




St. Joseph's College of Arts & Science (Autonomous)
Cuddalore – 607 001, Tamil Nadu.

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**REPORTS OF THE EXTENSION
ACTIVITIES**
2020-2021

	St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity	An online English Quiz titled "BATTLE OF THE BRAINS"
	Organising Unit	The PG and Research Department of English
	Venue	Online
	Date	06.06.2020 - 16.06.2020
	No. of Participants	70

The PG and Research Department of English successfully organized an online English Quiz titled "BATTLE OF THE BRAINS" for Higher Secondary Grade students from 06.06.2020 to 16.06.2020. This engaging event aimed to enhance students' knowledge and skills in the English language while fostering a spirit of healthy competition. The quiz comprised a series of challenging questions that tested participants on various aspects of English literature, grammar, and vocabulary.


To encourage widespread participation, the department actively shared information about the quiz across different platforms, ensuring that students were well-informed about the event. The response was overwhelming, with numerous students eagerly signing up to showcase their expertise. The quiz not only provided a platform for students to challenge themselves but also promoted learning in a fun and interactive manner. Overall, "BATTLE OF THE BRAINS" was a resounding success, highlighting the department's commitment to academic excellence and student engagement during challenging times.

Number of registered participants - 70

Number of participants - 70

Number of e- certificates issued -60


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Financial Assistance for Education
	Organising Unit
	Rotaract club
	Venue
	Rotary Club of Cuddalore, Cuddalore
	Date
	15. 08. 2020

The Rotary Club of Cuddalore has given a financial assistance for education, providing a grant of ₹10,000 to support deserving students in the community.

This initiative aims to alleviate the financial burdens faced by families, enabling students to pursue their academic goals without the stress of financial constraints.

The club recognizes the importance of education in transforming lives and is committed to ensuring that no student is denied opportunities due to economic challenges. The funds can be utilized for various educational expenses, including tuition fees, books, and necessary supplies.

The Rotary Club also emphasizes the importance of academic excellence and community service, encouraging recipients to give back to society in the future. This program exemplifies the club's dedication to fostering education and empowering the youth, making a significant impact on the community's development.



Financial assistance for education on
15.08.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	World Mental Health Day Awareness Rally
Organising Unit	National service scheme (NSS)
Venue	Town Hall, Cuddalore
Date	10.10.2020
No. of Participants	35

The NSS unit of St. Joseph's College of Arts & Science (Autonomous) Cuddalore organized a World Mental Health Day Awareness Rally. Chandra Sekhar Sakhamuri, the District Collector of Cuddalore, inaugurated the World Mental Health Day Awareness Rally at the Town Hall, joined by 35 enthusiastic NSS volunteers from St. Joseph's College of Arts & Science, Autonomous. This event aimed to raise awareness about mental health issues and promote the importance of mental well-being in the community.

The rally began with the District Collector leading the participants, proudly waving a green flag that symbolizes mental health awareness. Volunteers from the college actively engaged in the march, carrying placards and chanting slogans to convey messages about the significance of seeking help and reducing the stigma surrounding mental health challenges.

This initiative not only highlighted the commitment of St. Joseph's College to social responsibility but also encouraged students to become advocates for mental health. The rally fostered a spirit of solidarity and awareness, reinforcing the collective effort to promote mental health understanding in Cuddalore.



35 NSS Volunteers actively participated in the Rally on 10.10.2020



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News Report- World Mental Health Day Awareness Rally on 10.10.2020



Dr. L. Santhana Raj and Dr. A. Annammal NSS Programme Officers received the certificate from collector on 10.10.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore


Title of the Extension Activity	Cleaning the Public Places
Organising Unit	Department of Tamil
Venue	Anna Stadium, Manjakuppam, Cuddalore
Date	13.10.2020
No. of Participants	16


The Department of Tamil initiated a Cleanliness Programme on 13.10.2024, engaging 15 enthusiastic students from II B.A. Tamil in a community service initiative to clean the Anna Stadium, Manjakuppam. This important local facility had remained unused during the pandemic, and the students saw an opportunity to restore it. Under the guidance of Mrs. Devasena, Assistant Professor, Department of Tamil, they took on the task of rejuvenating the stadium.

The team worked diligently, clearing out unwanted trash and debris that had accumulated during its inactivity. Their efforts not only beautified the space but also underscored the significance of student community involvement and environmental responsibility. The students took immense pride in their work, recognizing that a clean and well-maintained stadium could serve as a venue for future events and gatherings once normal activities resume. This initiative exemplified the spirit of teamwork and dedication, as the students contributed positively to their community while fostering their own personal growth.



Student volunteers engaging in cleanliness activity on 13.10.2024


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Temple Consecration
	Organising Unit
	National service scheme (NSS)
	Venue
	Sri Narasimhar Temple In Singiri Kudi, pondicherry
	Date
	04.01.2021
	No. of Participants
	118

The NSS Volunteers of St. Joseph's College of Arts & Science (Autonomous) Cuddalore, participated in the Temple Consecration Function held in Pondicherry on 04.01.2021. This significant event drew nearly 118 dedicated volunteers, showcasing their commitment to community service and cultural preservation.

The consecration ceremony was a vibrant celebration, marked by traditional rituals and the presence of local dignitaries and spiritual leaders. The volunteers actively engaged in various activities, including assisting with the arrangements, helping manage crowds, and participating in the ceremonial proceedings. Their involvement not only facilitated the smooth execution of the event but also fostered a sense of unity and purpose among the participants.

This experience allowed the volunteers to deepen their understanding of local traditions and religious practices while contributing positively to their community. The event was a remarkable opportunity for personal growth and collective learning, emphasizing the role of youth in promoting cultural heritage and community bonding. The NSS Volunteers returned with a renewed sense of purpose and pride in their contributions.


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Nss Volunteers in the Consecration of Sri Narasimar Temple In Singrikudi on 04.01.2021



Deputy Superintendent of Police Tmt K.Shanthi appreciating Our NSS Volunteers on 04.01.2021

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Title of the Extension Activity	Participation in National Voters Day Cycle Awareness Rally
Organising Unit	National service scheme (NSS)
Venue	Rally from Town hall to K.V Tex, Cuddalore.
Date	25.01.2021
No. of Participants	84

The NSS unit of St. Joseph's College of Arts & Science (Autonomous) Cuddalore organized a cycle rally on 25.01.2021, a total of 84 NSS volunteers participated from both Unit I and Unit II in the rally. The event aimed to raise awareness about social issues and promote community engagement among the youth. The rally was officially flagged off by the Honorable District Collector of Cuddalore, Thiru. Chandra Sekhar Sakhamuri, who played a key role in inspiring the participants.

After the rally concluded, Collector Sakhamuri delivered an impactful speech focusing on National Voter's Day. He highlighted the critical responsibilities of youth in serving the nation and emphasized the importance of active participation in the democratic process. NSS Programme Officers, Dr. L. Santhana Raj and Dr. A. Annammal, were present alongside him, further encouraging the volunteers to take their civic duties seriously.

The event not only fostered camaraderie among the volunteers but also instilled a sense of pride and responsibility towards the nation, reinforcing the role of youth in shaping the future.



Cuddalore Collector Thiru. Chandra Sekhar Sakhamuri flagged off the rally on

25.01.2021


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Taking the Voter Day Awareness Pledge.
on 25.01.2021



NSS volunteers receiving the certificate for
participating in the voter's day cycle rally on
25.01.2021.



Dr. L. Santhana Raj (NSS Program Officer) and Dr. A. Annammal (NSS Program Officer)
receives the Best Nodal Officer Award for Election Service from District Collector on
25.01.2021.

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Financial Assistance for Education
Organising Unit	Rotaract club
Venue	St. Joseph's College of Arts and Science (Autonomous) Cuddalore
Date	09.03.2021

The Rotaract Club of St. Joseph's College of Arts & Science (Autonomous) Cuddalore sponsored Rs. 8,000 as educational assistance to Ms. Haritha, who is currently pursuing her III Year B.Sc. in Chemistry (2018-2021) at our institution. This initiative reflects the club's commitment to supporting students in need and promoting academic excellence within the college community.

The financial aid was provided on 09.03.2021, aiming to alleviate some of the burdens associated with educational expenses. Ms. Haritha expressed her heartfelt gratitude for the support, emphasizing how this assistance would enable her to focus more on her studies without the stress of financial constraints.

The Rotaract Club's contribution not only empowers Ms. Haritha in her academic journey but also serves as an inspiration to other students, highlighting the importance of community support and the impact it can have on individual lives. Such initiatives are vital in fostering a culture of collaboration and assistance among students, encouraging them to reach their full potential.


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Title of the Extension Activity	Cleaning of Public Places
Organising Unit	National cadet corps
Venue	Silver Beach, Devanampattinam, Cuddalore.
Date	17.03.2021
No. of Participants	26

The National cadet corps of St. Joseph's College of Arts & Science (Autonomous) Cuddalore took part in a "Cleaning of Public Places" event at Silver Beach, Devanampattinam on 17. 03. 2021. The initiative was led by Commanding Officer Lieutenant Commander R. Ravi Shankar and Sub-Lieutenant J. John Robert, the Associate NCC Officer, along with the 5(TN) Naval NCC Unit and Petty Officers. This beach cleaning effort aimed to address plastic pollution and safeguard marine life in the area. The NCC cadets frequently organize local clean-up events, which not only help restore the beach's natural beauty but also encourage community involvement. The presence of marine creatures often attracts the attention and support of local residents, underscoring the significance of environmental conservation. During this particular event, the cadets successfully collected 240 kilograms of waste, including plastics, wood, paper, masks, debris, rubber, and fishing nets. Their commitment to maintaining a clean and safe marine environment exemplifies their dedication to environmental stewardship and community service.



NCC cadets taking part in Cleanliness activity on 17. 03. 2021

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Title of the Extension Activity	Awareness programme on Water Saving among Children
Organising Unit	PG Department of Social Work
Venue	Florence Home Foundation, Killai
Date	22.03.2021
No. of Participants	18

The PG Department of Social Work organized an Awareness Programme on Water Saving for children, which commenced with an engaging rally attended by distinguished guests, children, staff, and parents on 22.03.2021 at Florence Home Foundation, Killai. Mr. P. Inbaseakarn from I MSW warmly welcomed the gathering, setting a positive tone for the event. The dignitaries were honored with shawls and mementos, recognizing their contributions to the cause.

Mr. Richard Edwinraj, the Health Inspector for Parangipettai Block, addressed the audience, expressing gratitude for the opportunity to speak. He highlighted the crucial need for educating children about waste and water management, especially in light of potential water scarcity that communities may soon face.

Following a feedback session, Mrs. S. Rajarajeswari from the Florence Home Foundation shared her valuable insights on effective water management practices. The event culminated in a vibrant cultural program featuring performances by the children. Mr. A. Selva Arokiyaraj, Secretary of the Florence Home Foundation, concluded the program by thanking the dignitaries and participants for their involvement.



MSW students are raising awareness about the importance of water conservation among the public.


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Title of the Extension Activity	Skill Development for Voluntary Workers
Organising Unit	PG Department of Social Work
Venue	RISE (NGO) OT, Cuddalore.
Date	24.03.2021
No. of Participants	18

The PG Department of Social Work organized a Skill Development for Voluntary Workers comprehensive program that commenced with a prayer song performed by Miss Nancy, the daughter of Mr. B. Louis Dass, NGO's Managing Director. Miss S. Krishnapriya delivered a warm welcome speech, followed by the honoring of dignitaries with shawls. Mr. B. Louis Dass then provided a felicitation speech, highlighting the impactful activities of RISE NGO and offering insightful information on social welfare initiatives. The chief guest, Miss Vishali, Assistant Professor in the Department of MSW at St. Joseph's College of Arts and Science (Autonomous) in Cuddalore, discussed essential development skills for voluntary workers, emphasizing the skill development process and the key qualities needed for effective volunteering. Dr. Baskaran from the Government Hospital in Cuddalore addressed important health-related topics, particularly focusing on safety measures during the Covid-19 pandemic. Ms. A. Pravina from I MSW spoke about techniques to enhance voluntary workers' skills. The program included a feedback session, where Mr. B. Louis Dass and the volunteers shared their thoughts on the event's success. Ms. S. Krishnapriya concluded the session with a vote of thanks. Overall, this program provided the trainees with valuable opportunities to enhance their organizational skills, leadership capabilities, and effective communication.



The Volunteers discussed essential development skills for voluntary workers on 24.03.2021

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Motivational Programme -Tips to Find Healthy and Hygienic Lifestyle
Organising Unit	PG Department of Social Work
Venue	MNTN Pathirikuppam, Cuddalore.
Date	25.03.2021
No. of Participants	18

The PG Department of Social Work organized a Motivational Programme on "Tips for a Healthy and Hygienic Lifestyle for the Elderly People" on 25.03.2021 from 4:00 PM to 5:30 PM. The event took place at the Annai Alamelu Free Old Age Home and featured two prominent resource persons: Mr. Velumani, Co-Ordinator of the District Swachh Bharat Mission, Cuddalore, and Mr. Mahimai Kuzhanthai Yesu, Assistant Professor in the Department of Social Work at St. Joseph's College. Mr. Mahimai Kuzhanthai Yesu delivered the inaugural address, commending the organizers for their initiative and highlighting the importance of health and hygiene for the elderly. He encouraged participants to adopt healthier lifestyles. Following this, Mr. Velumani shared his insights on cleanliness and practical tips for maintaining good hygiene. Around 35 elderly participants attended the programme, engaging actively with the discussions. The event successfully fostered awareness and provided valuable knowledge, enhancing the well-being of the elderly people in attendance.



The Volunteers shared Tips for a Healthy and Hygienic Lifestyle to the Elderly People on 25.03.2021



St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Programme on Livelihood to the community people and students
Organising Unit	PG Department of Social Work
Venue	Irular Colony, Kilalinjipattu.
Date	26.03.2021
No. of Participants	18


The PG Department of Social Work organized an awareness program on Livelihood for community members and students in Kilalinjipattu, emphasizing the importance of savings. Miss M. Subha Shree from I MSW welcomed the gathering, and the dignitaries were honored with shawls, setting a respectful tone for the event.

Mr. R. Mahesh, Co-Ordinator of FFVDP, BLESS, delivered a thought-provoking felicitation speech. He expressed gratitude for the opportunity to speak and highlighted the significance of understanding spending habits as the first step towards effective saving. He encouraged participants to track their expenses, explaining that savings could ultimately increase income through smart investments. Mr. Mahesh elaborated on the purpose of savings and its connection to physical investments, noting that savings provide essential funds for future opportunities. He also shared practical tips for saving money.


Following the chief guest's address, a feedback session was held, during which community members and students provided positive comments and engaged with questions. This interaction not only enhanced their understanding of livelihood and savings but also offered the trainees valuable experience in organizing a community program for the Irular community.



The Volunteers spread awareness on Livelihood to the community people and students on 26.03.2021


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

	Title of the Extension Activity	Voluntary support for Election Training programme
	Organizing Unit	National service scheme (NSS), with Police Department, Cuddalore.
	Venue	Collector Office, Cuddalore
	Date	26.03.2021
	No. of Participants	39

The National Service Scheme (NSS) in collaboration with the Police Department organized a voluntary support program for Election Training on 26.03.2021 at the Collector's Office in Cuddalore. The event aimed to educate participants about the electoral process and the importance of civic engagement.


A total of 39 individuals participated in the training, which included NSS volunteers, local community members, and police personnel. The program featured informative sessions led by experienced trainers from the Police Department, who covered various topics, such as the voting process, election regulations, and the responsibilities of citizens during elections.

Participants were encouraged to ask questions and engage in discussions, fostering a deeper understanding of the electoral system. The training emphasized the critical role of informed citizens in a democracy. Overall, the event was successful in raising awareness about the electoral process and enhancing the participants' understanding of their rights and responsibilities as voters.



NSS Volunteers taking part in Election Training Programme on 26.03.2021


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Programme on Personality Development and Goal Setting for School Students
	Organising Unit
	PG Department of Social Work
	Venue
	Immaculate Heart of Mary Social Service Society, Puducherry
	Date
	27.03.2021
	No. of Participants
	18

The PG Department of Social Work organized an Awareness Program on Personality Development and Goal Setting for the girls at Immaculate Little Flower Cottage and St. Xavier Cottage. The aim was to enhance their personal growth and provide techniques for effective goal setting. Mr. K. Praveen Kumar from I MSW introduced the program, which began with a prayer song. Ms. A. Pravina from I MSW then welcomed the gathering. The student organizers honored the dignitaries with shawls and mementos. The program continued with a song performed by the student organizers to raise awareness about self-hygiene. Following this, the girls from Little Flower Cottage showcased a traditional Karakattam dance. The cottage children also sang a song about God's love. Mr. P. Vignesh invited Sister Marie Epiphany, Mother Superior of Immaculate Cottage, to deliver a felicitation speech, during which she shared her inspiring thoughts with the audience. Mr. J. Durai Raj, Head of the PG Department of Social Work at St. Joseph's College of Arts and Science (Autonomous), Cuddalore, delivered a motivational talk on personality development and goal setting. He provided numerous examples and inspirational insights to encourage the students to develop their leadership skills. He emphasized the importance of setting both short-term and long-term goals and motivated the students to pursue their aspirations. To make the session interactive, he conducted IQ games, which provided valuable knowledge to the participants. At the conclusion of the chief guest's speech, Mr. S. Saravanan from I MSW invited the cottage students to share their feedback about the session. Following this, the cottage girls sang a song about the importance of saving water for the future. The vote of thanks was delivered by Ms. A. Pravina from I MSW, and the session concluded with the National Anthem. This program provided the trainees with valuable experience in organizing events and helped them develop skills in coordination, leadership, and managing uncertainties. They also gained insights into personality development and goal setting through the session.



School students performing in Awareness Program on Personality Development and Goal Setting on 27.03.2021



St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Voluntary Support for Packing the Sanitary kits For the polling stations
Organising Unit	National service scheme (NSS)
Venue	Town hall, Cuddalore
Date	27.03.2021
No. of Participants	35

The National Service Scheme (NSS) volunteers gathered at the Cuddalore town hall to pack COVID-19 medical kits for the various constituencies in the Cuddalore district on 27.03.2021. A total of 35 enthusiastic participants took part in this important initiative, demonstrating their commitment to community service during the pandemic.


The medical kits included essential items such as protective suits, hand sanitizers, cloth masks, and thermal scanners. The volunteers worked diligently, organizing the materials and ensuring that each kit was prepared with care and attention to detail. This effort aimed to support local healthcare facilities and frontline workers in their fight against COVID-19.

Through this initiative, the NSS volunteers not only contributed to the well-being of their community but also gained valuable experience in teamwork and organization. Their hard work and dedication exemplified the spirit of service that the National Service Scheme promotes.




Sekhar Sakhamuri I.A.S (District Collector), Cuddalore District. Visited Cuddalore town hall to check the COVID-19 medical kits on 27.03.2021




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The National Service Scheme (NSS) volunteers pack COVID-19 medical kits on 27.03.2021

St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Food distribution to the children on the eve of Founder's Day Celebration
	Organising Unit	Rover Crew
	Venue	Global Special School for Mentally Challenged, thiruppapuliur, cuddalore.
	Date	27.03.2021
	No. of Participants	14

Every year, World Scout Day, also known as Founder's Day, is celebrated on February 22. This day commemorates the birth anniversary of Lieutenant General Baden-Powell, the founder of the scouting movement. In honor of his birthday, we have a tradition of providing meals to mentally challenged students at the Global Special School for Mentally Challenged in Thiruppapuliur.

However, due to the pandemic this year, we were unable to visit the students at the school hostel as we usually do. In response to this challenge, 14 dedicated members of the Rover Crew came together to support the cause. Each rover generously contributed Rs. 100, resulting in a total donation of Rs. 1,400 to fund the students' lunch.

This food distribution initiative took place on 27.03.2021, as part of our Founder's Day celebration. Despite the constraints imposed by the pandemic, we remained committed to serving our community and supporting those in need, exemplifying the true spirit of scouting and compassion.


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Global Trust for the Differently Abled

No: 77, 4th Cross Street, Subburayalu Nagar, Thirupapuliur, Cuddalore - 607 002 Tamil Nadu-India.

Date: 24.02.2021

To Whom It May Concern

CERTIFICATE OF APPRECIATION


This letter confirms that St. JOSEPH'S ROVER CREW of St. Josephs College of Arts and science [Autonomous], Cuddalore - 607001, for their great-fullness in offering Food to our Students.

On behalf of The GLOBAL SPECIAL SCHOOL, Cuddalore we would like to thank you for made the donation on 22-02-2021. We feel sorry that due to the covid-19 issues, we were not able to let you into the orphanage as usual, but the donation made by you was utilized properly by serving them a hygienic food as usual.

We are highly thankful for your generosity.

Sincerely,




R.A.GOPAL
[Managing Trustee]

A Secular and non - Profit Organisation registered under Indian Trust Act, Dedicated for the Welfare of the Differently Abled.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Voluntary Service at polling booths in Cuddalore District during TN State Assembly Election
Organising Unit	National service scheme (NSS), Cuddalore District Collectorate & Election Commission Department.
Venue	Cuddalore District.
Date	06.04.2021
No. of Participants	134


On 06.04.2021, the National Service Scheme (NSS) organized a voluntary service initiative at polling booths across Cuddalore District during the Tamil Nadu State Assembly Election. This activity aimed to assist the Election Commission in ensuring a smooth and orderly voting process.

A total of 134 enthusiastic participants from NSS came together to lend their support. Their responsibilities included guiding voters, distributing essential information, and ensuring compliance with safety protocols. The volunteers played a crucial role in facilitating the voting process, addressing queries, and helping to maintain a peaceful environment at the polling stations.

This initiative not only contributed to the success of the electoral process but also provided the volunteers with valuable experience in civic engagement and community service, reflecting their commitment to democracy and social responsibility.



The NSS Volunteers took part in Election Duty on 06.04.2021



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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Visit to Old Age Home
Organising Unit	PG Department of Computer Applications
Venue	Amma Arakatalai, Old Age Home, Panruti
Date	07.04.2021
No. of Participants	52

On 07.04.2021, the students of the PG Department of Computer Applications conducted an extension activity at Amma Arakatalai Old Age Home in Panruti. The program was coordinated by Dr. A. Mary Odilya Teena, Assistant Professor in the department. A total of 52 students from II BCA 'B' (Shift I) actively participated in this meaningful initiative. The students sponsored essential items for the old age home, directly benefiting approximately 30 elderly residents. In addition to providing necessities, the students spent quality time with the differently-abled individuals, engaging them in conversation and entertainment activities. They distributed snacks, including biscuits, cakes, and energy drinks, to the elderly, spreading joy and warmth throughout the home. The in-charge of the old age home expressed gratitude to the students for their efforts and delivered an inspiring speech highlighting the importance of community service. This initiative not only enriched the lives of the elderly but also instilled a sense of social responsibility in the students.



Distribution of snacks to the old age home people


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National Service
Scheme

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title:	Blood Donation Camp
Venue	St. Joseph's College of Arts and Science, Cuddalore.
Date	17.02.2021
Chief Guest	SUB COLLECTOR Cuddalore.



Rev. Fr. Peter Rajendiram honoring the Chief Guest



The Dignitaries overseeing the Blood Donation Camp



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