



St. Joseph's College of Arts & Science (Autonomous)
Cuddalore – 607 001, Tamil Nadu.

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**REPORTS OF THE EXTENSION
ACTIVITIES**

2019-2020



St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Construction of Vermicomposting pits
Organising Unit	Enviro Club
Venue	Edayarkuppam, Cuddalore
Date	05.06.2019
No. of Participants	5

On 05.06.2019, the Enviro Club organized an extension program titled “Construction of Vermicomposting Pits” at Edayarkuppam, Cuddalore. This program aimed to promote sustainable waste management practices among local farmers and the community. Dr. A. Arulprakash and Dr. T. Ganesh Kumar led a hands-on demonstration on the steps involved in preparing a vermi bed, assisted by several dedicated Enviro Club volunteers and enthusiastic local farmers. Dr. P. Thenmozhi, Head of the Department of Zoology, further enriched the session by explaining the significant benefits of earthworms and vermicast, highlighting their role in enhancing soil fertility and promoting organic farming. This interaction helped participants understand the ecological and agricultural advantages of vermicomposting. Five Enviro Club volunteers from Shift I participated actively, contributing to a successful and educational event that encouraged sustainable agricultural practices within the local community.



Construction of Vermicomposting pits by Enviro club volunteers

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Sapling Plantation Programme
Organising Unit	Enviro Club
Venue	Edayarkuppam, Cuddalore
Date	05.06.2019
No. of Participants	5

As a part of taking initiative in conservation of ecosystem and to create awareness in the nearby villages at Cuddalore District the Enviro club of St. Joseph's college of arts and science (Autonomous), Cuddalore have conducted a **Tree Plantation Programme on 05.06.2019 in Edayarkuppam village of Cuddalore Dist.** The main objective of the campaign is **awaking the students and the villagers with good knowledge of sustainable development** to establish green environment around the villages.

To trigger the younger minds with eco-consciousness **Dr. A. Arul prakash** Asst. Prof., Department of Zoology, gave a talk about the importance of Tree plantation for protecting the environment. The Students have planted shrubs, herbs and tree saplings of various species in and around the schools, public places and Panchayat offices with the help of school children and villagers. There were 5 Enviro club volunteers from Shift I have been participated in the above programme.



Tree Plantation by Enviro club volunteers Dt. 05.06.2019


St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Cleaning the public places
Organising Unit	Enviro Club
Venue	Edayarkuppam, Cuddalore
Date	05.06.2019
No. of Participants	5

To promote awareness about health and hygiene, the Enviro Club of our college organized an extension activity focused on "Street Cleaning" on 05.06.2019 in Edayarkuppam village, located in the Cuddalore District. This initiative aimed to educate the local community about the importance of cleanliness and its impact on public health. Five dedicated volunteers from the Enviro Club participated in this rural street cleaning awareness program, working diligently to clean the streets and engage with residents about hygiene practices. Under the guidance of Dr. T. Ganesh Kumar, the volunteers utilized cleaning equipment provided by our college to effectively carry out the task. This initiative not only improved the cleanliness of the village but also fostered a sense of community responsibility towards maintaining a healthy environment.



Students were cleaning the Edayarkuppam Street Dt. 05.06.2019


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Mass Cleaning Programme
	Organising Unit	PG & Research Department of Microbiology
	Venue	Ramanathankuppam, Kurinjipadi, Cuddalore
	Date	09.06.2019
	No. of Participants	5

Students from the PG and Research Department of Microbiology at St. Joseph's College of Arts and Science (Autonomous) dedicated their time to serving the rural community through a focused initiative. Coordinated by Dr. J. Jayaprakash, Assistant Professor of Microbiology, the program aimed to tackle public health issues in the area. The students actively cleaned public places that were often littered with waste, which posed significant health risks. By removing garbage and debris, they sought to prevent the proliferation of dengue-spreading mosquitoes, a pressing concern in rural regions. This initiative not only aimed to improve the immediate environment but also sought to enhance the overall health and well-being of the local population. Through their efforts, the students engaged with community members, raising awareness about the importance of cleanliness and hygiene in preventing mosquito-borne diseases. Their commitment to serving the community exemplified the spirit of social responsibility and public health advocacy.



Student clearing the waste

St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Sanitation awareness among the school students
	Organising Unit	PG & Research Department of Microbiology
	Venue	Ramanathankuppam, Kurinjipadi, Cuddalore
	Date	11.06.2019
	No. of Participants	5

Students from the PG and Research Department of Microbiology at St. Joseph's College of Arts and Science (Autonomous) dedicated their time to serving the rural community through a meaningful outreach program. Coordinated by Dr. J. Jayaprakash, Assistant Professor of Microbiology, this initiative aimed to enhance public health awareness in the local area. As part of the program, the students engaged with school children, explaining proper sanitation guidelines that are crucial for maintaining a healthy environment. They emphasized the importance of cleanliness, personal hygiene, and the safe disposal of waste to prevent health issues. The interactive sessions encouraged the students to ask questions and share their thoughts, making the learning process more engaging. By educating young minds about sanitation, the college students aimed to instill lifelong habits that would contribute to the overall health of the community. This initiative not only benefited the children but also fostered a sense of social responsibility among the college students.



School children listening to the awareness speech

St. Joseph's College of Arts & Science (Autonomous) Cuddalore




Title of the Extension Activity	Awareness on personal hygienic and sanitation practices
Organising Unit	Department of Microbiology
Venue	Ramanathankuppam, Kurinjipadi, Cuddalore
Date	12.06.2019
No. of Participants	5

Students from the PG and Research Department of Microbiology at St. Joseph's College of Arts & Science (Autonomous) actively engaged in serving the rural community through an internship program focused on rural community service for university students. This initiative aimed to raise awareness about the Clean India Movement, promoting essential concepts of cleanliness and hygiene. The students took the initiative to educate local residents about personal hygiene practices and the proper use of toilets, emphasizing the significance of these practices in maintaining public health and preventing disease. Coordinated by Dr. J. Jayaprakash, Assistant Professor of Microbiology, the program provided an interactive platform for students to connect with the community and share valuable knowledge. Through discussions and demonstrations, they encouraged rural people to adopt better sanitation habits, contributing to a healthier environment. This experience not only benefited the community but also fostered a sense of social responsibility and awareness among the participating students.



Student explaining safe sanitation and personal hygiene



Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,
PRINCIPAL
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Sapling Plantation
	Organising Unit
	Department of Microbiology
	Venue
	Ramanathankuppam, Kurinjipadi, Cuddalore
	Date
	13.06.2019
	No. of Participants
	5

The students from the PG and Research Department of Microbiology at St. Joseph's College of Arts and Science (Autonomous) recently dedicated their time to serving the rural community. This impactful program was coordinated by Dr. J. Jayaprakash, Assistant Professor of Microbiology. As part of their commitment to environmental sustainability, the students actively participated in a plantation initiative aimed at promoting the Green India Movement. Through this effort, they not only contributed to enhancing local biodiversity but also raised awareness about the importance of tree planting and environmental conservation among the community members. The initiative involved selecting suitable native species for planting, educating the community about their ecological benefits, and fostering a sense of responsibility towards nature. By engaging in this hands-on experience, the students not only developed practical skills but also reinforced their commitment to social responsibility and environmental stewardship, making a meaningful difference in the lives of those in the rural areas they served.



Plantation activity

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Demonstration on waste segregation
	Organising Unit
	Department of Microbiology
	Venue
	Ramanathankuppam, Kurinjipadi, Cuddalore
	Date
	14.06.2019
	No. of Participants
	5

The students from the PG and Research Department of Microbiology at St. Joseph's College of Arts and Science (Autonomous) dedicated their time to serving the rural community through an impactful internship program. This initiative focused on waste collection in rural areas, aiming to promote cleanliness and environmental sustainability. Coordinated by Dr. J. Jayaprakash, Assistant Professor of Microbiology, the program involved students actively engaging with local communities to identify waste hotspots and implement effective waste management practices. By collecting waste, the students not only contributed to a cleaner environment but also raised awareness about the importance of proper waste disposal and recycling among residents. This hands-on experience allowed the students to develop valuable skills in community engagement, environmental advocacy, and teamwork. Through their efforts, they fostered a sense of responsibility towards the environment, making a significant difference in the lives of the people in the rural areas they served.



Students collecting wastes

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Awareness programme on hygienic practices
Organising Unit	Department of Microbiology
Venue	Ramanathankuppam, Kurinjipadi TK, Cuddalore District
Date	16.06.2019
No. of Participants	5

The students from the PG and Research Department of Microbiology at St. Joseph's College of Arts and Science (Autonomous) dedicated their time to serving the rural community through an internship program focused on rural community service for college students. Coordinated by Dr. J. Jayaprakash, Assistant Professor of Microbiology, the initiative aimed to promote awareness of hygienic practices among government school students at Ramanathankuppam. During the program, our students conducted interactive sessions to educate the children about proper sanitation, hygienic practices, and the correct use of toilets. The primary goal was to inculcate good hygiene habits that would contribute to the overall health and well-being of the students. By engaging the children in discussions and activities, our students helped to foster a deeper understanding of the importance of cleanliness and sanitation. This initiative not only benefited the school community but also enriched the students' learning experiences, reinforcing their commitment to social responsibility and public health.



Awareness programme on hygienic practices among school students

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Drug Awareness and Anti-drug Abuse and Illicit Trafficking
Organising Unit	NATIONAL CADET CORPS
Venue	Bus stands near GRT jewellery, Thirupappuliyur, Cuddalore
Date	26.06.2019
No. of Participants	28

Our college NCC, NSS, YRC, RRC volunteers & Biochemistry first year students (shift-I) and school students with a total strength of two hundred and forty nine students involved in the awareness rally to memorialize the “International Day of Anti- Drug Abuse and Illicit Trafficking” on 26.06.2019. The rally started from Cuddalore Bus stand and ended at Community hall, (near Post office) Manjakkuppam. The rally was inaugurated by Shri. P.Saravanan IPS, Superintendent of Police, in the presence of Dr.K.R.Jawaharlal, Deputy Director of Health Services, Cuddalore and Dr. S. Chinnappan, Principal, St.Joseph’s college of Arts and Science, Cuddalore. In this rally, Thirty NCC cadets along with Sub Letiuenant J.John Robert, Associate NCC Officer, took part in this rally. The objectives of the rally were to create awareness among youth about the effects of drug abuse and its implications. The rally also created understanding among the public about the various aspects of drug abuse.



Drug Abuse and Illicit Trafficking Rally by the volunteers

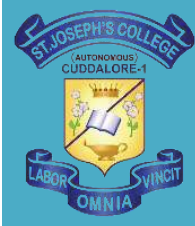
St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Awareness Rally on International Day Drug Abuse and Illicit Trafficking
Organising Unit	Department of Biochemistry
Venue	Cuddalore Bus stand near GRT jewellery
Date	26.06.2019
No. of Participants	49

Our college NCC, NSS, YRC, RRC volunteers & Biochemistry first year students (shift-I) with a total strength of two hundred and forty-nine students involved in the awareness rally to commemorate the “International Day of Anti- Drug Abuse And Illicit Trafficking” on 26.06.2019. The rally started from Cuddalore Bus stand and ends in post office Manjakkuppam. The rally was Inaugurated by Shri. P.Saravanan IPS, Superintendent of Police, in the presence of Dr.K.R.Jawaharlal, Deputy Director of Health Services, Cuddalore and Dr. S. Chinnappan, Principal, St.Joseph’s college of Arts and Science, Cuddalore. In this rally, forty nine first year (shift-I) biochemistry students along with staff member Mr.J.John Robert, Asst. Prof, Department of Biochemistry took part in this rally. The objectives of the rally were to create awareness among youth about the ill effects of drug abuse and its implications. The rally also created awareness among the public about the various aspects of drug abuse.



Students actively participating in the International Day Drug Abuse and Illicit Trafficking

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Participation in Drug Awareness Rally
Organising Unit	National Service Scheme
Venue	Seematti Hall to Town Hall
Date	26.06.2019
No. of Participants	270

Narcotic Intelligence Bureau, Cuddalore District organized a Drug Awareness Rally from Seematti Hall to Town Hall, Cuddalore on 26th June, 2019 from 9.00 am to 11.00 am. The Drug Awareness Rally was held on International Day. It is against Drug Abuse and Illicit Trafficking. The rally was flagged off by Mr. P. Saravanan, I.P.S., Superintendent of Police, Cuddalore District. Dr. S. Chinnappan, Principal, Dr. L. Santhana Raj, NSS Programme Officer, Dr. A. Annammal, NSS Programme Officer (Shift-II), Dr. P. John Thomas, RRC Programme Coordinator, Mr. J. John Robert, Associate NCC Officer, Mr. A. Rajesh, YRC Programme Officer and 270 volunteers of NSS, NCC, RRC and YRC, St. Joseph's College of Arts & Science (Autonomous), Cuddalore had actively participated and learned the consequences of drug abuse in the society. Mr. P. Saravanan, IPS. Superintendent of Police, Cuddalore District started the Rally.



Volunteers of NSS, NCC, YRC & RRC, St. Joseph's College



Title of the Extension Activity	Awareness programme to promote toilet usage and waste segregation
Organising Unit	Social Service Club
Venue	Thirmanikizhi village
Date	26.6.2019
No. of Participants	5

Door to Door visit

On 26.06.19, student volunteers from the SSC conducted a door-to-door visit in Thirumanikuzhi village to promote toilet usage and waste segregation. This initiative aimed to raise awareness about hygiene and safe sanitation practices among the local residents. During their visit, the volunteers distributed pamphlets to all households, providing crucial information on maintaining cleanliness and the importance of proper sanitation. A total of five students actively participated in this community outreach effort, working under the coordination of Chief Coordinator Mr. C. Justin Marshal. Through their interactions with the villagers, the students effectively communicated the core theme of the visit, emphasizing the significance of hygiene and sanitation in improving health outcomes. The response from the community was positive, as many residents expressed gratitude for the information provided. This initiative not only benefited the villagers but also empowered the student volunteers by enhancing their skills in community engagement and public health advocacy.



Students at Door to door campaign



Canvassing about toilet usage



St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Mass Cleanliness and Tree Plantation
Organising Unit	Social Service Club
Venue	Thirmanikizhi, Cuddalore District
Date	27.6.2019
No. of Participants	5

Mass Cleanliness Activity

On 26.06.2019, students from the SSC participated in a mass cleaning activity at the temple and public places in Thirumanikuzhi village. This initiative also included tree planting, fostering community involvement and environmental awareness. Under the supervision of Coordinator Mr. C. Justin Marshal, a total of five students actively engaged in the cleaning efforts. Their participation not only contributed to the beautification of the village but also promoted the importance of cleanliness and a user-friendly environment among children, youth, and elderly residents. The students worked alongside community members, sharing knowledge about waste management and the ecological benefits of trees. This collaborative effort inspired a collective commitment to maintaining cleanliness and preserving the environment. The positive impact of the activity was evident as it encouraged ongoing dialogue about hygiene and sustainability within the community, instilling a sense of responsibility towards their surroundings among all age groups.



Mass Cleanliness Activity by the students

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Sensitizing personal hygiene and toilet usage
Organising Unit	Social Service Club
Venue	Middle School, Thirmanikizhi
Date	28.6.2019
No. of Participants	5

On 28.06.2019, students from the SSC conducted an important activity promoting personal hygiene and toilet usage at the primary and middle school located in Thirumanikuzhi village. This initiative aimed to educate young students on the significance of maintaining good hygiene practices and the proper use of toilets. Supervised by Chief Coordinator Mr. C. Justin Marshal, the event successfully engaged the student beneficiaries, who gained valuable knowledge about personal hygiene, including handwashing, sanitation, and the importance of cleanliness. A total of five student volunteers participated in this initiative, leading interactive sessions that encouraged active participation and discussion among the children. Through games, demonstrations, and informative presentations, the volunteers effectively communicated the core messages about hygiene. The positive feedback from the students indicated that they were not only informed but also inspired to adopt better hygiene practices in their daily lives, contributing to healthier habits within their community.




Speech about cleanliness to school students



Presentation of effects of personal hygiene

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Programme on Sanitation, malnutrition and worm infestation
	Organising Unit
	Social Service Club
	Venue
	Thirmanikizhi village
	Date
	29.6.2019
	No. of Participants
	5

On 29.06.2019, student volunteers from the SSC actively engaged in raising awareness about poor sanitation, malnutrition, and worm infestation and their effects on children, pregnant women, and lactating mothers in public places and the Anganwadi of Thirumanikuzhi village. A total of five SSC volunteers participated in this initiative, which aimed to educate the community on the critical importance of sanitation and its direct impact on health. Through interactive discussions and informative sessions, the volunteers shared vital information regarding proper hygiene practices, nutritional needs, and the prevention of worm infestations. The engagement encouraged community members to adopt healthier habits and emphasized the need for improved sanitation facilities. Feedback from participants indicated a greater understanding of these issues and a commitment to implementing the knowledge gained. This initiative not only enhanced awareness but also fostered a sense of responsibility among villagers, ultimately contributing to the overall health and well-being of the community.



Student volunteers indulging in propaganda toward cleanliness, sanitation and healthy environment



Student volunteers indulging in propaganda toward cleanliness, sanitation and healthy environment through visual education

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Rally on creating awareness to spread the sanitation and solid liquid waste management
Organising Unit	Social Service Club
Venue	Thirmanikizhi village
Date	30.6.2019
No. of Participants	5

On 30.06.2019, student volunteers from the SSC organized a rally in Thirumanikuzhi village to raise awareness about sanitation and solid and liquid waste management. This event involved both students from the primary and middle schools and community members, fostering a sense of collective responsibility towards environmental health. Guided by Chief Coordinator Mr. C. Justin Marshal, a total of five volunteers actively participated in the rally, which included engaging activities and competitions designed to educate attendees on proper waste management practices. The rally effectively captured the interest of the school students, who benefited greatly from the information shared and the interactive nature of the event. Through this initiative, the students not only learned about the importance of sanitation but also developed a keen interest in social service and community engagement. The event inspired them to participate in future social activities, cultivating a sense of responsibility and activism within the younger generation of the village.



Rally on Sanitation, Cleanliness and personal hygiene along with school

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Rally for the awareness on Child Abuse and Child Labour
Organising Unit	St. Joseph's Rover Crew
Venue	From Town Hall to Silver beach
Date	03/07/2019
No. of Participants	26

On 03/07/2019, a rally was conducted in collaboration with the Elders Association in Cuddalore to raise awareness about the critical issues of child abuse and child labor. These social problems are significant stigmas in society, particularly in developing countries like India. Child abuse undermines the safety and well-being of children, while child labor deprives them of essential educational opportunities, negatively impacting their health and academic performance. Recognizing the urgency of these issues, the rally aimed to educate the public and encourage community action. Over 50 elder participants, along with 26 rovers from our institution, joined forces to amplify the message. Together, they marched through the streets, distributing informational materials and engaging with the community to highlight the importance of protecting children's rights. This collective effort not only raised awareness but also fostered a sense of responsibility within the community to combat these pervasive issues and advocate for a brighter future for children.



Rally for the awareness on Child Abuse and Child Labour

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Street Play to sensitize people on Effects of Alcohol consumption
Organising Unit	Department of Social work
Venue	Vanamadevi
Date	03.07.2019
No. of Participants	37

Mathar Nala Thondu Niruvanam has initiated the Awareness Programme on Drug Abuse and Alcohol Consumption as a part of their Integrated Rehabilitation Centre for Addicts (ICRA). This programme was headed by Mr. K. Sivakumar M.A., B.L., District Chief Judge, and Mr. J. Durai Raj, Head, Department of Social work, St. Joseph's College of Arts and Science (Autonomous), Cuddalore gave felicitation. Then the Department of Social Work students sang awareness song on alcohol consumption and they have performed street play on alcohol awareness. MNTN worker were honoured by Mr. R. Vishvanathan, B.Sc., Sub Inspector of Police, Naduveerapattu. One of the beneficiaries gave feedback on service render by MNTN workers. Students also honoured by the organizer for their performance. At the end vote of thanks were given by Mr. J. Arivazhagan, M.S.W., M.Phil. followed by National Anthem.



Students performed a street play and sang song about the awareness of alcohol consumption



St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Participation in Rainwater Harvesting Rally
Organising Unit	Department of Social Work
Venue	Cuddalore
Date	03.07.2019
No. of Participants	37

The Swachh Bharat Mission in Cuddalore initiated a rally on Rainwater Harvesting, which commenced at around 10 AM. Mr. V. Anbuselvan, I.A.S, served as the chief guest for the event, alongside a visiting team from New Delhi. The rally saw enthusiastic participation from numerous students representing various educational institutions, highlighting the community's commitment to environmental sustainability. Notably, students from St. Joseph's College of Arts and Science (Autonomous), particularly those from the Social Work department, played a significant role in coordinating the event and rallying their peers. This initiative provided a valuable opportunity for students to learn about the critical importance of water conservation and the benefits of rainwater harvesting for future generations. The experience not only raised awareness about water-saving practices but also encouraged students to take an active role in promoting sustainable environmental practices within their communities, ultimately contributing to a more water-conscious society.



MSW STUDENTS PARTICIPATED IN THE RALLY

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Cleaning Public Places
Organising Unit	National Service Scheme
Venue	White Gate
Date	07-07-2019
No. of Participants	100

On 7th September 2019, the NSS volunteers of St. Joseph's College organized a community cleaning drive at the Mariyamman Kovil Gate in White Gate. The volunteers gathered early in the morning, equipped with cleaning supplies like brooms, gloves, and garbage bags. They dedicated themselves to cleaning the area around the temple, clearing litter, and removing debris. The activity aimed to promote the importance of maintaining cleanliness in public spaces and set an example for the local community. Through their efforts, the area was significantly improved, creating a cleaner and healthier enrollment for residents and visitors. The initiative also highlighted the spirit of teamwork and social responsibility among the students.



Our NSS Volunteers Done the cleaning work in temple.

St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Awareness Programme on plastic free school & society
Organising Unit	Department of Mathematics
Venue	Shanmuga Nagar, Parangipettai, Cuddalore District
Date	20.07.2019
No. of Participants	50

An extension activity was organized by the students of the VSL programme of II B.Sc. Mathematics (Shift - I) on 20-07-2019 from 2.30 pm to 4.30 pm. Approximately 50 students participated in a cleanup initiative at the school, raising awareness about the importance of maintaining a plastic-free environment in schools and society. Accompanied by staff coordinators Dr. S. Anjal Mose, Mr. J. Arockia Aruldoss, and Mr. R. Julian Francis, the students actively engaged in cleaning the school campus. They displayed placards to emphasize the need for a plastic-free school and took the initiative to collect garbage throughout the area. After gathering all the waste, they educated local residents on proper waste disposal methods. Additionally, the students planted saplings to promote environmental conservation. The teachers provided encouragement and support throughout the event. The students concluded the activity and dispersed with their staff at 4.30 pm, having made a meaningful impact on their school environment.



Students and Staff members after collecting the plastics all around the school

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Cleaning the public places
Organising Unit	VSL programme
Venue	Anna stadium, Cuddalore
Date	23.07.2019
No. of Participants	53

The staff and students from the Department of Chemistry, Department of Commerce, and Department of English took part in the public places cleaning drive on 23.07.2019. About 27 students from the Department of Chemistry were involved in the cleaning drive, and they were supervised by Ms. B. Christina, Assistant Professor, Department of Chemistry. The cleaning drive was conducted to promote the values of cleanliness, discipline, and respect for the environment among the students and to educate and sensitize them about the importance of cleanliness for a healthy, socially responsible, economically dynamic, and progressive nation. Before the drive began, students were instructed by Rev. Fr. A. Alex, Head of the Department of B.COM (BM) and BBA (CA) & Director of the VSL programme, about the importance of sanitation. Thereafter, Mr. J. Durai Raj, Head of the Department of Social Work & Chief Coordinator of the VSL programme, delivered a speech, emphasizing the importance of sanitation. He lucidly described common diseases, their outbreaks, and the preventive measures. Rev. Fr. A. Alex started the programme by cleaning the corners of the stadium. Carry bags, plastic items, etc., were collected separately. Students cleaned the stadium and the surrounding areas. Rev. Fr. A. Alex concluded the cleaning drive with a valedictory speech.



Students cleaning the stadium and collected Common waste in Garbage disposal bags

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Rally & Cleaning Public Places
	Organising Unit
	Social Service Club
	Venue
	Silver Beach, Cuddalore
	Date
	30.08.2019
	No. of Participants
	30

On 30th August 2019, SSC students of Shift-I participated in a rally and beach cleaning event at Silver Beach, Cuddalore, organized by NLC India Private Ltd, Neyveli. A total of 30 students took part in this initiative, demonstrating their commitment to environmental conservation. Mr. C. Justin Marshal, the Coordinator of Shift-I, accompanied the students, providing guidance and support throughout the activity. The rally aimed to raise awareness about the importance of maintaining a clean environment, while the beach cleaning effort directly benefited the local public visiting Silver Beach. Through their hands-on involvement, the students helped remove litter and debris from the beach, enhancing its natural beauty and promoting a cleaner habitat. The event successfully fostered a sense of responsibility among the participants and the community, encouraging everyone to take action in preserving their surroundings. Overall, the initiative was a valuable opportunity for the students to contribute positively to their environment.



Students in Awareness Rally

Cleaning the Silver Beach, Cuddalore

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Social Service Club


Title of the Activity: Awareness Rally & Cleaning Public Places

Date : 30.08.2019

Venue : Silver Beach, Cuddalore.

Participants List

S.NO	ROLL NO	NAME
1.	A18CADA53	Surya .B
2.	A18CADA22	Harish .N
3.	A18CADA44	Prasath .V
4.	A18CADB20	Jayaprakash .M
5.	A18CADB34	Pazhaniappan .A
6.	A18CADB41	Sarathkumar .S
7.	A18CADB44	Sathish .J
8.	A18CADB51	Surya .D
9.	A18CSDA15	Dinakaran .M
10.	A18CSDA38	Prakash .S
11.	A18CSDA08	Balaji .P
12.	A18CSDA31	Lokesh .R
13.	A18CSDB04	Anandhan .S
14.	A18CMDA38	Manibalan .V
15.	A18CMDA30	Karthik .S
16.	A18CMDA37	Manikandan .J
17.	A18CMDA02	Ajay Kishore Singh.D
18.	A18CMDB10	Chandru .S
19.	A18MTD68	Suresh.A
20.	A18MTD56	Santhosh Kumar .R
21.	A18MTD37	Manobala .P
22.	A18MTD45	Prakash .R
23.	A18BBD46	Sakthivel .S
24.	A18BBD30	Mohan Raj .J
25.	A18BBD67	Viknesh .G.K
26.	A18END32	Karan .G
27.	A18END60	Shalu Wilfred
28.	A18END31	Kamaraj .B
29.	A18ACD61	Mohamed Abbas .A
30.	A18ACD56	Vijay.P

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Motivational Talk on Role of Parents in Inculcating Values
	Organising Unit
	PG Department of Social Work
	Venue
	Killai, Chidambaram Taluk, Cuddalore District
	Date
	03.09.2019
	No. of Participants
	23

The Tribal Awareness Camp for the year 2019 took place from September 3rd to September 9th at three locations: Killai, Thiruvalluvar Nagar, and Kalaingar Nagar in the Parangipettai block of Cuddalore district. The program was organized by first-year students as part of their curriculum requirements, with the goal of raising awareness about various societal issues and creating a sense of responsibility.

The students arrived at Killai at 12:00 pm and began collecting survey data on the topic of the socio-economic status of the Irular community. The camp's inauguration ceremony started at 6:00 pm with a motivational talk on the role of parents in instilling values. Residents of Killai gathered for the event, which featured the honorable chief guests, Rev. Fr. Alex (Dean of Studies & Head, Department of B.Com Bank Management & BBA (CA), St. Joseph's College of Arts and Science, Cuddalore) and Mr. Syed VN Sagab (Dargah Office, Killai). The program was inaugurated in a commendable manner.

Mr. J. Durai Raj, Head of the Department of Social Work at St. Joseph's College, provided an introduction to the camp, explaining its purpose, the impact it aims to have on tribal communities, and the planned events for the week. He encouraged attendees to make the most of the resources provided during the camp.

Rev. Fr. Alex then addressed the gathering, emphasizing the importance of parental roles in nurturing values. His talk was interactive, especially with the children of Killai, and he urged students to pursue their education rather than dropping out, assuring that the college would support the Irular community's educational needs in the future. He also shared motivational stories that inspired the children to value learning.

Following this, Mr. Syed VN Sagab offered his thoughts on the environmental efforts in the Pichavaram area, encouraging students to make use of the camp's offerings. Mr. Poora Sami, a key community organizer from Thiruvalluvar Nagar, praised the initiative and congratulated the organizing team for their dedication to a noble cause. He also commended the department for their efforts in setting up the camp. Mr. Selva Arokia Raj, Director of

Florence Home in Killai, also addressed the gathering, urging participants to take advantage of the program's resources.

The first-year students then performed cultural activities, including skits, songs, and mime performances, all centered around the theme of the role of parents in instilling values. The program concluded at 8:00 pm.




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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Awareness on Health and Hygiene among School Students
Organising Unit	MSW
Venue	Kalaignar Nagar, Chidambaram Taluk, Cuddalore District
Date	04.09.2019
No. of Participants	23

Tribal awareness camp for the year 2019 was held from 03.09.2019 to 09.09.2019 at three various places like Killai, Thiruvalluvar Nagar and Kalaignar Nagar Parangipettai block Cuddalore district. On 04.09.2019 I st MSW students organised the programme “**Awareness on Health and Hygiene among School Students**” for the purpose of developing health and hygiene habits and methods to be clean and tidy. The programme was held from 10.00 am to 11.30 am at Panchayat Union Middle School Killai. The honourable chief Guest was Dr. S. Joseph Christian Daniel, Head, Dept of Micro Biology, St. Joseph's College of Arts and Science (Autonomous) Cuddalore. The chief guest was honoured with shawl and memento by Mr. J. Durai Raj, Head Dept of Social Work, St. Joseph's College of Arts and Science (Autonomous) Cuddalore, the programme was organised was impactful and catered to the needs of the students.




Dr. S. Joseph Christian Daniel, Head, Dept of Micro Biology, St. Joseph's College of Arts and Science (Autonomous) Cuddalore, addressed the gathering and shared his views on the topic awareness on health and hygiene among school students, he also suggested the students to follow some regular good and hygienic habits and the importance of hand wash followed by the impacts of not being clean and its ill effects on physical being. Then he motivated the children to learn more and become more. Then the Ist MSW students gave cultural programmes like songs, puppet dance and cultural based on the awareness on health and hygiene among school students, they literally enjoyed the cultural events given by the and the programme ended by 11.30 am.

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Programme on Family Planning
	Organising Unit
	MSW
	Venue
	Thiruvalluvar Nagar, Chidambaram Taluk, Cuddalore District
	Date
	04.09.2019
	No. of Participants
	23

The Tribal Awareness Camp for 2019 was conducted from 03.09.2019 to 09.09.2019 across three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block, Cuddalore district. On 04.09.2019, first-year MSW students organized a program titled “Awareness on Family Planning” at Thiruvalluvar Nagar to address the low awareness of family planning among the local tribal community, where birth rates were notably higher than in other areas. Starting at 4:30 pm, the program featured Dr. S. Shylaja, MBBS, Assistant Surgeon at the Thirupapuliur Primary Health Center, as the chief guest. She emphasized family planning benefits, suggested healthy- parenting practices, and encouraged spacing births. Students performed skits, songs, and mime acts to promote awareness, concluding the event at 6:00 pm.




Empowering Tribal Communities through Family Planning Awareness and Cultural Engagement.

St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Awareness Programme on Disaster Preparedness and Mitigation
	Organising Unit	Department of Social Work
	Venue	Kalaignar Nagar, Chidambaram Taluk, Cuddalore District
	Date	05.09.2019
	No. of Participants	23

The Tribal Awareness Camp was held from 03.09.2019 to 09.09.2019 at three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 05.09.2019, first-year MSW students organized a program on “Disaster Preparedness and Mitigation” for the Kalaignar Nagar community, which had limited awareness of these issues. The program began at 9:00 AM, with Mr. Selva Arokia Raj, Director of Florence Home, as the chief guest. He emphasized the importance of disaster preparedness and the need for effective rescue, relief, and rehabilitation strategies. The event featured cultural performances, including skits and songs, and concluded at 12:30 PM, fostering community engagement and awareness.



Empowering the community through disaster preparedness awareness.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Awareness on Ill effects of Alcohol consumption
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	05.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 at Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in Cuddalore district. On 05.09.2019, first-year MSW students organized a program titled “Awareness on Ill Effects of Alcohol Consumption” in Killai to educate the local community about the dangers of alcohol. The event began at 6:00 PM, with Ms. S. Indumathi, Project Coordinator and Yoga Master at MNTN - PuthiyaPathai Drug De-addiction Centre, as the chief guest. Mr. J. Durai Raj introduced the program and discussed alcohol's societal impacts. Ms. Indumathi emphasized alcohol's harmful effects, promoted hygiene, and encouraged women's education. The program concluded at 8:00 PM, featuring cultural performances by the students.



Raising awareness on the ill effects of alcohol in the community


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Demonstration on Home Garden
Organising Unit	Department of Social Work
Venue	ThiruvalluvarNagar, Chidambaram Taluk,Cuddalore District
Date	06.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 took place from 03.09.2019 to 09.09.2019 at Killai, Thiruvalluvar Nagar, and Kalaingar Nagar in Cuddalore district. On 06.09.2019, first-year MSW students organized a program on “Demonstration on Home Garden” in Thiruvalluvar Nagar to encourage residents to cultivate their own vegetables for resource generation. The event started at 3:00 PM, with Dr. P. Thenmozhi, Head of the Department of Zoology at St. Joseph’s College of Arts and Science, as the chief guest. She emphasized the benefits of home gardening and shared tips on planting and maintaining vegetables using natural manure. Seeds were distributed, and students demonstrated sowing techniques. The program concluded with sapling planting for a better environment.



Empowering the community with home gardening for sustainable living


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Title of the Extension Activity	Free Medical Camp
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	06.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 at Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in Cuddalore district. On 06.09.2019, first-year students organized a medical camp in collaboration with Mahatma Gandhi Medical College and Research Institute, Puducherry, starting at 9:00 AM. The chief guest was Rev. Fr. G. Peter Rajendiram, Secretary of St. Joseph's College of Arts and Science, who was honored with a shawl and memento. Over 15 doctors from various specialties provided consultations to more than 200 patients from the surrounding areas. Medical services included blood pressure and sugar checks, and medications were distributed to school children during the camp.



Bringing healthcare to the community through a dedicated medical camp



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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Motivational Talk on Importance of education among Irular people
Organising Unit	Department of Social work
Venue	Thiruvalluvar Nagar, Chidambaram Taluk, Cuddalore District
Date	06.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 took place from 03.09.2019 to 09.09.2019 in three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 06.09.2019, first-year MSW students hosted a program titled "Motivational Talk on the Importance of Education" for the Irular community in Thiruvalluvar Nagar, aiming to raise awareness about education and encourage families to educate their children. The event began at 3:00 PM, with Dr. M. Vanathaiyan, Head of the Department of Tamil at St. Joseph's College of Arts and Science (Autonomous), Cuddalore, as the chief guest. He was honored with a shawl and memento by Mr. J. Durai Raj, Head of the Department of Social Work. The program featured skits and cultural performances by MSW students, highlighting the theme of educational importance.



Motivational Talk on Importance of education among Irular people


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Motivational Talk on Women empowerment
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	07.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 at three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 07.09.2019 at 6:00 PM, first-year MSW students organized a program titled "Motivational Talk on Women Empowerment" for the residents of Killai. The purpose of this program was to raise awareness about women empowerment and encourage the people of Killai to grant equal rights to women and support their education, reflecting the saying, "Women's success from backyard to battlefield."




"Motivational Talk on Women Empowerment"



The honourable chief Guest was Dr. A. Annammal, Asst. Prof, Department of Tamil, St Joseph's College of Arts & Science (Autonomous) Cuddalore, she was honoured with shawl and memento by Ms. S. Vanathi, Asst. Professor, Dept of Social Work, St. Joseph's College of Arts and Science (Autonomous) Cuddalore, the programme was organised in a well and good manner Dr. A. Annammal, Assistant Professor in the Department of Tamil at St. Joseph's College of Arts & Science (Autonomous), Cuddalore, addressed the gathering and shared her insights on the topic of women empowerment. She also shared personal experiences of her struggles and achievements as a woman, offering an inspiring story that left a lasting impression on the audience.

She highlighted the achievements of famous women who have excelled over the decades. She urged parents to ensure their children receive an education, regardless of the circumstances, as this can transform society for the better. Her valuable speech inspired both young people and their parents to prioritize education. Additionally, she performed a beautiful song. Following her speech, first- and second-year social work students presented skits and cultural performances focused on the theme of women empowerment. The program concluded at 8:00 PM.




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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Campaign on Environmental Protection and Tree Plantation
Organising Unit	Department of Social Work
Venue	Kalaingar Nagar, Chidambaram Taluk, Cuddalore District
Date	08.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 across three locations: Killai, Thiruvalluvar Nagar, and Kalaingar Nagar in the Parangipettai block of Cuddalore district. On 07.09.2019, first-year students organized a "Campaign on Environmental Protection and Tree Plantation" at Kalaingar Nagar to raise awareness about tree planting and environmental conservation. The program commenced at 10:00 AM at the Kalaingar Nagar Panchayat Union Middle School. The chief guest, Dr. L. Santhanaraj, Assistant Professor and NSS Coordinator at St. Joseph's College of Arts and Science (Autonomous) Cuddalore, was honored with a shawl and memento by Mr. J. Durai Raj, Head of the Department of Social Work.



Awareness programme Environmental Protection and Tree Plantation


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Title of the Extension Activity	Sports and Competition for People
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	08.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 took place from 03.09.2019 to 09.09.2019 at three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 08.09.2019, first-year students organized sports events from 2:00 PM to 4:00 PM. Over ten events and special games were conducted for both men and women, including a running race, water-filling relay, musical chairs, and a lemon-and-spoon race. The chief guests for the event were Mr. Selva Arokia Raj, Director of Florence Home, Killai, and Ms. S. Rajeswari, Program In-Charge for Children and Women. The sports events were organized efficiently, and participants engaged enthusiastically.



Sports events were organized efficiently, and participants engaged enthusiastically




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Title of the Extension Activity	Blood Grouping Camp for School Students in Colloboation with PG Department of SocialWork
Organising Unit	Department of Biochemistry
Venue	Panchayat Union Primary School, Killai, Chidambaram
Date	09.09.2019
No. of Participants	16

On 09.09.2019, the PG & Research Department of Biochemistry, in collaboration with the PG Department of Social Work, organized a "Blood Grouping Camp for School Students" at Panchayat Union Primary School, Killai, Chidambaram. Six PG students and Mr. A. Lawrance, Assistant Professor of Biochemistry, conducted blood group testing for approximately 160 children aged 5 to 10 years. They were supported by 10 Social Work students and 2 faculty members. This camp, particularly beneficial for the Irular tribe students, provided them with their first knowledge of blood groups, which is crucial for future health check-ups. It also emphasized the importance of blood types and fostered community engagement among the participants.



Connecting health and education: Students explore the importance of blood


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Title of the Extension Activity	Promoting Human Values
Organising Unit	Department of Commerce
Venue	Municipal Middle School, Mulligrampattu, cuddalore district.
Date	10.09.2019
No. of Participants	10

The PG & Research Department of Commerce organized a Village Service Learning Programme on 10.09.2019. Ten students from II B Com A & B – Shift II raised awareness about promoting human values among the students of Municipal Middle School in Mulligrampattu. They performed a skit and role play focused on themes of gratitude and family expectations, and engaged the children in games that encouraged them to share their aspirations. At the conclusion of the event, students and staff presented notebooks, pens, and snacks to the school children. The programme was coordinated by Mrs. S. Baby Motcharakkini, Assistant Professor in the Department of Commerce.



Staff and Students Issuing Stationeries and Conducting Games


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Cleaning the Public Places
	Organising Unit
	Department of Computer Applications
	Venue
	Silver Beach, Cuddalore
	Date
	13.9.2019
	No. of Participants
	54

On 13-09-2019, the VSL students of the PG Department of Computer Applications organized an extension activity program at Silver Beach in Cuddalore. This initiative saw the participation of approximately 54 enthusiastic volunteers, who came together to clean the seashore. Their efforts aimed not only to enhance the cleanliness of the beach but also to raise public awareness about the importance of maintaining public spaces in a neat and tidy manner. The event was coordinated by Mr. C. Justin Marshal, an Assistant Professor in the department, whose guidance ensured the success of the activity. The event was graced by the presence of Rev. Fr. G. Peter Rajendiram, the Secretary of St. Joseph's College of Arts & Science (Autonomous), Cuddalore, along with the Inspector of Police from the Coast Guard. Both dignitaries praised the students for their commitment and dedication to environmental conservation, emphasizing the need for collective efforts in keeping our surroundings clean.



Beach Cleaning and Cleanliness programme at Silver Beach


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Awareness Programme on Prevention and Treatment For lifestyle diseases.
Organising Unit	Department of Biochemistry
Venue	Government Primary School, Shanmuga Nagar, Parangipettai
Date	18.09.2019
No. of Participants	10

Extension activities play a vital role in enhancing society. On 18.09.2019, ten II year UG Shift I students visited Government Primary School, Shanmuga Nagar, Parangipettai, to conduct an awareness program on “Prevention and Treatment of Lifestyle Diseases.” They presented information on the causes, prevention, and treatment of various lifestyle diseases, encouraging students to adopt healthier habits. The school children were enthusiastic, engaging attentively in discussions about health and hygiene. This initiative, led by Dr. K. Shagirtha, benefitted around 60 students. Additionally, the II year UG students gained valuable insights into lifestyle diseases while enhancing their leadership, social consciousness, and communication skills.



Empowering young minds: students raise awareness about lifestyle diseases at Government Primary School. Parangipettai


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Title of the Extension Activity	Cleaning Public Places
Organising Unit	Microbiology & Biochemistry
Venue	Anna Stadium, Cuddalore
Date	20.09.2019
No. of Participants	40

On 20.09.2019 at 10:30 AM, twenty-six VSL students from II B.Sc. Microbiology (Shift-II) and II B.Sc. Biochemistry (Shift-II) visited Anna Stadium to participate in a cleaning initiative. Under the guidance of Dr. M. Parimala Celia, Assistant Professor in the Department of Microbiology, the students actively collected waste materials in polythene bags. After the cleaning was completed, Rev. Fr. Secretary G. Peter Rajendiram and Mr. A. Rajesh, VSL Coordinator, visited the stadium. Rev. Fr. Secretary addressed the students, emphasizing the importance of keeping public spaces clean. The program concluded with students providing feedback about their experience at 12:30 PM, highlighting their commitment to community service.



Anna Stadium cleaning activity was done by students and Collected waste in polythene bags


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Title of the Extension Activity	Charity and Entertainment Programme for the Children
Organising Unit	Department of Commerce
Venue	Global Trust for the Differently Abled Institution, Cuddalore.
Date	20.09.2019
No. of Participants	73

The PG and Research Department of Commerce organized an extension activity with 73 students from II B.Com 'A (Shift-II) at the Global Trust for the Differently Abled Institution in Cuddalore, aimed at meeting the needs of the children there. The students were warmly welcomed by the in-charge of the trust. They conducted games and cultural events themed around the purpose of the program. Lunch was provided, along with snacks at the end of the activity. Nearly 25 pupils benefited from this charity program. Our students gained valuable insights into the challenges faced by differently-abled children, fostering a deeper understanding of the importance of kindness and compassion toward others.



Serving Snacks to the Differently abled Kids

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	St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity	Supplementation of Nutritious food to blood donors
	Organising Unit	RED RIBBON CLUB
	Venue	Government Hospital, Cuddalore
	Date	21.9.19
	No. of Participants	27

RRC volunteers actively participated in a program focused on supplementing nutritious food for voluntary blood donors at the Government Hospital in Cuddalore. This important event was organized under the guidance of Dr. N. Hafisa, the District Blood Transfusion Officer at the hospital. During the program, Dr. Hafisa addressed the voluntary blood donors, expressing gratitude for their generous contributions to saving lives through blood donation. The event also saw the attendance of DAPCU members, who played a crucial role in providing healthy and nutritious food to the donors. Their efforts were aimed at ensuring that the donors felt appreciated and supported after their selfless act of giving blood. The initiative not only highlighted the significance of blood donation but also emphasized the importance of post-donation care. Overall, the event successfully fostered a sense of community and encouraged more individuals to consider donating blood in the future.



Dr.N.Hafisa district blood transfusion officer.Govt Hospital.Cuddalore. addressing the voluntary blood donors.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Food Distribution to the inmates of Oasis Mentally and Physically challenged home
Organising Unit	Social Service Club
Venue	Oasis Orphanage Home
Date	21.09.2019
No. of Participants	25

On 21.9.19, the Shift-II students of the Social Service Club visited Oasis, a center dedicated to supporting individuals with mental and physical challenges. During this meaningful visit, the students dedicated their valuable time to interacting with people of various age groups, fostering connections and providing companionship. They organized entertaining cultural events that brought joy and laughter to the participants, creating a lively atmosphere filled with positivity. To further uplift the spirits of the disabled individuals, the students distributed snacks, ensuring that everyone felt appreciated and cared for. The visit was coordinated by Mr. C. Justin Marshal and Mrs. R. Aruna Kirithika, who not only encouraged the students but also accompanied the group of 25 SSC members throughout the day. This experience not only enriched the lives of those at Oasis but also left a lasting impact on the students, deepening their understanding of compassion and service to the community.



Performing Cultural events and Distributing snacks to Mentally and Physically disabled people


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Sapling plantation
Organising Unit	Department of Mathematics
Venue	Veeranampattinam Beach, Pondicherry
Date	23.09.2019
No. of Participants	40

An extension activity was organized by students of VSL programme of II B.Sc. Mathematics (Shift - I) on 23.09.2019 around 10.30 am to 12.30 pm. 40 students were involved in cleaning the coastal region programme at Veeranampattinam Beach, Pondicherry. Our students actively participated in the event and started collecting garbage across the sea shore. Later they collected all the junks in one place and instructed the local residents to streamline the disposal of the wastes. During the event the students planted saplings at the coastal regions and also near the local residing areas. A firefighter resident of the Veeranampattinam area gave us the instruction for the safety measures to be taken while one is caught in a natural disaster. Students had a great experience.



Students planting saplings in the Veeranampattinam Beach


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Impact of Mobile Addiction
Organising Unit	Department of Social work
Venue	Kandhaswamy Naidu College for Women
Date	23.09.2019
No. of Participants	6

The Department of Social work has conducted An Awareness Programme on “Impact of Mobile Addiction” on 23.09.2019. The programme was started at 02.00 to 4.00 pm in Kandhaswamy Naidu College for Women, Cuddalore. This programme started by prayer song followed by Tamilthai vaalthu and welcome address was given by Ms. T. Inbavalli and followed by Felicitation was given by S.Vanathi Asst professor, Department of Social Work. The chief guest Mr. Rajkumar, Clinical Psychologist, Mahatma Gandhi Medical College and Research Institute, Puducherry, He shared about his view and idea about the mobile addiction.



The Chief Guest shared about his view and idea about the mobile addiction

He listed 17 symptoms to find out that students addicted to mobile phone or not and shared about how we have to mobile in our daily life and how mobile phone plays a vital role in our life and how we depend on mobile phone. The usage of mobile even for simple calculation instead of using our mind calculate and finally the feedback session was done here, In that session students accepted that they also used mobile phone in their life more and more and they said this session was more useful and thanked Department students and staff members.



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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Introducing Basic English Grammar
Organising Unit	Department of English
Venue	Oasis Special School, Vanniyarpalayam, Cuddalore
Date	26 .09. 2019
No. of Participants	10

On 26.09.2019, the Department of English organized a special program for children at Oasis Special School, aimed at introducing them to Basic English Grammar. The initiative was led by Mr. Sunny Joseph Sebastian, who expertly guided the participants through engaging activities designed to enhance their understanding of the language. The primary objective of the program was to improve their spoken English skills, providing them with the tools necessary to communicate more effectively. This enriching experience not only focused on language acquisition but also aimed to foster personal development and boost self-confidence among the special children. By participating in such activities, the students had the opportunity to express themselves and interact with others, thereby enhancing their social skills. Overall, the program was a significant step towards empowering these children and helping them build a stronger foundation for future learning and communication.



Student teaching alphabet and the new words to the kids in the Oasis School

St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Cleaning Public Places
	Organising Unit	NATIONAL SERVICE SCHEME (NSS)
	Venue	Silver Beach, Cuddalore District
	Date	29.09.2019
	No. of Participants	95

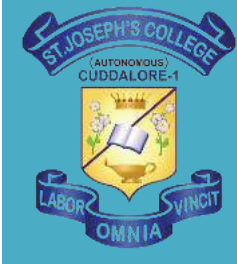
On 29.09.2019, a total of 80 NSS volunteers participated in a Beach Cleaning activity at Cuddalore Silver Beach as part of the Swachh Bharat Mission. This initiative, organized by The National Service Scheme (NSS), aimed to spread awareness about the importance of maintaining cleanliness and preserving natural environments. The activity focused on cleaning the beach and its surrounding areas, removing waste like plastic bottles, carry bags, and other non-biodegradable materials that harm the ecosystem. Volunteers worked diligently, collecting garbage and ensuring that the beach was restored to a cleaner state.

This event not only emphasized the importance of cleanliness but also highlighted the role of citizens, especially youth, in maintaining public spaces. By actively engaging in such activities, the NSS volunteers set an example for the community, showing the significance of collective responsibility towards a cleaner, healthier environment. The event was a step forward in realizing the goals of the Swachh Bharat Mission, promoting a clean and green India.



80 NSS volunteers participated in a beach cleaning activity on 21.09.2019 at Cuddalore Silver Beach.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Participation in the 150th Birth Anniversary of Mahatma Gandhi
Organising Unit	NATIONAL SERVICE SCHEME (NSS)
Venue	Town Hall, Cuddalore District
Date	02.10.2019
No. of Participants	76

On 02.10.2019, a heartfelt tribute was paid to Mahatma Gandhi at the Town Hall in Cuddalore. NSS volunteers gathered to honor his enduring legacy and teachings. The event was filled with reverence as participants engaged in activities celebrating Gandhi's principles of non-violence and truth. The program officer delivered an inspiring speech, highlighting Gandhi's pivotal role in India's struggle for independence and his influence on global civil rights movements. Emphasizing his commitment to social justice, the officer reminded everyone of Gandhi's belief in the power of individuals to create change through peaceful means. Volunteers sang songs and shared stories about Gandhi's life, reinforcing the values of unity and peace, inspiring the youth to embody his ideals.



Honoring the legacy of Mahatma Gandhi: NSS volunteers celebrate his principles of peace and non-violence


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Awareness Programme on Ban of One Time Plastic
Organising Unit	Department of Social Work
Venue	Glory Government Elementary School, Pathirikuppam
Date	03.10.2019
No. of Participants	37

Social work is an academic discipline and profession that concerns itself with individuals, groups and communities in an effort to enhance the social functioning and overall well-being. Community Organization Programme is the process in which efforts are directed towards meeting the community needs and developing integration within the community. The Post Graduate Social Work trainees organized a “Awareness Programme on Ban of One Time Plastic”. The resource person was Mr. R.S. Velumani, District Coordinator, Swachh Bharat Mission, Cuddalore. He spoke about the alarming levels of plastic waste in the world's oceans, with an estimated 100 million tonnes dumped to date, according to the United Nations. Scientists have discovered large amounts of microplastics in the intestines of deep-sea mammals, such as whales. He highlighted that India, which uses about 14 million tonnes of plastic annually, lacks an organized waste management system. Chitra Mukherjee, Head of Advocacy and Policy at the Delhi-based Chintan Environmental Research and Action Group, has pointed out that the toxins, poisons, and persistent pollutants from some plastic products can leach into human bodies, causing various diseases, including cancer.




Resource Person is addressing the gathering on problems of plastics & students demonstrating hygienic practices

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Awareness Programme on Health and Hygiene
Organising Unit	DEPARTMENT OF SOCIAL WORK
Venue	Government ADW Middle School, Chellankuppam, Cuddalore
Date	03.10.2019
No. of Participants	37

The II MSW students organized an awareness program on “Health and Hygiene.” The program started at 10:00 am at Government ADW Middle School, Cuddalore, aiming to improve the life status of school students, to explain self-discipline and cleanliness, and to create awareness about the importance of education among the students. The program began with a prayer song, followed by an inaugural address by Ms. Vishali, Assistant Professor, Dept. of Social Work, who welcomed the participants. The school headmaster gave a short orientation to the participants about life. Then, the chief guest, Mr. Michael Raj, delivered a felicitation to the students. He spoke about the importance of health and cleanliness, sharing short stories and real-life examples to illustrate his points. The participants and their school staff shared feedback afterward. The program concluded with the National Anthem. The event helped the students learn about the importance of health, hygiene, self-cleanliness, and education in their daily lives.



Chief guest addressing the students


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Awareness on Importance of Poshan Abhiyan
Organising Unit	Department of Social Work
Venue	Government High School, Alagiyanatham
Date	21.09.2019
No. of Participants	37

On behalf of the PG Department of Social Work, students of II MSW organized an awareness program on the importance of nutritious food as part of their curriculum requirements for Poshan Abhiyan. The event began with a prayer song, followed by Tamil Thai Vazhthu. Ms. S. Divya delivered the welcome address and honored the chief guests. The inaugural address was given by Mr. Mahimai Kuzhanthai Yesu, Assistant Professor in the Department of Social Work at St. Joseph's College of Arts & Science (Autonomous), Cuddalore. He emphasized the significance of Poshan Abhiyan and engaged the school students in discussions about healthy eating habits. Mr. S.K. Ravi Chandran and Mr. Ram Moorthy also addressed the audience, and the program concluded with a vote of thanks by Ms. E. Tamil Selvi, ending with the national anthem.



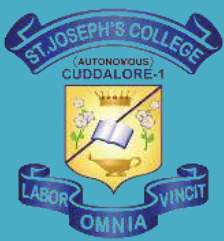
School students actively participated in the Poshan Abhiyan & reciting pledge.

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Sensitizing Solid Waste Management
Organising Unit	PG Department of Social work
Venue	Utchimedu Community Hall, Cuddalore
Date	03.10.2019
No. of Participants	37

The social work students organized a program on "Solid Waste Management" to promote waste segregation, emphasize the value of natural manure, and inform attendees on solid waste disposal methods. Chief Guest Rev. Fr. A. Cyril, Parish Priest of KeezhuPuthuPatu, Pondicherry, highlighted waste's potential value by referencing the movie "Master's Touch," noting that "nothing is waste." Mr. A. MahimaiKuzhandhaiYesu, Assistant Professor of Social Work, commended Mr. R. S. Velumani, Swachh Bharat Mission Coordinator, who praised the students and village scavengers, encouraging waste separation at home for kitchen garden manure. Velumani also honored MSW students by likening them to Socrates, referenced Alexander and Mother Teresa, and emphasized contributing to society. The event, which began with a prayer song and welcome, left attendees with a deeper understanding of their role in waste management, empowering them to make positive changes for the community's well-being.



Mr. R. S. Velumani, chief guest addressing the women participants on 03.10.2019

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Importance of Higher Education for Women & Sapling Plantation
	Organising Unit
	PG Department of Social Work
	Venue
	Govt. Higher Secondary School, Poondiyankuppam
	Date
	09.10.2019
	No. of Participants
	37

Social work is an academic discipline and profession that focuses on supporting individuals, groups, and communities. A community organization program aims to enhance social functioning and overall well-being. This type of program focuses on meeting the needs of the community and fostering integration within it. Social work trainees have planned a program titled “Motivational Talk on the Importance of Higher Education for Women & Tree Plantation” to raise awareness among students about the value of education, to shape their personalities, and to develop their skills in organizing.

The inaugural address was delivered by Ms. Vishali, Assistant Professor at St. Joseph's College of Arts and Science (Autonomous), Cuddalore. She encouraged students to be open to learning from others and to see mistakes as opportunities for growth. Ms. Vishali explained the purpose of the community organization program to the school students, emphasizing the importance of staying in school and continuing their education. She also proudly spoke about the contributions of HOPE NGO.

The headmaster of the Government Higher Secondary School delivered the felicitation speech, expressing pride in the work of HOPE NGO and highlighting the scholarships provided to female students by the government. Mr. Joseph Victor Raj, Director of HOPE, Puducherry, also spoke, engaging with the students by asking about the morning's events. He awarded a cash prize of Rs. 200 to students who actively participated. He emphasized that opportunities are rare and should be seized when they arise.


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Our chief guest engaging students with her speech on 09.10.2019

The Chief Guest, Mrs. Mercy Antony, Head of the Department of Statistics at St. Joseph's College of Arts and Science (Autonomous), Cuddalore, spoke about the importance of education for women. Her presentation was interactive, using a PowerPoint to engage the students, and it left a significant impact on the audience.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Rally for World Mental Health Day
Organising Unit	National Service Scheme
Venue	Town Hall, Cuddalore
Date	10.10.2019
No. of Participants	70

Thiru. V. Anbuselvan, I.A.S (District Collector), started the World Mental Health Day Rally with St. Joseph's College NSS Volunteers (70 members) from Town Hall Cuddalore. The District Collector of Cuddalore begins the rally with a green flag. Our College Secretary Rev. Fr. G. Peter Rajendiram joined the Rally. The District Mental Health & District Psychiatrist Department Cuddalore conducted the World Mental Health Day Rally. Our College NSS Volunteers of Unit-I 40 members and Unit-II 30 members participated in the Rally. Dr. L. Santhana Raj NSS Programme Officer of St. Joseph's College of Arts and Science (Autonomous) gave an informative speech on the importance Mental Health.




District Collector Leads World Mental Health Day Rally with our college NSS Volunteers in Cuddalore 10.10.2019


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Rev. Fr. G. Peter Rajendiram joins World Mental Health Day rally 10.10.2019


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Training Programme for Students with Learning difficulties
	Organising Unit
	VSL-PG & Research Department of Physics
	Venue
	Mulligrampattu, Cuddalore
	Date
	10.10.2019
	No. of Participants
	38

On 10.10.2019, Our PG & Research Department of Physics in association with Department of Psychology conducted a Village Service Learning (VSL) Programme entitled "Training Programme for Students with Learning Difficulties" at Govt. Middle School, Mulligrampattu Village. The special guests, Mr. B. Micheal Raj, Clinical Psychologist, Founder & Director, Mind Care Foundation, Parangipettai and Ms. Athirai, Clinical Psychologist, Govt. Hospital, Cuddalore gave the training on i) Improving Reading, Writing Skills, ii) Improving Memory Skills, iii) To increasing Interest in Learning and iv) providing Training to Teachers to handle Students Educational Problems. The school students participated and got ideas about ways to improve their learning skills through this program. The Staff In-Charges, Dr. P. Praveen & Dr. K. Balamurugan and students of II BSC Physics (Shift-I) completed the programme arrangements.



Mulligrampattu village students participated in the training programme
10.10.2019


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Cleaning the public places
Organising Unit	Department of Commerce (Bank Management)
Venue	Silver Beach, Cuddalore
Date	11.10.2019
No. of Participants	92

An extension activity was organized by the Department of Commerce (Bank Management) and BBA(CA) for the Second-year students of Shift – I on 11.10.2019 [Friday] around 2.00pm to 4.30pm.

The activity was based on the Clean India initiated by the Government of India. Nearly 50 Students from the II year cleaned the silver beach with a view of highlighting the importance of clean and hygienic environment. The VSL Director Cum Head of the department Rev. Fr. A. Alex gave awareness talk on cleanliness in the home and in the society and appreciated the students for their valuable work to the Society. Followed by, Dr. R. Rajkumar of our department accompanied the students. The students were provided with hand cloves, Nose mask and garage bags for cleaning purpose. The event was remarkable which created a sense of social awareness among the students community.



Rev. Fr. Dr. A. Alex giving awareness speech on cleanliness

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Children's Programme
Organising Unit	VSL - English
Venue	Municipal Middle School, Mulligrampattu, Cuddalore District
Date	14.11.2019
No. of Participants	8

Extension activity is an important activity which contributes to the enhancement of the society. In this regard, our II-year UG students of shift II (15 students) were taken to Mulligrampet on 14.11.2019 for Children's Day programme.

Our students actively participated in conducting games to the children. They interacted with the children and had a healthy conversation with them. The school children actively participated. Mrs. Padma Priya flagged off the sports activities. Children in that school were really enthusiastic and sportive. They enjoyed the session and they were very much receptive and the school authorities thanked us. Building Resource Teachers Mrs. Lakshmi and Mrs. Padmapriya gave motivational speech to the children. This programme was carried out by the II-year UG Students with the help of staff in-charge Mrs. T. Shalini.




Our college students conducting games to the children on 14.11.2019

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Introducing Basic English Grammar
Organising Unit	PG & Research Department of English
Venue	Dhaya Special School, Vanniyarpalayam.
Date	15.11.2019
No. of Participants	8

The Department of English conducted a programme for the Dhaya Special School students on 15.11.2019 in Vanniyarpalayam. The objective of the programme was to introduce basic English grammar concepts to the students. Led by Mr. Sunny Joseph Sebastian, the programme aimed to enhance their vocabulary and spoken English skills through interactive activities and engaging lessons. Participants were encouraged to practice their language skills in a supportive environment, allowing them to gain confidence in their abilities. Such activities play a crucial role in not only improving language proficiency but also in fostering personal development. Ultimately, this initiative helps students build their self-esteem and communication skills for future interactions.



Students teaching grammar to the children in Dhaya Special School-15.11.2019


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Street play to sensitize people on Child Rights
Organising Unit	PG Department of Social Work
Venue	Providence Mall, Puducherry
Date	17.11.2019
No. of Participants	12

Awareness skit on child rights was presented by our I MSW students during the Mass awareness programme conducted by Child Line Puducherry on 17th of November 2019 at Providence Mall Pondicherry as November 14th to 20th is observed as the children se dosti week across the country, child line has been conducting various awareness programs as part of this week and also increasing deeds for child line helpline services. The Programme held at Food court of the Mall and Highlighted child rights and their safe survival, our I-MSW students under the guidance of faculty members and the Child Line Coordinator Ms. Jenifer, PMSSS presented street play which themed on fundamental Rights of the child and their safety, bonded child labour issues, child marriage, hesitating their liberal choose of education, exploiting etc.



Street Play by MSW students on 17.11.2019


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Cleaning Public places
	Organising Unit
	VSL- Mathematics
	Venue
	Silver Beach, Cuddalore
	Date
	21.11.2019
	No. of Participants
	50

An extension activity was organized by students of VSL programme of II B.Sc. Mathematics (Shift - I) on 21-11-2019 around 2.00 am to 3.30 pm. Nearly 50 students have involved in cleaning programme at Silver Beach, Devanampattinam, Cuddalore on the purpose of cleaning the coastal area. Our students actively participated in the event and started collecting the garbage across the sea shore. Later they collected all the junks in one place. The fishery department Deputy Director Dr. Kathavarayan and local residing people streamline the disposal of the wastes and encouraged our students. They also given instruction for the safety measures to be taken while natural disaster. With this multi-exposure our students had a great experience. About 3.30 pm Coordinator for the VSL programme along with student's dispersed.



Students and Coordinators after collecting the junks in the coastal region 21.11.2019

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Nilavembu syrup- Distribution
Organising Unit	Social Service Club
Venue	College campus, Cuddalore
Date	28.11.2019
No. of Participants	30

On 28.11.19, the Social Service Club students took a proactive step to safeguard the health of staff and students by distributing Nilavembu syrup. This initiative aimed to protect everyone from waterborne diseases, particularly during the monsoon season. A total of around 2,500 individuals, including both college and school students as well as staff members, received the syrup as a preventive measure. The distribution effort saw the active participation of 30 dedicated students, who worked diligently to ensure that everyone received this important health supplement. The staff coordinators, Mr. C. Justin Marshal and Mrs. R. Aruna Kirithika, played a vital role in organizing and overseeing the distribution process.



Distribution of Nilavembu Syrup to school students on 28.11.2019


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Cleaning Public places
Organising Unit	NCC- Bio chemistry
Venue	Subburayalu Reddiar Park, Manjakkuppam, Cuddalore
Date	04.12.2020
No. of Participants	24

On 04.12.2020, our college NCC cadets, numbering twenty-four, participated in a significant Swachh Bharat Abhiyan activity as part of a public park cleaning program. This initiative aimed to instill the principles of the Swachh Bharat movement and promote cleanliness among children and local residents. Accompanied by Sub Lieutenant J. John Robert, Associate NCC Officer, the cadets engaged actively in the cleaning camp held in the park. This collaborative effort not only highlighted the importance of cleanliness among the public but also fostered a sense of responsibility among the cadets. By maintaining a clean environment, we contribute to both the well-being of our surroundings and our own health.



NCC cadets actively segregated biodegradable and non-biodegradable wastes on
04.12.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Cleaning Public places
Organising Unit	National Cadet Corps
Venue	Anna Stadium, Manjakuppam, Cuddalore
Date	06.12.2019
No. of Participants	24


Twenty-four members of our National Cadet Corps participated in the Swachh Bharat Campaign at Anna Stadium, Manjakuppam, Cuddalore, on 6.12.2019. This activity is an integral part of the curriculum designed to encourage students to increase their awareness about society and its development. Rev. Fr. G. Peter Rajendiram, Secretary, and Commander D. Dinakaran, Commanding Officer of the 5(TN) Naval NCC Unit, inaugurated this extension activity, encouraging cadets to engage in more such initiatives as part of national building. The cadets actively participated in this event, spending nearly two hours cleaning the stadium. The activity took place in the presence of Sub Lieutenant J. John Robert, Associate NCC Officer, Division-II, 5(TN) Naval NCC Unit, St. Joseph's College of Arts & Science (Autonomous), Cuddalore-1. This program was successfully completed, significantly impacting the cadets by highlighting the importance of physical activity and promoting cleanliness in our surroundings. Finally, our cadets have collected 80kg unwanted materials.





NCC cadets actively participated in the Swachh Bharat Campaign in Anna Stadium, Cuddalore


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Charity work in NULM Old age home
	Organising Unit	Social Service Club
	Venue	NULM- Old age home, Cuddalore
	Date	20.12.2019
	No. of Participants	15


On 20.12.2019, the shift-II students of the Social Service Club visited the NULM Old Age Home, dedicating their time to interact with the residents and bring joy to their day. A total of 15 students participated in this meaningful program, engaging warmly with the elderly through conversations and companionship. To commemorate the occasion, the students also planted saplings to contribute to the environment and shared a meal with the residents, adding a personal touch to the experience. Mrs. R. Aruna Kirithika, Coordinator for Shift-II, encouraged and accompanied the students in this noble service. The residents of the old age home felt genuinely happy, enthusiastic, and enjoyed the company of the SSC volunteers immensely.




Interaction with Old people



Tree sapling at NULM Old age home


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	Title of the Extension Activity	Cleaning Public places at Mariyamman Koil
	Organising Unit	National Service Scheme
	Venue	Azhagiyanatham, Cuddalore District
	Date	09.01.2020
	No. of Participants	98

On 10.01.2020, our dedicated NSS volunteers undertook a public cleaning initiative in Azhagiyanatham, Cuddalore District, with a focus on enhancing the cleanliness and hygiene of shared spaces. This initiative saw college students actively participating in various activities, including picking up litter, organizing waste, and ensuring that the entire area was thoroughly cleared of debris. The volunteers worked tirelessly, demonstrating a strong commitment to environmental responsibility, which served as an inspiration to both the local community and passersby.


This cleanup effort not only significantly improved the visual appeal and cleanliness of the public spaces but also encouraged a sense of environmental pride and accountability among the local residents. Through their dedicated work, the volunteers set a positive example, showing that keeping our surroundings clean is a shared responsibility. This initiative fostered a stronger connection between the students and the community, reinforcing the importance of public health and environmental care.




NSS volunteers cleaning work at Azhagiyanathan



NSS volunteers cleaning work at Azhagiyanathan


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Cleaning Public Places
	Organising Unit	National Service Scheme
	Venue	Azhagiyanatham, Cuddalore District
	Date	10.01.2020
	No. of Participants	99

Our NSS volunteers rendered their service in cleaning the public places in Azhagiyanatham, cuddalore district, on 10.01.2020. Our college students have cleaned the public places.



Our NSS volunteers are get ready to cleaning work in the village



Our NSS Program Officer Dr.A.Annammal participate in the cleaning work at Azhagiyanatham



Our NSS volunteers are cleaning village stage and stage ground



Our NSS volunteers are cleaning the Azhagiyanatham village temple's Ground



Our College NSS Volunteers Shift – II Clean the Government School at Azhagiyanatham



Our College NSS Volunteers clean the Temple at Azhagiyanatham



Our College NSS Volunteers Both the Units are clean the temple


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Campaign on Palm tree plantation
Organising Unit	Enviro Club
Venue	Perumal Lake, Cuddalore
Date	10.01.2020
No. of Participants	15

As part of an initiative to conserve natural water bodies in Cuddalore District, the Enviro Club of St. Joseph's College conducted a campaign for planting palm tree seeds and saplings around Perumal Lake, near Kullanchavadi, on 10.01.2020. The main objective of the campaign is to awaken the students to the significance of protecting water resources such as lakes, rivers, etc., from land encroachments and any further deterioration, thereby protecting the environment.

To convey the menace of environmental degradation among the students, Dr. T. Ganesh Kumar, Assistant Professor in the Department of Zoology, gave a talk about the importance of lakes and ponds and the methodologies for protecting water resources. He emphasized the water retention capacity of palm trees, which is essential for the embankments of water bodies during floods and landslides.

The Inspector of Police for the Kullanchavadi region, Mrs. Pathima, participated in this program and encouraged the students in such social activities. There were 15 Enviro Club volunteers from Shift I who participated in the program, and they were imparted with thorough knowledge of water conservation strategies. On behalf of our college, about 500 saplings of palm trees were planted by the student volunteers. The program came to an end with the distribution of tea and snacks.




Mrs. Pathima Inspector encourages our volunteers on 10.01.2020




Orientation by Dr. T. Ganeshkumar on 10.01.2020



Maintenance of previously planted palm trees by the club volunteers
on 10.01.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Organising Unit
	Venue
	Date
	No. of Participants

Campaign of Palm tree plantation

Enviro Club

Kuravanmedu, Alapakkam,,
Cuddalore

10.01.2020

15


As part of an initiative to conserve natural water bodies in the Cuddalore District, 15 student volunteers from the Enviro Club of St. Joseph's College conducted a campaign to plant palm tree seeds and saplings around Kuravanmedu near Alapakkam on 10.01.2020. This effort was guided by Dr. N. Jayaprabha, whose expertise in environmental science helped the students understand the importance of their work.

The primary objective of the campaign was to raise awareness among the students about the significance of protecting water resources, such as lakes and rivers, from land encroachments and further deterioration. By actively participating in the planting of palm trees, the volunteers aimed to contribute to the restoration of the local ecosystem and enhance the biodiversity of the area.

Additionally, the campaign provided an opportunity for students to learn about the vital role that trees play in maintaining water quality, preventing soil erosion, and supporting wildlife habitats. Through this hands-on experience, the student volunteers not only gained practical skills in environmental conservation but also fostered a sense of responsibility towards safeguarding the environment for future generations. This initiative underscores the critical need for community involvement in preserving natural resources and promoting sustainable practices.



Palm tree plantation by club volunteers on 10.01.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Shell Collections
Organising Unit	Department of Zoology
Venue	Samiyarpettai Coast, Cuddalore
Date	10.01.2020
No. of Participants	15

The students of the II year B.Sc. Zoology program went on a shell collection trip to the Samiyarpettai coast in Cuddalore on January 10th, 2020, under the guidance of Dr. N. Jayaprabha, Assistant Professor in the Department of Zoology. During this field trip, the students collected a diverse variety of molluscan shells, with particular emphasis on bivalves and gastropods. Among the species collected were *Mytilus* sp., *Pecten* sp., *Donax* sp., *Mytilopsis* sp., *Cymatium* sp., *Meretrix* sp., *Olivina* sp., *Cerithium* sp., *Turritella* sp., and *Caracol* conus. These species were observed to be the most abundant, providing students with valuable hands-on experience in marine biodiversity and shell identification.




Shell collection guided by Dr. N. Jayaprabha - 10.01.2020



Students collected different species of shells on 10.01.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness programme on road safety to people
	Organising Unit
	National Service Scheme
	Venue
	Azhagiyanatham, Cuddalore district
	Date
	10.01.2020
	No. of Participants
	88

Our NSS Volunteers rendered their service by organizing and leading an awareness talk on road safety for the residents of Azhagiyanatham in the Cuddalore district on January 10th, 2020. The session was inaugurated by the chief guest, who addressed the audience and highlighted the importance of adhering to traffic rules and regulations to prevent accidents and ensure public safety. The talk focused on educating attendees about essential road safety practices, including the use of helmets, seat belts, and pedestrian crossing rules. The volunteers actively participated in the discussion, emphasizing the impact of responsible driving and raising awareness about traffic signals and road signage. They also demonstrated basic first-aid techniques to assist in case of minor accidents. The session aimed to instill a sense of responsibility among community members, encouraging safer behavior on the roads and fostering a culture of caution and respect among all road users.



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Our NSS volunteers engaging with village people about awareness on road safety-10.01.2020



Our NSS Volunteers engaging villagers in a road safety awareness talk-10.01.2020

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Discussion with people about livelihood and daily needs
	Organising Unit
	National Service Scheme
	Venue
	Azhagiyanatham, Cuddalore district
	Date
	11.01.2020
	No. of Participants
	95

Our NSS Volunteers rendered their service to the people of Azhagiyanatham, Cuddalore district, by conducting an interactive session on 11.01.2020, aimed at understanding the community's daily needs and livelihood challenges. Through direct conversation with villagers, the volunteers sought to gain insights into their day-to-day experiences, identifying areas where support or guidance could be beneficial. This engagement allowed volunteers to better understand the pressing needs related to food, shelter, employment, and health. The initiative was designed to build rapport with the villagers, allowing them to openly discuss their daily hardships and essential requirements. Volunteers listened attentively and provided information on potential resources and support services, encouraging a collaborative approach to problem-solving. The session reflected the NSS commitment to community welfare and development, reinforcing their dedication to supporting and empowering local communities through active involvement and meaningful service.


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Our NSS Volunteers are inquiring with villagers about daily essential facilities (11.01.2020)

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Our NSS Volunteers are inquiring with villagers about daily essential facilities (11.01.2020)


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Programme on HIV/AIDS, Blood Donation and Cancer to people
	Organising Unit
	National Social Service
	Venue
	Azhagiyanatham, Cuddalore district
	Date
	13.01.2020
	No. of Participants
	99

Our NSS volunteers rendered their service by conducting an awareness talk on HIV for the residents of Azhagiyanatham, Cuddalore district, on 13.01.2020. The session was led by the chief guest, who provided a thorough and informative explanation on HIV, addressing its causes, modes of transmission, symptoms, and prevention methods. The speaker emphasized the importance of understanding and preventing HIV, dispelling myths and misconceptions that often surround the topic. By highlighting the need for regular testing, safe practices, and compassion towards affected individuals, the talk aimed to reduce stigma and promote a well-informed community. The volunteers actively participated by facilitating discussions, answering questions, and providing informational resources to attendees. This awareness talk represented an important step towards enhancing public knowledge on HIV and underscored the NSS's dedication to health education and community well-being, encouraging a proactive approach to health and safety among the villagers.


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Our NSS program officer and chief guests giving speech about Education Awareness in the village on 13.01.2020




Mr. Kathiravan gave the speech about AIDS Awareness, blood donation and Cancer-13.01.2020



Dr. Sridharan gave speech about AIDS and HIV Awareness to the NSS volunteers-13.01.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Cultural event to school students
	Organising Unit	National Service Scheme
	Venue	Azhagiyanatham, Cuddalore district
	Date	14.01.2020
	No. of Participants	99

Our NSS volunteers rendered their service by organizing and conducting a cultural event in Azhagiyanatham, Cuddalore district, on 14.01.2020. College students enthusiastically participated, showcasing their talents through various performances, bringing vibrancy and entertainment to the place. The event included traditional dance, music, and drama, all of which highlighted cultural heritage and local traditions, fostering a sense of community pride. The performances captivated the audience and offered an enjoyable experience for villagers of all ages. Beyond entertainment, the event aimed to strengthen bonds between students and the local community, creating a platform for mutual respect and cultural exchange. This initiative demonstrated the NSS's commitment to community engagement and the celebration of cultural values, leaving a positive impact on everyone.



Our NSS volunteers Shift I students participating in the cultural event (Dance) on 14.01.2020



Our NSS volunteers Shift II students participating in the Cultural event (Dance)- 14.01.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Fit India Cycle Rally
Organising Unit	NSS and Ministry of Youth Affairs & Sports
Venue	St. Joseph's College of Arts and Science, Cuddalore.
Date	18.01.2020
No. of Participants	99

Our NSS volunteers completed the Fit India Movement Cycle Rally, covering 1 ½ km through dedicated cycling. Held on [date not provided], the event began with an inspiring address by our Chief Guest, Mr. Sudhagar, Sub-Inspector of Police, who emphasized the importance of physical fitness and community health. He also had the honor of flagging off the rally with a green flag, marking the enthusiastic start of the event. The rally saw spirited participation from volunteers, who cycled to promote the Fit India initiative, raising awareness about the benefits of an active lifestyle. Additionally, NSS Coordinators Dr. L. Santhana Raj and Dr. A. Annamal shared their insights on the Fit India Movement, encouraging students to incorporate fitness into their daily lives. The rally embodied the NSS's commitment to fostering health and fitness within the community.



NSS VOLUNTEERS AT RALLY ON FIT INDIA



Our Chief Guest and NSS Coordinators participated the Fit India Movement Cycle Rally covering 1 ½ KM in cycle on 18.01.2020



Chief Guest Mr. Sudhagar, Sub-Inspector of Police, delivered a valuable speech to NSS volunteers, followed by insights on the Fit India Movement from NSS Coordinators Dr. L. Santhana Raj and Dr. A. Annamal (18.01.2020)

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	National Voters Day Awareness Rally and Awareness Programme
Organising Unit	NSS - Cuddalore District Collectorat & Election Department
Venue	Cuddalore Bus stand to St. Joseph's College of Arts and Science, Cuddalore.
Date	25.01.2020
No. of Participants	200

Our NSS Volunteers participated in the National Voters Day Awareness Rally and Programme. The rally route extended from Cuddalore Bus Stand to St. Joseph's College, Cuddalore, and was organized by the Cuddalore District Collector & Election Department. The Chief Guest of the programme was Thiru. V. Anbuselvan, Cuddalore District Collector, who flagged off the rally. Rev. Fr. G. Peter Rajendhiram (Secretary, St. Joseph's College) and NSS Programme Officers Dr. L. Santhana Raj and Dr. A. Annammal accompanied him. In this rally, 200 NSS volunteers from both Unit I and Unit II participated. After the rally, all the Chief Guests gathered at St. Joseph's College for the awareness function, which included participation from various school students.



Cuddalore District Collector Thiru. V. Anbuselvan (Sub-Collector) flagged off the rally, accompanied by Rev. Fr. G. Peter Rajendhiram (Secretary, St. Joseph's College) and NSS Programme Officers Dr. L. Santhana Raj and Dr. A. Annammal on 25.01.2020




Shot on Y17
Vivo AI camera



Shot on Y17
Vivo AI camera

200 NSS volunteers from Unit I and Unit II participated in the rally on
25.01.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Cleaning the public places
Organising Unit	Department of Commerce (Bank Management)
Venue	Anna Stadium, Cuddalore
Date	27.01.2020
No. of Participants	63


A Cleanliness drive was organised in Anna stadium on 27th January 2020. The main purpose of this programme was to create awareness among the students regarding cleanliness and its importance. Rev. Fr. A. Alex, Head, Department of B.COM (BM) and BBA (CA) & Director of VSL programme, Mr. J. Durai raj, Head, Department of Social Work & Chief coordinator of VSL programme, Dr. Devasena, Assistant Professor from Department of Tamil, Dr. G. Bhuvanewari, Assistant Professor, Department of B. Com(Bank Management), 25 Students from Department of Tamil, 49 Students from Department of B.Com(Bank Management}, 20 Students from Department of BBA(CA) took part in cleanliness drive. Rev. Fr. A. Alex, inaugurated the programme. He spoke about the ways in which dirty surroundings can lead to many problems and diseases. Mosquitoes and flies which carry diseases causing organism live in dirty places. He further added that dirty surroundings have a negative impact on the minds and life style of the people. Thereafter, Mr. J. Durai Raj, Head, Department of social work & Chief coordinator of VSL programme delivered the speech, telling us the importance of sanitation. He also described about the cleanliness and the care every individual should practice in his day to day life. Rev. Fr. A. Alex started the programme by cleaning the corners of the stadium. The cleanliness drive began at 10.30 am and went on until noon. After that, the professors divided the students into groups and gave them the masks and gloves. Some of them were given implements to collect and throw the garbage. Each group of students would be under a supervision of a teacher. They worked in different areas in the stadium. Students collected all the renewable materials such as dry leaves, twigs, paper, etc., and the non-renewable wastes such as carry bags, plastics items etc. were collected separately. They also plucked out unwanted creepers which was hazardous for aquatic life, they started picking wrapper lying scattered there. After collecting this they threw them into the dust bin. The cleaning drive ended by the insight of Rev. Fr. A. Alex briefing about the goals of VSL programme.



Group photo taken in Anna stadium while starting the cleaning process on 27.01.2020



Group photo after completely cleaning the Anna stadium on 27.01.2020

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Cleaning Public places
	Organising Unit
	National Cadet Corps
	Venue
	Silver Beach, Cuddalore.
	Date
	11.02.2020
	No. of Participants
	30

Our college's NCC unit organized an extension activity focused on “Cleaning Public Places—Beach Cleaning” at Silver Beach, Devanampattinam, on 11.02.2020. This program was led by J. John Robert, Associate NCC Officer, along with Mr. Indresh Kumar, Chief Instructor, and Sunil Kumar, Petty Officer of the 5 (TN) Naval NCC Unit, with the participation of 30 NCC cadets.

The beach cleaning drive offered numerous benefits for both marine animals and human health. Polluted beaches can pose significant hazards to human lives, leading to accidents. Items left on beaches, such as broken glass, sharp metals, hard plastics, paper, and wood, can injure beachgoers physically.

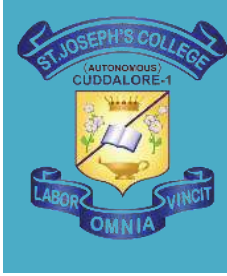
Our NCC cadets collected 170 kg of waste materials during this initiative, contributing to a cleaner and safer environment for everyone.


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NCC cadets energetically participated in beach cleaning on 11.02.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	No Alcohol Awareness rally
Organising Unit	National Service Scheme
Venue	Town Hall to KNC College Cuddalore.
Date	15.02.2020
No. of Participants	101

Our NSS volunteers participated in the "No Alcohol" Rally held at the Cuddalore Town Hall on February 15th, 2020. This rally aimed to raise awareness about the dangers of alcohol abuse and the use of illegal drugs, promoting a healthier and safer lifestyle within the community. As part of the program, the Cuddalore Police Department presented a drama at the Town Hall to emphasize the harmful effects of alcohol and drug use, especially focusing on illegal substances. Through powerful and realistic scenes, the drama illustrated the potential risks to health, relationships, and safety posed by substance abuse. The performance resonated deeply with the audience, encouraging individuals to make informed choices and stay away from harmful substances. The rally and the drama together served as a strong reminder of the community's collective responsibility to combat alcohol and drug misuse, with the active support and enthusiasm of NSS volunteers.



NSS VOLUNTEERS' AWARENESS ON ALCOHOL USE





Group photo of NSS volunteers participating in 'No Alcohol' rally on 15.02.2020


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NSS volunteers actively creating awareness through drama on 15.02.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Programme on Water & Air borne diseases
	Organising Unit
	PG & Department of Biochemistry
	Venue
	Glory Government School, Pathirikuppam, Cuddalore
	Date
	17.02.2020
	No. of Participants
	13

Our department 2nd year UG students (Shift II) thirteen in numbers organized an Awareness Programme on Water and Air Borne Diseases at Glory Government School, Pathirikuppam, Cuddalore on 17.02.2020. The students gave a wonderful speech along with poster presentation on water and air borne diseases. The school children involved actively in this programme and learnt the cause, source, symptoms & treatment for various water and air borne diseases. Our students entertained the children with their dance performance and also distributed stationary items to the children who won in the competitions conducted by us. Nearly 150 school children actively participated in this programme. This programme carried out by the 2nd year students in the presence of staff incharge Dr. N. Priya, Assistant Professor, St. Joseph's College of Arts & Science (Autonomous), Cuddalore-1.



College students imparting the awareness on Water & Air borne diseases in the school 17.02.2020

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)
CUDDALORE - 1
PG AND RESEARCH DEPARTMENT OF BIOCHEMISTRY**

St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Awareness on Environmental Consequences among school children
Organising Unit	PG Department of Computer Applications
Venue	R.C School, Konankuppam Church, Mangalampettai, Cuddalore District.
Date	20.02.2020
No. of Participants	17

To create awareness on the environmental consequences among the school children, an extension activity at R.C School, Konankuppam Church, Mangalampettai, Ulunderpettai T.K, Kallakurichi Dt. was organized on 20.2.2020. The II MSc IT, 17 students participated in the activity. Mr. Z. John Bernard, Assistant Professor, PG Department of Computer Applications co-ordinated the activity. The students visited the R.C School and sponsored stainless steel water bottles of worth Rs. 11,500/- to 65 students. The PG students of BCA conducted games and the winners were awarded. The parish priest of R.C School thanked the department staff and students for their wonderful service.



Donated Stainless Steel bottles to the school children on 20.02.2020


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Title of the Extension Activity	Mega awareness Rally for the commemoration of centenary celebration of Indian Red Cross Society
Organising Unit	Youth Red Cross
Venue	Manjakuppam, Cuddalore
Date	22.02.2020
No. of Participants	50

On 22nd February 2020, Indian Red Cross Society of Cuddalore District Branch have organized Mega Awareness Rally for the commemoration of centenary celebration of Indian Red Cross Society in around Cuddalore. The YRC volunteers of 100 from shift-I and shift-II have participated and expressed their talents. The awareness rally begins from Town Hall, Cuddalore and ends in St. Joseph's College of Arts & Science (Autonomous), Cuddalore. Rev. Fr. G. Peter Rajendiram, (Secretary), Dr. M. ArumaiSelvam, (Principal), Dr. J. Jon Arockiaraj, (Vice-Principal) have appreciated the office bearers of Indian Red Cross Society of Cuddalore District Branch, JRC conveners, YRC programme officers and volunteers.



Indian Red Cross Society – Centenary Celebration Awareness Rally -22.02.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Voluntary Service during Women Safety Awareness
	Organising Unit
	National Service Scheme
	Venue
	Meteorological Research Center, Cuddalore.
	Date
	23.02.2020
	No. of Participants
	20

The “Elanthalir” club organized a “Women and Child Safety” Awareness Programme in Cuddalore at the Meteorological Research Center on 23.02.2020. This event aimed to educate school students and community members on essential safety practices and precautionary measures to protect women and children. Dr. L. Santharaj, our NSS coordinator, addressed the attendees with an impactful speech, emphasizing the importance of awareness and proactive actions to ensure personal safety in public and private spaces. His speech covered vital topics such as identifying potential risks, understanding personal boundaries, and learning basic self-defence techniques. He encouraged students to be vigilant, prioritize safety, and communicate openly with trusted adults about concerns. The awareness program provided valuable knowledge and empowered students with practical tips and insights, underscoring the shared responsibility of individuals and communities in promoting the safety and well-being of women and children.



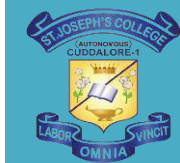
Group photo of our NSS volunteers with community members - 23.02.2020



Speech given by Dr. L. Santharaj, our NSS coordinator - 23.02.2020


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Title of the Extension Activity	Awareness programme against the Usage of Plastic
Organising Unit	Social Service Club & Rover Crew students
Venue	Cuddalore NT
Date	25.02.2020
No. of Participants	64

The SSC & Rover Crew Students participated in Plastic awareness rally organized by Help age India on 25.02.20. The rally started from the Anna Stadium and ended in Silver Beach. The students created awareness against usage of plastic and importance of water. Minister Mr. M. C. Sampath, honored total of 64 student participants. The beneficiaries were general public inculcating the idea of effective usage of plastics and its effects towards environment. The shift I coordinator, Mr. C. Justin Marshal & St. Joseph's Rover Crew, coordinator Mr. Robert Adaikalaraj coordinated the students participants.


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Rally against usage of plastic on 25.02.2020



Appreciation from our honourable minister Mr.M.C. Sambath on 25.02.2020

GOVERNING BODY

Mr. Kiran Karnik
Chairperson

Ms. Rumjhum Chatterjee
Vice Chairperson

Mr. Arun Nanda
Hon. Treasurer

Mr. J. C. Luther

Mr. Arun Seth

Mr. Pramod Bhasin

Dr. (Mrs.) Asha Padgaonkar

Mr. K.T. Chacko

Mr. Rohit Prasad
Chief Executive Officer

Date: 01-03-2020

Station:

To Whom It May Concern

CERTIFICATE OF APPRECIATION

This letter confirms that St.JOSEPH'S ROVER CREW and Social Service Club (SSC) of St. Josephs College of Arts and science [Autonomous], Cuddalore - 607001, for their participation in the Rally on "Plastic Awareness"

On behalf of The Help Age India, Tamaraikulam, Cuddalore we would like to thank you for your excellent participation in the Rally, service, help and hard work that you put forth jointly with us on 25-02-2020. Your teamwork exceeded our expectation that made us more comfortable for completing the event in a successful way.

We truly appreciate your dedication, and hope that you recognize your valuable role for the development of our society.

Sincerely,


Venugopal Ramalingam
Head - Project Management Office,
HelpAge India,
TEV, Cuddalore.



"Working nationwide for the cause & care of the elderly"

Registered as a secular social service society No. S/9270 Under the Societies Registration Act XXI (1860).
Donations to HelpAge India are 50% tax exempt under Section 80G of I.T. Act, 1961

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Cleaning Public places
	Organising Unit
	Enviro Club
	Venue
	Silver Beach, Cuddalore
	Date
	29.02.2020
	No. of Participants
	15

On behalf of the Enviro Club, a team of 15 student volunteers conducted a beach cleaning program at Silver Beach, Cuddalore, on February 29th, 2020, under the guidance of Dr. N. Jayaprabha. The students actively participated in the cleanup effort, collecting a significant amount of waste littered along the shoreline. The garbage collected included various plastic items such as cups, bottles, spoons, and carry bags, as well as discarded nets and other debris. Through this initiative, the volunteers aimed to raise awareness about the impact of pollution on marine ecosystems and promote the importance of environmental responsibility. Their efforts not only helped restore the beach's cleanliness but also underscored the need for sustainable practices to protect natural resources, inspiring community members to contribute to environmental conservation.



Beach cleaning activity by Enviro Club Volunteers on 29.02.2020

St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Awareness Programme on Dengue Fever & Corona Virus
Organising Unit	PG & Research Department of Biochemistry
Venue	Government Primary School, Aarangnur, Pondicherry
Date	02.03.2020
No. of Participants	12

Twelve students of III-year UG (shift-II) students along with staff member Mrs. S. Seethalakshmi, Asst. Prof, Department of Biochemistry, carried out an extension activity in Government Primary School on 02.03.2020 at Aarangnur, Pondicherry. We conducted an awareness programme on “Dengue Fever & Corona Virus” among the primary school students, in order to create awareness and to take precaution on these dreadful diseases. Apart from this, the students also conducted extracurricular activities among the children to make them involve in the programme and also distributed stationary items, biscuits and chocolates to the children. They also sensitized them with knowledge about these diseases by knowing the symptoms and to take proper precautions. They encouraged them and also insisted to pass this information to the family members. Nearly one hundred and twenty school children benefited from this awareness programme. Our III-year UG (Shift -II) students gained knowledge about the diseases and also improved their leadership, societal conscience and communication skills.



College students creating the awareness about Dengue Fever & Corona Virus in Government Primary School, Aarangnur, Puducherry on 02.03.2020

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Disaster in Water Bodies Awareness Rally
Organising Unit	National Service Scheme
Venue	Town Hall to Immaculate Women's College, Cuddalore
Date	04.03.2020
No. of Participants	57

Our Chief Guest, Thiru V. Anbuselvan, IAS, inaugurated the Disaster and Water Bodies Awareness Rally by waving the green flag. The rally aims to raise public awareness about the importance of disaster preparedness and the preservation of water bodies, highlighting the urgent need to protect our natural resources. With the involvement of community members, this initiative serves as a reminder of our collective responsibility to prevent water depletion and mitigate disaster risks. Thiru V. Anbuselvan's leadership in this rally emphasizes the significance of proactive steps toward environmental sustainability and disaster management.



Chief Guest Thiru V. Anbuselvan, IAS, inaugurated the Disaster and Water Bodies Awareness Rally by waving the green flag on 04.03.2020


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NSS Volunteers (Shift – 2) participating the Disaster and Water Bodies Awareness Rally on 04.03.2020



NSS Volunteers (Shift – 1) participating the Disaster and Water Bodies Awareness Rally on 04.03.2020



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NSS volunteers and coordinators actively completed the rally on 04.03.2020



NSS volunteers from both shifts who joined the awareness rally were featured in Thinagaran newspaper.

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	International Women's Day Rally
	Organising Unit
	National Service Scheme
	Venue
	Town Hall and St. Joseph's College of Arts and Science.
	Date
	08.03.2020

On 08.03.2020, our NSS Shift II Programme Officer, Dr. A. Annammal, organized classroom lectures, a seminar, and an essay writing competition for NSS volunteers. These activities aimed to enhance students' understanding of social responsibility and the importance of active engagement in community service. Through this initiative, the volunteers gained valuable insights into various social issues and improved their skills in public speaking and written expression.

In addition, our College NSS Volunteers from Unit I and Unit II celebrated International Women's Day with a workshop at the Town Hall in Cuddalore. This workshop focused on women's empowerment and highlighted achievements, challenges, and future pathways for women. The event encouraged NSS volunteers to reflect on and support gender equality in society, making it a memorable and impactful experience for everyone involved.



NSS Shift II Volunteers participated in the women's empowerment Rally on 08.03.2020



NSS Shift II Volunteers participated in the Debates on 08.03.2020

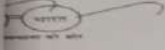


Our NSS Shift II Programme Officer Dr. A. Annammal Conducting the Class Room Lectures, Seminar and Essay Writing Competition to the NSS Volunteers.



Our NSS Volunteers Unit II participating in the cultural programme (Folk Dance) on 08.03.2020


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 PRINCIPAL
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 (AUTONOMOUS)
 CUDDALORE - 607 001.



फोन / फैक्स सं
e / Fax No.
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schennai@yahoo.co.in
nss-nai-nss@nic.in



भारत सरकार
Government of India
युवा कार्यक्रम एवं खेल मंत्रालय
Ministry of Youth Affairs & Sports
एन.एस.एस. क्षेत्रीय निदेशालय
N.S.S. Regional Directorate

शास्त्री भवन, बी विंग,
Shastri Bhawan, B Wing,
IV ब्लॉक, IV फ्लोर,
IV Block, IV Floor
हार्दोस रोड, नुंगम्बाक्कम,
Chennai - 600 006
Haddows Road,
Nungambakkam,
Chennai - 600 006

F.No.2 -90/2020/IWD/NSS

Date: 02.03.2020

To

All Programme Coordinators, NSS
Universities/ Directorates
Tamil Nadu, UT of Puducherry and A&N Islands

**Sub: Celebration of International Women's Day on
8th March, 2020 under NSS -reg.**

Sir/Madam,

I am to refer to the D.O. letter WD/UC-21/1/2018-WD/IC-Part(1) received from Ministry of Women & Child Development dated 27th February, 2020 on the subject cited above and to request, all the NSS Programme Coordinators/ NSS Programme Offices to celebrate the International Women's Day on 8th March, 2020 (Sunday) by organizing **classroom lectures, women empowerment rallies, workshops, debates, seminars, competitions and cultural programmes on womens empowerment** by all NSS Units under your jurisdiction. A copy of the DO letter received from the Ministry of Women & Child Development is enclosed for information and necessary guidance.

In this regard, you requested to send a report on the activities undertaken positively by 10th March, 2020 by email to this office for onward submission to the Ministry.

Yours faithfully,

(S.SAYEERAM)
Youth Officer & DDO

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Food distribution to children on the evening of Founder's Day Celebration
Organising Unit	St. Joseph's Rover Crew
Venue	Global Special School for Mentally Challenged, Thiruppapuliur, Cuddalore
Date	23.02.2020
No. of Participants	26

Every year, World Scout Day, also known as Founder's Day of the scouting movement, is observed on 23.02.2020. This day commemorates the birth anniversary of Lieutenant General Baden-Powell, the founder of scouting, whose vision of leadership, service, and community has inspired generations worldwide. In honor of his birthday, we continue his legacy by offering support and care to those in need. On 23rd February 2020, we celebrated this occasion by providing food to the students at the Global Special School for the Mentally Challenged in Thiruppapuliur, Cuddalore. This annual tradition strengthens our commitment to helping the vulnerable and serves as a tribute to Baden-Powell's enduring contributions to scouting and community welfare.



Rovers serving the mentally challenged students with food on 23.02.2020



Mobile No: 93452 16488
email:globaltrust2014gk@yahoo.com

Global Trust for the Differently Aabled

No: 77, 4th Cross Street, Subburayalu Nagar, Thiruppapulyur, Cuddalore - 607 002 Tamil Nadu-India.

Date: 23.02.2020

To Whom It May Concern

CERTIFICATE OF APPRECIATION


This letter confirms that St. JOSEPH'S ROVER CREW of St. Josephs College of Arts and science [Autonomous], Cuddalore - 607001, for their great fullness in offering Food to our Students.

On behalf of The GLOBAL SPECIAL SCHOOL, Cuddalore we would like to thank you for the significant contribution of food and clothing made by you on 22-02-2020. It has been of great motivation and help made by you to all the peoples in our organization.

We are highly thankful for your generosity and we truly respect and appreciate your feelings and emotions when you feed them.




Sincerely,


23/2/20

R.A.GOPAL
[Managing Trustee]

A Secular and non - Profit Organisation registered under Indian Trust Act, Dedicated for the Welfare of the Differently Aabled.


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Cleaning and conducting games for elders
Organising Unit	St. Joseph's Rover Crew
Venue	Thamarai kullam Elders village, HelpAge India, Cuddalore Dt, Tamil Nadu
Date	26.03.2020
No. of Participants	14

On 1st October, International Elders Day, members of the Rovers Club participated in activities to engage and support the residents at Thamaraikulam Elders Village. They undertook a cleaning drive within the facility and spent quality time with the elders, playing games and creating a joyful atmosphere. Some of the Rovers also participated in cultural events to bring additional cheer to the day. This heartwarming experience was well received, with many of the elders expressing their appreciation, feeling cared for and valued. It was truly a memorable day for both the Rovers and the elders, as bonds of understanding and kindness were fostered through these activities.



Rovers cleaning the pathway at Thamaraikulam elders village on 26.03.2020


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Students engaging with elders

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GOVERNING BODY
Mr. Kiran Kamik
Chairperson

Ms. Rumjhum Chatterjee
Vice Chairperson

Mr. Arun Nanda
Hon. Treasurer

Mr. J. C. Luther

Mr. Arun Seth

Mr. Pramod Bhasin

Dr. (Mrs.) Asha Padgaonkar

Mr. K.T. Chacko

Mr. Rohit Prasad
Chief Executive Officer

Date: 12-10-2020

Station:

To Whom It May Concern

CERTIFICATE OF APPRECIATION

On behalf of The Help Age India, Tamaraikulam, cuddalore we would like to thank the St.JOSEPH'S ROVER CREW and Fine Arts Club of St. Josephs College of Arts and science [Autonomous], Cuddalore - 607001, for sharing their precious time with the elders in our village and cleaning the surroundings on 1-10-2020. They behaved well and were very loveable to the elders in our home their teamwork exceeded our expectation that made us very comfortable to work with them.

We truly appreciate your dedication, and hope that you recognize your valuable role for the development of our society.

Sincerely,



Venugopal Ramalingam
Head - Project Management Office,
HelpAge India,
TEV, Cuddalore.

"Working nationwide for the cause & care of the elderly"

Registered as a secular social service society No. 5/9270 Under the Societies Registration Act XXI (1860)
Donations to HelpAge India are 50% tax exempt under Section 80G of I.T. Act, 1961

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St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Participation in rally on Voting Awareness
Organising Unit	St. Joseph's Rover crew
Venue	From the Town Hall to Bus stand, Cuddalore,
Date	16.04.2020
No. of Participants	26

Voting awareness Rally was conducted on 16.04.2020. The Rovers from St. Joseph's college joined hands with Apex Club of Cuddalore in order to register the importance of Voting in the mind of the people. This rally was conducted with an aim to promote democratic values, the campaign leverages to make voters aware of the value of their invaluable vote and how each vote can strengthen democracy. In democracy, it is not simply enough to inform voters about election dates. It is quintessential to sensitise them about the importance of participating in the electoral process. Moreover, voters were educated about the process, made aware of their manifestos, backgrounds of the contesting candidates, and armed with several other information to help them cast an 'enlightened' vote.



Rovers walking towards the Cuddalore bus stand on 16.04.2020


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Apxn. V.Senguttuvan,
Life Governor
National Secretary - Apex India,
Cell : 98941 82206
Email : Sengut.cud@gmail.com

To Whom It May Concern

CERTIFICATE OF APPRECIATION


This letter confirms that St.JOSEPH'S ROVER CREW of St. Josephs College of Arts and science [Autonomous], Cuddalore - 607001, for their Participation in " Voting Awareness rally " Program.


On behalf of The APEX Club, Cuddalore we would like to thank you for the service, help and hard work that you put forth jointly with us on 16-04-2020. As a crew yours team work exceeded our expectation that made us to complete the work successfully on time

We truly appreciate your dedication, and hope that you recognize your valuable role for the development of our society.

Sincerely,


(Apxn. V.Senguttuvan)
National Secretary
Apex India
Cuddalore 1
17.04.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Covid 19 Relief Work at SoS Children's Village, Puducherry
	Organising Unit
	Rotaract Club
	Venue
	SOS Children's Village, Puducherry
	Date
	22.04.2020
	No. of Participants
	02

In response to a request from the SOS Children's Village in Puducherry, a donation of five rice bags, each containing 25 kg of rice, was provided. The total contribution, valued at Rs. 4,500/-, was made to support the daily nutritional needs of the children residing in the village. This act of generosity aims to assist the organization in its mission to provide a stable and nurturing environment for the children. The donation reflects a commitment to supporting local communities and contributing positively to the welfare and development of young lives at SOS Children's Village.



Donated 5 bags of rice (25 kg each) worth Rs. 4,500 to SOS Children's Village, Puducherry dated on 22.04.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Covid 19 Relief Work at Rotary Club of Cuddalore,
Organising Unit	Rotaract Club
Venue	Needy people of Pudupaalayam area, Cuddalore
Date	27.04.2020
No. of Participants	08

A donation of essential food items, including 10 kg of rice, ½ kg of toor dal, and ½ liter of cooking oil, was provided to 30 families in the Pudupaalayam area of Cuddalore. This contribution, valued at Rs. 14,100/-, was made to support families during the challenging times of the COVID-19 pandemic. The Rotaract Club of St. Joseph's College extended its service by distributing these groceries to those in need. Under the guidance of our Secretary, Rev. Fr. G. Peter Rajendiram, and with the support of our Principal, Dr. M. Arumai Selvam, Rotaract Club volunteers actively participated in this Samaritan effort to help the underprivileged.



Distribution of Rice and grocery needs to the needy people dated on 27.04.2020


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St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Covid 19 Relief Work at Saandrorpaalayam, Cuddalore OT
Organising Unit	Rotaract Club
Venue	Tamilnadu All Special Children's Club-TARATDAC, Cuddalore.
Date	28.04.2020
No. of Participants	07

On 28.04.2020, in response to a request from the Tamil Nadu All Special Children's Club-TARATDAC in Saandrorpaalayam, Cuddalore OT, the Rotaract Club of St. Joseph's College generously donated six rice bags, each weighing 25 kg for the sum of Rs. 5,400/-. This donation was made to support the club's efforts in providing essential resources to children with special needs and their families. By supplying these rice bags, the Rotaract Club aims to assist the organization in fulfilling its commitment to the welfare of these children. This initiative highlights the club's dedication to community service and its active role in uplifting the lives of underprivileged individuals. The collaboration between the Rotaract Club and the Tamil Nadu All Special Children's Club reflects a shared vision of compassion and support, reinforcing the importance of community engagement in enhancing the quality of life for those in need.



6 Rice Bags (Each 25 Kg Rice) was given to Tamilnadu All Special Children's Club-TARATDAC, Saandrorpaalayam, Cuddalore OT dated on 28.04.2020

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	COVID 19- Relief Work
Organising Unit	PG & Research department of Physics
Venue	Santhikuppam, Cuddalore
Date	14-05-2020
No. of Participants	05

On 14 May 2020, in response to the Holy Father's call for prayer, penance, and almsgiving during the COVID-19 pandemic, 100 bags of rice, each containing 5 kg of rice, were distributed to impoverished families in Santhikuppam village. This initiative aimed to support the vulnerable members of the community facing hardships during these challenging times. The event saw the participation of village headmen, our dedicated staff, and well-wishers, all coming together to aid those in need. The distribution of rice packets was facilitated by the PG and Research Department of Physics, with a special contribution of Rs. 22,500/- from Rev. Fr. Dr. S. Xavier, the Head of the Department. This collaborative effort highlights the commitment of the department and its supporters to serve the community and provide essential assistance to families affected by the ongoing crisis, reinforcing the spirit of solidarity and compassion within the village.



Rev. Fr. Dr. S. Xavier distributing the rice bag to the needy people on 14-05-2020

REPORTS



**National Service
Scheme**

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title of the Extension Activity	Blood Donation Camp
Venue	St. Joseph's College of Arts and Science, Cuddalore.
Date	19.09.2019



Rev. Fr. Peter Rajendiram addressing the students.



Guests addressing the audience.

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Mr. Suresh Traffic Inspector of Cuddalore explaining about Blood Donation.



NSS Coordinators receiving Appreciation Award


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NSS Coordinators receiving Appreciation Award



NSS Coordinator Dr. L. Santharaj receiving the Certificate of Appreciation Award From the College Secretary.


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NSS Programme officer Dr. A. Annamal receiving the Certificate of Appreciation Award from the College Secretary.



Our NSS Volunteer receiving the Blood Donation Certificate From the College Secretary.



NSS Cooridantor Dr. L. Santharaj explaining the necessity of Blood Donation


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Student Volunteers Donating Blood

On 19th September 2019, our NSS units organized a mega Blood Donation Camp. The camp saw the presence of several distinguished guests who delivered enlightening speeches such as the Superintendent of Police, the Traffic Inspector of Cuddalore, our college secretary, Rev. Fr. G. Peter Rajendiram, along with the Programme Officers. Their support added great value to the event, which also saw active participation from 80 dedicated NSS volunteers from Units I and II. The volunteers worked tirelessly to ensure the smooth running of the camp, which resulted in the collection of 50 units of blood from generous donors. This contribution will greatly benefit patients in need of blood transfusions in the district.

The District Blood Transfusion Officer of Cuddalore acknowledged the efforts put into organizing the camp by presenting a certificate to our college secretary and the Programme Officers. The event was a testament to the commitment of our NSS units to social service and community welfare.

Signature of Programme officer

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National Service
Scheme

St. Joseph's College of Arts & Science (Autonomous) Cuddalore

Title:	Blood Donation Camp
Venue	St. Joseph's College of Arts and Science, Cuddalore.
Date	11.02.20
Chief Guest	RDO P. Jagadhishwaran Cuddalore, Dr.N.Hafiza.

On 11th February 2020, a Blood Donation Camp was held at our college with active participation from our NSS volunteers. The event began with an introductory speech by our NSS Coordinator, Dr. L. Santhana Raj, who addressed the volunteers. This was followed by an inspiring speech from our College Secretary, Rev. Fr. Peter Rajendiram. Cuddalore District RDO, Mr. Jagadhishwaran, also delivered a motivational speech to encourage the volunteers.

Dr. N. Hafiza provided detailed information about the importance of blood donation. During the event, Dr. N. Hafiza presented the Best Organizer Award for the Blood Donation Camp to our College Secretary. RDO Mr. Jagadhishwaran awarded the camp certificate to the camp organizers and also presented the Best Blood Donation Camp Organizer Appreciation Certificate to our NSS Coordinator. Additionally, our College Secretary awarded a similar appreciation certificate to our NSS Programme Officer, Dr. A. Annammal. The event was a great success, thanks to the dedicated efforts of our NSS volunteers.



Volunteers during the Blood Donation Camp held on 11-02-2020

Signature of Programme officer


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NSS Volunteers participating in the Blood Donation Camp.



Rev. Fr. Peter Rajendhiram addressing the volunteers Dt. 11-02-2020


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பாராட்டுச் சான்றிதழ்

✓ கிரு / திருமதி / செல்வி **S. பாலாஜி** அவர்கள் உயிருக்குப் போராடும் நோயாளிகளுக்கு உயிர் கொடுத்துதவும் வகையில், தானாகவே முன்வந்து நன்கொடையாக இரத்தத்தை அளித்துள்ளார். அவருடைய இந்தச் சிறந்த செயலினைப் போற்றும் விதத்தில் பாராட்டுச் சான்றிதழ் வழங்கப்படுகிறது.

இரத்தத்தை நன்கொடையாக வழங்குபவருக்கு, இதனால் எவ்வித தீங்கும் நேராது என்பதையும் பிறிதோர் உயிரைக் காப்பாற்றும் நற்பேறு பெற்றவர் ஆகிறார் என்பதையும் இவருடைய செயல் தெளிவாகப் புலப்படுத்துகிறது.

இவரது மானுடப்பணி மிகுந்த பாராட்டுக்குரியதாகும்.

Certificate of Appreciation

Mr / Tmt. / Miss **S. BALAJI** is awarded this certificate of honour with hearty congratulations and sincere appreciation for his / her voluntary blood donation in service to suffering patients.

He / she has rendered a splendid Social Service of High Order.

Grateful thanks are given for his/her noble gesture

BLOOD GROUP: **AB⁺**

DONATED ON : **11/02/2020**



[Signature]
Blood Bank Medical Officer,
Blood Bank,
Govt. Head Quarters Hospital,
Cuddalore - 607 001.



TAMIL NADU STATE AIDS CONTROL SOCIETY
&
TAMIL NADU STATE BLOOD TRANSFUSION COUNCIL



417, Pantheon Road, Egmore, Chennai - 600 008.

Website : www.tngovbloodbank.in / email : bloodsafetytansacs@gmail.com

Certificate of Appreciation for the Volutneer

[Signature]
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