்து தொடக்கி வைத்தார்.

மாநகராட்சி மேயர் சுந்தரி ராஜா சிறப்பு அழைப்பாளராக பங்கேற்றார். கடலூர் அரசு மருத்துவமனை ரத்த அலுவலர் அ.குமார் தலைமையிலான மருத்துவர்கள் மாணவர்களிடமிருந்து ரத்தம் சேகரித்தனர். முகாமில் சுமார் 30 மாணவர்கள்

ரத்த தானம் வழங்கினர்.

கல்லூரி துணை முதல்வர்தோள் ஆரோக்யராஜ், தொண்டு நிறுவன அமைப்பாளர் அகஸ்டின் பிரபாகரன், மாநகராட்சி கவுன்சிலர்கள் ஆ.கிரேஸி, தி.அருள்பாபு, பிரசன்னா, திமுக இளைஞரணி ரா.பாலாஜி உள்ளிட்டோர் பங்கேற்றனர். இதைத் தொடர்ந்து, மாவட்டத்தில் அதிக ரத்த தானம் செய்த கல்லூரி, சிறந்த ஒருங்கிணைப்பாளர், அதிக முறை ரத்த தானம் செய்த மாணவர்கள், இளையோருக்கு விருதுகள் வழங்கப்பட்டன.

கல்லூரி நாட்டு நலப்பணித் திட்ட ஒருங்கிணைப்பாளர் லு.சந்திராஜ், திட்ட அலுவலர் அன்மம்மாள் ஆகியோர் ஏற்பாடுகளை செய்திருந்தனர்.

Media Clippings of Newspaper Reports on the Blood Donation camp dt. 29-08-2021

Isai

Signature of Programme officer

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