



**St. Joseph's College of Arts & Science (Autonomous)**  
Cuddalore – 607 001, Tamil Nadu.

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**EXTENSION ACTIVITY**

**CASE STUDY - 4**

**IRULAR EMPOWERMENT  
THROUGH EDUCATION**

St. Joseph's College of Arts & Science  
(Autonomous) Cuddalore - 1



# IRULAR EMPOWERMENT THROUGH EDUCATION

2021 - 2022

2022

2021

[www.sjctnc.edu.in](http://www.sjctnc.edu.in)

# Empowering the Irula Tribe

**1. Introduction** The Empowering the Irula Tribe Program started in 2018 and focussed on community transformation of the Irulas. The Department of Social Work of our institution has created awareness programs to change the mindset of parents and children of *Irula* tribal communities in Parangipettai block and other nearby villages in Cuddalore district so that they value and pursue education.

## **2. Program Overview**

Primary Location: Shanmuga Nagar, Cuddalore.

**Objectives:** Improve literacy rates among Irula children and adults through community transformation.

## **3. About the Irulas**

The Irula tribe inhabits the Indian states of Tamil Nadu, Kerala, and Karnataka. In Tamil Nadu, they are mainly concentrated in the northern districts. The Irula people speak the Irula language. Traditionally, the Irulas have been skilled at snake and rat catching, as well as honey collection. They work as labourers during sowing and harvesting seasons or in rice mills. Fishing and cattle farming are also commonly followed occupations.

## **4. Problems faced by Irulas**

- Lack of Access to Education.
- Social Exclusion and Discrimination
- Marginalization and Displacement.
- Bonded Labor and Livelihood Struggles.
- Lack of Employment
- Inadequate Housing and Basic Amenities
- Lack of legal rights to occupy land
- Vulnerable during Natural Disaster

We have come to know in our assessment about the Irula in Shanmuganagar and Tiruvalluvar Nagar that school dropouts among children was a major problem and lack of awareness in many areas was another serious issue of this community.

## **5. The underlying principles or concepts guiding the program are:**

- a. **Community-Centric Approach:** Ensuring that solutions are tailored to the specific needs and context of the Irula community.
- b. **Sustainability:** Designing interventions that have a lasting impact beyond the program's duration.
- c. **Inclusivity:** Ensuring that both men and women benefit from educational opportunities.



Parangipettai, Tamil Nadu  
Area 51, Parangipettai, Tamil Nadu  
Lat 11.510161°  
Long 79.757877°  
26/09/22 03:15 PM GMT +05:30



Area 51, Parangipettai, Tamil Nadu 608502, India  
Parangipettai  
Tamil Nadu  
India

2022-09-27(Tue) 02:43(pm)



Area 51, Parangipettai, Tamil Nadu 608502  
Parangipettai  
Tamil Nadu  
India



## 6. The Practice: Key Activities

- a. Students of MSW interacted with the parents individually at their houses emphasizing the need to encourage their children to go to school.
- b. Collaborated with local schools and various departments of the college to organize workshops on basic literacy, numeracy, and life skills.
- c. Engaged students, parents, and teachers to foster a supportive learning environment.
- d. During the tribal awareness camp, MSW students have conducted programmes on the following topics:
  - i. sensitizing programme on health hygiene practices
  - ii. role of parents in child development,
  - iii. say no to child marriage and yes to education
  - iv. Importance of education for children's future,
  - v. financial management,
  - vi. awareness on ill effects of alcohol consumption,
  - vii. motivational talk on women empowerment,
  - viii. sports events for the all-age groups and distributed the prizes to the students as a motivation to education.
  - ix. street plays on need of education.

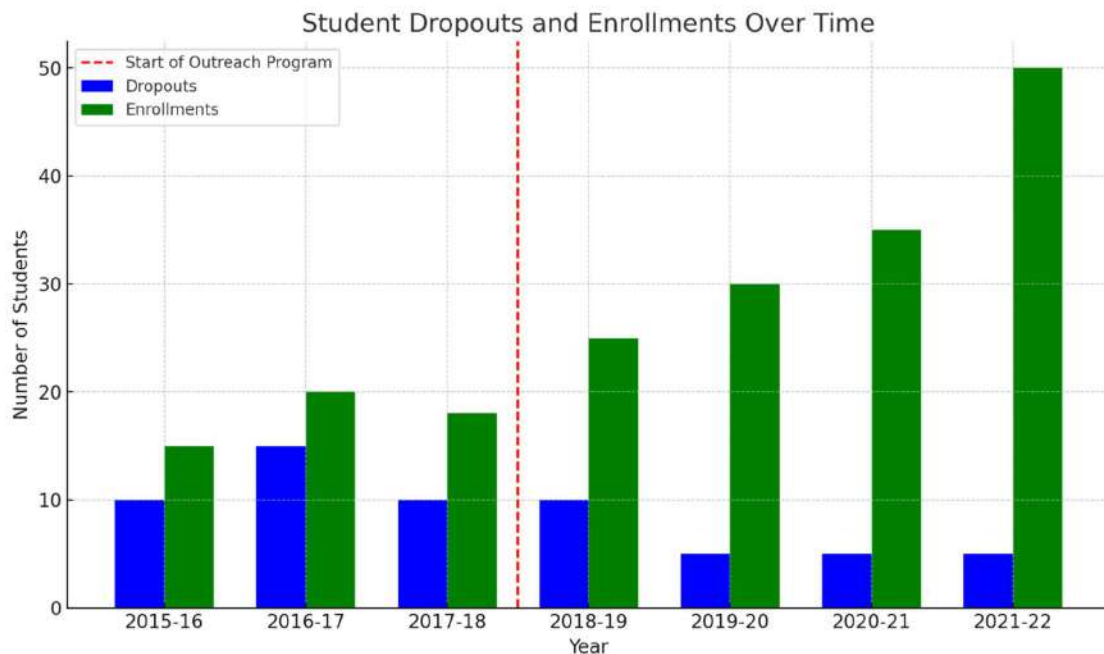
As a part of the programme, Computer Literacy Programme organised by the department of Computer science.

- e. **Focus on the welfare of the Girl Child:** The Department of Social Work highlighted the importance of girl child education for societal progress through street plays which opened the eyes of the parents to give education to the women in *Irula* community. Presentations on women's education, supported by powerful visuals and engaging dialogue, resonated deeply with audiences, emphasizing the need for community and institutional support to enable girls to pursue their educational aspirations.
- f. Additionally, they gave awareness programmes about
  - i. legal protections
  - ii. welfare schemes
  - iii. preventive measures to empower children through child line in effectively supporting children's education and welfare.

## 5. Uniqueness in Indian Higher Education Context

1. Indigenous Focus: Few outreach programs specifically target ST communities.
2. Holistic Approach: Integrating education, health, and livelihoods.
3. Partnerships: Collaborating with local NGOs, schools, and government bodies.
4. Training: The Program acts as a platform for training students and staff members in skills required for social service and community transformation.

## 6. Evidence of Impact:



### 1. Education:

- Increased School Attendance: Irula children attended school more regularly.
- The number of school **dropouts reduced drastically** parents continue to enroll their children in schools.
- One of the notable outcomes is the increased enrollment of female students in higher education, with many of them starting to attend school consistently.
- One Girl has finished her B.Sc. Nursing and now she is working in a clinic. Two students are pursuing a postgraduate programme and one student is doing an undergraduate programme.
- This shift in perspective has led to higher enrollment rates and has ensured that more children receive a formal education.

### 2. Community Engagement:

There was a **Positive Attitude Shift** in the community

- (a) Many individuals who were previously oblivious to the value of education and the purpose of schooling have now experienced a transformative change.
- (b) The parents felt the importance of education for their children, so they sent their children to school.
- (c) Overall, the *Irular* community has been empowered educationally by our intervention through extension activities.

### 3. Long-Term Impact:

The long-term impact of this program is estimated to be significant. Educated individuals are more likely to secure better job opportunities, contribute to their communities, and lead more fulfilling lives. As a result of these activities, there is a huge impact in Shanmuganagar, Thiruvalluvar Nagar and nearby localities

## **7. Problems Encountered and Resources Required:**

1. Traditional Norms:
  - Some community members resisted change due to entrenched gender roles.
  - Sensitization workshops addressed these cultural barriers.
2. Infrastructure Required: Locally situated schools, libraries, and vocational training centres.
3. Funding: Securing sustainable financial support for the extension program.

## **8. Resources needed:**

- Human Resources: Trained teachers, counsellors, and community mobilizers.
- Materials: Books, stationery, and technology for e-learning.
- Healthcare: Regular health check-ups and nutrition support.

## **9. Recommendations and Future Pathways for Empowerment**

1. Establish community-led committees to continue educational initiatives.
2. Strengthen SHGs and vocational training programs.
3. Advocate for government support in infrastructure development (schools, healthcare centers).
4. Promote policies that recognize tribal rights and address their unique needs.

## **10. Conclusion**

The Irula outreach program exemplifies the transformative power of education and women's empowerment. By fostering collaboration, understanding, and resilience, we've taken meaningful steps toward a brighter future for the Irula tribe.

  
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# Case Study: Rural Empowerment Through Education





**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS), CUDDALORE-1.**

**PG DEPARTMENT OF SOCIAL WORK**

**Empowerment of Irula Tribe at Shanmuga Nagar through Education**

**Number of students dropped out from the School before & after Outreach Programme**

<b>Before outreach programme</b>		<b>After outreach programme</b>	
<b>Year</b>	<b>Number of students dropped out from the school</b>	<b>Year</b>	<b>Number of students dropped out from the school</b>
2015-16	12	2018-19	10
2016-17	19	2019-20	8
2017-18	15	2020-21	6
		2021-22	4
		2022-23	-

**Number of Students enrolled in the School before & after Outreach Programme**

<b>Before outreach programme</b>		<b>After outreach programme</b>	
<b>Year</b>	<b>Number of students enrolled the school</b>	<b>Year</b>	<b>Number of students enrolled the school</b>
2015-16	8	2018-19	28
2016-17	15	2019-20	39
2017-18	20	2020-21	40
		2021-22	49
		2022-23	57

**Number of Students enrolled for Higher Education before & after Outreach Programme**

<b>Before outreach programme</b>		<b>After outreach programme</b>	
<b>Year</b>	<b>students enrolled in Higher Education</b>	<b>Year</b>	<b>students enrolled in Higher Education</b>
2015-16	-	2018-19	-
2016-17	-	2019-20	1
2017-18	-	2020-21	1
		2021-22	4
		2022-23	2
		2023-24	2
		2024-25	4

### Details of Students pursuing Higher Education

S. No.	Name of the student	Name of the Degree	Name of the Institution
1	S. Nithya	Nursing Assistant (DPCA)	Vivekananda Training Institute, Pathirikuppam, Cuddalore.
2	S. Monisha	Nursing Assistant (DPCA)	Vivekananda Training Institute, Pathirikuppam, Cuddalore.
3	K. Ranjitha	Nursing Assistant (DPCA)	Vivekananda Training Institute, Pathirikuppam, Cuddalore.
4	S. Lakshmi	Nursing Assistant (DPCA)	Vivekananda Training Institute, Pathirikuppam, Cuddalore.
5	K. Subash	B. Sc. Zoology	St. Joseph's College of Arts & Science (Autonomous), Cuddalore
6	B. Mohamed Dhalbather	B. Sc. Botany	Government Arts College C. Mutlur, Chidambaram
7	B. Jannathulaliya	M.A. Rural Development	Annamalai University Annamali Nagar, Chidambaram

  
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**Annexure**

**1. School Going Children at Shanmuga Nagar, Parangipettai**



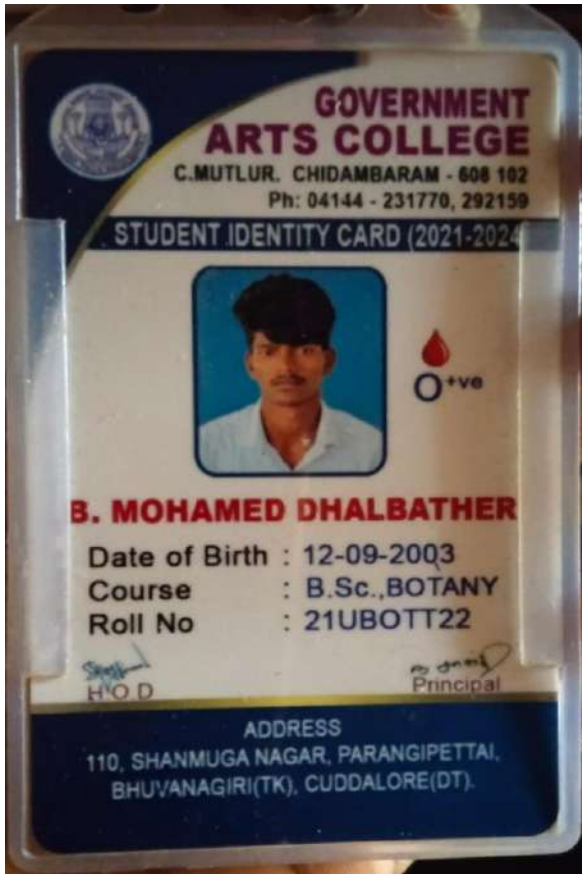
**Participation of Irula children in the School activities at Shanmuga Nagar, Parangipettai**

  
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## 2. Students pursuing Higher Education from Shanmuga Nagar



  
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College Going Students at Shanmuga Nagar, Parangipettai

  
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**3. Government Schemes accessible to Irula people after Outreach programme  
at Shanmuga Nagar**



  
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Signature

Head of the Department

Mr. J. Durai Raj

Mr. J. DURAI RAJ  
Assistant Professor & Head  
Department of Social Work,  
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St. Joseph's College of Arts & Science  
(Autonomous) Cuddalore--1

2019 - 2020





St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Motivational Talk on Role of Parents in Inculcating Values
	Organising Unit
	PG Department of Social Work
	Venue
	Killai, Chidambaram Taluk, Cuddalore District
	Date
	03.09.2019
	No. of Participants
	23

The Tribal Awareness Camp for the year 2019 took place from September 3rd to September 9th at three locations: Killai, Thiruvalluvar Nagar, and Kalaingar Nagar in the Parangipettai block of Cuddalore district. The program was organized by first-year students as part of their curriculum requirements, with the goal of raising awareness about various societal issues and creating a sense of responsibility.

The students arrived at Killai at 12:00 pm and began collecting survey data on the topic of the socio-economic status of the Irular community. The camp's inauguration ceremony started at 6:00 pm with a motivational talk on the role of parents in instilling values. Residents of Killai gathered for the event, which featured the honorable chief guests, Rev. Fr. Alex (Dean of Studies & Head, Department of B.Com Bank Management & BBA (CA), St. Joseph's College of Arts and Science, Cuddalore) and Mr. Syed VN Sagab (Dargah Office, Killai). The program was inaugurated in a commendable manner.

Mr. J. Durai Raj, Head of the Department of Social Work at St. Joseph's College, provided an introduction to the camp, explaining its purpose, the impact it aims to have on tribal communities, and the planned events for the week. He encouraged attendees to make the most of the resources provided during the camp.

Rev. Fr. Alex then addressed the gathering, emphasizing the importance of parental roles in nurturing values. His talk was interactive, especially with the children of Killai, and he urged students to pursue their education rather than dropping out, assuring that the college would support the Irular community's educational needs in the future. He also shared motivational stories that inspired the children to value learning.

Following this, Mr. Syed VN Sagab offered his thoughts on the environmental efforts in the Pichavaram area, encouraging students to make use of the camp's offerings. Mr. Poora Sami, a key community organizer from Thiruvalluvar Nagar, praised the initiative and congratulated the organizing team for their dedication to a noble cause. He also commended the department for their efforts in setting up the camp. Mr. Selva Arokia Raj, Director of

Florence Home in Killai, also addressed the gathering, urging participants to take advantage of the program's resources.

The first-year students then performed cultural activities, including skits, songs, and mime performances, all centered around the theme of the role of parents in instilling values. The program concluded at 8:00 pm.



**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
CUDDALORE.**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Motivational Talk on Role of Parents in  
Inculcating Values

**Date** : 03.09.2019


**Venue** : Killai, Chidambaram  
Taluk, Cuddalore District

**Participants List**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyan. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakannan. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S
17.	A19MSW17	Priya. R

18.	A19MSW18	Shobana. R
19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
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	Title of the Extension Activity
	Awareness Programme on Family Planning
	Organising Unit
	MSW
	Venue
	Thiruvalluvar Nagar, Chidambaram Taluk, Cuddalore District
	Date
	04.09.2019
	No. of Participants
	23

The Tribal Awareness Camp for 2019 was conducted from 03.09.2019 to 09.09.2019 across three locations: Killai, Thiruvalluvar Nagar, and Kalaingar Nagar in the Parangipettai block, Cuddalore district. On 04.09.2019, first-year MSW students organized a program titled “Awareness on Family Planning” at Thiruvalluvar Nagar to address the low awareness of family planning among the local tribal community, where birth rates were notably higher than in other areas. Starting at 4:30 pm, the program featured Dr. S. Shylaja, MBBS, Assistant Surgeon at the Thirupapuliyur Primary Health Center, as the chief guest. She emphasized family planning benefits, suggested healthy- parenting practices, and encouraged spacing births. Students performed skits, songs, and mime acts to promote awareness, concluding the event at 6:00 pm.



Empowering Tribal Communities through Family Planning Awareness and Cultural Engagement.

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CUDDALORE.**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Awareness on Family Planning  
**Date** : 04.09.2019  
**Venue** : Thiruvalluvar Nagar, Chidambaram  
Taluk, Cuddalore District

**List of Participants**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyar. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakaran. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S
17.	A19MSW17	Priya. R
18.	A19MSW18	Shobana. R

19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Awareness on Ill effects of Alcohol consumption
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	05.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 at Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in Cuddalore district. On 05.09.2019, first-year MSW students organized a program titled “Awareness on Ill Effects of Alcohol Consumption” in Killai to educate the local community about the dangers of alcohol. The event began at 6:00 PM, with Ms. S. Indumathi, Project Coordinator and Yoga Master at MNTN - PuthiyaPathai Drug De-addiction Centre, as the chief guest. Mr. J. Durai Raj introduced the program and discussed alcohol's societal impacts. Ms. Indumathi emphasized alcohol's harmful effects, promoted hygiene, and encouraged women's education. The program concluded at 8:00 PM, featuring cultural performances by the students.



Raising awareness on the ill effects of alcohol in the community

  
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**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Awareness on Ill effects of Alcohol  
Consumption

**Date** : 05.09.2019

**Venue** : Killai, Chidambaram  
Taluk, Cuddalore District

**Participants List**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyan. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakannan. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S
17.	A19MSW17	Priya. R

18.	A19MSW18	Shobana. R
19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Demonstration on Home Garden
Organising Unit	Department of Social Work
Venue	ThiruvalluvarNagar, Chidambaram Taluk,Cuddalore District
Date	06.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 took place from 03.09.2019 to 09.09.2019 at Killai, Thiruvalluvar Nagar, and Kalaingar Nagar in Cuddalore district. On 06.09.2019, first-year MSW students organized a program on “Demonstration on Home Garden” in Thiruvalluvar Nagar to encourage residents to cultivate their own vegetables for resource generation. The event started at 3:00 PM, with Dr. P. Thenmozhi, Head of the Department of Zoology at St. Joseph’s College of Arts and Science, as the chief guest. She emphasized the benefits of home gardening and shared tips on planting and maintaining vegetables using natural manure. Seeds were distributed, and students demonstrated sowing techniques. The program concluded with sapling planting for a better environment.



Empowering the community with home gardening for sustainable living

  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
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**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Demonstration on Home Garden  
**Date** : 06.09.2019  
**Venue** : Thiruvalluvar Nagar, Chidambaram  
Taluk, Cuddalore District

**Participants List**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyam. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakaran. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S
17.	A19MSW17	Priya. R
18.	A19MSW18	Shobana. R

19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Free Medical Camp
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	06.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 at Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in Cuddalore district. On 06.09.2019, first-year students organized a medical camp in collaboration with Mahatma Gandhi Medical College and Research Institute, Puducherry, starting at 9:00 AM. The chief guest was Rev. Fr. G. Peter Rajendiram, Secretary of St. Joseph's College of Arts and Science, who was honored with a shawl and memento. Over 15 doctors from various specialties provided consultations to more than 200 patients from the surrounding areas. Medical services included blood pressure and sugar checks, and medications were distributed to school children during the camp.



Bringing healthcare to the community through a dedicated medical camp

  
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**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Free Medical Camp  
**Date** : 06.09.2019  
**Venue** : Killai, Chidambaram  
Taluk, Cuddalore District

**Participants List**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
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3.	A19MSW03	Aswini. S
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5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakaran. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S
17.	A19MSW17	Priya. R
18.	A19MSW18	Shobana. R

19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
**Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,**  
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**CUDDALORE - 607 001.**




St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Motivational Talk on Importance of education among Irular people
Organising Unit	Department of Social work
Venue	Thiruvalluvar Nagar, Chidambaram Taluk, Cuddalore District
Date	06.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 took place from 03.09.2019 to 09.09.2019 in three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 06.09.2019, first-year MSW students hosted a program titled “Motivational Talk on the Importance of Education” for the Irular community in Thiruvalluvar Nagar, aiming to raise awareness about education and encourage families to educate their children. The event began at 3:00 PM, with Dr. M. Vanathaiyan, Head of the Department of Tamil at St. Joseph’s College of Arts and Science (Autonomous), Cuddalore, as the chief guest. He was honored with a shawl and memento by Mr. J. Durai Raj, Head of the Department of Social Work. The program featured skits and cultural performances by MSW students, highlighting the theme of educational importance.



Motivational Talk on Importance of education among Irular people

  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
CUDDALORE.**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Motivational Talk on Importance of  
Education among Irular People

**Date** : 06.09.2019

**Venue** : Thiruvalluvar Nagar, Chidambaram  
Taluk, Cuddalore District

**Participants List**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyan. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakaran. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S

17.	A19MSW17	Priya. R
18.	A19MSW18	Shobana. R
19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Motivational Talk on Women empowerment
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	07.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 was held from 03.09.2019 to 09.09.2019 at three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 07.09.2019 at 6:00 PM, first-year MSW students organized a program titled "Motivational Talk on Women Empowerment" for the residents of Killai. The purpose of this program was to raise awareness about women empowerment and encourage the people of Killai to grant equal rights to women and support their education, reflecting the saying, "Women's success from backyard to battlefield."




"Motivational Talk on Women Empowerment"



The honourable chief Guest was Dr. A. Annammal, Asst. Prof, Department of Tamil, St Joseph's College of Arts & Science (Autonomous) Cuddalore, she was honoured with shawl and memento by Ms. S. Vanathi, Asst. Professor, Dept of Social Work, St. Joseph's College of Arts and Science (Autonomous) Cuddalore, the programme was organised in a well and good manner Dr. A. Annammal, Assistant Professor in the Department of Tamil at St. Joseph's College of Arts & Science (Autonomous), Cuddalore, addressed the gathering and shared her insights on the topic of women empowerment. She also shared personal experiences of her struggles and achievements as a woman, offering an inspiring story that left a lasting impression on the audience.

She highlighted the achievements of famous women who have excelled over the decades. She urged parents to ensure their children receive an education, regardless of the circumstances, as this can transform society for the better. Her valuable speech inspired both young people and their parents to prioritize education. Additionally, she performed a beautiful song. Following her speech, first- and second-year social work students presented skits and cultural performances focused on the theme of women empowerment. The program concluded at 8:00 PM.



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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
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**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Motivational Talk on Women  
Empowerment


**Date** : 07.09.2019

**Venue** : Killai, Chidambaram  
Taluk, Cuddalore District

**Participants List**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyan. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakaran. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S

17.	A19MSW17	Priya. R
18.	A19MSW18	Shobana. R
19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Sports and Competition for People
Organising Unit	Department of Social Work
Venue	Killai, Chidambaram Taluk, Cuddalore District
Date	08.09.2019
No. of Participants	23

The Tribal Awareness Camp for 2019 took place from 03.09.2019 to 09.09.2019 at three locations: Killai, Thiruvalluvar Nagar, and Kalaignar Nagar in the Parangipettai block of Cuddalore district. On 08.09.2019, first-year students organized sports events from 2:00 PM to 4:00 PM. Over ten events and special games were conducted for both men and women, including a running race, water-filling relay, musical chairs, and a lemon-and-spoon race. The chief guests for the event were Mr. Selva Arokia Raj, Director of Florence Home, Killai, and Ms. S. Rajeswari, Program In-Charge for Children and Women. The sports events were organized efficiently, and participants engaged enthusiastically.



Sports events were organized efficiently, and participants engaged enthusiastically



  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
CUDDALORE.**


**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Sports and Competition for People  
**Date** : 08.09.2019  
**Venue** : Killai, Chidambaram  
Taluk, Cuddalore District

**Participants List**

<b>S.NO.</b>	<b>ROLL NO.</b>	<b>NAME</b>
1.	A19MSW01	Abarna. E
2.	A19MSW02	Agathiyan. S
3.	A19MSW03	Aswini. S
4.	A19MSW04	Athiruban. A
5.	A19MSW05	Francisca Mary. A
6.	A19MSW06	Gnana Siron Mani. J
7.	A19MSW07	Kamalakkanan. J
8.	A19MSW08	Karthik. M
9.	A19MSW09	Karthiga. D
10.	A19MSW10	Karthik Raja. D
11.	A19MSW11	Madeena Banu
12.	A19MSW12	Michael Rani. A
13.	A19MSW13	Mohamed Garness. A
14.	A19MSW14	Monisha Mary. S
15.	A19MSW15	Prasth George Bennit. Y
16.	A19MSW16	Preethi. S
17.	A19MSW17	Priya. R
18.	A19MSW18	Shobana. R

19.	A19MSW19	Madhubalan. M
20.	A19MSW20	Priyanga. E
21.	A19MSW22	Oviya. A
22.	A19MSW23	Nidhyalakshmi. R
23.	A19MSW24	Alex Pandian. V

  
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2020 - 2021



**ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS),  
CUDDALORE - 607001**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Programme on Livelihood to the community people and students  
**Date** : 26.03.2021  
**Venue** : Irular Colony, Kilalinjipattu.

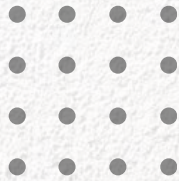
**List of Participants**


<b>S. No</b>	<b>ROLL NO</b>	<b>NAME</b>
1	A21MSW01	Agilan U
2	A21MSW02	Arockia Vanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
5	A21MSW05	Arunkumar S
6	A21MSW06	Christy Sammual X
7	A21MSW07	Dhanasekaran P
8	A21MSW08	Gokul Raj N
9	A21MSW09	Jeevitha G
10	A21MSW10	Kirubanithi K
11	A21MSW11	Maria Anthuvanett A
12	A21MSW12	Mathansriram N
13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S

  
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2021- 2022



St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Programme on Livelihood to the community people and students
	Organising Unit	PG Department of Social Work
	Venue	Irular Colony, Kilalinjipattu.
	Date	26.03.2021
	No. of Participants	18

The PG Department of Social Work organized an awareness program on Livelihood for community members and students in Kilalinjipattu, emphasizing the importance of savings. Miss M. Subha Shree from I MSW welcomed the gathering, and the dignitaries were honored with shawls, setting a respectful tone for the event.

Mr. R. Mahesh, Co-Ordinator of FFVDP, BLESS, delivered a thought-provoking felicitation speech. He expressed gratitude for the opportunity to speak and highlighted the significance of understanding spending habits as the first step towards effective saving. He encouraged participants to track their expenses, explaining that savings could ultimately increase income through smart investments. Mr. Mahesh elaborated on the purpose of savings and its connection to physical investments, noting that savings provide essential funds for future opportunities. He also shared practical tips for saving money.

Following the chief guest's address, a feedback session was held, during which community members and students provided positive comments and engaged with questions. This interaction not only enhanced their understanding of livelihood and savings but also offered the trainees valuable experience in organizing a community program for the Irular community.



The Volunteers spread awareness on Livelihood to the community people and students on 26.03.2021

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Voluntary Support for Special Camp for Irulas Accessing Government Schemes
Organising Unit	Department of Social Work- District Administration
Venue	V.Sathamangalam, Virudhachalam
Date	17.08.2021
No. of Participants	6

The II MSW students volunteered with the district administration of Virudhachalam division and ROAD NGO to organize a special camp for the Irula community, aimed at accessing government schemes. This event was conducted by the district administration of Cuddalore district at V. Saathamangalam on 17.8.2021. The II MSW students actively participated by assisting the Irula community members of V. Saathamangalam village in applying for community certificates, ration cards, health insurance cards, voter IDs, welfare cards, and Aadhar Card forms. They also helped fill out other petition forms. Mr. Amithkumar, IAS, Sub-Collector of Virudhachalam division, led the special camp, and officials from the health department, rural development department, and revenue department attended as well. Overall, 250 families from V. Saathamangalam village benefited from this special camp, ensuring they could access essential services and support from the government.

  
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Mr. Amirthkumar IAS checks the petitions and II MSW students help the people. 17.08.2021

  
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**ST. JOSEPH' COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
CUDDALORE - 607001**

**DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity:** Special camp for Irula's Accessing Government  
Schemes organized by District Administration

**Date:** 17.08.2021

**Venue:** V.Sathamangalam

**STUDENT PARTICIPANT LIST**

<b>S.NO</b>	<b>NAME</b>	<b>ENROLLMENT NO</b>
1	Inbasekaran P	A20MSW06
2	Sheshathri M	A20MSW15
3	Narendiran N	A20MSW16
4	Saravanan S	A20MSW17
5	Praveen Kumar K	A20MSW20
6	Vignesh P	A20MSW21

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore



Title of the Extension Activity	Motivational Programme on Role of Parents in Child Department
Organising Unit	PG Department of Social Work
Venue	Killai
Date	23.09.2021
No. of Participants	31

The second session on September 23, 2021, commenced at 2:00 PM in Killai with a heartfelt prayer song performed by Jeevitha & Co. Ms. Mary Anthuvanant, serving as the Master of Ceremonies, introduced the session's theme and welcomed Mr. Rohith, who delivered an engaging welcome address. As a gesture of respect, Mrs. Vanathi presented a shawl to Mrs. S. Rajarajeswari, the Project In-charge of Children's and Women Empowerment at Florence Home. Following this, Fr. Arockia Vanathaiyan honored Mr. R. Eabanesar, a psychologist and resource person, for his contributions.

Mr. Eabanesar led a comprehensive discussion on the vital role parents play in child development, addressing issues such as substance abuse and related psychological concerns. He emphasized the importance of providing nutritious food and maintaining children's health and hygiene. To further engage the audience, the trainees performed a skit highlighting the issues surrounding child marriage, raising awareness among parents. The session concluded with a vote of thanks delivered by Mr. Arun, expressing gratitude to all participants.

  
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The Resource Person addresses the gathering and speaking about child development.  
(23.09.2021)



The trainees perform a skit at Killai. (23/09/2021)

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS), CUDDALORE.**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity:** Motivational Programme on "Role of Parents in Child Development."

**Date:** 23.09.2021


**Venue :** Killai

**List of Participants**

<b>S. No</b>	<b>ROLL NO</b>	<b>NAME</b>
1	A21MSW01	Agilan U
2	A21MSW02	Arockia Vanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
5	A21MSW05	Arunkumar S
6	A21MSW06	Christy Sammual X
7	A21MSW07	Dhanasekaran P
8	A21MSW08	Gokul Raj N
9	A21MSW09	Jeevitha G
10	A21MSW10	Kirubanithi K
11	A21MSW11	Maria Anthuvanett A
12	A21MSW12	Mathansriram N
13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S
19	A21MSW19	Suba Lakshmi S
20	A21MSW20	Sevvanthi T
21	A21MSW21	Mahendran M
22	A21MSW22	Albert S
23	A21MSW23	Yogarajan V
24	A21MSW24	Asha M

25	A21MSW25	Jenith Robin B
26	A21MSW26	Chandru S
27	A21MSW27	Sathyapriya N
28	A21MSW28	Gayathri M
29	A21MSW29	Jayamala M
30	A21MSW30	Helen Babitha Y
31	A21MSW31	Prathiksha G

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Programme on “Tips for Promoting Mental Health” among Children
	Organising Unit	PG Department of Social Work
	Venue	Killai, Cuddalore District
	Date	23.09.2021
	No. of Participants	31

**Resource Person: Mr. M. Rajkumar**, Clinical Psychologist, Department of Psychiatry, Mahatma Gandhi Medical College, Puducherry.

The resource person, Mr. M. Rajkumar, a clinical psychologist, delivered an insightful talk on promoting mental health among children. He emphasized essential topics such as child health and hygiene, the concepts of good touch and bad touch, and the significance of nutritious food for children's well-being. His engaging style included interactive sessions and games that captivated both children and parents, fostering an inclusive atmosphere.

During the event, trainees performed a powerful drama aimed at raising awareness about child labor, which left a lasting impression on the audience. Mr. Rajkumar created a friendly and welcoming environment in the hall, ensuring everyone felt comfortable. He also organized several games for the children, who participated enthusiastically and enjoyed the activities. To conclude the session, Mr. Rajkumar delivered a motivating speech on women's safety, highlighting the critical importance of understanding "good touch" and "bad touch" in society. The event ended with a heartfelt vote of thanks delivered by Ms. Jeevitha, expressing gratitude to all participants.

  
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The Resource Person addresses the gathering at killai. (23.09.2021)



The trainers perform a skit at Killai. (23.09.2021)

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS), CUDDALORE.  
PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Programme on “Tips for Promoting Mental Health” among Children  
**Date** : 23.09.2021  
**Venue** : Killai, Cuddalore District

**Participants List**


<b>S. No</b>	<b>ROLL NO</b>	<b>NAME</b>
1	A21MSW01	Agilan U
2	A21MSW02	ArockiaVanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
5	A21MSW05	Arunkumar S
6	A21MSW06	Christy Sammual X
7	A21MSW07	Dhanasekaran P
8	A21MSW08	Gokul Raj N
9	A21MSW09	Jeevitha G
10	A21MSW10	Kirubanithi K
11	A21MSW11	Maria Anthuvanett A
12	A21MSW12	Mathansriram N
13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S
19	A21MSW19	Suba Lakshmi S
20	A21MSW20	Sevvanthi T
21	A21MSW21	Mahendran M
22	A21MSW22	Albert S
23	A21MSW23	Yogarajan V
24	A21MSW24	Asha M
25	A21MSW25	Jenith Robin B
26	A21MSW26	Chandru S
27	A21MSW27	Sathyapriya N
28	A21MSW28	Gayathri M



29	A21MSW29	Jayamala M
30	A21MSW30	Helen Babitha Y
31	A21MSW31	Prathiksha G



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St. Joseph's College of Arts & Science (Autonomous) Cuddalore		
	Title of the Extension Activity	Sensitization programme on Safety measures during Covid – 19
	Organising Unit	PG Department of Social work
	Venue	Thiruvalluvar Nagar, Killai, Cuddalore District
	Date	24.09.2021
	No. of Participants	31

A sensitization programme on "Safety Measures During COVID-19" was organized on September 24, 2021, at Thiruvalluvar Nagar, Killai, in the Cuddalore District. The event aimed to raise awareness among the community about the importance of following safety protocols to prevent the spread of COVID-19. The programme was conducted as part of an extension activity, with the goal of educating local residents on how to protect themselves and their families during the pandemic.

Mr. Selva Arokiya Raj delivered a presentation on COVID-19 safety measures, covering proper mask usage, hand hygiene, social distancing, and the importance of recognizing symptoms and isolating when needed. He demonstrated how to wear masks correctly and emphasized regular handwashing and the use of sanitizers to reduce transmission risks. He also highlighted the need for maintaining social distance and avoiding crowded areas. During the interactive session, he addressed participants' questions about COVID-19, vaccination, and dispelled common myths. He encouraged the community to rely on credible information and to follow vaccination guidelines for better protection against the virus.


  
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Resource person speech at Thiruvalluvar Nagar on 24.09.2021



Trainees actively demonstrating through a skit at Killai-24.09.2021

  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS), CUDDALORE.**

**PG DEPARTMENT OF SOCIAL WORK**


**Title of the Extension Activity :** Sensitization programme on Safety measures during Covid –19

**Date :** 24.09.2021

**Venue :** Thiruvalluvar Nagar, Killai, Cuddalore District


S. No	ROLL NO	NAME
1	A21MSW01	Agilan U
2	A21MSW02	ArockiaVanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
5	A21MSW05	Arunkumar S
6	A21MSW06	Christy Sammual X
7	A21MSW07	Dhanasekaran P
8	A21MSW08	Gokul Raj N
9	A21MSW09	Jeevitha G
10	A21MSW10	Kirubanithi K
11	A21MSW11	Maria Anthuvanett A
12	A21MSW12	Mathansriram N
13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S
19	A21MSW19	Suba Lakshmi S
20	A21MSW20	Sevvanthi T
21	A21MSW21	Mahendran M
22	A21MSW22	Albert S
23	A21MSW23	Yogarajan V
24	A21MSW24	Asha M
25	A21MSW25	Jenith Robin B
26	A21MSW26	Chandru S
27	A21MSW27	Sathyapriya N
28	A21MSW28	Gayathri M
29	A21MSW29	Jayamala M
30	A21MSW30	Helen Babitha Y
31	A21MSW31	Prathiksha G

  
Dr. N. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,  
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CUDDALORE - 607 001.

St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness on Importance of Yoga
	Organising Unit
	PG Department of Social work
	Venue
	Killai
	Date
	25.09.2021
	No. of Participants
	31

The fifth session of the third day begun on 25. 09. 2021, 10am at Killai with prayer song. The M.C of the programme Ms. Gayathri came over to the stage and introduced the fifth session theme. Ms. Thulasi gave the welcome address. It's our culture to honour the chief guest. Therefore, the trainee Ms. Subbalakshmi honoured Mrs. M. Keerthiga with shawl. Next, the M.C. of the Programme invited Mrs. Keerthiga for addressing the audience

The resource person Mrs. Keerthiga explained the Importance of Yoga to the people. She explained yoga in simple manner to the children. She interacted with the children and parents to explain about yoga. She performed certain yogasanam in front of the people also she taught simple form of yoga to children. The children were very happy about it and quickly learned it. Yoga is the best tool to control and connect mind and body. At last, the vote of thanks delivered by Mr. Yoga Rajan.

  
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Resource person at Killai



Resource person teaches Yoga to Killai Tribal people

**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS), CUDDALORE.**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity : Awareness on Importance of Yoga**

**Date : 25.09.2021**

**Venue : Killai**

<b>S. No</b>	<b>ROLL NO</b>	<b>NAME</b>
1	A21MSW01	Agilan U
2	A21MSW02	ArockiaVanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
5	A21MSW05	Arunkumar S
6	A21MSW06	Christy Sammual X
7	A21MSW07	Dhanasekaran P
8	A21MSW08	Gokul Raj N
9	A21MSW09	Jeevitha G
10	A21MSW10	Kirubanithi K
11	A21MSW11	Maria Anthuvanett A
12	A21MSW12	Mathansriram N
13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S
19	A21MSW19	Suba Lakshmi S
20	A21MSW20	Sevvanthi T
21	A21MSW21	Mahendran M
22	A21MSW22	Albert S
23	A21MSW23	Yogarajan V
24	A21MSW24	Asha M
25	A21MSW25	Jenith Robin B
26	A21MSW26	Chandru S
27	A21MSW27	Sathyapriya N
28	A21MSW28	Gayathri M
29	A21MSW29	Jayamala M
30	A21MSW30	Helen Babitha Y
31	A21MSW31	Prathiksha G

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
Title of the Extension Activity	Programme on Importance of Education
Organising Unit	PG Department of Social Work
Venue	Killai, Cuddalore Dt
Date	25.09.2021

The third day of the six-session program began on September 25, 2021, at 2:00 pm in Killai with a prayer song by Jeevitha & Co. The MC, Ms. Jayamala, introduced the theme of the third session and the chief guest, Dr. P. Balamurugan, Associate Professor & Director. Mr. Robin then delivered a warm welcome address. As a gesture of respect, the Head of the Department, Mr. J. Durai Raj, presented Dr. P. Balamurugan with a shawl.

Dr. Balamurugan spoke on the importance of education, discussing the realities of the education system and students' attitudes towards their studies. He compared the perspectives of past and present generations regarding education and shared personal experiences as a college professor. He encouraged both parents and students to pursue higher education to prepare for the future. The session concluded with a vote of thanks from Ms. Prathiksha, followed by several cultural performances by the trainees.



Resource person Speech at Killai

  
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Parai dance by tribal children

  
**Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,**  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS), CUDDALORE.**  
**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity : Programme on Importance of Education**

**Date : 25.09.2021**


**Venue : Killai**

**Participants List**

<b>S. No</b>	<b>ROLL NO</b>	<b>NAME</b>
1	A21MSW01	Agilan U
2	A21MSW02	ArockiaVanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
5	A21MSW05	Arunkumar S
6	A21MSW06	Christy Sammual X
7	A21MSW07	Dhanasekaran P
8	A21MSW08	Gokul Raj N
9	A21MSW09	Jeevitha G
10	A21MSW10	Kirubanithi K
11	A21MSW11	Maria Anthuvanett A
12	A21MSW12	Mathansriram N
13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S
19	A21MSW19	Suba Lakshmi S
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22	A21MSW22	Albert S
23	A21MSW23	Yogarajan V
24	A21MSW24	Asha M
25	A21MSW25	Jenith Robin B
26	A21MSW26	Chandru S

27	A21MSW27	Sathyapriya N
28	A21MSW28	Gayathri M
29	A21MSW29	Jayamala M
30	A21MSW30	Helen Babitha Y
31	A21MSW31	Prathiksha G

  
**Dr. M. ARUMAI SELVAM**, M.Sc., M.Phil., Ph.D.,  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Awareness Programme on Importance of Education
	Organising Unit
	PG Department of Social work
	Venue
	Thiruvalluvar Nagar
	Date
	25.09.2021
	No. of Participants
	18

The second-year MSW students organized a program on the "Importance of Education," which began with a prayer song performed by the students. Mr. P. Inbasekaran delivered the welcome speech, and the dignitaries were honored with a shawl and memento by the student organizers. The inaugural speech was given by Mr. J. Durai Raj, Head of the Department of Social Work at St. Joseph's College of Arts and Science (Autonomous), Cuddalore.

The chief guest, Mr. R. Rajesh, Assistant Professor at Periyar Arts and Science College, Cuddalore, spoke about the significance of education. The MSW students also presented a skit illustrating how education contributes to both personal and professional growth, helping individuals distinguish between good and bad choices. The program emphasized the importance of community awareness for improving quality of life. Through organizing this event, the students gained skills in event coordination, leadership, and effective communication.

  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
CUDDALORE - 607001**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Awareness Programme on Importance of Education  
**Date** : 25.09.2021  
**Venue** : Thiruvalluvar Nagar, Killai

**List of Participants**

S. No	ROLL NO	NAME
1	A21MSW01	Agilan U
2	A21MSW02	Arockia Vanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
5	A21MSW05	Arunkumar S
6	A21MSW06	Christy Sammual X
7	A21MSW07	Dhanasekaran P
8	A21MSW08	Gokul Raj N
9	A21MSW09	Jeevitha G
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11	A21MSW11	Maria Anthuvanett A
12	A21MSW12	Mathansriram N
13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S

  
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St. Joseph's College of Arts & Science (Autonomous) Cuddalore


Title of the Extension Activity	Motivational Programme on Importance of Yoga
Organising Unit	PG Department of Social work
Venue	Thiruvalluvar Nagar
Date	25.09.2021
No. of Participants	18

The program began with the arrival of the Honourable Chief Guest, Mr. K.V. Sathyavijayan, who was warmly welcomed. The event saw the participation of village youth, children, and their parents. Once everyone, including village residents, students, staff, and the Chief Guest, had gathered, the program officially started with a prayer song performed by the II MSW students, followed by the "Thamizhthai Vazhthu." Mrs. A. Sujitha of II MSW delivered the welcome address. The Social Work Department staff honored the dignitaries with shawls and mementos.

Mr. J. Durairaj, Head of the Department, delivered a felicitation speech, expressing his gratitude for the opportunity and sharing inspiring words with the audience. The Cuddalore District Yoga Secretary, Mr. K.V. Sathyavijayan, then gave a speech introducing the concept of yoga. He offered guidance to the youth on how to pursue yoga as a career, providing valuable insights. Additionally, he educated the children on the idea of "Yoga as a Sport" to raise awareness among them. Following his speech, Ms. Keerthiga M. conducted a yoga demonstration. Mr. M. Madhumathi II MSW student who delivered his heartfelt thanks to the dignitaries and the children and the staff and parents who are performed and participate in the programme.



Students & village children actively performing Yoga

  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),**

**CUDDALORE - 607001**

**PG DEPARTMENT OF SOCIAL WORK**

**Title to the Extension Activity: Motivational Programme on Importance of Yoga**

**Date: 25.09.2021**

**Venue: Thiruvalluvar Nagar**

**List of Participants**

<b>S. No</b>	<b>ROLL NO</b>	<b>NAME</b>
1	A21MSW01	Agilan U
2	A21MSW02	Arockia Vanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
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13	A21MSW13	Premkumar S
14	A21MSW14	Rezhildalourdhu. M
15	A21MSW15	Stanes Rohith P
16	A21MSW16	Thulasi
17	A21MSW17	Vignesh
18	A21MSW18	Ezhil S

  
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ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)  
CUDDALORE- 607 001



**PG Department of Social Work**  
Warmly invites you for the Motivational Programme on

**"IMPORTANCE OF YOGA"**

**Date:** 25.09.2021  
**Day:** Saturday

**Time:** 02.00 PM to 04.00 PM  
**Venue:** Thiruvalluvar Nagar

**With the Blessing of :** Rev. Fr. G. Peter Rajendiran, Secretary  
ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)  
Cuddalore.

**Felicitation by :** Dr. Arumai Selvam, Principal,  
ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)  
Cuddalore.

**Chief Guest :** Mr.K.V. Sathyavijayan  
Cuddalore Distict Yoga Secretary,  
Cuddalore.


**In the Presence of :** Mr. Durai Raj.J, Head  
Department of Social Work  
ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)  
Cuddalore.

**Under the Guidance of**  
Mr. Durai Raj.J, Head  
Mrs.S.Vanathi,Asst Prof  
Mr.A.Mahimai Kuzhanthai Yesu,Asst Prof  
Mrs.R. Vishali, Asst Prof  
Department of Social Work

**Organised By**  
N.Narendiran(A20MSW16)  
S.Saravanan(A20MSW17)  
A.Sujitha(A20MSW18)  
M.keerthiga(A20MSW19)  
M.Madhumadhy(A20MSW22)  
II - MSW Students

  
**Dr. M. ARUMAI SELVAM, M.Sc., M.Phil., Ph.D.,**  
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**CUDDALORE - 607 001.**



St. Joseph's College of Arts & Science (Autonomous) Cuddalore	
	Title of the Extension Activity
	Programme on Let's Say No to Child Labour, Yes to Quality Education
	Organising Unit
	PG Department of social work
	Venue
	Shanmuganagar, Parangipettai
	Date
	20.10.2021
	No. of Participants
	18

The second-year MSW students conducted a community organization program on child labor, aiming to address the community's needs. The event began with a prayer song by the students, followed by an inaugural speech from Mr. J. Durai Raj, Head of the Department of Social Work at St. Joseph's College of Arts and Science (Autonomous), Cuddalore. The chief guest, Mr. S. Henry Lawrence, Chairperson of the Child Welfare Committee, spoke about child labor and its harmful effects. The students also performed a skit on the importance of education, highlighting how it contributes to personal and career growth and helps individuals make informed decisions.

The program emphasized the role of community awareness in improving quality of life. By organizing this event, the students developed skills in program coordination, leadership, and effective communication.

  
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The chief guest, Mr. S. Henry Lawrence, Chairperson of the Child Welfare Committee, speaking about child labor and its harmful effects on 20.10.2021

  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS),  
CUDDALORE - 607001**

**PG DEPARTMENT OF SOCIAL WORK**

**Title of the Extension Activity** : Programme on Let's Say No to Child Labour, Yes to Quality Education

**Date** : 20.10.2021

**Venue** : Shanmuganagar, Parangipettai

**List of Participants**

<b>S. No</b>	<b>ROLL NO</b>	<b>NAME</b>
1	A21MSW01	Agilan U
2	A21MSW02	Arockia Vanathaiyan A
3	A21MSW03	Arockiyalivingston J
4	A21MSW04	Arputha Indira Gandhi M
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8	A21MSW08	Gokul Raj N
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17	A21MSW17	Vignesh
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**Members of  
the Irular  
Community  
were invited  
to visit the  
campus to  
inspire them  
to pursue  
higher  
education.**



## VSL DAY CELEBRATION

The **VSL Day Celebration** was held in the college on 24<sup>th</sup> February, 2019 in order to stimulate the Irular community people to concentrate on school education and provide them a chance to visit higher education institution and promote them to pursue higher education. This was the first time most of the Irula community people from Shangmuga nagar village have come to Cuddalore town by our college bus which was joyful experience for them. Mr. Senthil, Film Director was the chief guest of the day. Various Competitions and cultural programme were organized and the winners were awarded with prizes. The day ended by providing lunch to all those who came for the celebration.



Irula children performing dance in college auditorium



Children were awarded with prizes

  
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